

days, lower level, Trinity United Methodist Church, Southeast 39th Avenue and Steele Street; PO Box 5352, Portland, OR 97228, Karin 232-7643; or Michael 297-6416.(5/19)

Swim OUT is a monthly swim hour for lesbian and gay families and couples at the YWCA. Volunteer lifeguards are on duty. (4-5 pm, every third Sunday, \$3.75 per family, 223-6281)(6/16)

Team Portland Aquatic Club. An organized masters swim team for all swimming levels and interests. (Practice 9-11 am Sundays, YWCA, 1111 SW 10th Ave., Jill 228-1596)(6/16)

Team Portland Tennis Association is a club for lesbian and gay tennis players of all levels. The club plays every Sunday morning, publishes a newsletter, and holds business meetings once a month. New members are always welcome. (Bill 232-5557)(5/19)

Women's 35+ bike riding group. easy to moderate distance, difficulty and pace, evenings and Sunday mornings. Enjoy exercise, socializing and new friends. Join us! (285-1427 or 297-2453)(2/17)

Wrestling Club provides means to contact other wrestlers. (PO Box 40066, Portland, OR 97240-0066)(8/4)

YOUTH

IYG Peer Counseling Hotline for sexual minority youth. (1-800-347-TEEN, or write: IYG, PO Box 20716, Indianapolis, IN 46220, 317-541-8726)(8/4)

Janus Youth Programs offers workshops for teens. **The Emerging Woman:** esteem-building to increase personal power and explore cultural identity through art therapy (starting in Nov). **Letting Go of Resentments:** anger management group (starting in Oct). **Skills for Life:** improve communication skills, identify and express emotions, utilize community resources. (738 NE Davis, Portland, OR 97232, Doug Pullin 233-6090, ext. 133)(4/19/96)

Lesbian, Gay and Bisexual Youth Group of Eugene meets every Monday, Age 25 and under. A peer social, support and rap group. (5-6:30 pm, Koinonia Center library, 1414 Kincaid St., University of Oregon campus, 346-3360)(9/1)

The **National Coalition for Gay, Lesbian and Bisexual Youth** is an organization of groups and individuals formed to serve the needs of queer youth across the country. Current projects include the development of a national database of resources. (PO Box 24589, San Jose, CA 95154-4589)(4/21)

Phoenix Rising Foundation Inc. is a mental health agency primarily serving members of the sexual minority communities. Social/support groups for sexual minority youth are **Windfire** (meets downtown), **Awakenings** (meets at Harry's Mother on the east side), and **Q-Krew** (meets 2-4 pm Saturday afternoons at Phoenix Rising). **Personal Deity Proxy** is a new group for gay, lesbian and bisexual teens who are interested in expressing their artistic talents (writing, drama, visual arts, etc.) (meets 5-7 pm Fridays at Phoenix Rising). Coming out groups meet regularly. (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299)(5/19)

Rainbow is a positive peer-support group, primarily for sexual minority youth of color, sponsored by The Urban League of Portland. (280-2600)(6/15)

Roots and Branches provides positive mental health counseling tailored to the needs of lesbian, gay and bisexual youth. Therapy, consultation, advocacy and referral are offered to individuals and families on a sliding scale. A program of The Network. (2020 SE Powell St., 238-0780)(8/4)

Safe Space is a group for lesbian, gay, bisexual or questioning youth that meets in Bend, Ore. (Fridays, for information or location: 383-4861)(1/19)

VOICES (Voices of Individual and Community Empowerment from the Streets) is a self-support group for queer youth. Meets weekly. Free pizza. An interagency project of Phoenix Rising (223-8299) and Outside In (223-4121)(5/19)

The Zone is an on-line computer bulletin board for lesbian, gay and bisexual teens. Based in Los Angeles, the free service operates 24 hours a day. (213-731-0390)(4/7)

CENTRAL OREGON

Beyond the Closet Inc. provides services to the lesbian and gay community, its families, friends and supporters. Services include speakers, films, entertainers and workshops that educate about issues of concern, such as homophobia. BTC seeks to form alliances with others



Sam Sundeleaf and Cindy Tennant appear in Christopher Durang's *Laughing Wild* at Portland Women's Theatre through Nov. 4

who work for social, economic and environmental justice and to share resources with others in rural Oregon. (PO Box 9174, Bend, OR 97708, 317-8966)(5/19)

Deschutes County Coalition for Human Dignity. (PO Box 6084, Bend, OR 97708-6084, 385-3320)(6/16)

Deschutes Discrimination Reporting Line exists to document discrimination and to provide support and referral for victims of discrimination and oppression. (383-4113)(3/15/96)

Equestrian Group. (Goose Lake Ranch, 388-3680)(5/19)

Gay and Lesbian Alcoholics Anonymous meets in Bend. (7 pm Fridays, 388-3680)(5/19)

Parents, Families and Friends of Lesbians and Gays-Bend meets the third Monday of the month at the First Presbyterian Church. The group's mission is support, education and advocacy. (Meeting 7:30 pm; come a half-hour early for coffee, visiting or browsing in the library, 230 NE Ninth St., 317-2334)(4/19/96)

COASTAL OREGON

County Coalition for Human Rights is committed to the promotion of equal rights for all people. Meets last Tuesday of the month. (PO Box 325, North Bend, OR 97459, Harry 269-2333)(5/19)

Gay and Lesbian United Effort PAC meets monthly to promote equality for, and visibility of, the gay and lesbian community in Lincoln County. Fun, friendly social/political advocacy. (269-6368)(5/19)

North Coast Pride Network Columbia Pacific Region, for lesbians, gay men, bisexuals and transgendered people. Social/political, gay film series, networking with other human rights groups. Meets monthly in Seaside/Astoria area. (PO Box 2798, Gearhart, OR 97138, Bob 738-0215)(10/6)

The Out-Line program provides outreach to and advocacy for gay and lesbian youth and adults. Services include monthly support groups, information and referral, and a media center. (Careerpaths Training and Resource Center, PO Box 2004, Newport, OR 97365, 265-3087)(6/16)

EASTERN OREGON

Lambda Eastern Oregon Association is a social networking association for gay men and lesbians, with bimonthly social activities. (Box 382, Baker City, OR 97814)(8/4)

SOUTHERN OREGON

Gay and Lesbian Alliance meets monthly. (7:30 pm, second Thursdays, Umpqua Unitarian Church, 1265 NW Watters, Roseburg, PO Box 813, Roseburg, OR 97470)(5/19)

Grants Pass Parents and Friends of Lesbians and Gays meets the third Thursday of the month. (7 pm, Church of Religious Science, 460 SW "I" St., Grants Pass, 476-4155)(7/7)

Klamath Area Lambda Association. (PO Box 43, Klamath Falls, OR 97601, 883-2437)(6/16)

Klamath County Parents/Friends of Lesbians and Gays meets the first Tuesday of each month. (7 pm, First United Methodist Church, 230 N 10th St., Klamath Falls, 882-3309)(6/16)

OnTrack's Alan Collins AIDS Project offers HIV counseling, testing, educational outreach and case management at the **10th Street Outreach Center:** adult foster care at **Alan's House;** low-cost housing for independent living at **Fairfield Place;** and an HIV Support Group. (Group meets: 5:15-6:30 pm Thursdays, 772-1777 or 779-2006)(7/7)

Rogue Valley Parents and Friends of Lesbians and Gays meets the first Thursday and third Tuesday of the month. (First United Methodist Church, 175 N. Main St., Ashland, 488-3436)(7/7)

Valleys of the Umpqua Metropolitan Community Church meets second Sunday of the month. Services are currently performed by the laity of the Church. (11:30 am, 2836 Comes Road [the old center], PO Box 2125, Roseburg, OR 97470, 679-0975)(5/19)

Womansource. (PO Box 335, Ashland, 97520, 482-2026; 488-1616)(6/16)

Women's Crisis Support Team. (748 NW Fifth St., Grants Pass, 97526, 479-9349; or Hotline: 479-1400)(6/16)

Youthworks. (1032 W Main St., Medford, 97501, 779-2393)(6/16)

WILLAMETTE VALLEY

Club Eugene BBS is a computer bulletin board dedicated to empowering the gay, lesbian, bisexual and transsexual communities statewide. Over 100 networked discussion areas, large adult file section, worldwide network access, as well as local connections. Operates 24 hours a day, 7 days per week; 1200 baud to 28.8 V.34. (Write: Club BBS, PO Box 25954, Eugene, OR 97402; web address: <http://www.efn.org/~mastrait>; e-mail: 1-12130@station.nv.com; or dial with your modem: 503-345-7988)(12/15)

Eugene Frontrunners/Frontwalkers meets at 24th and Amazon, near the chinning bars. Walk or run one to five miles with friendly gay, lesbian and bisexual people. (6 pm every Wednesday, Hank 484-6259)(1/19)

The Gay and Lesbian Health Care Workers of Salem is open to gay men and lesbians who work in any health-related field. (371-9501)(8/4)

The Gay, Lesbian and Others Outdoor Group is open to gay men, lesbians, bisexuals, transsexuals and their friends. The group relies on the energies of the gay and lesbian community to make events happen. (To volunteer, call J.P. 726-3908)(5/19)

Ladies Home Companion is a newsletter for lesbians in the Corvallis area. Since 1986, LHC has provided information about local and community activities, politics, events, and people. (For subscription information and a sample copy write: LHC, PO Box 1828, Corvallis, OR 97339)(10/6)

MPowerment Project is a social and outreach center for all gay and bisexual men in Eugene, offering weekly group meetings, coffee hours, movie nights and special events. (775 Monroe St., 683-4303)(1/19)

Sweet Spirit Metropolitan Community Church is an ecumenical Christian church open to all people. Come celebrate with us. (11 am Sundays, 3322 Lancaster Dr. NE, Salem, 363-6618)(4/7)

Together Works offers support to lesbians, gay men, bisexuals and friends. Activities include social events and discussion on timely topics. Meet others in a safe, neutral environment. (7:30 pm, second and fourth Mondays, First Baptist Church, McMinnville, 434-6266)(1/19)

Willamette University's Lesbian, Gay, Bisexual Alliance meets on a weekly basis during the school year for discussions, event planning, and support. Community members are welcome to attend. (Contact the Multicultural Affairs Office 370-6267)(8/4)

WASHINGTON

Gay, Lesbian and Bi Rainbow Group of Vancouver holds nonsmoking AA meetings every Monday. (8 pm, Personalities, 115 E Seventh St., Vancouver, 360-694-5068)(12/21)

Nahcotta Sanctuary is a spiritual retreat on the Long Beach peninsula. Individuals, couples or small groups (up to 12) welcome. Ongoing events. (PO Box 87, Nahcotta, WA 98637, 360-665-4181)(4/19/96)

Simple Justice of Southwest Washington is a network of Christians in Washington committed to supporting human rights and civil liberties for all persons, regardless of sexual orientation. (6:30 pm, third Mondays, East Vancouver United Methodist Church, 5701 MacArthur Blvd., Vancouver, Christopher 360-693-5881 or Teresa 360-695-1480)(2/16/96)

Southwest Washington Fairness Coalition is a part of Washington Citizens for Fairness, of the Hands Off Washington Project. New members are always welcome to help in the struggle to defeat organized statewide political efforts which limit or deny the civil rights of any resident of Washington. (1701 Broadway, Suite 138, Vancouver, WA 98663, 360-695-1002)(10/21)

Nature's
fresh Northwest

Beaverton ☎ 646-3824
4000 SW 117th

Corbett ☎ 244-3934
5909 SW Corbett

Division ☎ 233-7374
3016 SE Division

Fremont ☎ 288-3414
3449 NE 24th

Hillsdale ☎ 244-3110
6344 SW Capitol Hwy

HAMID'S
PERSIAN RUGS

Portland's Finest Selection of
New/Old Persian & Other
Oriental Rugs, Tribal Kilims,
Bags & Pillows

WE BUY OLD RUGS

248-9511
901 SW WASHINGTON ST.
Mon-Sat 10-6 Sun 12-5

LOVE MAKES A FAMILY

A Public Voice for
Lesbian and Gay Families

Monthly Support Groups
For Parents, Youth & Children
(Meets second Monday of month)

The Parent Teacher Panel
Dialogue for Educators

Opening Hearts & Minds
Speaker Empowerment Workshops

"Love Makes a Family"
Weekly Talk Radio Program
KXEY 1150 AM • 7-9 a.m. Wed.

503/228-3892
Fax: 503/228-3970

PO Box 11694
Portland, OR 97211

MY MISSION

...is to help clients
achieve their financial
objectives. As an
advisor my role is to
educate and motivate
them to take the
actions necessary to
reach those financial
goals.

BOBBIE SHATTO
Personal Financial Advisor

FINANCIAL
ADVISORS

Planning for...

- ESTATE
- RETIREMENT
- ACCUMULATION
- BUSINESS

(503) 255-4900
(360) 694-3117