

Attend a workshop on "Understanding Your Companion Animals," and explore ways to increase understanding and deepen relationships with your pets. (7-9:30 pm Mondays, Oct. 23 and 30, \$40, Adele Zimmerman 624-0613.) (10/20)

An active workshop for women therapists and counselors, called "The Therapist Self: Her Birth and Flowering from the Womb of Personal Life," is offered by Bethroot Gwynn, MA, and Jane Mara, MSW, LCSW. Using experiential and Personal Theater techniques, explore the therapist persona, connections between therapeutic style and personality, and issues such as boundaries, burn out and social context. Limited to 16 participants. (10 am-5 pm Saturday, Nov. 4, \$125, Newport, Ore., for information and to register: 563-4285.) (10/20)

AIDS & HIV

AIDS Hotline. (1-800-777-AIDS.) (6/15)

AIDS Forum Live is television for people with AIDS. (1108 NE Going St., Portland, OR 97221, Jack Cox 284-6807.) (5/19)

ASAP Treatment Services provides individual and group counseling for people who are HIV positive and who are also having problems with alcohol and drugs. Title I funds are available to help pay for treatment, call intake coordinator Monday-Friday to ask for Title I appointment. (2130 SW Fifth Ave., 224-0075.) (2/16/96)

Brother to Brother sponsors a **MenTalk**, in conjunction with Cascade AIDS Project and the Multnomah County Health Department, specifically for African American gay and bisexual men. A variety of topics are discussed. (7-10 pm, third Wednesdays, to register: CAP 223-5907, or Jonathan Hutchinson 248-3030.) (8/4)

Cascade AIDS Project provides nonmedical services to people whose lives are affected by HIV/AIDS in Oregon. Services include counseling, support groups, advocacy assistance, outreach and education, activities and information. **Benefits Advocacy Clinic** is held every Monday to assist people who are HIV-positive with government entitlement programs and housing forms (10:30 am-noon, CAP offices). Confidential and anonymous **Drop-in HIV Testing** is provided every Tuesday evening for gay and bisexual men (6-8 pm, CAP offices, \$15 donation appreciated). **HIV University** offers classes, information and a wellness program which includes a newsletter, the Plus Club House Party social group and prosocial events. Check the calendar listings for a schedule of classes (HIV U Infoline 223-6339, ext. 111). The **Plus Club House Party** provides a relaxing setting for people with HIV/AIDS to meet and mingle socially. The group now meets in private homes on the first and third Friday of the month (6:30-9:00 pm, call for location: Dale 221-3015 or Brian 228-5889). **Speaking of Sex...** is an ongoing workshop for gay and bisexual men to brush-up on the latest in hot, protected sex. New! The workshop now includes the British safer-sex video *Erotic Choices* (6-9 pm, next workshops: Thursday, Sept. 21; and Thursday, Oct. 19, CAP offices, Brian 223-5907, ext. 131). **Speak to Your Brothers Project** allows gay and bisexual men, both HIV positive and HIV negative, to find support and get involved in helping their community fight AIDS. **Men Talks** are in-home gatherings which provide a safe atmosphere to talk about relationships, safer sex, testing and more (call 223-6339, ext. 1E2). CAP is recruiting **Volunteer Outreach Workers** for education materials development, and the MenTalk Home Meeting Program (call Roger 223-5907, ext. 130). (CAP offices, Suite 300, 620 SW Fifth Ave., 223-5907.) (3/15/96)

CAP Support Group Programs continue to offer a variety of formats including groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new support groups, contact CAP. (Call Project Client Services 223-5907.) (5/19)

Clackamas County AIDS Relief Effort is a community-based organization responding to AIDS in Clackamas County by providing HIV prevention and AIDS education presentations, support groups for people affected by HIV/AIDS, assistance with emergency food and clothing needs, and financial assistance referrals for HIV positive people and people with AIDS. (Call 653-8738 or write: CCARE, 4790 SE Logus Rd., Milwaukie, OR 97222.) (11/17)

Friends of People with AIDS Foundation is a nonprofit organization offering assistance to people with AIDS. (245-7428.) (5/19)

The HIV Case Management Partnership Project provides comprehensive HIV-related case management to clients in Clackamas, Columbia, Multnomah, Washington, Yamhill and Clark counties. (8:30 am-5 pm, Monday-Friday, for referrals call 295-0211 or fax 295-0986.) (12/15)

HIV Day Center, a program of the Ecumenical Ministries of Oregon, offers social activities, case management, peer support, pastoral counseling and home meal deliveries. Lunch is available Monday through Friday (12:30 pm). (9 am-5 pm Monday-Friday, 3835 SW Kelly St., 223-3444.) (12/15)

Lazarus Community offers spiritual and practical help for people living with HIV and AIDS; Mass in Time of AIDS is held every Monday evening (6 pm). Contact the Rev. Gary McInnis for information about baptism or weddings. (3835 SW Kelly St., 223-3444.) (12/15)

Ministry to People Living with HIV/AIDS seeks to provide for the spiritual needs of families and individuals affected by the epidemic through prayer, worship and educational experiences. (Milwaukie United Church of Christ, 4790 SE Logus Road, 654-5770.) (5/5)

Multnomah County HIV Services include anonymous and confidential HIV counseling and testing by appointment and walk-in (284-3775) and HIV Clinical Services for HIV infected persons. (284-5020.) (5/19)

The NAMES Project Portland Chapter holds panel-making workshops the first and third Monday of every month at the HIV Day Center. Educational materials and a speakers bureau are also available. (6-8 pm, 3835 SW Kelly St., 650-7032.) (2/17)

Network Adult Therapy Services offers comprehensive mental health assessment and services for individuals, couples, families and others dealing with HIV/AIDS-related concerns. Services are covered through Oregon Health Plan/Medicaid, Medicare, private insurance and Ryan White CARE Act Title I funding. (825 NE 20th Ave., 238-5251.) (2/16/96)

Oregon AIDS Hotline, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information, and free theater tickets for people with HIV/AIDS. **Positive Link** connects people impacted by HIV/AIDS with trained HIV-positive volunteers for telephone support and information (ask for Positive Link). (10 am-9 pm Monday-Friday; noon-6 pm Saturday and Sunday, 223-2437 or 1-800-777-AIDS.) (5/19)



Pepe—writer, choreographer and star of True to the Muses—in the lap of the show's composer, Robert Huffman. The musical comedy opens Oct. 21 at the Clinton Street Theatre.

Our House of Portland is a nonprofit, residential-care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (Call or drop by during business hours, 2727 SE Alder St., 234-0175.) (5/5)

People of Color Against AIDS Network. (Seattle, 206-322-7061.) (5/19)

Phoenix Rising offers HIV/AIDS support groups. **HIV-negative** gay and bisexual men 26 and under (Paul Booth 223-8299). **HIV-positive** gay and bisexual men 26 and under (Jim Hankins 223-8299). **HIV-positive professional** gay and bisexual men (Jim Everett 223-8299). **HIV-negative** gay and bisexual men (Jim Everett 223-8299). **HIV-negative African American** gay and bisexual men (Theo Harper 223-8299). (Phoenix Rising Foundation Inc. 620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (4/19/96)

Project Cope will offer a fall education and support series for individuals with HIV, their families and friends, from Sept. 19 to Oct. 24. (6:30-8:30 pm Tuesdays, \$15, to register: 833-3514.) (9/15)

Project Quest is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program, offering workshops, retreats, and conferences, along with ongoing programs in nutritional cooking and eating for people with HIV, yoga, stopping smoking, meditation, and more. Project Quest now offers a **Comprehensive Health Management Group for People with HIV/AIDS**. The group will be facilitated by Lusijah Marx, RN, PsyD, and Graham Harriman, MA. (Call to receive schedule and preregister for workshops, 241-6448.) (8/4)

Regional AIDS Interfaith Network supports and trains people in developing strategies for increased community awareness about HIV/AIDS. RAIN works with local health departments and community-based organizations in Oregon and Southwest Washington to develop "Faith in Action" opportunities and to assist in prevention education, advocacy, caregiving, food banks, transportation and fund raising. (4790 SE Logus Rd., Milwaukie, OR 97222, 653-8738, fax 653-0013.) (10/6)

Ted's Corner provides free clothing for people with AIDS. A service of the Friends of People With AIDS Foundation. (245-7428.) (5/19)

Trinity Episcopal Church offers a monthly **Healing and Vespers Service** with special intentions for those people affected in any way by HIV/AIDS disease. Also offered is **Hope and Wholeness**, a spiritually centered support group for people living with HIV/AIDS disease. Focus is on spiritual nourishment and growth (7-9 pm Wednesdays). (Wheelchair accessible, 147 NW 19th Ave., 222-9811.) (5/19)

Washington County Health Department HIV Services provides anonymous testing and counseling, by appointment and walk-in. Seropositive wellness program offers individuals counseling. See habla español. (Testing: 648-8851; call 648-8881 for clinics in Beaverton and Hillsboro; TDD 648-8601.) (8/4)

CENTRAL OREGON

Central Oregon AIDS Support Team provides services and support for HIV-positive people and their caregivers. (389-4330.) (8/4)

SOUTHERN OREGON

Douglas County AIDS Council sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470, 440-2761.) (5/19)

WILLAMETTE VALLEY

Cascade Counseling offers a variety of services for the HIV/AIDS community, including a therapy group for people with HIV/AIDS, a support group for family and friends, socialization activities, counseling, and advocacy. Many services are free of charge. (111 1/2 Third St., Hood River, OR 97031, 386-1233.) (5/19)

HIV Alliance provides free emotional and nonmedical practical support services to persons living with HIV, their family and friends, and those grieving. **Acorn House**, a service of the Alliance, is a hospice and day care facility (342-2830). (3477 E Amazon Pkwy., Eugene, mail: PO Box 5513, Eugene, OR 97405, 342-5088.) (5/19)

Pathfinders is a nonprofit organization that promotes healthy, safe alternatives for sexually active gay men and other supportive members of the community in Marion and Polk counties, through funding of events and activities. (PO Box 326, Salem, 581-3296.) (12/21)

Valley AIDS Information Network offers information, support, speakers and referrals for people affected by HIV/AIDS. Call VAIN's 24-

hour hotline. (128 SW Ninth Street, Corvallis, OR 97339, 752-6322 or 1-800-588-AIDS.) (5/5)

Yamhill County Public Health Department offers community outreach and HIV prevention education. (Call Norm Costa, 434-7525, press 1, or write: 412 N Ford, McMinnville, OR 97128.) (10/6)

WASHINGTON

Life Force, a coalition for people living with HIV/AIDS in Southwest Washington, meets for brown bag lunches the third Saturday of the month. All supportive persons are welcome. (Noon-3 pm, St. Christopher's House, 4716 NE 44th St., Vancouver, or write: PO Box 86095, Vancouver, WA 98686-0095; 360-573-7304.) (10/17)

BROADCAST

The Heart of Portland: A Capitol Report is a monthly show hosted by state Rep. Gal Shibley. A variety of timely news issues are discussed. (Shown on: Channel 11, 7 pm, third Fridays; Channel 33, 7:30 pm, third Mondays.) (6/15)

The community public affairs show **Lavender Menace** has changed its air dates. (8 pm, second and fourth Tuesday, Paragon Channel 33; repeats 10 pm Saturday, Channel 27, and 10 pm Monday, Channel 11, to get involved in production: Satya Riversong 238-8564.) (6/15)

Love Makes A Family is a public dialogue about lesbians, gay men and family values on KKEY 1150 AM radio. Sept. 20: a report on the International Women's Conference in China. (7-9 am Wednesday.) (3/15/96)

The Snickers LaBarr Show, with talk for gay men, lesbians and bisexuals. (Channel 11: 10 pm Oct. 12 and Nov. 16; Channel 21: 9:30 pm Oct. 21, 10 pm Oct. 31 and Nov. 28; TVCA Channel 59: 8:30 pm Mondays, 2:30 pm Tuesdays, 10:30 pm and 2:30 am Saturdays; Vancouver, Cable Channel 49: 10 pm Oct. 12 and Nov. 16.) (727-2491.) (4/19/96)

CAMPUS

The All-Hill Gay, Lesbian and Bisexual Alliance is Oregon Health Sciences University's social and peer support group for students, faculty, staff and friends. Gatherings the first Tuesday of each month. (Angela 494-5818 or Scott 632-8569.) (3/15/96)

GALA of Clark College, a campus club and support group for gay, lesbian, bisexual and transgendered students, meets weekly, September to June. (Noon Tuesdays, for room location call advisors Kathy Bobula 699-0328 or David Oates 699-0305.) (5/19)

Western States Chiropractic College Gay, Lesbian and Bisexual Alliance meetings are open to the chiropractic community. (Western States Student Affairs Office 251-5707.) (6/16)

COMMUNITY

GENERAL

Asian and Pacific Islander Lesbians and Gays is a social and educational group for the Asian and Pacific Islander community. Activities include social outings, potlucks, cultural events, and rap groups. (Message line: 232-6408.) (2/16/96)

BiNet Oregon offers social, political and support groups to the bisexual community, its supporters, and bi-curious people. A mixed-gender group meets first Tuesdays. (7 pm, Bi-Line: 299-4764.) (4/19/96)

Bonneville Gay, Lesbian and Bisexual Resource Group is for mutual support and to address diversity and employment issues at Bonneville Power Administration. Other federal employees welcome. (Group information: 230-4733 or 631-7767.) (5/19)

Brother to Brother is a social and political group for African American gay and bisexual men. Get involved and help set the group's agenda. (Call 940-7600, or write 950 Lloyd Center, Suite 50, Portland, 97232.) (6/15)

Eastside Family Cooperative offers alternative part-time child care in a loving environment created and run completely by parents. Lesbian and gay families are welcome. (9 am-1 pm, three days per week, 2800 SE Harrison St., 233-5099.) (5/19)

Employees Association for Gays and Lesbians of U S WEST Companies is an informal group of gay, lesbian and gay-supportive phone company employees. The group provides support for members, and acts as a resource for U S WEST. (Contact Sue Salmon 242-8272.) (5/19)

Equity Foundation is a statewide community foundation created by lesbian and gay Oregonians. Equity awards grants to organizations that support its mission of "access to worth." (Contact: Jim Vegher, PO Box 5696, Portland, 97228-5696, 220-0628; fax: 222-5062; e-mail: EquityFund@aol.com.) (5/19)

Foster/Powell Neighborhood Gay/Lesbian/Bi Alliance meets for socializing and organizing. (Chris or Lisa 774-7506.) (2/16/96)

Gay, Lesbian and Bisexual Physicians of Oregon. (Call or write: GLBPO, PO Box 4874, Portland, OR 97208-4874, 233-0047.) (9/11)

Lesbian Community Project provides outreach, networking and other services to the lesbian community. (223-0071, TDD or voice.) (10/6)

Lesbian Health Project sponsors a support group for lesbians with breast cancer that meets every other Monday. Lesbians with other cancer-related illnesses welcome. (6-7:30 pm, Michelle Gordon, LCSW, 236-8770.) (4/19/96)

Lesbians Living with Cancer meets bimonthly. Partners and family welcome, call for meeting times and places. (Kristie 669-3492.) (2/16/96)

Love Makes a Family serves lesbian and gay families through public education and outreach. A parents support group meets every second Monday, along with an art group for school-aged children, and a discussion group for teenagers. (6-8 pm, Union Station, Room 256, 228-3892, write: PO Box 11694, Portland, 97211.) (3/15/96)

Network Adult Therapy Services offers comprehensive mental health assessment and treatment for sexual minority individuals, couples and families. Services may be covered through Oregon Health Plan/Medicaid, Medicare or private insurance. (825 NE 20th Ave., 238-5251.) (3/15/96)

Northwest Gender Alliance is a social and support organization for cross-dressers and transsexuals. Monthly open meetings and socials. (PO Box 4928, Portland, OR 97208-4928, 646-2802.) (5/19)

Parents, Families and Friends of Lesbians and Gay Men provides love and support for all family members and friends of lesbians and gay men. Meets the fourth Wednesday of every month, but call for Nov. and Dec. meeting dates. (7-9:30 pm, First United Methodist Church, 1838 SW Jefferson St., or write, PO Box 8944, Portland, OR 97207, 232-7676.) (4/19/96)

Phoenix Rising Foundation Inc. is a mental health agency primarily serving members of the sexual minority communities. Services are open to all and include individual, couples, family and group counseling and support groups. Sliding scale fee and some insurance coverage is available. Coming out groups for men, women and youth meet regularly. The agency also can provide educational sessions and inservice training on homophobia. A peer support group for pre- and post-operative transsexuals meets Tuesdays (7:30-9 pm). (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (5/19)

Pink Link: The Resource Line. Pre-recorded information in over 20 categories including women's resources, night spots, AIDS/HIV, and more. (241-9769; administration: 243-3424.) (5/19)

Portland Bisexual Alliance seeks to build an active and stable bisexual community in Portland through support groups, politics and social activities. A mixed-gender support group meets on the first Thursday, and a men's group meets on the fourth Thursday, at Laughing Horse Books. (232-9275, e-mail to pxbdi@aol.com.) (4/19/96)

Portland Bisexual Women is a discussion group for bisexual women or any woman who may be wondering about her sexuality. A forum for exchanging ideas, feelings, resources and information about bisexuality. Women of any age, race, culture encouraged to attend. (7-9 pm, second and fourth Fridays, It's My Pleasure, 4526 SE Hawthorne Blvd., preregister: 236-0505 or 283-6433.) (4/7)

Portland Metro Area PC User Group for lesbians. (777-3020.) (8/4)

Pride Northwest is an ongoing organization that plans Lesbian/Gay Pride and other Pride-associated events. (PO Box 6611, Portland OR 97228, 295-9788.) (6/15)

Right To Privacy Inc. advocates full civil rights, human rights and social equity for lesbians, gay men and bisexuals by informing and educating policy makers and the general public. (921 SW Morrison St., Suite 546, Portland, OR 97205, 228-5825; fax: 228-1104; e-mail: rtpac@aol.com.) (10/21)

Transgressive Sexuality is an open forum for exploration and discussion which has as its focus nontraditional gender and sexual identities. Men, women and other sexes are welcome. Meets the second and fourth Thursdays. (7 pm, It's My Pleasure, 4526 SE Hawthorne Blvd.) (5/19)

Trans-Port is a peer support organization, open to all transgendered people and their families. With bi-weekly and monthly open meetings. (PO Box 66913, Portland OR 97290-6913, 774-8463.) (8/4)

POLITICAL

Advocates for Gay and Lesbian Equality is an organization founded to advocate for lesbian, gay and bisexual equality and to devise and implement activities which promote positive images of lesbians, gay men and bisexuals. Call or write for information. (PO Box 5222, Portland, OR 97208, 286-0191.) (6/16)

Basic Rights Oregon (formerly No on 13 Campaign) is an ongoing electoral organization working statewide to keep discrimination out of the Oregon Constitution. (PO Box 40625, Portland, OR 97240, 222-6151.) (4/19/96)

Coalition for Human Dignity is an anti-fascist organizing group concerned with monitoring, exposing and confronting far-right and new-right political groups. (7 pm, first and third Thursdays, Metropolitan Community Church, 2400 NE Broadway, 281-5823.) (10/6)

Families Political Action Committee recently formed to represent diverse family structures. Efforts will focus on the freedom of