

Cheney 654-2807) **Support Group Facilitators** are currently needed (call Toni Hughes 654-2807). (11/17)

**Bradley-Angle House** needs volunteers to do direct service work, answer the 24-hour crisis line, staff the emergency shelter, facilitate battered women's support groups in the community, work with children's groups, or serve on the board of directors. (282-9940)(11/17)

**Our House of Portland**, a care facility for people living and dying with AIDS, is recruiting volunteer resident care providers and receptionists. If you have a particular skill to share, or time and a willingness to work with people living and dying with AIDS, please call. (Judith Rizzio 234-0175)(8/4)

**Phoenix Rising Foundation** has a new computerized information and referral system and is recruiting volunteers to work either morning or afternoon shifts to help give out information. Training is provided to use this data base. (Darson La Pan 223-8299)(8/18)

Volunteers are needed to help deliver alcohol and drug triage services at the **Oregon Partnership Help Line**. Volunteers are asked to invest 12 hours of pre-service training and to commit to four or five hours per week. (Kelly 232-8091)(9/15)

The **Lesbian Community Project Speaker's Bureau** is looking for volunteer speakers. No experience necessary. (Sharon 774-3995)(8/18)

**Southwest Washington Health District** is recruiting volunteers to participate in its **Companion Care Program** assisting HIV positive clients. Volunteers provide at least four hours per week of emotional/practical support. Next training will be in late summer. (Contact Becky Blyeu, Volunteer Coordinator, 360-695-9215, ext. 3151)(11/3)

## WORKSHOPS

**It's My Pleasure** presents workshops and events to the lesbian community, designed to educate and inspire. **Lesbian Potluck** facilitated by Alice Knotts and Jeanne Krepper. Bring a dish to share and your own service (6:30 pm Friday, July 21, \$5). **Sex Toys 101** a fun how-to for women only. Learn about erotic toys (7 pm Tuesday, July 25, free). (4526 SE Hawthorne Blvd., please preregister unless otherwise noted: 236-0505)

Portland State University's School of Extended Studies presents a **two-day workshop on the power of nonviolence** and its use in resolving conflicts. The instructor is **Arun Gandhi, founder of the M.K. Gandhi Institute for Nonviolence** and grandson of Mahandas K. Gandhi. Two workshop sessions are offered. This is a noncredit course. Gandhi will also give a free noon lecture in the Smith Center Ballroom, PSU Campus, on Wednesday, Aug. 2 (9 am-3:30 pm, session 1; Thursday-Friday, July 27-28; session 2: Monday-Tuesday, July 31-Aug. 1, Campus Ministry, first floor lounge, 633 SW Montgomery, \$125, to register: 725-4832 or 1-800-547-8887, ext. 4832)(7/21)

**The Women's Herbalist Conference** will be held July 28-30 in Dexter, Ore. Topics will include AIDS, aromatherapy, arthritis, birthing, breast care, candida, cervical cancer, depression, diabetes, fibroids, first aid, herb cultivation, menopause, migraines, schizophrenia, skin conditions and ulcers. (Lost Valley Educational Center, Dexter, Ore., \$125-\$225 sliding scale, make checks payable to Aura of the Arts Inc. and send to The Women's Herbalist Conference, PO Box 383, Ashland, OR 97520, information: 482-9628 days, or 482-7011 evenings)(7/21)

**Do Jump Movement Theatre School** offers summer **Circus Skills Camps** for children age 3 and up. Kids will learn acrobatics, trapeze, unicycling, juggling, clowning and improvisation. (Two sessions: July 24-28; Aug. 7-11, age 7 and up; 9-11:30 am and 2-5 pm Saturday and Sunday, July 22-23, \$200, both classes: Reed College Gym 2, for information and to register: Michelle Rose 231-1999)(7/21)

**One With Heart** offers **Kids Self-Defense Day Camp** for children ages 6-11. Youngsters will develop practical physical and verbal self-defense skills, and learn how to deal with bullies and say "no" to threatening adults. (1-4 pm, July 24-28, 4231 SE Hawthorne Blvd., \$150, 231-1999)(7/21)

**One With Heart** presents **Chinese Tai Chi master Wen-Mei Yu**, who was selected as China's Top Master Instructor. She will offer instruction in **Liangong**, a therapeutic healing exercise, and will teach elements of **Wild Goose Qigong** in a two-day workshop. (Liangong: 6-9 pm Friday, July 21, \$85; Wild Goose Qigong: 9 am-noon and 2-5 pm Saturday and Sunday, July 22-23, \$200, both classes: Reed College Gym 2, for information and to register: Michelle Rose 231-1999)(7/21)

**Cindy Tennant, of Raging Hormones** fame, is teaching a **free improvisational workshop** on the second and fourth Sunday of each month, focusing on improv games and developing characters for those who wish to join the **Misguided Lives** troupe. **Misguided Lives** is an ongoing lesbian (we need men too!) soap opera. (Please preregister, Portland Women's Theater Co. 287-7707)(9/1)

Bethroot Gwynn and Hawk Madrone offer **Fly Away Home workshops for women** again this summer in Southern Oregon. Workshops will include a Lesbian Writers' Retreat (June 30-July 4), a Tai Chi Workshop (Aug. 3-7), and a Personal Theater Workshop (Sept. 1-4). (\$100-\$200 includes vegetarian meals, to register write: Fly Away Home, PO Box 593, Myrtle Creek, OR 97457)(7/21)

## AIDS & HIV

**AIDS Hotline**. (1-800-777-AIDS)(6/15)

**AIDS Forum Live** is television for people with AIDS. (1108 NE Going St., Portland, OR 97221, Jack Cox 284-6807)(5/19)

**Brother to Brother** sponsors a **MenTalk**, in conjunction with Cascade AIDS Project and the Multnomah County Health Department, specifically for African American gay and bisexual men. A variety of topics are discussed. (7-10 pm, third Wednesdays, to register: CAP 223-5907, or Jonathan Hutchinson 248-3030)(8/4)

**Cascade AIDS Project** provides nonmedical services to people whose lives are affected by HIV/AIDS in Oregon. Services include counseling, support groups, advocacy assistance, outreach and education, activities and information. **Benefits Advocacy Clinic** is held every Monday to assist people who are HIV-positive with government entitlement programs and housing forms (10:30 am-noon, CAP offices). Confidential and anonymous **Drop-in HIV Testing** is provided every Tuesday evening for gay and bisexual men (6-8 pm, CAP offices). The **Plus Club Social Hour** provides a relaxing setting for people with HIV/AIDS to meet and mingle socially. The group now meets in private homes on the first and third Friday of the month (6:30-9:00 pm, call for location: Dale 221-3015 or Brian 228-5889). **Speaking of Sex...** is an ongoing workshop for gay and bisexual men to brush-up on the latest in hot, protected sex (call CAP for information). **Speak to Your Brothers Project** allows gay and bisexual men, both HIV positive



**Laurel Holloman as Randy in *The Incredibly True Adventure of Two Girls in Love*, now playing at KOIN Center Cinemas. For show times and prices call 225-5555, ext. 4608.**

and HIV negative, to find support and get involved in helping their community fight AIDS. **Men Talks** are in-home gatherings which provide a safe atmosphere to talk about relationships, safer sex, testing and more (call 223-6339, ext. 160). CAP is recruiting **Volunteer Outreach Workers** for education materials development, and the MenTalk Home Meeting Program (call Roger 223-5907, ext. 130). (CAP Offices, Suite 300, 620 SW Fifth Ave., 223-5907)

**CAP Support Group Programs** continue to offer a variety of formats including groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new support groups, contact CAP. (Call Project Client Services 223-5907)(5/19)

**Clackamas County AIDS Relief Effort** is a community-based organization responding to AIDS in Clackamas County by providing HIV prevention and AIDS education presentations, support groups for people affected by HIV/AIDS, assistance with emergency food and clothing needs, and financial assistance referrals for HIV positive people and people with AIDS. (Call 653-8738 or write: CCARE, 4790 SE Logus Rd., Milwaukie, OR 97222)(11/17)

**Friends of People with AIDS Foundation** is a nonprofit organization offering assistance to people with AIDS. (245-7428)(5/19)

**The HIV Case Management Partnership Project** provides comprehensive HIV-related case management to clients in Clackamas, Columbia, Multnomah, Washington, Yamhill and Clark counties. (8:30 am-5 pm, Monday-Friday, for referrals call 295-0211 or fax 295-0986)(12/15)

**HIV Day Center**, a program of the Ecumenical Ministries of Oregon, offers social activities, case management, peer support, pastoral counseling and home meal deliveries. Lunch is available Monday through Friday (12:30 pm). (9 am-5 pm Monday-Friday, 3835 SW Kelly St., 223-3444)(12/15)

**Lazarus Community** offers spiritual and practical help for people living with HIV and AIDS. Mass in Time of AIDS is held every Monday evening (6 pm). Contact the Rev. Gary McNelis for information about baptism or weddings. (3835 SW Kelly St., 223-3444)(12/15)

**Ministry to People Living with HIV/AIDS** seeks to provide for the spiritual needs of families and individuals affected by the epidemic through prayer, worship and educational experiences. (Milwaukie United Church of Christ, 4790 SE Logus Road, 654-6770)(5/5)

**Multnomah County HIV Services** include anonymous and confidential HIV counseling and testing by appointment and walk-in (248-3775) and HIV Clinical Services for HIV infected persons. (248-5020)(5/19)

**The NAMES Project** Portland Chapter holds panel-making workshops the first and third Monday of every month at the HIV Day Center. Educational materials and a speakers bureau are also available. (6-8 pm, 3835 SW Kelly St., 650-7032)(2/17)

**Oregon AIDS Hotline**, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information, and free theater tickets for people with HIV/AIDS. **Positive Link** connects people impacted by HIV/AIDS with trained HIV-positive volunteers for telephone support and information (ask for Positive Link). (10 am-9 pm Monday-Friday; noon-6 pm Saturday and Sunday, 223-2437 or 1-800-777-AIDS)(5/19)

**Our House of Portland** is a nonprofit, residential-care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (Call or drop by during business hours, 2727 SE Alder St., 234-0175)(5/5)

**People of Color Against AIDS Network**. (Seattle, 206-322-7061)(5/19)

**Project Cope** will offer a fall education and support series for individuals with HIV, their families and friends, from Sept. 19 to Oct. 24. (6:30-8:30 pm Tuesdays, \$15, to register: 833-3514)(9/15)

**Project Quest** is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program, offering workshops, retreats, and conferences, along with ongoing programs in nutritional cooking and eating for people with HIV, yoga, stopping smoking, meditation, and more. Project Quest now offers a **Comprehensive Health Management Group for People with HIV/AIDS**. The group will be facilitated by Lusia Marx, RN, PsyD, and Graham Harriman, MA. (Call to receive schedule and preregister for workshops, 241-6448)(8/4)

**Regional AIDS Interfaith Network** supports and trains people in developing strategies for increased community awareness about HIV/AIDS. RAIN works with local health departments and community-based organizations in Oregon and Southwest Washington to develop "Faith in Action" opportunities and to assist in prevention education, advocacy, caregiving, food banks, transportation and fund raising. (4790 SE Logus Rd., Milwaukie, OR 97222, 653-8738, fax 653-0013)(10/6)

**Tod's Corner** provides free clothing for people with AIDS. A service of the Friends of People With AIDS Foundation. (245-7428)(5/19)

**Trinity Episcopal Church** offers a monthly **Healing and Vespers Service** with special intentions for those people affected in any way by HIV/AIDS disease. Also offered is **Hope and Wholeness**, a spiritually centered support group for people living with HIV/AIDS disease. Focus is on spiritual nourishment and growth (7-9 pm Wednesdays). (Wheelchair accessible, 147 NW 19th Ave., 222-9811)(5/19)

**Washington County Health Department HIV Services** provides anonymous testing and counseling, by appointment and walk-in. Seropositive wellness program offers individuals counseling. Se habla español. (Testing: 648-8851; call 648-8881 for clinics in Beaverton and Hillsboro; TDD 648-8601)(8/4)

### CENTRAL OREGON

**Central Oregon AIDS Support Team** provides services and support for HIV-positive people and their caregivers. (503-389-4330)(8/4)

### SOUTHERN OREGON

**Douglas County AIDS Council** sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470, 440-2761)(5/19)

### WILLAMETTE VALLEY

**Cascade Counseling** offers a variety of services for the HIV/AIDS community, including a therapy group for people with HIV/AIDS, a support group for family and friends, socialization activities, counseling, and advocacy. Many services are free of charge. (111 1/2 Third St., Hood River, OR 97031, 386-1233)(5/19)

**HIV Alliance** provides free emotional and nonmedical practical support services to persons living with HIV, their family and friends, and those grieving. **Acorn House**, a service of the Alliance, is a hospice and day care facility (342-2830). (3477 E Amazon Pkwy., Eugene, mail: PO Box 5513, Eugene, OR 97405, 342-5088)(5/19)

**Pathfinders** is a nonprofit organization that promotes healthy, safe alternatives for sexually active gay men and other supportive members of the community in Marion and Polk counties, through funding of events and activities. (PO Box 326, Salem, 581-3296)(12/21)

**Valley AIDS Information Network** offers information, support, speakers and referrals for people affected by HIV/AIDS. Call VAIN's 24-hour hotline. (128 SW Ninth Street, Corvallis, OR 97339, 503-752-6322 or 1-800-588-AIDS)(5/5)

**Yamhill County Public Health Department** offers community outreach and HIV prevention education. (Call Norm Costa, 434-7525, press 1, or write: 412 N Ford, McMinnville, OR 97128)(10/6)

### WASHINGTON

**Life Force**, a coalition for people living with HIV/AIDS in Southwest Washington, meets for brown bag lunches the third Saturday of the month. All supportive persons are welcome. (Noon-3 pm, St. Christopher's House, 4716 NE 44th St., Vancouver, or write: PO Box 86095, Vancouver, WA 98686-0095; 360-573-7304)(10/17)

## BROADCAST

The **Heart of Portland: A Capitol Report** is a monthly show hosted by state Rep. Gail Shibley. A variety of timely news issues are discussed. (Shown on: Channel 11, 7 pm, third Fridays; Channel 33, 7:30 pm, third Mondays)(6/15)

The community public affairs show **Lavender Menace** has changed its air dates. (8 pm, second and fourth Tuesday, Paragon Channel 33; repeats 10 pm Saturday, Channel 27 and 10 pm Monday, Channel 11, to get involved in production: Satya Riversong 238-8564)(6/15)

**The Snickers LaBarr Show**, with talk for gay men, lesbians and bisexuals. Snickers features a summer special, with transsexuals and more! (10 pm Thursday, Aug. 3, channel 11, 727-2491)(10/6)

## CAMPUS

**All-Hill Gay, Lesbian and Bisexual Alliance** meets the first and third Tuesdays of every month. OHSU, VA, Shriners and any other Hill Hill students, faculty, staff and friends are welcome. (Diana 774-0503 or Scott 494-5227)(5/19)

**GALA of Clark College**, a campus club and support group for gay, lesbian, bisexual and transgendered students, meets weekly, September to June. (Noon Tuesdays, for room location call advisors Kathy Bobula 699-0328 or David Oates 699-0305)(5/19)

**Western States Chiropractic College Gay, Lesbian and Bisexual Alliance** meetings are open to the chiropractic community. (Western States Student Affairs Office 251-5707)(6/16)

## COMMUNITY

### GENERAL

**BiNet Oregon** offers social, political and support groups to the bisexual community, its supporters, and bi-curious people. A mixed-gender group meets first and third Tuesdays. (7 pm, Laughing Horse Books, Bi-Line, 299-4764)(5/19)

**Bonneville Gay, Lesbian and Bisexual Resource Group** for mutual support and to address diversity and employment issues at Bonneville Power Administration. Other federal employees welcome. (Group information: 230-4733 or 631-7767)(5/19)

**Brother to Brother** is a social and political group for African American gay and bisexual men. Get involved and help set the group's agenda. (Call 940-7600, or write 950 Lloyd Center, Suite 50, Portland, 97232)(6/15)

**Eastside Family Cooperative** offers alternative part-time child care in a loving environment created and run completely by parents. Lesbian and gay families are welcome. (9 am-1 pm, three days per week, 2800 SE Harrison St., 233-5099)(5/19)

**Employees Association for Gays and Lesbians of US WEST Companies** is an informal group of gay, lesbian and gay-supportive phone company employees. The group provides support for members, and acts as a resource for U S WEST. (Contact Sue Salmon 242-8272)(5/19)

**Equity Foundation** is a statewide community foundation created by lesbian and gay Oregonians. Equity awards grants to organizations that support its mission of "access to worth." (Contact: Jim Vegher, PO Box 5696, Portland, 97228-5696, 220-0628; fax: 222-5062; e-mail: EquityFund@aol.com)(5/19)

**First Friday Support and Discussion Group** for friends and family of people with eating disorders. (First Fridays, 818 NW 17th Ave., Joyce Korschgen, MS, LPC, 221-4531)(10/6)

**Gay, Lesbian and Bisexual Physicians of Oregon**. (Call or write: GLBPO, PO Box 4874, Portland, OR 97208-4874, 233-0047)(9/1)

**Lesbian Community Project** provides outreach, networking and other services to the lesbian community. (223-0071, TDD or voice)(10/6)

**Lesbians Living with Cancer** meets bimonthly. Partners and family welcome, call for meeting times and places. (669-3492)(10/6)

**Love Makes A Family** serves lesbian and gay families through public education and outreach. A parents support group meets every second Monday, along with an art group for school-aged children, and a discussion group for teenagers. (6-8 pm, downtown offices, call 228-3892 for location, or write: PO Box 11694, Portland, 97211)(8/18)

**Northwest Gender Alliance** is a social and support organization for cross-dressers and transsexuals. Monthly open meetings and socials. (PO Box 4928, Portland, OR 97208-4928, 646-2802)(5/19)

**Parents, Families and Friends of Lesbians and Gay Men** provides love and support for all family members and friends of lesbians and gay men. Meets the fourth Wednesday of every month. (7-9:30 pm, Augustana Lutheran Church, Northeast 15th Avenue and Knott Street, or write, PO Box 8944, Portland, OR 97207, 232-7676)(5/19)

**Phoenix Rising Foundation Inc.** is a mental health agency primarily serving members of the sexual minority communities. Services are open to all and include individual, couples, family and group counseling and support groups. Sliding scale fee and some insurance coverage is available. Coming out groups for men, women and youth meet regularly. The agency also can provide educational sessions and in-service training on homophobia. A peer support group for pre- and post-operative transsexuals meets Tuesdays (7:30-9 pm). (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299)(5/19)

**Pink Link**: The Resource Line. Prerecorded information in over 20 categories including women's resources, night spots, AIDS/HIV, and more. (241-9769; administration: 243-3424)(5/19)