

WORKSHOPS

It's My Pleasure presents workshops and events for the lesbian community, designed to educate and inspire. **Sex Toys 101** is a fun, light "how to" for women only. Space is limited (7 pm Tuesday, April 25, free, must preregister). Portland **Bi-women's group** meets on Thursday instead of Friday, this week only (7 pm Thursday, April 27). (4526 SE Hawthorne Blvd., 236-0505.)

Cindy Tennant, of Raging Hormones fame, is teaching a **free improvisational workshop** on the second and fourth Sunday of each month, focusing on improv games and developing characters for those who wish to join the **Misguided Lives** troupe. *Misguided Lives* is an ongoing lesbian (we need men too!) soap opera. (Please preregister, Portland Women's Theater Co. 287-7707.) (9/1)

Bethroot Gwynn and Hawk Madrone offer **Fly Away Home workshops for women** again this summer in Southern Oregon. Workshops will include a Lesbian Writers' Retreat (June 30-July 4), a Tai Chi Workshop (Aug. 3-7), and a Personal Theater Workshop (Sept. 1-4). (\$100-\$200 includes vegetarian meals, to register write: Fly Away Home, PO Box 593, Myrtle Creek, OR 97457.) (1/21)

AIDS & HIV

AIDS Hotline (1-800-777-AIDS.) (6/15)

AIDS Forum Live is television for people with AIDS. (1108 NE Going St., Portland, OR 97221, Jack Cox 284-6807.) (5/19)

Brother to Brother sponsors a **MenTalk**, in conjunction with Cascade AIDS Project and the Multnomah County Health Department, specifically for African American gay and bisexual men. A variety of topics are discussed. (7-10 pm, third Wednesdays, to register: André Pruitt at CAP 223-5907, ext. 129, or Jonathan Hutchinson 248-3030.) (8/4)

Cascade AIDS Project provides nonmedical services to people whose lives are affected by HIV/AIDS in Oregon. Services include counseling, support groups, advocacy assistance, outreach and education, activities and information. **Benefits Advocacy Clinic** is held every Monday to assist people who are HIV-positive with government entitlement programs and housing forms (10:30 am-noon, CAP offices). Confidential and anonymous **Drop-In HIV Testing** is provided every Tuesday evening for gay and bisexual men (6-8 pm, CAP offices). The **Plus Club Social Hour** provides a relaxing setting for people with HIV/AIDS to meet and mingle socially. The group now meets in private homes on the first and Thursday of the month (6:30-9 pm, call for location: 221-3015, 228-5889, or Stephen Keenan at CAP 223-5907, ext. 114). MenTalk II presents the safer-sex workshop **Speaking of Sex...** a safe place for gay and bisexual men to brush-up on the latest in hot, protected sex, and offers other free workshops on a regular basis (call CAP for information on programs and events). **Speak to Your Brothers Project** allows gay and bisexual men, both HIV positive and HIV negative, to find support and get involved in helping their community fight AIDS. **Men Talks** are in-home gatherings which provide a safe atmosphere to talk about relationships, safer sex, testing and more (call 223-6339, ext. 160). CAP is recruiting **Volunteer Outreach Workers** for education materials development, and the MenTalk Home Meeting Program (call Roger 223-5907, ext. 130). (CAP offices, Suite 300, 620 SW Fifth Ave., 223-5907.) (5/19)

CAP Support Group Programs continue to offer a variety of formats including groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new support groups, contact CAP. (Call Project Client Services 223-5907.) (5/19)

Clackamas County AIDS Relief Effort is a community-based AIDS service organization in Clackamas County. Programs include HIV prevention education, support groups for people affected by HIV/AIDS, and a Personal Active Listener program for people with AIDS. (Call 653-8738 or write: CCARE, 4790 SE Logus Rd., Milwaukie, OR 97222.) (3/4)

Club BBS is a computer bulletin board with AIDS/HIV information, CDC daily summaries, AIDS newsletters from around the world, and support for AIDS/HIV affected individuals. Huge file base, and online text file information. Support for clinicians and lay people. This is a free bulletin board system. (24 hours a day, seven days a week, The Club BBS, PO Box 25954, Eugene, OR, 503-345-7988.) (3/3)

Friends of People with AIDS Foundation is a nonprofit organization offering assistance to people with AIDS. (245-7428.) (5/19)

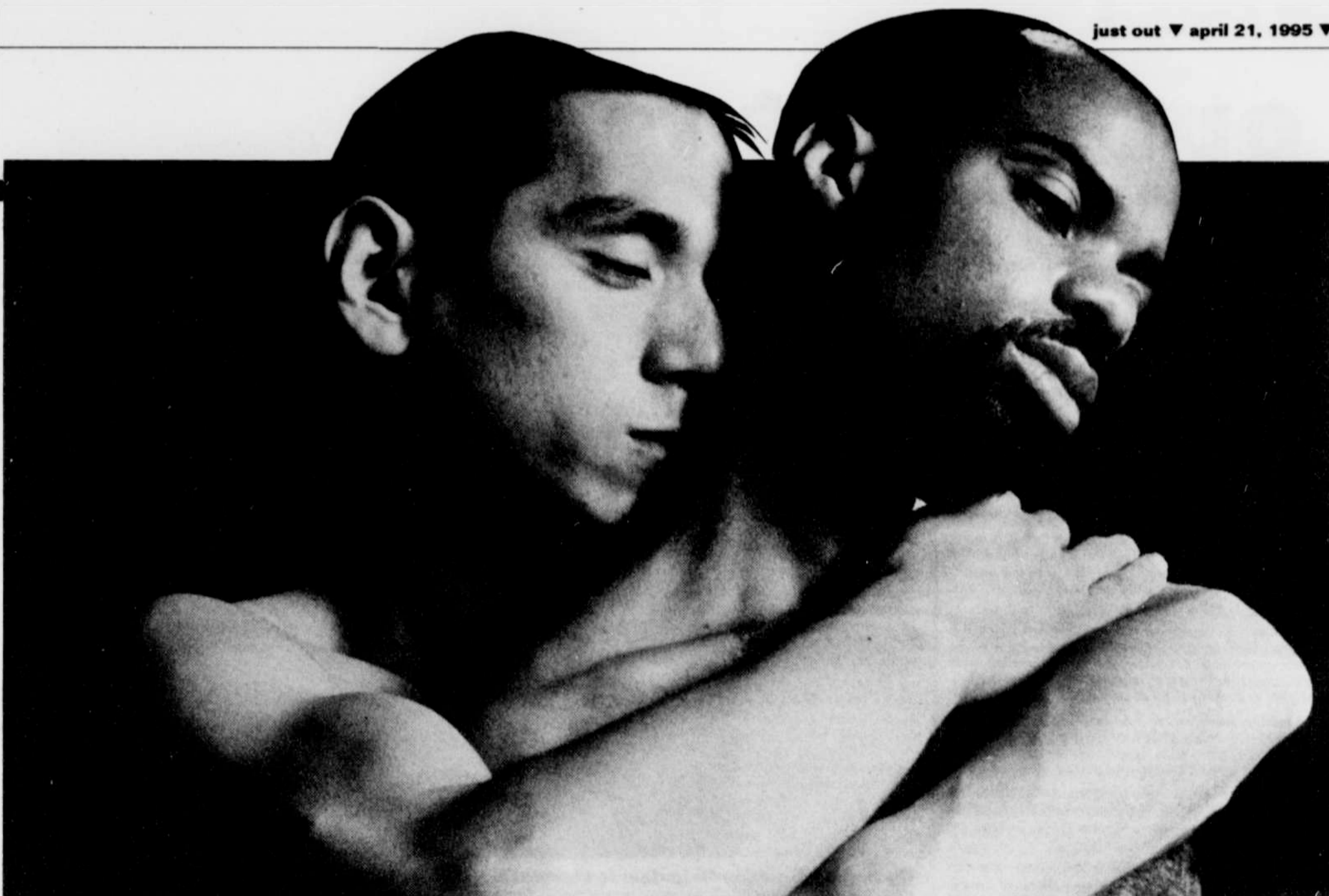
HIV Day Center offers hospitality, information and a variety of services to all persons with HIV/AIDS to help them cope intellectually, emotionally, spiritually and socially with the virus. Dinner is offered on Monday; lunches Monday through Friday (12:30 pm). Specialized services include: **Daily Bread Express** for the housebound; Monday evening support group/relaxation techniques; **Lazarus Community**, with the Rev. Gary McInnis, soul care for those with HIV and AIDS (6 pm Mondays); Tuesday morning spiritual issues discussion/support group; Wednesday afternoon AA meeting; Thursday morning stress management/support group. Additionally, the Day Center offers "Friday Flicks," Tuesday YMCA health/fitness classes, and seasonal parties and field trips. Nursing is available. The Day Center is interfaith sponsored. (9 am-5 pm Monday-Friday, 3835 SW Kelly St., 223-3444.) (5/19)

Ministry to People Living with HIV/AIDS seeks to provide for the spiritual needs of families and individuals affected by the epidemic through prayer, worship and educational experiences. (Milwaukie United Church of Christ, 4790 SE Logus Road, 654-6770.) (5/5)

Multnomah County HIV Services include anonymous and confidential HIV counseling and testing by appointment and walk-in (248-3775) and HIV Clinical Services for HIV infected persons. (248-5020.) (5/19)

The NAMES Project Portland Chapter runs panel-making workshops the first and third Monday of every month at the HIV Day Center. Educational materials and a speakers bureau are also available. (6-8 pm, 3835 SW Kelly St., 650-7032.) (2/17)

Oregon AIDS Hotline, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information, and free theater tickets for people with HIV/AIDS. **Positive Link** connects people impacted by HIV/AIDS with trained HIV-positive volunteers for telephone support and information (ask for Positive Link). (10 am-9 pm Monday-Friday; noon-6 pm Saturday and Sunday, 223-2437 or 1-800-777-AIDS.) (5/19)



Thick Lips Thin Lips, a short film by Paul Lee, plays at the 8th Northwest International Lesbian Gay Film Festival, held April 28-30, at The Evergreen State College in Olympia, Wash. (See article on page 27.)

Our House of Portland is a nonprofit, residential-care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (Call or drop by during business hours, 2727 SE Alder St., 234-0175.) (5/5)

People of Color Against AIDS Network (Seattle, 206-322-7061.) (5/19)

Project Quest is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program, offering workshops, retreats, and conferences, along with ongoing programs in nutritional cooking and eating for people with HIV, yoga, stopping smoking, meditation, and more. Project Quest now offers a **Comprehensive Health Management Group for People with HIV/AIDS**. The group will be facilitated by Lusijah Marx, R.N., Psy.D., and Graham Harriman, MA. (Call to receive schedule and preregister for workshops, 241-6448.) (8/4)

Regional AIDS Interfaith Network supports and trains people in developing strategies for increased community awareness about HIV/AIDS. RAIN works with local health departments and community-based organizations to develop "Faith in Action" opportunities and to assist in prevention education, advocacy, caregiving, food banks, transportation and fund raising. (4790 SE Logus Rd., Milwaukie, OR 97222, 653-8738, fax 653-0013.) (5/19)

Tod's Corner provides free clothing for people with AIDS. A service of the Friends of People with AIDS Foundation. (245-7428.) (5/19)

Trinity Episcopal Church offers a monthly **Healing and Vespers Service** with special intentions for those people affected in any way by HIV/AIDS disease. Also offered is **Hope and Wholeness**, a spiritually centered support group for people living with HIV/AIDS disease. Focus is on spiritual nourishment and growth (7-9 pm Wednesdays). (Wheelchair accessible, 147 NW 19th Ave., 222-9811.) (5/19)

Washington County Health Department HIV Services provides anonymous testing and counseling, by appointment and walk-in. Seropositive wellness program offers individuals counseling. Se habla español. (Testing: 648-8851; call 648-8881 for clinics in Beaverton and Hillsboro; TDD 648-8601.) (8/4)

CENTRAL OREGON

Central Oregon AIDS Support Team provides services and support for HIV-positive people and their caregivers. (503-389-4330.) (8/4)

SOUTHERN OREGON

Douglas County AIDS Council sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470, 440-2761.) (5/19)

WILLAMETTE VALLEY

Cascade Counseling offers a variety of services for the HIV/AIDS community, including a therapy group for people with HIV/AIDS, a support group for family and friends, socialization activities, counseling, and advocacy. Many services are free of charge. (111 1/2 Third St., Hood River, OR 97031, 386-1233.) (5/19)

HIV Alliance provides free emotional and nonmedical practical support services to persons living with HIV, their family and friends, and those grieving. **Acorn House**, a service of the Alliance, is a hospice and day care facility (342-2830). (3477 E Amazon Pkwy., Eugene, mail: PO Box 5513, Eugene, OR 97405, 342-5088.) (5/19)

Valley AIDS Information Network offers information, support, speakers and referrals for people affected by HIV/AIDS. Call VAIN's 24-hour hotline. (128 SW Ninth Street, Corvallis, OR 97339, 503-752-6322 or 1-800-588-AIDS.) (5/5)

WASHINGTON STATE

Life Force, a coalition for people living with HIV/AIDS in Southwest Washington, meets for brown bag lunches the third Saturday of the month. All supportive persons are welcome. (Noon-3 pm, St. Christopher's House, 4716 NE 44th St., Vancouver, or write: PO Box 86095, Vancouver, WA 98686-0095; 360-573-7304.) (10/17)

BROADCAST

The **Heart of Portland: A Capitol Report** is a monthly show hosted by state Rep. Gail Shibley. A variety of timely news issues are discussed. (Shown on: Channel 11, 7 pm, third Fridays; Channel 33, 7:30 pm, third Mondays.) (6/15)

The community public affairs show **Lavender Menace** has changed its air dates. (8 pm, second and fourth Tuesday, Paragon Channel 33; repeats 10 pm Saturday, Channel 27 and 10 pm Monday, Channel 11, to get involved in production: Satya Riversong 238-8564.) (6/15)

Sister Paula returns to television with her 60-minute specials for the Winter '95 season. (8 pm Monday, April 24, Channel 21, Sister Paula Ministries, PO Box 2206, Portland OR 97208.) (10/6)

The Snickers LaBarr Show, with talk for gay men, lesbians and bisexuals. (10 pm Saturday, April 22, channel 21; 11:30 pm Friday, April 28, channel 11, 727-2491.) (10/6)

CAMPUS

All-Hill Gay, Lesbian and Bisexual Alliance meets the first and third Tuesdays of every month. OHSU, VA, Shriners and any other Hill Hill students, faculty, staff and friends are welcome. (Diana 774-0503 or Scott 494-5227.) (5/19)

GALA of Clark College, a campus club and support group for gay, lesbian, bisexual and transgendered students, meets weekly, September to June. (Noon Tuesdays, for room location call advisors Kathy Bobula 699-0328 or David Oates 699-0305.) (5/19)

Western States Chiropractic College Gay, Lesbian and Bisexual Alliance meetings are open to the chiropractic community. (Western States Student Affairs Office 251-5707.) (6/16)

COMMUNITY

GENERAL

BiNet Oregon offers social, political and support groups to the bisexual community, its supporters, and bi-curious people. A mixed-gender group meets first and third Tuesdays. (7 pm, Laughing Horse Books, Bi-Line: 299-4764.) (5/19)

Bonneville Gay, Lesbian and Bisexual Resource Group is for mutual support and to address diversity and employment issues at Bonneville Power Administration. Other federal employees welcome. (Group information: 230-4733 or 631-7767.) (5/19)

Brother to Brother is a social and political group for African American gay and bisexual men. Get involved and help set the group's agenda. (Call Reggie 497-4900, or write 950 Lloyd Center, Suite 50, Portland, 97232.) (6/15)

Eastside Family Cooperative offers alternative part-time child care in a loving environment created and run completely by parents. Lesbian and gay families are welcome. (9 am-1 pm, three days per week, 2800 SE Harrison St., 233-5099.) (5/19)

Employees Association for Gays and Lesbians of U S WEST Companies is an informal group of gay, lesbian and gay-supportive phone company employees. The group provides support for members, and acts as a resource for U S WEST. (Contact Sue Salmon 242-8272.) (5/19)

Equity Foundation is a statewide community foundation created by lesbian and gay Oregonians. Equity awards grants to organizations that support its mission of "access to worth." (Contact: Jim Vegher, PO Box 5696, Portland, 97228-5696, 220-0628; fax: 222-5062; e-mail: EquityFund@aol.com.) (5/19)

First Friday Support and Discussion Group for friends and family of people with eating disorders. (First Fridays, 818 NW 17th Ave., Joyce Korschgen, MS, LPC, 221-4531.) (10/6)

Gay, Lesbian and Bisexual Physicians of Oregon. (Call or write: GLBPO, PO Box 4874, Portland, OR 97208-4874, 233-0047.) (9/1)

Lesbian Community Project provides outreach, networking and other services to the lesbian community. (223-0071, TDD or voice.) (5/19)

Lesbians Living with Cancer meets bimonthly. Partners and family welcome, call for meeting times and places. (669-3492.) (10/6)

Love Makes a Family serves lesbian and gay families through public education and outreach. A parents support group meets every second Monday, along with an art group for school-aged children, and a discussion group for teenagers. (6-8 pm, Bonneville Power Administration, 905 NE 11th Ave., Portland, or write: PO Box 11694, Portland, 97211, 228-3892.) (8/18)

Northwest Gender Alliance is a social and support organization for cross-dressers and transsexuals. Monthly open meetings and socials. (PO Box 4928, Portland, OR 97208-4928, 646-2802.) (5/19)

Parents, Families and Friends of Lesbians and Gay Men provides love and support for all family members and friends of lesbians and gay men. Meets the fourth Wednesday of every month. (7-9:30 pm, Augustana Lutheran Church, Northeast 15th Avenue and Knott Street, or write, PO Box 8944, Portland, OR 97207, 232-7676.) (5/19)

Phoenix Rising Foundation Inc. is a mental health agency primarily serving members of the sexual minority communities. Services are open to all and include individual, couples, family and group counseling and support groups. Sliding scale fee and some insurance coverage is available. Coming out groups for men, women and youth meet regularly. The agency also can provide educational sessions and inservice training on homophobia. A peer support group for pre- and post-operative transsexuals meets Tuesdays (7:30-9 pm). (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (5/19)

Pink Link: The Resource Line. Pre-recorded information in over 20 categories including women's resources, night spots, AIDS/HIV, and more. (241-9769; administration: 243-3424.) (5/19)

Portland Bisexual Women is a discussion group for bisexual women or any woman who may be wondering about her sexuality. A forum for exchanging ideas, feelings, resources and information about bisexuality. Women of any age, race, culture encouraged to attend. (7-9 pm, second and fourth Fridays, It's My Pleasure, 4526 SE Hawthorne Blvd., preregister: 236-0505 or 283-6433.) (4/7)

Portland Metro Area PC User Group for lesbians. (777-3020.) (8/4)

Pride Northwest is an ongoing organization that plans Lesbian/Gay Pride and other Pride-associated events. (PO Box 6611, Portland OR 97228, 295-9788.) (6/15)

Right To Privacy Inc. advocates full civil rights, human rights and social equity for lesbians, gay men and bisexuals by informing and educating policy makers and the general public. (921 SW Morrison St., Suite 546, Portland, OR 97205, 228-5825; fax: 228-1104; e-mail: rtpac@aol.com.) (10/21)

Together Works is a support group for lesbians, gay men, bisexuals and friends. Activities include discussion on timely topics and social activities. Meet others in a neutral, safe environment. (7:30 pm, second and fourth Mondays, First Baptist Church, McMinnville, Ore., 503-434-6266 or 503-434-8699.) (3/17)

Transgressive Sexuality is an open forum for exploration and discussion which has as its focus nontraditional gender and sexual identities. Men, women and other sexes are welcome. Meets the second and fourth Thursdays. (7 pm, It's My Pleasure, 4526 SE Hawthorne Blvd.) (5/19)

Trans-Port is a peer support organization, open to all transgendered people and their families. With bi-weekly and monthly open meetings. (PO Box 66913, Portland OR 97290-6913, 774-8463.) (8/4)

New Women's Writing Group meets to exchange constructive feedback on members' fiction and poetry. (4-6 pm, every Sunday, Third World Coffee, 232-3188.) (2/17)