

Our House of Portland is a nonprofit, residential-care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (Call or drop by during business hours, 2727 SE Alder St., 234-0175.)

Positive Link connects people who have tested HIV positive with trained HIV-positive volunteers for telephone support and information. Sponsored by Cascade AIDS Project. (223-2437 or 1-800-777-2437, ask for Positive Link.)

Positive Place is a weekly gathering of HIV-positive youth and their friends. A safe place to talk about living with HIV. Free pizza! (6-7:30 pm, Thursdays, Outside In, 1236 SW Salmon, 223-4121 or CAP 223-5907.)

Project Quest, a nonprofit HIV and AIDS self-empowerment program, offers workshops in basic and advanced guided imagery, therapeutic touch, and other immune function enhancement programs. Project Quest's **organic gardening project** is looking for individuals, tools, seeds and plants for an organic garden. (Call to receive schedule and preregister for workshops, or to donate time, tools, etc., 241-6448.)

Shalom Ministries, a United Methodist outreach to the gay and lesbian community, sponsors an **HIV/AIDS support group** every month and fourth Tuesdays of every month. (7:30 pm, United Methodist Church, 5145 SE Lincoln St., 760-4215.)

Todd's Corner provides free clothing for people with AIDS. A service of the Friends of People with AIDS Foundation. (HIV Day Center, 3835 SW Kelly St., 245-7428.)

Trinity Episcopal Church invites all who are affected by or concerned about HIV/AIDS to attend a monthly **Healing Service and Evensong**. The service, which follows the Episcopal tradition, lasts 35 minutes and is followed by a free, simple evening meal and social time. Wheelchair accessible. (5 pm, second Sunday of each month, 147 NW 19th Ave., 222-9811.)

Central Oregon

Central Oregon AIDS Support Team provides emotional and practical support services for people with HIV/AIDS and education and outreach to the Central Oregon area. (Write to: PO Box 9184, Bend, OR 97708, or call 389-4330.)

Coastal Oregon

Catsop County AIDS Coalition is a community-based organization formed to educate and give support to persons who are HIV-positive and their families and loved ones. (PO Box 445, Astoria, OR 97103, or call 338-7501.)

Coastal AIDS Network is a group of HIV-positive and HIV-negative people who meet twice a month for support. (Tillamook, 842-4375; Lincoln City, 997-4694.)

Meditation and Chat with Ishvara, Enlightened Master, at Shambhala. Ishvara's philosophy includes everyone, and the gay, lesbian and bisexual community is invited and welcomed. (10 am, Sundays; 7 pm, Wednesdays; 2154B NW Mast Place, Lincoln City, 503-994-2488.)

Eastern Oregon

Blue Mountain AIDS Task Force. (PO Box 701, Pendleton, OR 97081, 278-1529.)

Columbia AIDS Resources serves the Mid-Columbia in Oregon and Washington. Support groups, advocacy, information, referral and education. (386-3881 or 296-3700.)

Southern Oregon

Douglas County AIDS Council sponsors meetings and educational activities. (3035 Laurel Springs Drive, Roseburg, OR 97470; 440-2761.)

OnTrack/The Allan Collins AIDS Project. (221 W Main St., Medford, OR 97501, 776-3021.)

Rogue AIDS Awareness Network offers an HIV and AIDS support group 7:30 pm Tuesdays as well as a gay and bisexual support group 7:30 pm Wednesdays. (1215 SW "G" St., Grants Pass, OR 97526, 471-0979.)

Ruby House is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. A project of the Douglas County AIDS Council. (3035 Laurel Springs Drive, Roseburg, OR 97470, 440-2761.)

Southern Oregon Lambda Association is a Rogue Valley-based organization of lesbians and gay men that does AIDS education outreach. (Hotline, 773-8146, 7-11 pm; PO Box 4387, Medford, OR 97501, 773-8146.)

Willamette Valley

HIV Open Community of Life is an AIDS support group. (7:30-9 pm, Fridays, Room 273, Building 3, Chemeketa Community College, Salem, Pat. 393-1520, or Ron, 472-2480.)

HIV and AIDS Support Group for Women meets at The Center in Eugene for discussion of the physical, social and economic issues involved. (363-4963.)

Mid-Oregon AIDS Support Service provides information and support to men and women with HIV/AIDS, and to their friends, family and caregivers. Support groups include: "Shoulders" for friends, family and caregivers (7 pm Mondays), "Open Door" for persons with HIV/AIDS (7 pm Thursdays), "Women Positive" for women with HIV/AIDS (7 pm Fridays), and "Friday Affair" (10 am-3 pm Fridays). (1410 SE 12th St., Salem, OR 97302, 363-4963.)

Shanti in Oregon provides free emotional and nonmedical practical support services to persons living with HIV, their family and friends, and those grieving. (3477 E Amazon Drive, Eugene, 342-5088.)

This Moment is a support group meeting in a home setting in Salem, open to people with HIV or AIDS and their families. Social, emotional and referral support are provided. This program is an outreach of the Sweet Spirit Metropolitan Community Church. (375-0671.)

Valley AIDS Information Network operates a 24-hour AIDS hotline for information and support, and provides referrals, informative brochures, speakers, and support groups for persons with AIDS and their families. (128 SW 9th Street, Corvallis, 752-6322.)

Washington state

Cowlitz-Wahkiakum Health District AIDS Program provides services for people with AIDS or HIV. Included are counseling, testing and support groups. Call to arrange a screening interview. (C. Clark Geer, 206-425-7400.)

Southwest Washington Health District HIV/AIDS Program offers a range of services to Clark, Skamania and Klickitat counties. These include anonymous testing and counseling, case management, client advocacy, one-to-one counseling, community and professional education. (2000 Fort Vancouver Way, Vancouver, WA 98668; for confidential HIV testing and counseling, call 206-696-8425; for referrals regarding information and assistance, etc., call 206-696-8098.)

CRISIS

Alcohol and Drug HelpLine (232-8083 in Portland) and **YouthLine** (233-1113 in Portland) give free, unbiased and confidential assistance. Call 1-800-621-1646 from elsewhere in Oregon. Service of the Oregon Council on Alcoholism and Drug Addiction.

The Anti-Semitism Hotline, 295-0330, takes messages from victims of anti-Semitic incidents. All calls will be returned within 48 hours. Organized by the American Jewish Committee.

The Anti-Violence Line at 796-1703 helps compile statistics on hate crimes and gives victims a chance to talk to someone sympathetic. **Outside of Portland**, call 1-800-796-1703. A service of the Lesbian Community Project.

Battered Lesbian Support Group is a confidential group for lesbians and bisexual women who have been physically, sexually or emotionally battered in their relationships with women. (Womanspace, Eugene, 485-6513, ask for Chell or Verna; outside of Eugene, 1-800-281-2800.)

Call the **Bias Crime Unit** of the Portland Police at 823-0434 if you feel you have been a victim of any type of bias crime in Portland. Shirley Zahler and Frank Jolly are the bias-crime detectives. If you are in immediate danger, call 9-1-1.

The Bradley-Angle House provides a weekly, confidential **Battered Lesbian Support Group** with lesbian facilitators. Child-care provided. Donations accepted. (Sandi Clark, Transition Program Coordinator, 232-1528 or 232-7805.)

Ninety-two percent of early breast cancers are curable. **Cancer Helpline** gives information on free mammograms for limited-income women. (1-800-227-2345.) **Komen Helpline** answers questions about breast cancer and gives out materials on self-exams. (1-800-462-9273.)

Clackamas Women's Services provides emergency shelter and safe homes. They are currently looking for compassionate and caring people who are willing to open their homes to women and children fleeing domestic violence, to be used when the CWS emergency shelter is full. (Mary Ann, 654-2807.)

A Domestic Violence Support Group for Lesbians meets at the YWCA of Clark County. Open to lesbians from the Vancouver and Portland metro areas, the group meets each Thursday, providing support and resource referral on a drop-in basis. There is no charge

for the group or for the on-site childcare provided. (6:30-8:30 pm, 1115 Esther Street, Vancouver, WA, 206-696-0167.)

A **Gaybashing hotline** has been set up by the Department of Justice. Call 1-800-347-HATE if you have witnessed or been the victim of homophobic violence.

There is a new **National Suicide Hotline for Sexual Minority Youth**, 1-800-347-TEEN. (PO Box 20716, Indianapolis, IN 46220.)



Best Friends walk for Friends

Benefit dog walk hosted by Darcelle XV Friday, July 15

Prevent child abuse. Call the **Parent Hotline**, 238-8819, for support in a crisis or to get advice on reporting possible child abuse.

Portland Women's Crisis Line, 235-5333, is available 24 hours a day for women dealing with rape issues who need crisis counseling, information and referrals, and for victims of rape, sexual assault, domestic violence, child sexual abuse, incest and sexual harassment. PWCL also provides transportation for victims from a dangerous situation to a safe place.

The Urban League of Portland's Youth and Family Service Center is working with the Portland Police Bureau, Albina Ministerial Alliance, the Dougy Center and other agencies to reduce the incidence of violence in the Portland metropolitan area. The "circle of violence" affects everyone for days, weeks, months and years. Through these collective efforts, our communities can stop the circle. (24-hour information line 335-0074 or 280-2600.)

GALLERIES

In Her Image Gallery features "She Weaves a Web," a fiber arts exhibit. Batik painter **Gael Nagle** is featured. Nagle's work is done in the traditional method: waxing with beeswax and submerging in a cold water dye bath, working from the lightest dye to the darkest. Through July 3. (10 am-6 pm, Wednesday-Sunday, 3208 SE Hawthorne, 231-3726.)

The Hoffman Gallery presents thesis work by graduating certificate students, through July 3. (Oregon School of Arts and Crafts, 8245 SW Barnes Road, 297-5544.)

The Jamison/Thomas Gallery presents L.A. painter **Mary Allan** in her first Portland show: an exhibition of small, dense, richly colored paintings. Her pieces emerge from materials such as graphite, wood, wax and oil paint. Through July 2. Also showing through July 2 is **Stan Peterson**, with a new show of his small, quirky, carved and painted pieces. His show, titled "New Narratives," is an evolution of his previous show "Transitions." The small-scale environments he creates are reminiscent of waking dreams. (10 am-6 pm, Tuesday-Saturday, 1313 NW Glisan, 222-0063.)

Students usually warned not to draw on furniture were given the go-ahead to paint their chairs! **Bridger Elementary School students** exhibit their work through July 2 at the **Jamison/Thomas Gallery**. Come hear the story behind this project, and view the results of this special education class' artistic endeavors. Chairs will

be on sale, with proceeds to benefit Bridger's special education program and student artists. (10 am-6 pm, Tuesday-Saturday, 1313 NW Glisan, contact Mike Barber, 280-6336.)

"Violation" by **Emerald Goldman** shows through July 2 at **Gallery 114**. This work is a show of dark images—fragments that hint at torture and abuse. Goldman works in the unlikely medium of pastel, her first pieces reflecting feelings of confusion and fear. The last three pieces of this series reveal the terror of her experience of childhood sexual abuse. Also exhibiting is **Carolyn Mills**, with sculpture in steel and mixed media—meditations on violence. (Noon-6 pm, Tuesday-Saturdays, 1100 NW Glisan St., 243-3356.)

Paintings by L.A. artist **Diane Remick** are featured through July 2 at the **Acanthus Gallery**. On display is a series of striking oil paintings of men and women wearing sunglasses. The images, which include Remick's sons Fred and Matthew, are cropped so that the paintings concentrate on the face alone. (Noon-6 pm, Fridays and Saturdays, 120 NW 9th Ave., Suite 210, 224-5475.)

Graystone Gallery will feature the work of three artists through July 24. Landscape oil paintings by Arletha Ryan, abstract stone sculptures by Ben Sieber, and colored-pencil drawings and mixed-media paintings by Ed Thibodeau will be presented. (10 am-6 pm, Tuesday-Sunday, 3279 SE Hawthorne Blvd., 238-0651.)

RECOVERY

Agoraphobic Support Group for Gays and Lesbians meets weekly. Geared toward gays and lesbians whose anxiety and fear control their lives. (Todd 234-8963.)

The Center for Rational Thought/Atheist Community Center sponsors a **Rational Recovery group** for those interested in a substance-abuse recovery program which emphasizes personal responsibility outside of the "higher" power 12-step programs. (7:30 pm, Thursdays, 415 SW 13th Ave., 241-9268.)

Co-Dependents Anonymous for Gay Men and Lesbians meets weekly. (7-8:30 pm, Sundays, Live and Let Live Club, 2035 SE Belmont St., 231-3760.)

Gay men's adult children of alcoholics group. (7:30-9 pm, Tuesdays, Live and Let Live Club, 2804 SE Ankeny St., 231-3760.)

Gay men's nonsmoking AA group. Emphasis on recovery. (10 am, Sundays, Sixth Floor, Good Samaritan Hospital, 1015 NW 22nd Ave.)

Lavender Lesbian NA meeting with child-care available. (7 pm, Mondays, 12-Step Haven, Small Group Room, 4160 SE Division St.)

Madwomyn is a nonpolitical peer-support group for lesbians and bisexual women with mental and emotional health issues. Meets second and fourth Wednesdays in Vancouver, Wash. (All calls are returned, 206-750-4707.)

New Beginning Sex Addicts Anonymous group meets Tuesdays at the HIV Day Center. (7-8:30 pm, 3835 SW Kelly St., 223-3444.)

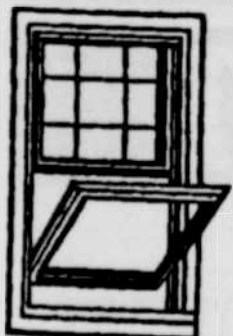
Portland Area Lesbian and Gay 12-Step program. Call for calendar and meeting times. (Live and Let Live Club, 2035 SE Belmont St., 231-3760.)

Sex and Love Addicts Anonymous. The only requirement for membership is a desire to stop living out a pattern of sex and love addiction. (650-7009.)

Triangle Project is gay-specific individual and group counseling for alcohol and drug problems, available through ASAP Treatment Services, Inc. Sliding-scale treatment is offered regardless of ability to pay. When calling the intake coordinator please specify Triangle Project. (2130 SW 5th Ave., 224-0075.)

THEATER

The Oregon Shakespeare Festival's Daedalus Project, the festival's annual AIDS benefit, is now offering tickets for sale by mail. The Project is a day-long event which culminates in a performance in the Elizabethan Theatre. Daytime activities are free and will be held in the festival courtyard. A ticket is required for the performance. (Monday, Aug. 15, \$25, for tickets, write OSF Box Office, PO Box 158, Ashland, OR 97520.)



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