

# classified

## BODYWORK

### HIRED HANDS MASSAGE CO.

Customized Massage. In your home, hotel, or my downtown office

**John Clark, LMT**

1017 SW Morrison St., Ste. 411 • 775-6634

### RAINY DAY MASSAGE

Megan Zimmerman, L.M.T.



Therapeutic Massage  
For Relaxation and Stress Relief  
(503) 297-9629

### STEVEN KOEHLER, LMT

- strong, sensitive hands • 7 years experience
- specializing in deep muscle massage
- hourly rate — in \$30 • out \$35 ~ Visa/MC
- new clients second visit \$10 off

220-2323 • PAGER 220-9755



### VALERIE LYON, MS, LMT

Circle Healthcare Clinic • 230-0812



Licensed Male Masseur  
Exquisite Massage  
Aromatherapy  
241-4912  
New Office  
NW 13th & Hoyt



**todd harris hhp lmt**

BREATHWORK  
ACUPRESSURE • REIKI • SWEDISH  
SPORTS MASSAGE • DEEP TISSUE

654-4460 • pager 497-6154

### Soft Touch

ELECTROLYSIS

For Men & Women  
Free Consultation

Patti Millsbaugh L.E. R.E. (503) 233-6951



## CHIROPRACTORS

JAN CORWIN, DC • KIP M. HARD, DC

Circle Healthcare Clinic • 230-0812

## CHIROPRACTORS

Dr. Mary Mandeville  
Chiropractic Physician



815 SW 2nd, Suite 410  
222-1800 V/TDD

ELIZABETH CARLSON, DC, LAc

Circle Healthcare Clinic • 230-0812

## CLASSES

THE CHANGEMASTERS CIRCLE meets seasonally for deep learning and celebrations. Winter focus: Right Uses of Power—The Warrior beginning in February. Changemasters is community recognizing diversity and individuality and together creating something more complex and splendid. Judy Chambers, Ed.M., LCSW, is a trusted trainer and therapist who accompanies persons walking their paths of self-realization. To register, call (503) 235-3724. PSU/DCE credit available. (2/4)

### ENERGY WORK, The GODDESS & PAGANISM.

Women's circles focusing on the spiritual way of honoring the great life force of female energy.

Classes now forming.

230-1016.

## COUNSELING

RELATIONSHIP GROUP for lesbian sex abuse survivors and partners of survivors (individuals or couples) now forming. Judy Chambers, LCSW, Certified Addictions Specialist, facilitator. Call Judy at 235-3724 for more information. (2/4)

LOOKING FOR AFFORDABLE THERAPY by an experienced psychotherapist? Jane Ferguson, M.A. 236-8730. (2/4)

WORKSHOP FOR LESBIAN COUPLES together for 3 or more years. 5 stages—5 Thursdays. \$350 per couple—\$300 if paid by 2/1. Sessions 2/10-3/10. For more info, call: Renee Augrain, 235-2005. (1/21)

### KAO RHIANNON, PH.D.

Licensed Psychologist

Individuals and Couples

Insurance Accepted

2 4 8 - 0 7 7 5

### Donald Posten, MSW

Licensed Clinical Social Worker  
Counseling

• Individual • Couple • Group

(503) 284-7976

### Nelly Kaufer, M.A.

LICENSED PROFESSIONAL COUNSELOR

Individuals, couples, and groups

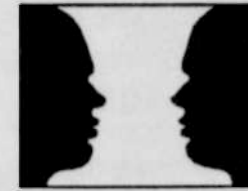
New women's group forming based on her book  
*A Woman's Guide to Spiritual Renewal*  
(HarperSanFrancisco, March 1994)

248-0759

2250 NW Flanders • Suite 103 • Portland 97210

## COUNSELING

Gay Men's Therapy  
LARRY DOWNARD, MN  
PMHNP



Psychotherapist & Nurse Practitioner  
Therapy for Individuals & Couples  
Medication & Prescription Services  
Insurance & Sliding Fee Scale

Durham House, Suite 202, 1012 SW King  
Portland, OR 97205 (503) 224-4259

### FREEDOM THE INNER SELF

Emotional Release and Integration

Reichian

Body-Oriented

Psychotherapy



281-0277

CAROLINE SOJOURNER, MA, LMT



JUDY CHAMBERS EdM, LCSW  
Certified Addictions Specialist

Helping people enhance  
esteem, improve relationships  
and integrate spiritual growth

503-235-3724

### CHERRY HARTMAN, M.S.W.

Licensed Clinical Social Worker  
Individual & Couple Counseling  
Insurance Accepted

224-1440

### Carol F. Landesman, Ph.D.

Clinical Psychologist



Specializing in treatment of

- Eating disorders
- Women's issues
- Sexual abuse
- Gay/lesbian issues
- Couples
- ACOA

(503)663-7767

### ZACHARY NEWMAN, M.A.

Licensed Professional Counselor  
Licensed Marriage & Family Therapist

Depression/Self-Esteem  
Gay & Lesbian Issues  
Relationship Concerns  
Survivors of Abuse/ACOA  
Mid-life & Geriatric Issues  
Personal Growth

281-7958

Over ten years professional experience  
Sliding fee scale/Evening appointments

### Jan McMurphey, M.S.

Licensed Professional Counselor

Couples, Addictions, Depression

Sliding Scale

228-0343

## COUNSELING



Dorothea Pettit  
Counseling Therapist

Affordable, professional counseling  
Individual, Couples, Group  
50 S.W. 2nd #410  
Portland, OR 97204  
222-9383

### Tom L. Knight, M.S.W.

Registered Clinical Social Worker  
Individual, Couples and Groups

- Addiction/Compulsions
- Gender Identification/Orientation Issues
- ACOA Recovery
- Adult Survivors of Childhood Abuse

225-9890

1020 SW Taylor #440  
Portland, OR 97205



### Serena Barton, M.S.

Licensed Professional Counselor

Life transitions • Family of origin  
Abuse recovery • Relationships  
Moving beyond survival

Ongoing lesbian therapy group

(503) 226-7803

### Dr. L. Sky Manning

Psychologist Resident  
Supervisor Steve Zahm PhD

Specializing in Lesbian Relationships

(503) 238-0655



Patty Newland, MSW  
Licensed Clinical Social Worker

Together, we can create a  
nurturing, therapeutic  
environment where you can safely  
push your growing edge.

(503) 299-4948



Anna B. Ingre, M.A.

Licensed Professional Counselor

Lesbian/Gay Issues • Spirituality  
Women's Issues • Self-esteem  
Abuse Survivors • ACOA Recovery  
Life Changes and Transitions

(503) 241-7254