## COUNSELING

### Pamela Perry M.A. • spirituality

- 235-4140
- parenting
- · couples & families
- · gays and lesbians
- abuse survivors
- ACOAs
- · the specially abled



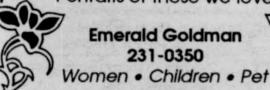
Our bodies reflect held thoughts and emotions that deny our aliveness.

Open to your true self through bodywork and breath



Relationships are special. Only a unique piece of art can capture the rich nuances and tender feelings of the people we care for.

Portraits of those we love.



# A Safe Place

Counseling Service



Augrain M.ed., N.C.C.

Gilpatrick MSW. RCSW

235-2005 2610 SE Clinton, Suite F

## OUNSELING Individuals and Couples

PATRICIA J. CHANCE, MSW Registered Clinical Social Worker

Depression • Relationship Issues Personal Transitions • Incest Survivors Coming Out Concerns

Insurance Accepted

(503) 220-0210

## Gay Men's Counseling Services

sliding scale 235-3433 2036 S.E. Morrison

- Self-Esteem
- Assertiveness
- Relationship Counseling
- Therapy & Support Groups



Bob Weinreich, PhD

## CHERRY HARTMAN, M.S.W.

Registered Clinical Social Worker Individual & Couple Counseling Insurance Accepted

224-1440

ALSO, HYPNOSIS FOR Relaxation **Test Anxiety** Fear of Flying Sexual Problems



## Life Outside the Office:

The 12-week life-enrichment and self-discovery group for lesbians begins a new session on January 15th. Call for more information/pre-group appointment.

#### OR E

GREAT GET-AWAY! Netarts A-frame, sleeps 4. \$225/week. \$100 weekend. Call 653-8378 (02).

#### HEALTH CARE

## AIDS antibody screening

Professional by a Nurse Practitioner in the convenience and privacy of your own home. Flexible Hours

Health Care

658-5500

## ANYONE can get a sexual infection.

## Even You.

Clinic on 21st Private V.D. Clinic 1216 N.W. 21st 226-6678

A confidential, cost-effective, alternative.

#### HELP WANTED

## **POSITIONS AVAILABLE WITH** JUST OUT

Use your job skills for the benefit of the lesbian and gay community. Work in a supportive and open environment where you can be yourself.

#### **COPY EDITOR — PROOF READER**

Edit copy for grammar and style then proof copy that has been typeset for publication. 20-30 hours per month -\$150.

#### ADVERTISING DIRECTOR

Maintain client base and sell ads along with directing sales staff of 3-4. Hire, train, supervise sales staff. Look for and delegate sales leads and monitor all accounts. For Just Out and the Just Out Pocket Book. 30 hours per week. Generous commission and salary.

#### **BUSINESS MANAGER**

Handle accounts payable, day to day accounting, financial reports, paychecks and act as fiscal representative. 20-30 hours per month.

#### **BOARD MEMBERS**

If you have a commitment to the lesbian and gay community and would like to keep Just Out coming out into the gay '90s, you should consider being a member of the board. Attend a monthly board meeting and commit to projects and tasks as time permits.

Send a resumé or information sheet of your talent and skills along with a cover letter explaining how you can benefit Just Out and your reasons for wanting to become involved with Just Out to:

Just Out PO Box 15117 Portland, OR 97215

Specify the position you're interested in.

#### **FULL-TIME BATH ATTENDANT. Asst.** management trainee. Must be neat & reliable. Apply in person. Club Portland. 303 SW 12th Ave.

LANDSCAPE MAINTENANCE and construction firm seeks person with strong back and good driving record. Call 244-2468. (01)

PERSONAL CARE ATTENDANT needed for disabled female adult, mornings only. Light housekeeping including during morning routine of 2.5-3 hours, depending. Experience with quadriplegia preferred. \$6/hour. Please call 774-3527.

#### JOBS WANTED

QC PROFESSIONAL, 9+ years experience includes technical writing/editing, inspection, supervision, program managmenet, DLA/DCAS contract administration, PC skills. Recently moved from Boston and need a job! ANY level, ANY capacity, preferably related. Excellent references. Bill: (503) 244-6208.



Ann Hinds art medium **Draw Yourself Out** 

274-9591

## M

Our bodies reflect held thoughts and emotions that deny our aliveness.



Open to your true self through bodywork and breath

licensed massage therapis rebirther/counselor 281-6002

## HIRED HANDS MASSAGE CO.

Hotel/House Calls.

645-6826

# IEIGHBORHOOD IASSAGE

Massage for women and men

Valerie Lyon, M.S., L.M.T.

Massage Body-centered Therapy On-site Massage

Kathy Peters, L.M.T. Massage

423 SE 15th (at Stark)

(503) 234-3962

## MISCELLANEOUS



683-CHAT (2428) 1-800-333-CHAT DAILY 4 PM - 8 AM next morning
Disability Access info & TDD: Mon-Thur, 4 PM - 10 PM

# PICTURE DESIGN - FRAMING JUST FOR YOU IN HOME/OFFICE ESTIMATES (503) 289-8838

#### - HE'S BACK -

Psychic and Spiritual Medium Chuck Arbuckle. Eastside, 232-8699. West side 636-1832. (02)

SINGLE LESBIAN POTLUCK meets 2nd Saturday of every month. Call for information and location. Cathy, 625-6383 or 538-1274. (1-90)

MINDLINK - You are invited to exercise your mind power by linking at 8 am and 8 pm each day. Reflect for a time on the ideal vision and your role in it. Together we are greater than the sum of our parts. Rob Bishop 731-8551.

#### HOT BODY BUILDER - NATIONAL

POSTER MODEL, 42 in. hairy chest, 17 in arms, 30 in waist, 8 inches, straight appearing, military. Will travel. Send \$10.00 for photo to: 1521 Bellevue Ave., #104, Seattle, WA 98122, (206) 682-1888.



·New Clothing Quality Resale

SUSAN ZEIDEL, owner 3204 SE Hawthome

231-7116

Tues-Sat/10:30-6:30 Consignments Welcome