

out about town

G R O U P S

Phoenix Rising is a lesbian and gay service center providing professional counseling (on a sliding scale fee), information and referrals, social-growth activities, an education program, and speakers' bureau. (Suite 404, 333 SW 5th Ave., Portland, OR 97204, 223-8299.)

L/GHTS (Lesbian/Gay Humanists) is a special interest group that articulates lesbian and gay concerns to organized humanism and presents humanism in a consistent manner to the lesbian and gay community. The Portland-Vancouver chapter meets regularly. (Jim Scheller, 654-9203.)

The **Adventure Group** meets in front of Lloyd Center Cinemas every Sunday morning for hiking, cross-country skiing, or bicycling, depending on the weather. Activities are free of charge and are open to gay men and lesbians. (Recorded message, 8 am, Friday through Sunday, 248-9474.)

Portland Gay Men's Chorus meets weekly. (Mondays, 6:30-9:15 pm, Room 37, Lincoln Hall, Portland State University, 233-0650 or 227-7907.)

A **Gay Women's Golf League** is forming to meet in late April. (Write, League, 3016 SE 26th, Portland, OR 97202, or call Becky, 232-1487.)

Cascade Guild — Health Care Chapter is a networking group for medical, social, and mental health workers that meets monthly. (Hazel, 636-0509, or Chris, 297-8490.)

A **support Group for single parents** meets weekly for discussions on parenting, referrals, resources, discipline techniques, and finding adequate day care. (Sue Kaastad, 238-8819, or Debi McFeron, 249-2825.)

Windfire is a social and support group for people under 21 who are gay, lesbian, bisexual, or unsure. (Thursdays, 7-9 pm, Multnomah County Central Library, 801 SW 10th Ave.; Saturdays, 2:30-4:30 pm, Old Wives' Tales, 1300 E. Burnside St., newcomers' meeting, fourth Tuesday, 223-8299.)

The **Medford Gay Men's Support Group** meets weekly. (Wednesdays, Bob, 779-7324.)

Community radio station **KBOO 90.7 FM** broadcasts *Bread and Roses*, a weekly feminist and lesbian public-affairs program; *Womansoul*, a program of women's music; and *Detour*, an international gay and lesbian public-affairs show. (*Bread and Roses*, 9-10 pm, Tuesdays; *Womansoul*, 10 pm-1 am Fridays; *Detour*, 10-10:30 pm, Sundays, 231-8032.)

Portland Leathermen is an informal social group that gathers regularly to wear and enjoy black leather. (10 pm Fridays, Dirty Duck Tavern, 439 NW 3rd Ave.)

Test-Positive Aware is a three meeting series of facts and more for newly-tested HIV positive people. It is co-sponsored by Cascade AIDS Project and Multnomah County Health Division. (New groups start each month, Jay Roberts, 233-5907.)

Gay Men's ACOA meetings are for men who were raised in alcoholic or other dysfunctional homes. (7:30-9 pm, Tuesdays, Live and Let Live Club, 243 SE Ankeny, 231-3760.)

The **National Transvestite/Transsexual Hotline** is a 24-hour free information service for female impersonators, transsexuals and transvestites. There are over 22,000 members nationwide. (206-239-TVTS.)

The **Healing Connection** is a breakfast gathering of lay people and professionals who come together to hear speakers, enjoy good food, meet and network with others, and start the day with a positive focus on personal and planetary healing. (7-8:30 am, first and third Thursdays, Ezekiel's Wheel, 2106 NW Northrup St., 281-0332.)

The **Funny Ladies Afternoon Tea and Posey Society** is a social organization of gay women 35 and over that offers monthly get-togethers, including trips to the theater, concerts, skiing, swimming, and potluck dinners. (774-8702.)

Gay and Lesbian Writers meet the second Thursday of each month for support and critique of poetry, fiction and non-fiction. All are welcome, published and unpublished. (David or Jennifer, 230-9229.)

Men who like to sing are urged to audition for the **Portland Gay Men's Chorus**. (Auditions, contact David York, 235-4241; rehearsals; Mondays, 6:30-9:15 pm, 453 Cramer Hall, Portland State University.)

A **support group for abused lesbians** meets regularly at Bradley-Angle House. It is facilitated by lesbians and is confidential; childcare is provided, donations are accepted. (232-7805.)

Portland Power and Trust is an informal support group for lesbians interested in safe, consensual S and M. (PO Box 3781, Portland, OR 97208.)

Keeping Track is a new, facilitated group of gay men and lesbians to explore creativity, sexuality, and insights through journals. (Frederick, 287-4634.)

The **Park Avenue Social Club** (formerly the Gay Bridge Club) is a weekly rap and social group for people of all sexual orientations 18 and over. (7:30 pm, Tuesdays, First Congregational Church, Southwest Madison Street and Park Avenue, use Madison entrance and ring the bell, 244-3225.)

Parents and Friends of Lesbians and Gays (PFLAG) provides love and support for all family members and friends. (7-10 pm, fourth Wednesday, 233-5415.)

Women with Women with Children is a social networking group for lesbians who have or want to have children in their lives, whether as mothers, mother's partners, "Big Sisters," or adoptive mothers. (Monthly activities flyer: 2717 NE Hancock St., Portland, OR 97212, Holly, 282-1529.)

The **Bisexual Community Forum** is a rap and social group open to men and women. (8 pm, second and fourth Mondays, banquet room, Old Wives' Tales, 1300 E Burnside.)

Portlandia's Pride is a monthly social group of gay and lesbian employees of the City of Portland and Multnomah County. (245-2634.)

The **Third Sunday Portland Lesbian Brunch Group** holds monthly potlucks. Open to all lesbians. (11 am, 231-0350 for location.)

Lesbian Gardening Club meets monthly to share plants and advice, tour public gardens and visit nurseries. (Susan, 287-9697, or Connie, 235-5072.)

Portland Frontrunners is a running group open to all runners regardless of gender or running ability. (Weekly runs: Tuesdays, 6:30 pm, chin-up bars at Duniway Park by YMCA, Barbur Blvd., Thursdays, 6 pm, Mt. Tabor, 232-6004, Saturday, 9 am, chin-up bars, Duniway Park.)

The **Rose City Gender Center** is open male-to-female, female-to-male, androgynous persons, cross-dressers, transvestites, and supporters. (359-5439 or 284-9531.)

Lesbians Enjoying the Sciences is a non-technical field trip-oriented group interested in both life and physical sciences. (Lynn, 777-2339.)

A support group for **women with adolescents** meets monthly for a potluck and discussions of parenting. (5 pm, third Sundays, Stevie or Marge, 282-2956.)

SPIRITUALITY

Affirmation is a social and support group for lesbian and gay Mormons, their families and friends. (Portland/Vancouver group, PO Box 2917, Vancouver, WA 98668, 206-696-9396.)

United Methodists for Gay and Lesbian Concerns (Affirmation) meets monthly for potluck and fellowship. (Affirmation, PO Box 12673, Portland, OR 97212, Paul, 287-6719.)

Metropolitan Community Church of Portland is an Ecumenical Christian church open to all people. (Worship services, 10 am and 6 pm Sundays, 1644 NE 24th, 281-8868.)

The Sacred Band is a new group that gets together monthly to explore their spirituality through discussion, ritual and weekend retreats. (The Sacred Band, PO Box 13072 Portland, OR 97213.)

The **Buddhist Association of the Gay/Lesbian Community** serves for the spiritual growth of gay and lesbian Buddhists, acts as a medium for the exchange of ideas and experiences about the unfolding of the Buddhidharma, and believes that the Buddha, Dharma, and Sangha have special relevance to lesbians and gays. (PO Box 1974, Bloomfield, NJ 07003.)

Metropolitan Community Church of the Gentle Shepherd is a Christian Congregation with a positive/supportive outreach to the lesbian and gay community. (4:30 pm, Sundays, 4505 E. 18th St., Vancouver, [206] 253-8401.)

Dignity is a spiritual support group for lesbian and gay Roman Catholics. (Saturdays, 7:30 pm, St. Francis Church, Southeast 12th Avenue and Pine Street.)

Mass in Time of AIDS is held weekly at Portland State University. Communion calls are made for housebound individuals. (6 pm, Mondays, Campus Ministry, Fr. Gary McInnis, 245-0339.)

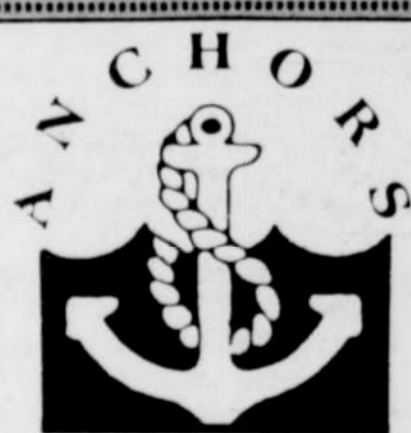
SOUTHERN OREGON

Sex and Love Addicts Anonymous (SLAA) is for lesbians and other women in the Rogue Valley. (For time and location, send a SASE to SLAA, PO Box 929, Talent, OR 97540.)

Gay and Lesbian Alcoholics anonymous meets weekly. (Thursdays, call GALON AIDS Hotline, Bruce or Lee, 269-4183.)

The **Gay and Lesbian Outreach Network (GALON)** supports a gay and lesbian rap group. (7 pm, Tuesdays, Room 205, 371 Anderson, Coos Bay.) The **HIV-Positive support group** is accessible by calling GALON's AIDS Hotline. (Stevie, 269-4183.)

E A T I N G O U T



ON ANKENY

Breakfast & lunch served all day
Beers & wine

The Friendly Home Port

211 SW Ankeny
220-4001



The Adobe Rose Cafe
INVITES YOU TO EXPERIENCE
HOME-STYLE NEW MEXICAN FOOD

NEW HOURS EFFECTIVE MAY 8: MONDAY-THURSDAY 4 pm-9pm
FRIDAY & SATURDAY 4 pm-10 pm

1634 SE Bybee Blvd. 235-9114
Mexican Beer & Wine • Special Drinks • Desserts



espresso desserts gelato
light meals continental breakfast

7:00 AM-6:00 PM, MON-FRI / 8:00 AM-6:00 PM, SAT / 8:00 AM-2:00 PM, SUN
LOCATED ON THE CORNER OF NW 24TH & THURMAN

PHONE: 243-3247

"Fresh Coffee on Thurman Street"



MAYAS TACQUERIA
Fresh Home Cooked Mexican Food

BREAKFAST • LUNCH • DINNER
At Mayas our food is prepared with produce and meats delivered and cooked fresh daily.

Mayas also features

A Complete Vegetarian Menu
MON-SAT 11-10:00, SUN 12-6
1001 SW Morrison at 10th
Across from Galleria on Light Rail
226-1946