

If you have tested HIV positive but have not yet developed AIDS or ARC...
there is something you can do.

Positive Action
HealthCare, Inc.
415/788-7545

Why is it important to seek treatment now?

Current evidence suggests that when left untreated, 70% of those infected with the HIV virus will eventually develop AIDS or ARC. The HIV virus attacks the immune system T-4 Helper Cells and as the number of T-4 cells decreases, the way is opened for the infections symptomatic of AIDS and ARC. Normal immune systems have between 500-1400 T-4 cells, but in most AIDS patients this level has dropped below 100.

Many physicians who have worked with the HIV virus think that early treatment to prevent deterioration of the immune system (T-4 cells) is the best course of action to slow or stop the progression to AIDS.

What is Positive Action treatment?

Positive Action HealthCare is an outpatient program of preventive medicine attempting to maintain the health of your immune system (T-4 cells) at a level sufficient to ward off the onset of infections associated with AIDS.

This treatment is not a cure for AIDS and is not intended for those whose immune systems have deteriorated to the point of AIDS or ARC infections. Those requiring such treatment are referred to physicians providing this type of care.

What does the Positive Action treatment consist of?

The specific treatment is developed between you and the Positive Action HealthCare physician based on the results of your initial physical examination. While each program is individualized, they all involve a combination of anti-viral medications to combat the HIV virus directly and immune boosters intended to strengthen your system.

Positive Action personnel closely monitor potential new therapies. As the therapies show evidence of effectiveness, they will be added to the treatment, depending on patient needs.

How effective is this treatment?

Based upon the experience with Positive Action HealthCare patients (dating to 1984), results have been encouraging. Monitoring of T-4 helper cells indicates that this treatment offers promise in slowing or stopping the deterioration of the immune system. The summary of results of treatment with the Positive Action protocol are available to patients on a monthly basis. However, there is no guarantee of the treatment and it is too early to project long term results.

What risks are entailed in the treatment?

Every medical treatment has its risks. Some of the risks of the medications used in the treatment protocols are known; others are not yet so clearly defined. The physician treating you will carefully explain the known risks, before you decide to enter treatment, and will tell you of other potential dangers of the treatment that concern careful medical practitioners in the field of immunology.

The Positive Action HealthCare Staff:

The Positive Action HealthCare medical group is headed by Alan S. Levin, M.D., assisted by a staff of scientists and physicians who are specialists in the treatment of problems of the immune system and have published numerous medical and scientific documents in this field. Dr. Levin has served as Adjunct Associate Professor of Immunology at the University of California, San Francisco Medical Center. In private practice in San Francisco since 1981, he established Positive Action HealthCare in 1987 to deal specifically with immune disorders related to the HIV virus.

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For more information or an appointment, contact Positive Action HealthCare.

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A Medical Group specializing in
Allergy, Immunology and Environmental Medicine

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