

C L A S S I F I E D S

COUNSELING

LESBIAN COUPLES GROUP

For people who want to grow as individuals and as partners. Each session will focus on a specific problem area common to lesbian relationships. Call Phoenix Rising, 223-8299 for more information.

GROUP FOR GAY MEN

A 10-week group for men who are interested in exploring who they are and who they would like to become. Features such topics as intimacy, careers, value clarification and masculinity. Led by Don Posten, MSW. Call Phoenix Rising, 223-8299 for more information.

ELAINE CARTER, RN, MSW

Registered Clinical Social Worker

Individual & Couple Counseling

Self-Esteem
Relationship Issues
ACOA Recovery
Abuse Survivors
Illness & Disability

(503) 236-0950

Evening & Weekend Appointments

Samuel Swaim, M.A.

individual & couple counseling

(503) 241-3606

PROBLEM SOLVING APPROACHES
STRESS & LIFE TRANSITIONS
RELAXATION & HYPNOSIS
ACOA ISSUES

Gay Men's Counseling Services

sliding scale
235-3433

2036 S.E. Morrison

- Self-Esteem
- Assertiveness
- Relationship Counseling
- Therapy & Support Groups

T H E
MEN'S
C E N T E R

Bob Weinreich, PhD

FESTIVALS

WEST COAST FESTIVAL

I would like to share a ride or take on riders to the West Coast Women's Music and Comedy Festival near Yosemite this Labor Day Weekend. Let's share travel expenses. Contact Meg at 236-6314.

MICHIGAN WOMEN'S MUSIC FESTIVAL

— Are you going? Ride wanted. Flexible about departing date. Will gladly share driving, gas. Tamara 231-7274.

FOR RENT

VERY NICE, WELL MAINTAINED 2 BEDROOM second story apartment in house. Newer kitchen with dishwasher, full bath, walk-in closets, large bright windows, private entrance. Laundry available. All utilities paid. NE 14th off Prescott. \$325, 287-7967 or 252-7561.

PORTLAND LESBIAN BOARDING HOUSE. Rates start at \$10.00. (503) 281-5386 to reserve room.

FOR SALE

KITCHEN TABLE, 5' x 3'4", great dyke energy, sturdy, removable legs. \$20/B.O. 236-6314.

HEALTH CARE

HERBAL HEALTH CARE and nutritional counseling for women and kids. The wise woman's healing is quiet, gentle and works from within. Private consultations and classes. **ARIEL WATER-WOMON 668-6946.** (07)

HELP WANTED

FULL CHARGE BOOKKEEPER for non-profit women's clinic. Bookkeeping, 10 key and computer experience needed. Pro-choice attitude required. Call Jude at the Feminist Women's Health Center. 777-7044.

OFFICE MANAGER with supervisory, computer, and office experience needed for non-profit women's clinic. Pro-choice attitude and interest in women's health care preferred. Call Laurie at 777-7044.

HELP WANTED: Progressive-minded hairstylist wanted for new NW salon. Call 241-2938.

NATURAL FOOD STORE

Join exciting management team at Peoples Food Co-op. Duties will include member recruitment, board development, weekend produce, cashiering and stocking. Grocery or community organizing skills desirable but commitment, enthusiasm, integrity most important. FT, salary \$1,000 mo. and some benefits. Send resume to 3029 SE 21st, 97202; closes Aug. 7th.

LANDSCAPING

VIEW POINT



Time for spring
clean-up

Fertilizing • Mowing
Garden Preparation

Susan Lantz

659-1156

M A S S A G E

GAY MALE MASSEUR. Seeks clients interested in their own personal health. Massage can relieve stress, tension, and increase circulation. Also helps rid the body of toxin buildup in the muscles. Have one and a half years experience in Swedish Massage.

Call for an appointment. 293-7717. Steve Koehler. Licensed Massage Therapist. (10).

THE NEIGHBORHOOD MESSAGE CLINIC

Massage for women and men

Valerie Lyon, M.S., L.M.T.

Therapeutic Bodywork
and Massage

423 SE 15th (at Stark) (503) 234-3962

MISCELLANY

SPRUCE UP YOUR WARDROBE FOR SPRING! Experienced Seamstress will come to your home to refit your clothes. I'll do the alterations you never seem to get to . . . and I deliver! Call Meg. 238-0655 for appointment.

MISCELLANY

VOLUNTEERS to be big brothers and sisters in Phoenix Rising's Gay Youth Services program. For more information, call 223-8299 and ask for Cherry Hartman.

SUMMER ARTS CAMP! At Urban Art Retreat. Classes for adults, kids, and women only classes. Call 281-5386 for info. and registration.

HIRE AN ARTIST! Do you have a layout project to delegate? For \$20.00 artist-in-training will produce your business card, flyer, poster etc. 281-5386.

EXHIBITING OPPORTUNITIES FOR LOCAL ARTISTS. Send letter of introduction and SASE to Artist Consultation Services, 1833 NE 2nd, Portland, OR 97212.

FREE PERFORMANCE

Help us name our new improvisational acting troupe and win a free performance at your home for you and your guests. We are 6 woman-identified women actors of the Portland Women's Theatre Company. And we are fun and funny! All we need is a name. Submit your entries by September 1, 1988 at A Woman's Place Bookstore. Be sure to include your address and telephone number. For more information about our troupe, call Jeanne at 233-1266.



LIZZIE LONG

A TRUE FRIEND & COMPANION

JUNE 1970-JUNE 1988



**STRAIGHT PEOPLE
AREN'T THE ONLY
ONES WHO HAVE
A PROBLEM WITH
HOMOPHOBIA**

From growing up in this heterosexist society, most gay men and lesbians suffer internalized homophobia.

At Phoenix Rising, a large staff of experienced lesbian and gay professional therapists can help sort out those conflicting feelings.

Individual, couple, family and group counseling are available for any issue including relationships, HIV disease, adult children of alcoholics, co-dependency, childhood sexual/physical abuse, domestic violence, parenting, coming out, self-esteem and depression. We also offer chemical health assessments. Fees are sliding scale.

333 SW 5th Ave., Suite 404
Portland, OR 97204
(503) 223-8299

PHOENIX

RISING

OREGON'S LESBIAN/GAY SERVICE CENTER

MISCELLANY

Offer peer support to people who are committed to self-respect, self-empowerment and self-expression.

My healing intent is that those who work and play with me, using creative self-expression and art media, will experience insights, deeper feelings of self-worth, joy and satisfaction.

We work together to co-create a healing environment and atmosphere of self-acceptance, curiosity, courage and a willingness to experience life.



"Draw
Yourself
Out!"

Ann Hinds
art medium
274-9591

FREE Consultation

Let's discuss your
financial goals

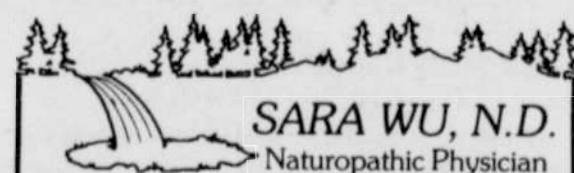
- STOCKS & BONDS
- MUTUAL FUNDS
- GOV'T SECURITIES
- IRA'S & PENSION PLANS
- SOCIALLY RESPONSIBLE INVESTMENTS

**JOANNE KRAFT, V.P.
BLACKWELL SUCHY, INC.**

223-3633

Member 610 SW Broadway
NASD-SIPC Portland, OR 97205

NATUROPATHS



SARA WU, N.D.
Naturopathic Physician

NUTRITION • HOME BIRTH
BOTANICALS

Promoting the Natural way of Health

7912 SW 35th Ave.
Portland, OR 97219
(503) 244-8476

Suzanne A. Scopes, N.D.

Naturopathic Physician



Innovative Natural
Health Care especially
for Lesbians and
Gay Men

423 S.E. 15th
(503) 230-0812 Portland, OR 97214

Robin Ritterman, N.D., L.Ac.

Naturopathic Physician
Licensed Acupuncturist

Portland Naturopathic Clinic
11231 S.E. Market St.
Portland, OR 97216

(503) 255-7355