

RESOURCES

A RANDOM SAMPLE

Live and Let Live Club

The Live and Let Live Club is a meeting place for a variety of 12-Step Recovery Programs for the Gay and Lesbian Community: Alcoholics Anonymous, Alanon, Adult Children of Alcoholics, Overeaters Anonymous. The Club also provides a secure social atmosphere for recovering persons. Social activities for the recovering community are also sponsored throughout the year.

Live and Let Live Club
2403 S.E. Ankeny
Portland, OR 97214
231-3760

Portland Gay Men's Chorus

The Portland Gay Mens Chorus will open its ninth season with a concert in the new Performing Arts Center. PGMC began with about two dozen singers and is stabilized at about eighty members. Approximately three hundred people have been involved over the years.

PGMC recently received its fourth grant from the Metropolitan Arts Commission. Next spring PGMC will present a production of Lou Harrison's opera "Young Caesar."

PGMC
PO Box 3223
Portland, OR 97208
227-7907

Portland Lesbian Choir

The newly formed Portland Lesbian Choir has performed since early 1987 at various events. The Lesbian Choir will join PGMC in a combined concert for Lesbian & Gay Pride, June 27. About twenty-five singers are currently participating in the choir.

PLC
239-7716

Portland Frontrunners

The Portland Frontrunners, a gay and lesbian running club, finished 1986 with an all time high in member participation. The club won second place in the annual Starlite Run with its "Imelda Marcos Shoe Collection" while its eleven member team in the Hood-to-Coast relay won medals. Two members completed the Gay Games II Marathon and brought home a bronze medal. Several members completed the ORRC Portland Marathon and one completed the New York Marathon. Members entered almost every running event in the Portland area including the OSP Run inside the Oregon State Penitentiary in Salem. Club members escorted and hosted Brent Earle of American Run to End AIDS as he ran through Portland on his run around America, which is still in progress.

Portland Frontrunner
PO Box 2164
Portland, OR 97208

Phoenix Rising Foundation

The Phoenix Rising Foundation has been serving the counseling and information needs of Portland's lesbian and gay community since 1979.

Their staff of professional psychotherapists offer a wide range of theoretical approaches to such issues as sexual orientation, relationships, childhood sexual/physical abuse, depression, anger, domestic violence, parenting and personal growth.

Educational services include a speakers bureau available to non-gay groups, inservice presentations to health-care staffs, and classes/seminars of interest to the gay community.

Phoenix Rising also sponsors retreats, an adventure program and workshops.

Phoenix Rising
333 SW 5th Avenue, Suite 404
Portland, OR 97204
223-8299

Lesbian & Gay Pride Inc.

Pride celebrations have been held in Portland since the early 1970s under the auspices of several different groups. Lesbian & Gay Pride Inc., the most recent is in the process of incorporation and everything has been accomplished except 501(c)(3) tax exempt status.

Lesbian & Gay Pride Inc. Statement of Purpose: LGP strives to educate the general public about same sex relationships through events like the annual Pride celebration, lectures, art shows, etc.

Lesbian & Gay Pride
PO Box 6611
Portland, OR 97228
232-8233

Lesbian Aging Project

The Lesbian Aging Project began in January 1984 after years of discussion and several unsuccessful attempts to start a women's retirement home. The long-range goal of the project is a multi-level residential facility for aging women. On the way to this long-range project, LAP is planning other ways to assist and care for our elder sisters — a hospice, home care assistance, social events, etc.

Lesbian Aging Project
32345 N.E. 59th Ave.
Portland, OR 97213

The PAL Project

The PAL Project (Personal Active Listener) trains volunteers to provide emotional support on a one-to-one basis for diagnosed persons. PALs are trained to support their clients as they cope with the emotional impact of diagnosis with a life-threatening illness. Certain kinds of practical support services are also offered, such as in-home personal care, meal preparation, shopping, house-cleaning, transportation and companionship. In addition, trained volunteer Resource Specialists assist clients to access such programs as General Assistance, Social Security, Medicaid, and food stamps. CAP operates support groups for PWA's, PWARC's, seropositive persons and for the loved ones of those diagnosed. Support groups meet weekly and are facilitated by experienced counselors.

The PAL Project
408 SW 2nd, #420
Portland, OR 97204
223-5907

Lesbian Community Project

The Lesbian Community Project is Portland's only Lesbian organization with a multi-issue, multi-cultural perspective. LCP is building a strong Lesbian Community: that is inclusive and diverse; that can move forward together and acknowledge differences; and that can develop supportive relationships with the larger community.

LCP's variety of social, educational and political activities are designed to assist the Lesbian community as it meets today's challenges and as it plans for tomorrow's possibilities.

LCP is a membership organization governed by an elected Board of Directors. They are committed to affirmative action, cultivating leadership, developing an active membership and financial self-sufficiency.

LCP
P.O. Box 5931
Portland, OR 97228
233-9079

Out of the Closet

Out of the Closet is a thrift shop, managed by Phoenix Rising and Fred Menard, which features vintage clothes, antiques and other salable items. Monies benefit non-profit organizations that encourage people to make donations in their name.

Out of the Closet celebrated their first anniversary last May 5th and their major needs remain volunteers and donations of saleable clothing.

Out of the Closet Thrift Shop
2857 SE Stark
Portland, OR 97214
223-5299

Black Lesbians and Gays United

BLGU started in Portland in 1983. The group promotes social functions and serves as a political catalyst in the Black lesbian and gay community. One of its major goals is to serve as a support for Black lesbians and gays working toward unity in their community.

Cliff Jones
231-5034

People of Color United Against AIDS

POCUAA is a newly-forming consortium of Portland and Seattle lesbian and gay minority community members. The purpose of the group is to address AIDS issues in minority communities. A major focus of the group is the development of dialogue and coalitions among the various minority communities.

Amani Jabari
231-5034

Lesbian Art Movement

The Lesbian Art Movement celebrates lesbian art and promotes lesbian artists. LAM provides support, information & referral, and networking opportunities for lesbian artists. LAM is eager to share the artistic talents of area lesbian artists with Portland art lovers.

The LAM show 1987 can be viewed at Art Down The Alley Gallery at 3764 SE Hawthorne Blvd. in Portland.

Lesbian Art Movement
PO Box 42624
Portland, OR 97242
(503) 234-2054

Cascade AIDS Project

The Cascade AIDS Project (CAP) is a community-based, non-profit organization dealing with the AIDS epidemic in Portland. CAP was founded by a group of concerned citizens and private physicians in 1983, when the first diagnosis of AIDS was made in Oregon. Currently, five staff persons and 250 volunteers provide up-to-date information about AIDS and support services for persons affected by AIDS (Acquired Immune Deficiency Syndrome) and ARC (AIDS-Related Complex).

Education about AIDS and the transmission of AIDS is the primary way to prevent the spread of the disease, at the present time. Providing such education to persons at highest risk for AIDS is a fundamental goal for CAP. As well as providing education for the general public, CAP maintains a Speaker's Bureau, publishes a variety of AIDS-related literature, and produces workshops and seminars for high-risk individuals and the public.

Cascade AIDS Project
408 SW 2nd, #420
Portland, OR 97204
223-5907