

**PETTYGROVE
HOUSE
CAFE - PATISSERIE**
Corner NW 23rd & Pettygrove
221-4254



**WE
HAD
A
FACELIFT**

*New decor: Check it out!

*New menus: A unique selection with daily luncheon and dinner specials, continental breakfast.

*New prices: \$2.95-\$8.95

*New Hours

Open 7 days a week at
BOTH LOCATIONS

Downtown:

Chocolate Raspberry
9th St. between Alder
and Morrison, across
from the Galleria.
295-1124

**GARDENS
OPENING SOON!**



DR. TORI HUDSON
Naturopathic Physician

Specializing in Natural,
Drugless Therapies
for chronic disease.

- HOMEOPATHY
- HYDROTHERAPY
- NUTRITION

Portland Naturopathic Clinic
11231 SE Market Street
255-7355

- By Appointment
- House Calls Available

Verdi's dramatic scoring of Shakespeare's powerful tale

MACBETH

March 21, 25 and 28, 1987, 8 p.m.
Civic Auditorium

Tickets \$15, \$30 and \$50
from Portland Opera
Civic Auditorium and Stevens & Son
Charge by phone 241-1802

Performed in Italian
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PORTLAND PREMIERE

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Futon (foo'-tawn)
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We make futon for American
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Northwest and they're
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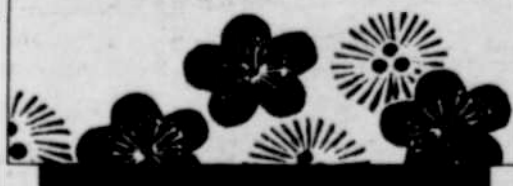
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Northwest Futon Company
400 SW 2nd
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Hours: Mon-Fri 11-6/Thurs 11-7/
Sat 11-5



Food Front
G R O C E R Y

Open to All- 9 am to 9 pm Daily
NW Thurman at 27th Ave.
Tri-Met Bus Route 15 and 17

Quality Produce, Whole Foods,
Real Groceries and Natural Treats

IF YOUR DOCTOR ISN'T HELPING YOU, MAYBE YOU NEED ANOTHER KIND OF DOCTOR

If you are suffering from chronic health problems such as allergy, headache, constipation, arthritis, fatigue, or lower back pain, a naturopathic doctor may be able to help where others have failed. Naturopaths are trained in laboratory and clinical diagnosis, botanical medicine, homeopathy, nutrition, spinal manipulation, massage, counseling, and other natural therapies that enhance your body's own healing powers (they also *feel* good.) These therapies often will help when conventional medical methods do not. They can also be used as preventive medicine to enhance your immune system or keep more serious illnesses from developing.

The **PORTLAND NATUROPATHIC CLINIC**, located at the National College of Naturopathic Medicine, is known throughout the country as the foremost teaching clinic in natural healing methods, and specializes in the treatment of chronic or acute illnesses without surgery or synthetic drugs.



**PORTLAND
NATUROPATHIC
CLINIC**

255-7355 • 11231 S.E. Market Street, Portland, Oregon