

# OUT *About Town*

## PUBLIC INTEREST

laughs, and dealing with problems and experiences that confront gay, bi, and heterosexual men.

**Parents Flag** meets the fourth Wednesday of each month at the Justice Building, 1111 SW 2nd Ave., at 7:30 pm.

**For Lesbians with life-threatening illness**, an on-going weekly peer support group meeting on Thursday nights at 7 pm. For more information call Zane/236-3449.

**The Bisexual Community Forum** meets the second and fourth Monday of each month, at Old Wives Tales at 8 pm in the Banquet Room. Exploration, rap, and social group open to women and men.

**The Gay Bridge Club**, a rap and social group for young adults 18 and up, meets every Wednesday at the First Congregational Church on SW Madison and Park at 7:30 PM. Use side entrance on Madison. Call 244-3225 for more information.

**Feminist Gay Men:** Here's a chance to meet men like yourself and to discuss issues relating to the gay male experience from a feminist perspective. Our potluck and discussion group meets every third Friday at 7 pm. Call 233-4148 or 284-2134 for location information.



Christine Jorgensen, Lee Grant, and Steven in **What Sex Am I**, a film playing at the Northwest Film and Video Center.

The **Lesbian and Gay Pride Steering Committee** meets every Wednesday at the Main Multnomah County Library on SW 10th and Taylor at 7 pm. If you are planning an event for the week of June 20-29, please inform the committee, if you would like to participate in the planning or if you can play a small part by performing even one task, call 233-1169, write Lesbian and Gay Pride '86 at P.O. Box 6611, Portland, OR 97228, or come to a meeting Wednesday at 7 pm at the Main Library.

**Overeater's Anonymous (O.A.)**, a self-help program for people with eating disorders, now has two meetings oriented towards the Lesbian/Gay community. On Tuesday evening there is a Men's meeting

at 7:30 and on Thursday evening there is a Lesbian/Gay meeting also at 7:30. Both meetings are held on the second floor of the Live and Let Live Club on 2403 SE Ankeny. For information, contact Kay 236-6710 or Tom, 222-5194.

**Tuesday, April 15** 1 pm-3 pm SMC 333 PSU campus. Transforming Body Image: A group for women who hate their bodies. Group A meets Tuesdays, 1-3. Group B meets Thursdays, 7-9 (pm). Make friends with your body through a delightful combination of imagery, relaxation, music, art, movement, discussion and just plain fun. For more information and/or to register, call Linda Moore, M.A. at the Eating Disorders Counseling and Education Center at 221-4276.

**Monday, April 21** 12:00-1:00 SMC 323 PSU campus. Fear of Being Fat: An introductory lecture on bulimia, anorexia, and compulsive eating. Lecture given by Jamie Lavin, MA and doctoral student in clinical psychology who has worked in the field six years. There is the possibility of starting up a group or groups which meet regularly after this meeting.

**Friday, May 2** 12:00-1:30 SMC 323 PSU campus. Oregon Laws of Special Interest to Women. A lecture given by Elaine Engstad of Legal Services, PSU.

**Monday, May 12** 12:00-1:00 SMC 323 PSU campus. Who's at risk: Guidelines for mammography. Lecture given by Anne Gardner, R.N., a cancer nurse specialist at St. Vincent Hospital and Medical Center. She will discuss breast cancer prevention and detection.

Social networking for intellectually-oriented, well-educated (many have advanced degrees) lesbians ages 30 to 50. Common interests include classical music, ethnic restaurants, foreign films. Get acquainted at small group Sunday brunches. No organization to join! Informal gatherings. Write to P.O. Box 12410 for date & location of next brunch.

Smoking volcanoes, pools of blue water, pine covered mountains, rainforests. These views of Nicaragua from the air are in sharp contrast to the reality of this Central American nation from the ground. Pesticide pollution, deforestation and industrial contamination are legacies from the Somoza dictatorship, which not only terrorized the people of Nicaragua, but also the environment.

Since 1979 the Nicaraguan government has initiated bold new programs to combat these decades of ecological destruction. Ambitious pesticide policies, rainforest and wildlife conservation measures, and alternative energy programs all illustrate a government commitment to environmental protection rarely seen anywhere.

The **Portland Central America Solidarity Committee** is pleased to announce the opportunity to learn about these new programs first-hand by participating in the Environmental Brigades this summer. By living and working for 4 weeks in Nicaragua this summer, you will be helping these programs and seeing the real Nicaragua for yourself.

Join us in the Environmental Brigade! May 31-June 28, or August 2-30. Approximate cost: \$900.

For more information contact the Portland Central American Solidarity Committee at P.O. Box 6443, Portland 97228, or at (503) 227-5102.

**Phoenix rising foundation**  
a lesbian/gay service center

223-8299

408 SW 2nd, Ste. 412  
Portland, OR 97204



**Drawing at 1986  
Lesbian and Gay Pride  
Celebration**

### GIFTS:

- 1st — Airfare & 2 nights for 2 at the Desert Palms Hotel in Palm Springs, courtesy Van Nuys Travel Service. Contact Roger Bullis — 225-0064.\*
- 2nd dinner for Four at the Pettygrove House Restaurant, 2287 NW Pettygrove — 221-4254.\*
- 3rd — \$25 Gift Certificates at: Habromania, Nob Hill Shoe Repair.\*
- 4th — \$10 Gift Certificate at: Mark's Tonsorial Parlor, Artichoke Music.\*

\*Restrictions Apply.

**\$1.00**

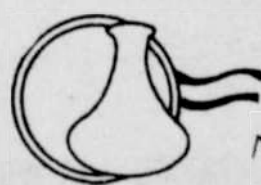
**Special:**

**Buy 5 get one free!!**

Donation Requested  
Tax Deductible

Contact your  
Phoenix Rising volunteer  
to buy your drawing ticket.

HOMEOPATHY • HYDROTHERAPY • NUTRITION



**DR. TORI HUDSON**  
NATUROPATHIC PHYSICIAN

Specializing in Natural, Drugless Therapies

• By Appointment

• House Calls  
Available

Portland Naturopathic Clinic  
11231 S.E. Market Street

255-7355

**SANDRA K. PINCHES, Ph.D.**  
Counseling and Psychotherapy

**Specializing in issues of:**

- Lesbian and Gay Couples
- Intimate Relationships
- Sustaining Relationships
- Co-dependency
- Partners of Alcoholics
- Adult Children of Alcoholics

1809 N.W. Johnson, Ste. 7 • Portland, OR 97209 • (503) 227-7558

*Lesbian & Gay*  
COUNSELING  
Adults and Children  
Families and Couples

**PATRICIA I. CHANCE, MSW  
THERAPIST**

Depression • Relationship Issues  
Personal Transitions • Incest Survivors  
Coming Out Concerns

Sliding Fee Scale

(503) 220-0210