

Phoenix Rising hires new administrator

by Jay Brown

After searching the community for more than two months, Phoenix Rising chose an alumnus as their new administrator. Bob DeWalt has been one of six professional counselors on the staff of Phoenix Rising for some time; he was picked from a list of nine candidates to guide the organization.

Bob DeWalt holds an MA in counseling which he earned at Gallaudet College in Washington, D.C., the only liberal arts college for the deaf in the world. Bob is not hearing impaired; he said that his interest in working with the deaf stemmed from growing up with a hearing impaired parent. Bob is also a counselor with the Commission for the Blind and works with people who are both legally blind and hearing impaired.

Bob says that his own feelings of alienation while growing up led him into counseling. "I didn't relate openly to people for years. I was out of the mainstream, but now I really believe in the concept of gay people creating families, in bonding."

Bob says that his first experience in a couple relationship, which lasted a year and a half recently ended. He says the experience was good for him because, "I really knew it was possible to love someone of the same sex." In elaborating further on the *couple syndrome*, which is a basic part of our programming, Bob said, "It is not in reality."

Bob says he feels his life has been successful, "Maybe differently than society defines it. I don't make much money but I am keeping my head above water. I like my work and I am creating a family. I am happy overall; I am real aware of my feelings and I am creating intimacy. I can share something with other people."

In the upcoming months Phoenix Rising will be doing some very interesting workshops. The workshops are held on Saturdays or Sundays and begin with a workshop on

Battered Partners on December 3 (Saturday). This workshop will explore the issues of being in a relationship where physical or emotional abuse occurs and learning to live without abuse. The workshop is for gay men and lesbians both and will be facilitated by Susan Dryer and Bob Weinreich.

On December 11 (Sunday), Bob DeWalt and Liz Webb will facilitate a workshop on *Holiday Blues*. Holiday time can be especially traumatic for gays and lesbians. This group will explore emotional issues for gays and lesbians around holidays and creative ideas for enjoying the holidays.

Safe Sexual Practices for Gay Men will be the subject of the workshop on January 14 (Saturday), and will be facilitated by Bob DeWalt, Bob Weinreich and Reese House. The fear of AIDS has touched the lives of most gay men. This group explores getting your sexual needs met in safe yet satisfying ways.

Liz Webb will conduct a workshop on *Couples* which will explore fighting for closeness, couple contracts, sexual issues and intimacy issues; as well as keeping your relationship fresh. January 21 (Saturday).

Assertiveness Training for men and women is the topic of the workshop to be held on January 28 (Saturday). This workshop will be facilitated by Pat Chance and A.J. Block. The participants will learn to assert in a positive way where you can get your needs met and don't get run over by other people.

Being a Lesbian, facilitated by A.J. Block, explores singleness as a positive lifestyle and being whole in a coupled world. February 18 (Saturday).

Fair Fighting. Most of us are afraid of fighting. In this workshop we can learn to fight in a way that solves problems and moves us towards closeness rather than distance. Liz Webb facilitates. February 25 (Saturday).

Letting Go for men and women is the workshop scheduled for March 10 (Saturday), with Reese House and Liz Webb facilitating. The workshop will explore learning to survive the loss of a relationship, dealing with your grief and preparing for new intimacies.

Coping with Violence and Homophobia facilitated by Bob DeWalt and Bob Weinreich, March 24 (Saturday), will deal with eradicating internal and external oppression, prejudice and fears around being gay. The workshop is for both lesbians and gay men.

The fees for the workshops are on a sliding scale ranging from \$25-\$100 for a full day workshop and \$12.50-\$50 for a half day workshop.

Creating Alternative Families is the subject of a special workshop to be held on Wed., March 7, and will be facilitated by Bob Weinreich and Susan Bryer. A family of friends is as important to lesbians and gay men as are lovers and relatives. In this workshop the participants will explore the issues of friendship as priority.

Besides workshops, Phoenix Rising offers weekly group sessions on special subjects; the first group will begin on February 2 and is concerned with *Transactional Analysis*. The group will be led by Liz Webb and Bob DeWalt. The participants will learn the tools of TA and will learn them for personal growth in a combination of learning and group therapy. This group continues for 10 weeks.

Coming Out, a support group for persons dealing with their sexual orientation with themselves, with family, friends and co-workers. The participants will get support and ideas for safely exploring the gay community. Pat Chance and Jan Lucas facilitate. The group begins March 1, and lasts 8 weeks.

Mixed group, a therapy group for lesbians and gay men together, will give the participants opportunities to explore the common issues of lesbians and gay men. Begins April 12 for 8 weeks.

In addition to the groups discussed above other groups, support and therapy, for lesbians and gay men start on a regular basis. Call Phoenix Rising at 223-8299 for further information.

Good Sam does AIDS presentation

AIDS and other sexually transmitted diseases of gay men will be the subject of an open-to-the-public presentation on Saturday, November 19, at Good Samaritan Hospital & Medical Center's Nursing Education Auditorium, 2255 N.W. Northrup Street. The program will run from 12 noon to 4 p.m.

Physicians will discuss latest information, community issues, ways to keep the risk of catching any of the sexually transmitted diseases at a minimum, and how to most effectively talk with your doctor.

Speakers will include Donald Abrams, M.D., Assistant Director, AIDS-Kaposi's Clinic, San Francisco General Hospital, and James Allen, M.D., Acting Chief, surveillance Section, AIDS Activity Center for Infectious Diseases, Center for Disease Control, Atlanta, Georgia.

For additional information, phone Community Education, 229-7561.

THE COOKIE BARREL

WHOLESALE • RETAIL

531 S.W. 3rd Ave.
Portland, OR 97204

- Michael
- Dennis

PHONE 241-3344

Formerly 14 Grains Bakery

TENTH STREET BAKERY

224-7940

S.W. 10th & Salmon

THE UNSWEET BAKERY

whole grain
Bread & Muffins

Soup
of the day
\$1.00 a bowl

also
Cookies & Pastries

Open M-F 7:15 am-5:45 pm
Sat. 10:00 am-4:00 pm

1001 SW tenth

coupon

2 muffins OF YOUR
CHOICE AND COFFEE
\$1.00

WITH THIS COUPON
exp. 11/30/83
1 per customer
per day, please

*Hawaiian
Heaven's Delight*



**Distinctive Products
of Hawaii**

also JoeBread available

2225 n.e. broadway • 281-4153

*The
RUPE GROUP*



Graphics

RUPERT E. KINNARD
242-2463

TWENTY-THIRD AVENUE B.O.O.K.S

Wide Selection of:

- Lesbian/Gay
- Best Sellers,
- Hardcover and
- Paperback Books.

Personal Services:

- Special Orders
- Gift Wrapping
- Gift Certificates

1015 NW 23rd Avenue, Portland, Oregon 224-5097