

body to repose! Not in the crowded hotels of some fashionable resort, where the cares of society and the exactions of fashion are little, if any, less than in the city, does one experience the benefits of seaside life, but in those more quiet retreats, where old clothes are at a premium and conventionalities at a discount, where one may feel a delightful sense of freedom from the tyrannical rule of society, and court his peace of mind and strength of body after the manner of Dame Nature herself. Such are the ways of life at the summer resorts of this region, and such they will remain until the encroachments of social etiquette shall terminate the "ancient, solitary reign" of the flannel shirt, and usher in the era of dress.

There are, at present, two localities where it is customary for a large number of people to enjoy seaside life during the months of July, August and September. One of these is the mouth of the Columbia, both north and south, and the other is the region about Yaquina bay. These resorts are annually visited by thousands of people, who remain from one day to three months. Although the greater number go from Portland, the movement seaward is not confined to this city, for the cities and towns of the Willamette valley, and even the farms, send their quota, chiefly to Yaquina bay and other points on the coast south of the Columbia. This summer migration seaward is becoming more and more extensive yearly, as better facilities for going and returning are offered, and better accommodations at the beach provided. Our seaside colonies, which, a few years ago, counted their numbers by the dozen, now reckon them by the hundred. Formerly the few sojourners at the beach were compelled to camp out in tents, bringing with them all their provisions and groceries. Now stores are at hand, where provisions, fresh vegetables, groceries, etc., may be purchased, butchers provide fresh meat, and hotels offer excellent accommodations to such as prefer not to be bothered with the inconveniences of camp life or the labor of housekeeping. A great many cottages have been built in the various seaside towns, some of them quite large and of pleasing appearance. These are occupied by families the entire season. Many large tents, with the ground carpeted, furnished with comfortable beds and chairs, and having a kitchen tent adjoining, are used by families. Others have small tents and no furniture, cooking by an ordinary camp fire, and living in the regulation camp style, while still others, occupying well furnished tents, omit the kitchen feature, and take their meals at the hotels.

Life at the beach, though pleasant in many respects, is far from exciting. Excitement is not what is desired. Rest from fatigue and care, exemption from smoke, heat, dust and malarial atmospheres, and an opportunity to fill the lungs with the healthful salt air of the sea and bathe in the invigorating water, are the objects sought. Twice a day, at the proper stage of the tide, crowds assemble on the beach to watch the bathers, and this is the one exciting event of the day. Other forms of amusement consist of strolling upon the sand, digging clams, visiting from house to house, exploring the adjacent forest for flowers, ferns, walking sticks, etc., whipping the neighboring streams for trout, or hunting for deer in the mountains. Beach life is a lazy one, but as a respite from mental and physical labor is one of the chief ends sought, even the most energetic find it far from monotonous.

Of the resorts about the mouth of the Columbia there are several. The most prominent is the city of Astoria, which is the final starting point for the various