## A LARGE NOSE

AND so, my fair correspondent, yon have an unduly prominent nose, and wish to lessen the size of that feature, if possible? I am afraid the evil is beyond human remedy. Expriments with spring clothes-pins and compressors result only in confusion. While an "xnggerated mouth may be moolified, and an expansive ear conicealed, the nose must be left to itself, naked to the eye of criticism and the teeth of the north wind. But take comfort. A prominent nose is not so unlovely a thing on the face of a lady, and Langtry bangs and a plenty of fluffy lace around the neck will materially aid in casting the unduly prominent feature into shade. The pages of history and the records of royal houses are full of deeds of brave men and triumphs of fair women whose noses were as uncompromising as your own. Casar, Charlemagne and Napoleon, Semiramis, Queen Elizabeth and Catherine of Russia, all rejoiced in an over-generous nasal prominence Why should their physical anti-types of leseer fame and bronder culture regret the mark of distinction which Nature has placed ineradicably upon their faces? If fhshion is at odds with such a feature, then the wise woman will compel fashion to yield to it, and will avoid the straight-haired, straight-collared order of attire which renders her nose too conspicuous. She is bound in justice to herself to do this. The fashionable rage for novely has much to answer for with regard to the desecration of "the human form divine." It has alternately bleached and blackened the hair, and given to dendly poisons a permanent place on the toilet table. It has squeezes the feet, twisted the ankles and prescribed a gait that is half twaddle and all wobble. But so long as no question is made of introducing the board of the Flathends and the foot bandages of China, it may be assumed that the nose, whether bulbons, beakish, tip-tilted or "sharp ns a pen," will be permitted to remain untouched. If you preserve an ensy temper, eat wholesome food and exercise properly, your nose need never cause you a moment of worry. Whatever its shape it will be exactly suited to your other features, and your face will present a perfect harmony of outline. Left to itself, and not vitinted by had blood or a diseased mind, this nose, that noses, or any other nose, will be precisely as it should be Unvesed Nature never makes a mistake in these matters.

Ir is well to answer children's troublesome little questions, even if they do try the patience a little. Children hunger after new things and new idens. They will learn with pleasure facts of history or of science from the lipes of parents or teachers, which would seem like drudgery if learned by rote from books, and they take great delight in listening to the conversation of intelligent peoples. Many a man owes his success in life to the conversations he has listened to in his father's home, when his perents had not the least idea he was old enough to take any interest in what interested them; but his young mind was drinking in draughts of wisdom which

## BE SOMEBODY.

THE following is from one of R. J. Burdette's lectures:
"Be somebody on your own account, my son, and don't try to get along on the reputation of your ancestors. Nobody knows and nobody cares who Adam's grandfather was, and there is not a man living who can teil the name of Brigham Young's mother-in-law." The lecturer urged upon his hearers the necessity of keeping up with the every day procession and not pulling back in the harness. Hard work never was known to kill men; it was the fun that men had in the intervals that killed them. The fact was most people had yet to learn what fun really was. A man might go to Europe and spend a million dollars, and then recall the fact that he had a great deal more fun at a picnic twenty years ago that cost him just sixty-five cents. The theory that the world owed every man a living was false. The world owed a man nothing. There was a living in the world for every man, however, pro. vided the man was willing to work for it. If he did not work for it somebody else would earn it, and the lazy man would "get left." There were greater opportunities for workers out West than in the Eastern cities, but men who went out West to grow up with the country must do their own growing. There is no browsing allowed in the vigorous West. An energetic man might go out into the far West, and in two or three years possess himself of a bigger house, a bigger yard, a bigger barn and a bigger mortgage than he could obtain by ten years' work in the East. All young men ought to marry, and no young man should envy old men or rich men. In conclusion, Mr . Burdette said that a man should do well whatever he was given to do and not despise drudgery.

## BEEF JUICE VS. BEEF TEA.

DROF. ROBERTS BARTHOLOW, of the Jefferson Medical College, says: "Nothing has been more conclusively shown than that beef tea is not a food. It is nothing more than a stimulant. The chemical composition of beef tea closely resembles that of urine, and it is more an excrementitions substance than a food. In preparing beef juice the lean part of the beef should be selected. This should be cut into thick pieces about the size of a lemon squeezer. The piece should be next placed upon a hot coal fire for a moment, to scorch the exterior; the meat is then transferred to the lemon squeezer, which has been warmed by dipping in hot water, and the juice pressed out and allowed to flow into the glass, which has also been heated. The juice is seasoned with a little salt and Cayenne pepper, if the patient desires it, and taken immediately. In this way the nutritions elements of the meat are obtainee, and the slight scorching develops constituents which give the peculiar flavor to cooked meat." This is for a diet, the principle of which is the administration of those elements which are disposed of in the stomach, and do not require the aid of the intestines in their digestion.

More than $\$ 100,000$ were spent in new buildings and improvements in Missouln the past yenr.

