

# THE WEST SHORE.

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## THE OREGON INSANE ASYLUM.

Gigantic strides have of late been made towards the more perfect and scientific treatment of that part of our population which are usually designated as insane. Instead of the dark cell, the inhuman straight-jacket, and the savage keeper, we now have skillful physicians, kind and considerate nurses, pleasure grounds, and quiet and peaceful asylums where the mortal afflicted with a "mind diseased" can forget his mania, and if it lies in human agency, be restored to his natural condition of mind and body. The Oregon Insane Asylum, located in one of the most healthy and desirable spots adjoining East Portland, is, perhaps, the leading institution in the West. The treatment, as pursued by Dr.

tion and are very attractive. As fresh and bright as everything is on the outside, the inside of the building are more so. The rooms are plainly but neatly furnished, and are kept well aired and ventilated. The halls are remarkably clean and cheerful; and the kitchen, dining-halls and other departments are superior in their finish and completeness to anything on the Pacific Coast. There is a homelike air of comfort and convenience about everything that is, indeed, attractive; and the satisfied look that many of the patients wear, proves that the excellent and studied surroundings have their proper effect on them. The buildings—or to be more correct, the Asylum—is divided into seven wards, each being under the charge of its own set of officers, and all of them under the general supervision of Dr. Hawthorne. Everything is reduced to a system; there is no clashing or confusion, and though the buildings cover five acres, not a mishap or accident can oc-

cur in any of them but that the Doctor is immediately aware of it and remedies it himself. In addition to the order, completeness and finish noticeable in all departments and all things, there is a magnificent Exercise Park at the rear of the buildings. This is an institution by itself, and it is probable that such a Park as this is not possessed by any other Insane Asylum in the United States. In the grounds surrounding the entire lot of buildings there are eighty-one acres of land, all put under a high and successful state of cultivation. Besides this, there are 103 acres attached to the Institution and owned by it, also under cultivation, making in all 184 acres of cultivated land. This year they have planted thirty acres of potatoes, ten acres of other vegetables, and have six acres of bearing orchard. The Institution not only does its own farming, but also makes its own butter and supplies its own table with all articles in the dairy line. To do this, twenty-five milk cows are required.

such an immense establishment. There are at present 270 patients under Dr. Hawthorne's care—200 males and 70 females. The State sends its insane here; a contract having been made with the Dr. by which this is effected. Although the expenses of running such an establishment must necessarily be large, yet does the Dr. take each patient under his care for the small sum of \$5 per week, this includes board, clothing, medicine, nursing, attendance, wine, etc., and in case of death, burial. The Institution has been under the successful management of Dr. Hawthorne for a period of eighteen years. Up to the present time, over \$80,000 have been expended by him on buildings alone. The staff of the Institution consists of Dr. J. C. Hawthorne, proprietor and superintendent—Mrs. G. E. Nottage and S. E. Joseph, assistant physicians—John Kenworthy, steward—Mrs. M. S. Kenworthy, waton, with a full corps of attendants.



THE OREGON INSANE ASYLUM—EAST PORTLAND.

Hawthorne, is a most excellent and happy one. The buildings are unexcelled. All the comforts and conveniences that modern science and discovery have added to the outfit—if we may use the term—of the doctor, are there; and nothing that experience and humanity can add are absent. The Asylum is located in a beautiful spot, and is surrounded by tall and majestic firs and the "everlasting cedar." The scenery is magnificent. Mt. Hood, St. Helens, and the venerable tops of the Cascades can be seen on clear days, while the out-spreading valley of the Willamette is a source of never ending delight and pleasure to those of the inmates who have a taste for the beautiful in nature. The buildings are large, comfortable, well arranged and tasteful. The grounds surrounding them are kept in a high state of cultiva-

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