THE DISTANCE OF THE SUN-

If some colestial railway could be imagined, journey to the sun, even if our trains ran 80 es an lour, day and night and without a go would require over 175 years. Sensation, a would not travel so far in a human life, on the cole, the cole of the cole of

Monthly for February.

De ron INTEMPRIANCE.—A writer in the def Health on the "relations of intempers 1600" makes this point: What is the for intemperance? I answer, nerve food image material to supply the waste of the stasses in the masses. I answer, further, rm in the present popular system of case by reducing the proportion of fat and 1600 miles of the state of the state of the supply in each case meet the and beam building material in a proper Let the supply in each case meet the dand no more. A study of this subject, practical application of the theory that vecating for the past 15 years, gives me a vecating for the past 15 years, gives me a vasts of fact on which to rest its advocacy, beverage.—a liquid food composed largely and the subject of the supply of the subject in the past of the subject in the subject in

THE FOR RIPECMAYISM.—Remain constantly dark room and drink lemon juice freely, it is said, has cured the most obstinate of inflammatory rheumatim. Whoever this is requested to report to the Pages.

THE WEST SHORE,

SCHOOL SHORE PLANTING THE COURSE OF THE

ACCIDING THE COURSE OF THE

CHANGES PORTERITYON,

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THEN OF SCHOOL SHORE PLANTING

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GLADIOLUS.

the example of the original Weodwich infant, the first 55-ton gun, which in a similar manner endured some enormous pressure and then cracked its steel fining; after which mishap it, however, fired many more very heavy rounds, and proved that a defect in the steel tubing was scarcely to be regarded as any very serious detrained to the sweapon. English strillerists, generally speaking, have no faith in steel, in consequence of its brittle nature, but they require a hard, smooth and unyielding surface within the bore, to take the rifling and endure the friction of the projectile; and they have, therefore, reluctantly adopted for this purpose a material, the characteristics of which are the opposite of the tough and elastic wought-iron coils which compose the body of the gun. The thickness of the steel at the place where the crack has occurred, is about four inches, and it is situated at some distance from the powder chamber, and is at present scarcely perceptible, and of small extont. It is calculated that two or three rounds have been fired since the improvement of the projection of the present scarcely perceptible, and of small extont. It is calculated that two or three rounds have been fired since the improvement of the present scarcely perceptible, and of small extont. It is calculated that two or three rounds have been fired since the improvement of the projection of the project of the projection of the projection of the projection of the proje

INSTRUCTIONS FOR HANDLING AND USING TRI-NITRO-GLYCERINE

The following rules are laid down by Mr.
Mowbray, in his excellent treatise on "Tri-Nitro-Glycerine," viz.:

1. Handle carefully, avoiding a sudden jar or concussion, and be very careful, if any is spilled outside the can, to avoid "striking it against any land unlatance.

attains and can, to avoid stricing it against any hard substance.

2. When solid, thaw out by placing the cans in a tub of warm water, not hotter than the wrist can bear, first pouring warm water into the can, and always remove the can before add-

wrist can beer, first pouring warm water into
the can, and always remove the can before adding more hot water to the tub.

3. To fill cartridges, etc.: Hold the cartridges
to be filled over a tray, say two feet by three
feet, the bottom of which should be covered
with plaster of paris (which will not readily exploide when saturated with nitroglycorine.)
The solied plaster of paris should be irrequently
romewed.

4. If nitro-glycerine in a liquid state is kept
in a store or magazine for some time, the cork
should be lossely inserted, and a paint of cold
water poured into each can, to be frequently
poured off and replaced with fresh cold water in
warm weather, taking care to retain the bladder
maker the cork. It is preferable, when loe
can be procured, to congeal the nitro-glycerine.

5. Use funnels (gutta-perchs, if they can be
had) for filling water holes. Under no circumstances whatever attempt to tamp the drill
holes; it is nunecessary, and may kill the man
who attempts it.

6. Hot irons to warm the water, or for soldering the cans, will be sure to cause explosions.

7. Never sledge or attempt drilling in a hole

d. Hot trons defring the cars, will be sure to cause sions.
 Never sledge or attempt drilling in a hole or seam where nitro-glycerine has been spilled; fire an exploder, which will effectually clear the cars of the

7. Never sledge or attempt drilling in a hole or seam where uttro-glycerine has been spilled; fire an exploder, which will effectually clear it up.

8. Never pour nitro-glycerine into a hole unless perfectly sure that it is a sound hole, or will hold water; if seamy always use cartridges.

9. To obtain the best results with nitro-glycerine, drill deep holes, six feet or more. Use powerful exploders and well insulated wires. It is cheaper to fire by electric lattery with simultaneous explosion, than to fire several holes with tape fase.

10. Look out after a blast for any unexploded cartridges lying around.

11. Never allow any but the most careful persons to handle or have charge of the uttro-glycerine, and insist upon the use of every precaution to prevent an accident or explosion.

12. Never allow empty glycerine cans to be used for any other purpose, but destroy them by a fine and exploder, or by building a fire under them; first, however, removing them to a safe distance.

13. Examine your cans from time to time and notice if, at the level of the nitro-glycerine, any pin holes have exten through: in such case procure a new can, or stone jar, and empty the contents out, not trusting your hold to the upper part of the can, lest it may give away.

14. When solid or congonial it is absolutely safe; if possible, therefore, any surplus shouth be stored surrounded, with ice, since no explosion can take place when it is solid.

LEAD POISON IN SEWING SILK.

LEAD POISON IN SEWING SILK.

The Manifeur of Hygiene startles its readers with the revelation of an ingenious fraud, not generally known, but likely to be in the long ran very dangerous to the health of tailors, seamstresses and others who use silk thread in sewing. Nothing is more pernicious to the system than lead, and yet it may be constantly introduced into the stomach by those who use sewing silk. The fact is important if lead be the metal used for giving weight to silk. Lead acts very surreptitiously on the system; it is essentially "a flow poison," and it is every difficult to combat its effects. It acts on the teeth and on the intestines, in which it produces paralysis, frequently followed by death. "We have seen," says the writer in the Monieur d'Hygine, 'among other cases, that of a lady who keeps a large sewing establishment, who, by the use of such sitk thread, was, together with her workwomen, attacked by lead colie, some of them fosing their teeth—the result of the habit of putting the ends of the silk into the mouth before passing it through the eye of the needle. Such is the way in which the lead poison is directly absorbed, whilst, by continually handling the silk, the fingers may retain a portion of the lead, to be indirectly introduced into the system with the food that may be touched by the land. The poison may be avoided by refraining from putting the silk into the mouth—dipping it in gummed water instead—but perhaps the best remedy will be found by the large dealers refusing to buy silk thread by weight unless it is proved to be free from metalic selulteration.

a hard, smooth and unyielding auf endure the friction of the projectile; and they have, therefore, reluctantly adopted for this purpose a material, the characteristics of which are the opposite of the tough and elastic wought-time coils which courses the body of the gan. The thickness of the steel at the place where the crack has coccurred, is about four inches, and it is situated at some distance from the powder chamber, and is a great searcely perceptible, and of amall extent. It is calculated that two or three counts have been fired since the injury occurred, and that the gan is as fit for work as ever it was, the tubing never being calculated upon as contributing anything to the strongth of the barrenged at the barrenged at