

JACKSONVILLE POST
Official Paper of the City of Jacksonville, Oregon

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FACE the FACTS

LET us face the facts. The war situation is critical. Unless the Allies fight as they never yet have fought, defeat threatens. Hungry men cannot fight at their best; nor hungry nations. France, England, and Italy are going hungry unless we feed them.

Wheat Savings—They must have wheat. It is the best food to fight on. It is the easiest to ship. We alone can spare it to them. By saving just a little—less than a quarter of what we ate last year—we can support those who are fighting our battles. And we can do it without stinting ourselves. We have only to substitute another food just as good.

The Corn of Plenty—Corn is that food. There's a surplus of it. Providence has been generous in the hour of our need. It has given us corn in such bounty as was never known before. Tons of corn. Trainloads of corn. Five hundred million bushels over and above our regular needs. All we have to do is to learn to appreciate it. Was ever patriotic duty made so easy? And so clear?

America's Own Food—Corn! It is the true American food. The Indians, hardest of races, lived on it. Our forefathers adopted the diet and conquered a continent. For a great section of our country it has long been the staff of life. How well the South fought on it, history tells. Now it can help America win a world war.

Learn Something—Corn! It isn't one food. It's a dozen. It's a cereal. It's a vegetable. It's a bread. It's a dessert. It's nutritious; more food value in it, dollar for dollar, than meat or eggs or most other vegetables. It's good to eat; how good you don't know until you've had corn-bread properly cooked. Best of all, it's plentiful and it's patriotic.

Corn's Infinite Variety—How much do you know about corn? About how good it is? About the many delicious ways of cooking it? And what you miss by not knowing more about it? Here are a few of its uses:

There are at least fifty ways to use corn meal to make good dishes for dinner, supper, lunch or breakfast. Here are some suggestions:

- | | |
|-------------------------------|--------------------------|
| HOT BREADS | DESSERTS |
| Boston brown bread. | Corn-meal molasses cake. |
| Hocecake. | Apple corn bread. |
| Muffins. | Dumplings. |
| Biscuits. | Gingerbread. |
| Griddle cakes. | Fruit gems. |
| Waffles. | |
| HEARTY DISHES | |
| Corn-meal croquettes. | Corn-meal fish balls. |
| Meat and corn-meal dumplings. | |
| Italian polenta. | Tamales. |
- The recipes are in Farmers' Bulletin 565, "Corn Meal as a Food and Ways of Using It," free from the Department of Agriculture.

Eugene Field and Children.
"It was children whom Field loved best," says Miss Hildegarde Hawthorne in St. Nicholas, "and he would take all sorts of trouble to make a child happy. His room was crowded with toys, queer dolls, funny little mechanical toys that ran about or boxed or nodded strange heads or performed tricks. His study door was never shut to a child, and he had many child friends his family knew nothing of. His brother tells how a few hours after his death a little crippled boy came to the door and asked if he might go up and see Mr. Field. He was taken into the room where the gentle, much-loved figure lay and left there. In a little while he came limping downstairs, the tears streaming down his cheeks, and went silently away, known to nobody there."

No Explanations Needed.
The lady jury was out longer than the importance of the case would warrant.
The judge grew impatient.
"What's the trouble in there?" he said to the bailiff.
"I'll see," replied the bailiff.
"Hold on," cried the judge. "Tell me if there's any knotty points about the case that bother them they should appeal to me."
"Yes, your honor."
The bailiff goes to the door of the jury room and returns.
"Well?"
"They ain't got to the case yet, your honor. They're still discussin' the plaintiff's clothes."—Cleveland Plain Dealer.

Barbed Wire in the War.
In war barbed wire is used in various ways, but its main object is man stopping. It is interlaced with ground pegs in front of trenches for the purpose of tripping charging troops. It is strung across bridges and main roads to prevent the passage of cavalry, and it is used for fencing in camps to guard against rushing tactics on the part of the enemy. Whenever possible barbed wire entanglements are hidden in long grass or in hedges, so that advancing troops will be trapped while the enemy rake their lines with shot and shell. Barbed wire concealed in undergrowth is particularly deadly where cavalry is concerned, for the wire grips

Positive Signs.
Even some public signs come direct to the point. They do not waste any time in wondering how the reader will feel about it.
In a garage is posted:
"Don't smoke around the tank. If your life isn't worth anything gasoline is!"

Be an Exhorter



It's not enough that you **TRADE IN TOWN.** Get **YOUR NEIGHBOR** to do likewise. This town needs **ALL** the dollars. When **EVERYBODY** trades in town we'll have the **MOST PROSPEROUS** community in America. **INDIVIDUAL** prosperity means **COMMUNITY** prosperity. **COMMUNITY** prosperity means **INDIVIDUAL** prosperity.

Trade at Home

ACCOUNTS FOR GHOST COLORS

Eye is Especially Sensitive to Two Kinds of Perceptions, Light and Color Predominating.

In reply to an inquiry why are ghosts always seen clothed in white, a scientist states:

This is easily accounted for. As there have been no ghosts during historical times, we must assume that in all cases where ghosts have been actually seen we have to do with mere hallucinations caused by fever or some other disorders of the observer, where, therefore, the organ of sense, and particularly the eyes, registered impressions of objects that had no corresponding external existence. According to the minute descriptions of such apparitions given by patients to their physicians, the ghosts, with rare exceptions, were "clad in white." Now, our eye is sensitive to two kinds of perceptions, viz., light and color. In this case, where no definite color was perceived, the hallucination, in which only the organs of the eye sensitive to light are affected, is declared to be white.

Still, there are also colored apparitions of ghosts; nay, we can introduce into the body substances calculated to impair our sense of color. Thus, the immoderate use of alcohol produces violent visions; of alcohol, blue ones; of atropin and scopolamin, red ones; Quinine and too much tobacco likewise produce red visions, while salicylic acid, digitalin and phenacetin cause light yellow sensations. The inhalation of carbonic oxide, and snake bite, too, are said to be followed by light yellow sensations of sight.

CELIBATES IN LARGE NUMBER

Seventeen Millions of Class in United States, Many Being Inferior to Married People.

"There are 17,000,000 celibates in the United States, according to a statement which has been going the rounds of the press, after originating in a magazine article on the sex question," says the Journal of Heredity. "Examination of the census schedules for 1910 indicates that this figure includes all males over twenty and all females over fifteen."

"A calculation based on such age limits is misleading, but the actual facts are quite striking enough. Persons thirty-five years of age or over are relatively unlikely to marry, and it seems fair to base computations on that age. They show, then, that there are nearly 2,000,000 unmarried men in the population, and about 1,250,000 unmarried women. There are about 1,500,000 unmarried women between the ages of twenty-five and thirty-four, and a considerable part of these are certain never to marry."

"The celibacy of these millions is, from a eugenic point of view, not wholly to be deplored. While the number includes many potential fathers and mothers of a desirable character, it is probable that, on the whole, these life-long celibates are genetically inferior to the married population."

Legal Witticisms.

Stories from the law courts are apt to be good, legal wit being noted for its dryness. But this story claims no particular merit, except as showing the usefulness of a ready wit, observes the Christian Science Monitor. The counsel for the plaintiff was delivering an impassioned address. He was somewhat weighty in person, and happened to be leaning on a very old chair. In the middle of the torrent of eloquence, the chair gave way and the barrister lay on the floor in the midst of the wreckage. He got up and, unperturbed, pointing to the broken chair, said: "That proves the strength of my argument." The court smiled broadly, but laughed outright when the opposing counsel promptly replied: "The learned counsel's argument may be all that he claims for it, but it fell to the ground."

Pitying Ourselves.

Have you heard of the man carrying a load of sticks, who, when he became tired threw his sticks down on the bank of a river, and seating himself by them, said: "I am sick and tired of this. I wish death would come to relieve me?" Instantly Death slipped up and said, "Here I am, what do you want of me?" "I want you to help me put this bundle of sticks on my back again," said the surprised man. Pitying ourselves is cheating ourselves. Then flee from discontent and discouragement, for they are the methods of defeat. Near them we think that which is not true, and say that which we do not mean.—Exchange.

Smallest Farms in the World.

On the islands of Re and Oleron, near La Rochelle, France, according to Popular Science Monthly, are found the smallest farms in the world. Some of them are only one or two square yards in area, yet these tiny domains are carefully planted with a variety of crops, even including vineyards. The soil is extremely fertile. The repeated subdivision of estates among heirs and the dense population of the islands explain the existence of these Lilliputian properties.

Food for Thought.

"Am I the first girl you have ever loved?"
He thought awhile and then made reply:
"No, you are the kind of girl a fellow has to be educated up to."
And that seemed to set her to thinking.

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You are required to purchase with every

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One pound of a substitute, such as Buckwheat, Corn meal, Corn starch, Hominy, Oats and Rice

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Jacksonville,

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IT'S TOASTED

The Burley tobacco is toasted; makes the taste delicious. You know how toasting improves the flavor of bread. And it's the same with tobacco exactly.



10¢

Guaranteed by The American Tobacco Co.

Weather Report.

Following is the report of U. S. Volunteer Cooperative Observer, E. Britt; Jacksonville, for month of Jan. Latitude 42 deg. 18. min. north; longitude 123 deg. 5 min. west.

Date	Maximum	Minimum	Precipitation
1	44	32	
2	41	32	
3	44	33	
4	52	39	
5	54	44	13
6	51	43	
7	51	41	20
8	47	38	03
9	43	31	09
10	39	26	
11	41	32	
12	51	39	1.46
13	44	32	10
14	48	37	48
15	46	37	07
16	49	41	30
17	52	38	05
18	59	35	04
19	41	25	
20	40	24	
21	42	26	
22	45	27	
23	50	30	
24	51	31	
25	47	31	
26	46	33	
27	48	33	
28	46	25	15
29	48	31	
30	43	30	
31	40	21	3.27

Temperature—mean max. 46.25; mean min. 32.90; mean 39.57; Max 54. on 5. Minimum, 21, on 31. Greatest daily range, 20. Total precipitation 3.27 inches. Greatest in 24 hours, 1.46 in., on 12. Number of days with 0.1 inch or more precipitation, 15, clear, 7; partly cloudy, 10; cloudy, 4. Total snowfall 0 inches. Precipitation for season, 12.83. Precipitation for last season 10.58. Seasonal average

E. BRITT, Cooperative Observer.

Final Steps Are Taken To Control Fuel Oil.

Washington, Feb. 4—The government today took final steps toward taking over administration of the fuel oil industry. By presidential proclamation to be issued soon the industry will be placed under the fuel administration and be conducted under license.

Prompt Delivery Of Bonds Is Promised.

Washington, Feb. 4—Senator Chamberlain was today advised by the secretary of the treasury that complaints of failure to deliver Liberty bonds have been investigated and assurances given that the matter will be carefully attended to.

Chamberlain Names Cadets. Centralia Man To Develop 800 Acres Of Oregon Land.

Washington, Feb. 4—Senator Chamberlain has nominated for the naval academy examination to be held February 19, the following: Principal, Max H. Millsap, Lebanon; first alternate, Harmon H. Chapman, Portland; principal, W. L. Friseman, Portland; first alternate, Elnathan Sweet, Portland.

Centralia, Wash., Feb. 5—W. T. McHatton, of this city, recently purchased 800 acres of land in Oregon and has already taken steps to improve the property by the erection of buildings, etc. The tract is located on the Southern Pacific, near Cottage Grove. The owner expects to develop it into a town site.

DR. BELL'S ANTI-PAIN
For Internal and External Pains.