

# Catarrh

Is a constitutional disease originating in impure blood and requiring constitutional treatment acting through and purifying the blood for its radical and permanent cure. The greatest constitutional remedy is

## Hood's Sarsaparilla

In usual liquid form or in chocolate tablets known as Sarsatabs, 100 doses \$1. Nasal and other local forms of catarrh are relieved by Catarrhics, which allay inflammation and deodorize discharge. 50c.

The colonies of Great Britain have nearly 100 times more area than the mother country, France eighteen times and Germany five times.

**Foreign and Domestic.**  
His Wife (reading)—I see they had a bread riot in Spain recently.  
Her Husband—Yes, and we'll have one at home soon if there isn't an improvement in our biscuits.

**Orthographical Romance.**  
They were returning from the spelling bee.

"Mr. Spoonamore," she said, "why did you miss that easy word? You spelled 'honor' with a 'u'."  
"I know it," he answered. "The feeling came over me all at once that I just couldn't get along without 'u,' Miss Daisy."  
With which old, old story he won her.

# S.S.S. CURES SKIN DISEASES

There is an exhalation from the body going on continually, day and night, through the pores and glands of the skin. This is nature's way of maintaining the proper temperature of our systems and preserving the softness and flexibility of the skin, and so long as the blood is free from impurities no trouble will result. When, however, the blood from any cause becomes infected with humors and acids, these too must be expelled, and coming in contact with the delicate fibres and tissues with which the skin is so abundantly supplied they produce irritation and inflammation, and the effect is shown by Eczema, Acne, Tetter, and skin affections of various kinds. These impurities and humors get into the blood through a deranged or inactive condition of the system; the members whose duty it is to carry off the waste and refuse matter of the body fail to properly perform their work, and this impure, fermenting matter is left in the system to be absorbed by the blood. The skin is not only affected by poisons generated within the system, but poisons from without, such as Poison Oak, Poison Ivy, Nettle Rash, etc., enter through the open pores and glands, and so thoroughly do they become rooted in the blood that they are ever present, or return at certain seasons of each year to torment the sufferer. Salves, washes, lotions, etc., cannot cure skin diseases. True, such treatment relieves some of the itching and discomfort, and aids in keeping the skin clean, but it does not reach the real cause, and at best can be only palliating and soothing. A thorough cleansing of the blood is the only certain cure for skin diseases. S. S. S., a gentle acting, safe blood purifier, made entirely of vegetable ingredients of the forest and field, is the proper treatment. S. S. S. goes down into the circulation, and neutralizes the acids and humors, thoroughly cleansing and purifying the blood, and curing skin affections of every kind. It applies to the blood the fresh, nutritive qualities necessary to sustain the skin and all other parts of the body, and rids the blood of any and all poisons. S. S. S. cures Eczema, Tetter, Acne, Salt Rheum, Poison Oak and Ivy, Nettle Rash, and all other skin troubles, and cures them permanently by removing every trace of the cause from the blood. Special book on Skin Diseases and any medical advice desired furnished free to all who write.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

# Teeth With or Without Plates



## Out-of-Town People

We can do your entire Crown, Bridge and Plate Work in a day, if necessary. Positively Painless Extracting Free when Plates or Bridges are ordered. Sensitive Teeth and Roots removed without the least pain. Ten chairs. Only the most scientific and careful work.

20 Years in Portland

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Falling Bldg., Third and Washington Sts.

8 A. M. to 8 P. M.; Sundays 9 to 12. Painless Extraction 50c; Plates, \$5.00. Both Phones, A and Main 2029.

# W. L. DOUGLAS SHOES

SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN. W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.



W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot be Equalled At Any Price. PATENTED. W. L. Douglas name and price is stamped on bottom. Take No Substitutes. Sold by the best shoe dealers everywhere. Please mail for FREE to any address. W. L. DOUGLAS, Brockton, Mass.

Unnecessary.  
"Yes," growled old Roxley, "Mabel's lover interviewed me last night. Stupid fellow; no sense at all."  
"Ah!" exclaimed Ascum, "then you won't have him for a son-in-law?"  
"What have I to do with it? The idea of his coming to ask me when the girl and her mother are satisfied. If he had any sense he'd know that set tied it."—Philadelphia Press.

**Refined Torture.**  
"Lil, you just ought to have heard how Miss Capsicum talked the other day when she was real mad. You don't know what you missed."  
"What did she say, Jen?"  
"Gracious! You don't expect me to say the dreadful things she said, do you?"

**Gives Him No Trouble.**  
"Uncle Henry, don't you find it hard work being a vegetarian?"  
"Not at all, my boy. It's only necessary to be conservative about it. When I feel an insatiable craving for a big plate of bacon and eggs I always yield to it."—Chicago Tribune.

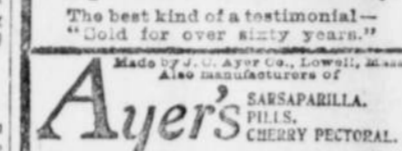
**Entering a Demurrer.**  
"Talk about the superiority of mind over matter!" said the argumentative boarder. "It's just the other way. If you want to be sure not to forget a thing you don't trust it to your memory. You take a pencil and a slip of paper and make a memorandum of it."

**FITS** permanently cured by Dr. Kline's Great Kidney and Bladder Remedy, sold for FREE Trial bottle and treatise, Dr. R. H. Kline, Ltd., 311 Arch St., Phila., Pa.

**Neutrality.**  
The voter in Dreyarhurst reflected, "If I vote the 'citizens' ticket," he said, "I'm agin the people, and if I vote the 'people's ticket' I ain't a good citizen. Blamed if I'm goin' to vote at all!" Pulling his hat down over his eyes, he turned on his heel and strode away in disgust. The intricacies of village politics were too deep for him.

# When the Hair Falls

Then it's time to act! No time to study, to read, to experiment! You want to save your hair, and save it quickly, too! So make up your mind this very minute that if your hair ever comes out you will use Ayer's Hair Vigor. It makes the scalp healthy. The hair stays in. It cannot do anything else. It's nature's way.



The best kind of a testimonial— "Good for over thirty years." Made by J. C. Ayer & Co., Lowell, Mass. Also manufactured by Sarsaparilla Pills, Cherry Pectoral.

**Trousseau Gowns.**  
"Trousseau gowns are lovelier than ever," says the fashion editor of the Woman's Home Companion, "but as they have increased in beauty, they have lessened in number. Very few brides of to-day, no matter how fashionable they may be, order a trousseau consisting of a great number of costumes. The reason for this is that fashions change so that it is necessary every little while to have a new-style gown if one is to keep pace with the capricious modes."  
"The bridal princess gown is a style which will be in fashion for a long time to come. One can wear it as long as the material lasts by merely changing the sleeves to meet the requirements of the prevailing fashion."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

**Work for Live Improvement Society.**  
In small centers of population where none but the most general laws govern it is necessary to form an improvement society to look after the health and well being of the people as a whole, says the Los Angeles Times. The laws of hygiene must be observed. Both sewers and surface drainage should be provided by the people as a whole, and where no city government exists this is a splendid work for a live society for civic betterment.

**Shake Into Your Shoes**  
Allen's Foot-Powder, a powder for the feet. It cures painful swollen, smarting, sweating feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

**Beautify School Grounds.**  
Just at present is a good time for all interested to look over the local school-yard and consider if it meets their ideas regarding beauty, shade, protection, educational value, etc. If it does not, the time is ripe to "get busy" with others whose interest is equal to yours and try to ameliorate present conditions so that this piece of public property will no longer be a reproach to those in control.

**In Brooklyn.**  
Third-Floor Tenant—See here! I'm one of a committee of men in this building, and I've called to ask you to sell your flats.

Second-Floor Tenant—Delighted to see you. I'm one of another committee, and was about to come up and ask if you'd sell your baby.—Tid-Bits.

**\$100 Reward, \$100.**  
The readers of this paper will be pleased to learn that there is at least one dreadful disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving it a permanent strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars to any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O. Sold by all druggists, 75c. Take Hall's Family Pills for constipation.

**When our stiff and stubborn Congress isn't talking, isn't talking, Or a-spunking up and getting on its ear, on its ear, How it loves to hear itself serenely talking, 'renely talking, And exuding gobs of heated atmosphere, atmosphere! —Chicago Tribune.**

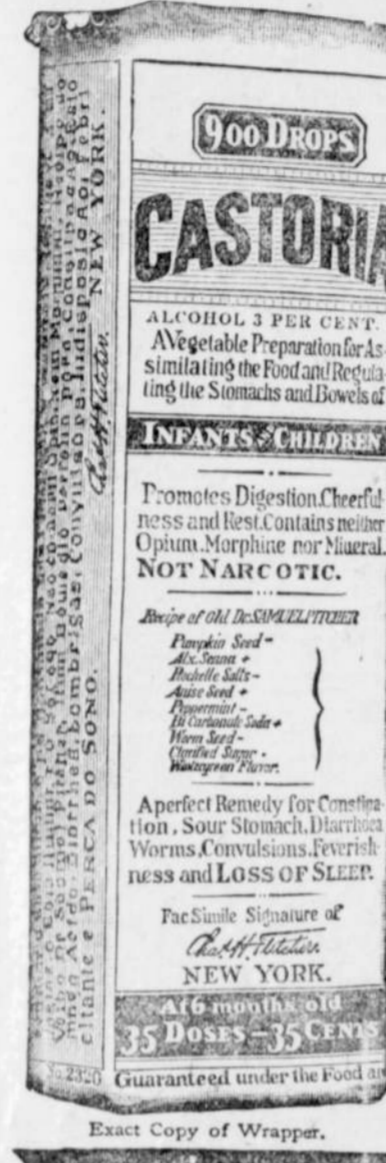
**More Trouble.**  
"My husband had an awful time collecting that debt," Mrs. Lapsling was saying. "I don't pretend to understand law terms, but I heard him say that before he could get the money he had to Barney Shea the man's wages."

**WANTED** INFORMATION REGARDING Farm or Business for sale. Not particular about location. Wish to hear from OWNER only who will sell direct to buyer. Give price, description, and state when possession can be had. Address, L. DARRYSHIRE, Box 228, Rochester, N. Y.

**HOTEL MOORE** OPEN ALL THE YEAR GLATSPOP BEACH SEASIDE, OREGON "THE Directly on the beach overlooking the ocean. Hot salt baths and Cliff House surf bathing, Boreas place and steam heat. Fine walks OF Sun parlors, Electric Heats, Fire Oregon" and drives. Sea foods a specialty. Rates, \$2.50 and \$5.00 per day. Special rates by the week. DAN. J. MOORE, Proprietor

# Don't Poison Baby.

**FORTY YEARS AGO** almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.



## Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."  
Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."  
Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is deserves the highest praise. I find it in use everywhere."  
Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."  
Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."  
Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."  
Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."  
Dr. J. A. Bearman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."  
Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

## GENUINE CASTORIA ALWAYS Bears the Signature of

*Chas. H. Fletcher*  
**The Kind You Have Always Bought**  
In Use For Over 30 Years.  
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**MADE FOR SERVICE** and guaranteed absolutely WATERPROOF. OILED SUITS, SLICKERS AND HATS. Every garment guaranteed Clean - Light - Durable. Suits \$3.99 Slickers \$3.99. SOLD BY BEST DEALERS EVERYWHERE. CATALOGUE FREE FOR THE ASKING.

**No Swearing Permitted.**  
The Pennsylvania railroad has recently posted notices in its various workshops forbidding profanity. In view of the present railroad situation, why not put such notices in the executive offices and mail one to every stockholder?—Wall Street Journal.

**Another Backset for Reform.**  
The editor looked over the manuscript and handed it back.  
"I don't like your dialect," he said.  
"But, sir," said the literary aspirant, startled and indignant, "that isn't dialect! That's written in the reformed spelling!"

## Truth and Quality

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

PNU No. 22-08  
WHEN writing to advertisers please mention this paper.

**What the Dogs Were For.**  
Observing several \$5,000 bulldogs on the multimillionaire's estate, the witty visitor remarked:  
"Are those dogs here to eat up sub-pennas?"  
And the multimillionaire chuckled craftily.  
"Ah, no, my friend," he whispered, "they are here to eat up sub-penna servers."

**Out of It.**  
"Don't you feel well?" asked a friend.  
"Not very," answered Cumrox.  
"Why don't you go home?"  
"I can't. Mother and the girls are giving a tea and I'm not invited."—Washington Star.

**The Free Premiums Given** IN EXCHANGE FOR CARTON TOPS AND SOAP WRAPPERS FROM "20 Mule Team" Borax, Boraxo Bath Powder, Violet Boric Talcum Powder, Boric Spangles, Boric Acid, Boraxoid Soap Powder, "20 Mule Team" Soap, Queen of Berax Soap, Boraxoid Laundry Soap and "20 Mule Team" Soap Chips

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**Leap-Year Worries.**  
Jack—What's the matter, old man? You look worried.  
Tom—Oh, Miss Faintheart keeps me guessing. She hasn't proposed yet.  
Jack—But you told me you didn't intend to marry her.  
Tom—And I don't. But, after all the time I've wasted on her, I think she might at least give me a chance to refuse her.

**The Straightforward Sex.**  
"Please give me two bills for my hat, one for \$10 for my husband and for \$20 to show my lady friends."—Meggendorfer Blaetter.

**C. Gee Wo** The well known reliable CHINESE Root and Herb DOCTOR. Has made a life study of roots and herbs, and in the study discovered and is giving to the world his wonderful remedies. No Mercury, Poisons or Drugs Used—He Cures Without Operation, or Without the Aid of a Knife. He guarantees to Cure Catarrh, Asthma, Lepra, Gleet, Rheumatism, Nervousness, Nervous Debility, Stomach, Liver, Kidney, Troubles, Loss of Manhood, Female Weakness and All Private Diseases. **A SURE CANCER CURE** Just Received from Peking, China—Safe, Sure and Reliable. IF YOU ARE AFFLICTED, DON'T DELAY. DELAYS ARE DANGEROUS. CONSULTATION FREE. If you cannot call, write for symptom blank and circular. THE C. GEE WO CHINESE MEDICINE CO., 121 1/2 First St., Cor. Morrison, Portland, Oregon. Please Mention This Paper.

Highest Quality  
**More Converts Every Year**  
Every day in every year that comes, more housewives are giving up their exorbitant priced Baking Powders and turning to K C, the honest and reliable, which has stood so well the test of years. They are finding out that  
**KC BAKING POWDER** costs one third the price of powder anywhere near K C quality, and makes better, purer, more healthful baking.  
**25 Ounces for 25 Cents** Perfect Results