

COUNTRY CORRESPONDENCE

BUE-A VISTA

A gathering of the clans took place Sunday at the Frank Ground home, the Wells and Ground families holding a reunion there. There were 31 present.

Misses Clara Snyder and Virginia Keeney and Mr. and Mrs. G. W. McLaughlin were Sunday guests at the home of Mr. and Mrs. J. A. Reynolds.

All members of the Ladies' Club are asked not to forget the Club meeting Sept. 13, at the home of Mrs. E. M. Lichty, as there is a good program and a good attendance is required.

Don't forget there will be preaching at the M. E. church both morning and evening, Sunday; Sunday school at 10 a. m.; preaching, morning at 11, and evening at 8.

Grandma McClain and grandchildren, Ethel and Raymond McClain, are spending the week at Amity with Mrs. Kaw, a daughter of Mrs. McClain.

Miss Blanche Harmon went home with her aunt, Mrs. Richardson, who has been visiting here from Winlock, Wash.

Mr. and Mrs. George Ground of Modesta, California, arrived here the first of the week to visit the former's parents, Mr. and Mrs. Frank Ground.

Mrs. Jesse Wells spent several days the past week visiting relatives at Lebanon.

Mr. and Mrs. James Nash of Salem spent Sunday with the former's parents, Mr. and Mrs. Jake Nash.

M. J. Cryderman and daughter, Geneva, and son, Carl, of Seaside are visiting relatives here.

Mrs. Mamie Chown and

and daughter, Viola, of McMinnville are visiting at the Lichty and F. L. Chown homes here.

Mr. and Mrs. Cleve Prather were week-end guests at Mrs. Prather's sister at Cottage Grove.

Mr. and Mrs. E. M. Lichty, Mr. and Mrs. Harley Prather and Mrs. E. J. Anderson motored to Corvallis Friday afternoon in the Lichty car.

Mrs. Stonehooker and children of Lewisville were week-end visitors with his daughter, Mrs. Elkins.

Mr. and Mrs. Frank Ground and Mr. and Mrs. George Ground motored to Shedd Thursday and spent the day with the Wm. Wells family.

Marty Prather, who has been attending school in Portland, and Miss Howard are visiting the former's parents, Mr. and Mrs. M. V. Prather.

Mr. and Mrs. Johnny Wells of Salem visited relatives in this vicinity Sunday.

Lost—A three link pin with a ring around the link, on Saturday night in Independence between Dickinson Bros.' market and Dickinson's livery barn. Any one finding it return to owner and receive reward. Mrs. F. L. Chown.

GIRL'S STATEMENT WILL HELP INDEPENDENCE

Here is the girl's own story: "For years I had dyspepsia, sour stomach and constipation. I drank hot water and olive oil by the gallon. Nothing helped until I tried buckthorn bark, glycerine, etc., as mixed in Adler-ika. ONE SPOONFUL helped me INSTANTLY." Because Adler-ika flushes the ENTIRE alimentary tract it relieves ANY CASE constipation, sour stomach or gas and prevents appendicitis. It has QUICKEST action of anything we ever sold. WILLIAMS DRUG COMPANY.

MISS ELIZABETH LEVY Salem's Talented Violinist



Announcement is made this week that Miss Levy will come to Independence one day each week and give lessons to both beginners and advanced pupils. As a violinist, Miss Levy has but few equals in the state. When-

ever she has played, her interpretations have been very highly praised by the most competent critics and the work of her pupils in recital has demonstrated her skill and ability as an instructor.

"PEEPING TOM" FRIGHTENS LADY

East Salem residents in the 700 North Sixteenth street were aroused about 12:30 o'clock this morning by the screams of Mrs. J. S. Cooper, Jr., wife of Second Lieutenant Cooper, U. S. R., who is on duty at American Lake with the national army, when she awoke and discovered a man climbing in through her bedroom window. Her screams aroused Mr. James Kenneth at 709 North Sixteenth Street, a short distance from Mrs. Cooper's home. When she screamed the intruder climbed down from the window, quickly took up his hat and coat, which he had wrapped up in a bundle and ran away. Mr. Kenneth started in pursuit but the man escaped.

Today Mrs. Cooper left for the home of her father-in-law at Independence, as she was afraid to remain in the house alone. The police investigated today but were unable to discover any clue to the intruder. It is believed that this man is the same one who has been "peeping" in that vicinity during the past week.—Salem Capitol Journal.

WAR RECIPES

(Air—Yankee Doodle)

For corn meal griddle cakes so crisp. This recipe is dandy:
Sour milk a cup; three-fourths cup flour;
One egg if it is handy;
Three quarters of a cup corn meal;
A teaspoon powder, baking;
Half teaspoon soda; same of salt;
Stir well and keep on making.
Corn muffins—M-m: One cup sour milk;
A cup and third of wheat flour;
Two-thirds cup cornmeal; half spoon salt
Two tablespoons of butter;
The same of sugar; eggs just one;
Two teaspoons baking powder;
Half teaspoon soda; melt and mix.
And in the oven rove her.

Now oatmeal muffins, too, are good. But take more care in making:
Rolled oats, two cups; a teaspoon salt,
Four teaspoons powder, baking;
Of fresh milk one and one-half cups
On oats and soak a half hour;
Two tablespoons of sugar sweet;
One cup of patent wheat flour;
And eke two tablespoons of fat
With two eggs mixed right in it;
Sift dry ingredients; add to mush;
And bake full thirty minute.

Light bread that's made with oats and yeast
Will make a meal at noon, full;
Half cup of water, same of milk;
Of fat, a tablespoonful;
Two cups and half of fine wheat flour;
Of rolled oats one cup measure;
Two tablespoons of sugar sweet;
One teaspoon salt for pleasure;
One-half cake yeast in water warm
Of cupful just a quarter;
Now scald the liquid, pour it o'er
The oats, salt, fat and sugar;
Let stand till lukewarm, half an hour;
Add yeast that's water bubbled;
Add flour and knead; let rise until
Its bulk has nearly doubled;
Then knead again and place in pan;
When light, in oven bake it;
The heat should just be moderate;
In hour from oven take it.
—Oregon Voter.

A BALANCE SHEET

Three years ago Germany began this war for the conquest of middle Europe. What has she gained? What has this gain cost her?

She has gained by her arms the territories of Belgium, Luxembourg, Serbia, a small but rich section of northern France, and parts of Lithuania, Poland and Rumania—a total of a little less than 204,000 square miles.

Except for an insignificant corner in southern Africa all her colonies, over a million square miles.

Practically all her shipping not bottled up in Bremen and Hamburg, a loss estimated in tonnage as 3,600,000.

Of the flower of her youth, over 2,000,000.

In cash, nearly \$20,000,000,000 to be added to her national debt.

Before the war, though unpopular as a people, Germany was honored among all nations for her intellectual scholarship and her industrial efficiency. She has lost irrevocably this respect and won in its place the mingled hatred and contempt of the civilized world. Scarcely a considerable neutral nation is left except those whose safety compels their neutrality.

No one thinks Germany can retain her gains. No one imagines that she can recover her losses. It is not strange that some of the German people are seriously discussing among themselves the question whether it is not time to change their business managers.—The Outlook.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Cure is taken internally and acts thru the blood on the mucous surfaces of the system thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Cure that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.
Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

NOTICE OF FINAL SETTLEMENT.

In the matter of the estate of Joseph Loundree, deceased.
Notice is hereby given that the undersigned administrator of the estate of Joseph Loundree, deceased, has filed in the County Court of Polk County, Oregon, his final account as such administrator of said estate, and that Monday, the 24th day of September, A. D. 1917, at the hour of ten o'clock A. M. has been fixed by said Court as the time for hearing objections to said report and the settlement thereof.
Joseph Loundree,
Administrator of the Estate of Joseph Loundree, deceased.
Hammond & Hammond,
Attorneys for Administrator.

Dr. R. E. Duganne, dentist,
National Bank Building.

WOOD PULP "WOOL" NEWEST IN FIELD TO REPLACE REAL GOODS

Bogus Substitutes to Be Discussed at Great Lakes Wool Convention in Chicago Sept. 11-12, to Which Shepherds Are Invited.

Chicago (Special)—More wool pulp is to be utilized in the manufacture of "woolens," according to Greenberg, authority among tailors. A mixture of 40 per cent wood pulp to an equal proportion of cotton, and enough wool to make the fabric so woven look like wool—when new—that is the prospect. What sort of wear this hybrid will give and how it will hold dyes, is a question which will be discussed at the Great Lakes Wool Convention in Chicago, Sept. 11th and 12th, in which western sheep men are invited as guests of honor.

The use of wood pulp in the manufacture of cloth is the latest experiment undertaken to supply the market with a fabric that will go far toward replacing wool for cloth. The shops have been flooded with shoddy, as goods made from worked over wool fibre is called, until tailors and clothiers have rebelled. This bogus product can deceive the very eliest at first blush, but it does not have the warmth nor stand the test of wear, and does not make up like cloth woven from genuine sheep fleeces. Yet so great is the scarcity of wool,

and prices so high, that the plutocratic sheep is one of the few that can afford a full suit. Factories are buying rags by the ton to work over into shoddy for the clothing of humankind.

Woolen goods have been growing lighter in weight, and inferior in quality, while at the same time higher in price than within the memory of the present generation. Tailors, who cater to the most particular trade, find much difficulty in obtaining the goods to satisfy the taste of fastidious clients. The clothier has many complaints and come-backs on the score of poor quality and fading colors, and consequently the National Association of Retail Clothiers has enlisted its members in the work of the National Sheep and Wool Bureau.

Congress has been petitioned to enact laws to compel manufacturers to label woolen goods with a view to exposing shoddy and hybrid mixtures and to tell what wool a garment really contains.

The convention will be held in the Assembly Hall at the Union Stock Yards. The Stock Yards Inn will be the official headquarters, with loop headquarters at Hotel Sherman.



CHRISTIAN
Bible School at 10 a. m.

BAPTIST
Sunday school at 10.
Preaching at 11.
B. Y. P. U. at 7:00.
Preaching at 8:00.
I will preach my last sermon on Sunday night. W. S. STEWART.

METHODIST
Thos. D. Yarnes, Pastor.
10 A. M. Sunday School.
11 A. M. Morning service.
3:00 P. M. Loyal Temperance Legion.
8:00 P. M. Evening service.

PRESBYTERIAN
Dr. H. C. Dunsmore, Pastor
10 a. m. Sunday school.

HINTS FOR THE CITIZEN SOLDIERS

[Issued by the war department.]
There are some simple rules of eating and living which all of us should follow regularly. They will be especially helpful to you if you put them into practice in preparing for camp life.
Perhaps the most important of these is to use no alcohol of any kind.
If you have been in the habit of smoking immoderately cut down; get your wind, your nerves and your digestion into the best possible condition.
Eat and drink moderately.
Chew your food well. It is advisable, however, to drink a great deal of cool (not cold) water between meals. Don't eat between meals.
Keep away from soda fountains and soft drink stands. Learn to enjoy simple, nourishing food.
Accustom yourself to regular hours for sleeping, eating and all natural functions.
Don't "take a last fling." It may land you in the hospital. At the best it will probably bring you into camp in an unfit condition to take up your new duties with profit and enjoyment.
There are strenuous days ahead of you, and it will be good sense on your part to make reasonable preparation for them.

NAVAL RESERVE FORMED.

Admiral Cowles to Organize Boys and Men Not in Draft.
Bridgeport, Conn.—Under the direction of Rear Admiral William C. Cowles, retired, volunteer boys not yet of draft age and registered young men not called in the first quota of the national army will be formed into a reserve for the United States navy.
Men equipped with naval knowledge have been selected to instruct in navigation, plotting, signaling and other accomplishments of a sailor. The recruits will be called for in every seaport town of Connecticut. America's shipbuilding plan, Rear Admiral Cowles thinks, will soon create a great demand for navy recruits. If he can send trained young men into the breach the rear admiral believes he will be achieving his "bit" as a retired officer.
Rear Admiral Cowles is chairman of the military and naval committee of the Connecticut Council of Defense and naval aid on the staff of Governor Holcomb.

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War Can't Stop Us

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