

Another Royal Suggestion BISCUITS, BUNS and ROLLS

From the NEW ROYAL COOK BOOK

BISCUIT! What de-light this word suggests. So tender they fairly melt in the mouth, and of such glorious flavor that the appetite is never satisfied. These are the kind of biscuits anyone can make with Royal Baking Powder and these unusual recipes.

Biscuits

2 cups flour
4 teaspoons Royal Baking Powder
1/2 teaspoon salt
3 tablespoons shortening
1/2 cup milk or half milk and half water

Sift together flour, baking powder and salt, add shortening and rub in very lightly; add liquid slowly; roll or pat on floured board to about one inch in thickness (handle as little as possible); cut with biscuit cutter. Bake in hot oven 15 to 20 minutes.

Royal Cinnamon Buns

2 1/2 cups flour
1 teaspoon salt
4 teaspoons Royal Baking Powder
3 tablespoons shortening
1 egg
1/2 cup water
1/2 cup sugar
2 teaspoons cinnamon
4 tablespoons seeded raisins

Sift 2 tablespoons of measured sugar with flour, salt and baking powder; rub shortening in lightly; add beaten egg to water and add slowly. Roll out 1/2 inch

ROYAL BAKING POWDER

Absolutely Pure

"Bake with Royal and be Sure"

thick on floured board; brush with melted butter, sprinkle with sugar, cinnamon and raisins. Roll as for jelly roll; cut into 1 1/2 inch pieces; place with cut edges up on well-greased pan; sprinkle with a little sugar and cinnamon. Bake in moderate oven 20 to 25 minutes; remove from pan at once.

Parker House Rolls

4 cups flour
1 teaspoon salt
6 teaspoons Royal Baking Powder
3 tablespoons shortening
1 1/2 cups milk

Sift flour, salt and baking powder together. Add melted shortening to milk and add slowly to dry ingredients stirring until smooth. Knead lightly on floured board and roll out 1/2 inch thick. Cut with biscuit cutter. Crease each circle with back of knife one side of center. Butter the small section and fold larger part well over the small. Place one inch apart in greased pan. Allow to stand 15 minutes in warm place. Brush each with melted butter and bake in moderate oven 15 to 20 minutes.

FREE

Write TODAY for the New Royal Cook Book; contains 400 other recipes just as delightful as these. Will show you how to add interest and variety to your meals. Address:

ROYAL BAKING POWDER CO.
115 Fulton Street
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CITY AND COUNTRY

Tripp sells real estate. 40

Mr. and Mrs. Marion Butler were here Tuesday.

"The Lone Star Ranger" at the Isis Wednesday and Thursday.

When you want the best call for Liberty bread. Baked by electricity.

Peter Kurre and Ely Fluke are over on the Nestuc fishing this week.

Dr. M. J. Butler has been chosen as manager and chairman of the Monmouth Chautauqua.

Because of an increased demand for independence bread, M. C. Baldwin has added a third baker to his force.

Early Monday morning, May 31st, an 8-10 daughter was born to Mr. and Mrs. Arch Justin and her name will be Norma Adel.

Mr and Mrs. C. A. Reetz three children and a nephew, of Junction City were dinner guests of Rev. and Mrs. C. T. Cook last Saturday.

A daughter was born to Mr. and Mrs. Dean H. Walker at Eugene Thursday evening, May 27, and she has been christened Anna Belle.

Is there anyone here who desires to subscribe for the Oregon City Daily Enterprise? If so, by addressing "X" care of The Polk County Post they can secure a liberal reduction in price.

Bids are being received to carry the mail to and from the postoffice in Independence. Dave Boydston has had the contract for 20 years and was on the job continually until a few weeks ago when rheumatism crippled him up.

A county license is required for dogs but many have failed to take out a license. Sheriff Orr says that if the law is not complied with at once, he will proceed to enforce it. The killing of the dog and a fine is the penalty. The license fee is \$1 for male dogs and \$2 for females.

Mrs. T. H. Walton, wife of Major T. H. Walton of Salisbury, Mo., and her son, Dr. T. H. Walton of Portland were the guests of Mr. and Mrs. J. C. Virgin Sunday and Monday. While here they attended Chautauqua and were very much pleased with the numbers. Mr. Virgin is a nephew of Mrs. Walton.

Among the eighth grade graduates in Polk county this year are Lester Moore of Buena Vista Russell Kelley, Leonard Treaux, Ruby Bush and John Sheythe of Peede, Helen Bassett and Mildred Bronson of Lewisville, Greta Rideout of Green-Plov of Valley View and Herman Wood, Ivan De Armond and Gladys Waddle of Suver.

There will be a meeting of the Civic Club Wednesday, June 9. The committee having charge of the afternoon includes Mrs. James Robbie, Mrs. J. S. Cooper, Mrs. Morgan and Mrs. Homer Hill. The ladies will provide a pleasant afternoon and invite all the members to be present. A report of the Annual Federation will be given.

SHRIKE NOT ALTOGETHER BAD

"Butcher Bird" is Insectivorous Creature of Much Service in the Summer Time.

The butcher bird, or northern shrike, while not possessed of any considerable speed, has speed enough to outfly any of the smaller birds, such as juncos and tree sparrows. This hunter lives fattest when the last of the migrant armies are on the move in the late autumn, when he has an opportunity for cutting off victims remote from cover and pursuing them across the open fields, mice especially being unprotected by their snowy cover.

The shrike has a rather melodious whistle, which he lets go at a time that makes it seem somewhat out of season. He has been credited with using this as a decoy and camouflage to his villainy, and also with mimicking smaller birds and inviting them to their destruction.

Despite his name, however, the butcher bird is not altogether an arch villain, remarks a writer. He is very largely insectivorous during the summer, and does a good work by destroying numbers of mice and giving riddance to the hateful English sparrow when he comes around the farm buildings during the winter.

CAN YOU BEAT IT?

(Continued from Page 1)
members have moved away that the Company now is below the mark set by the Government as a minimum. Other Companies have recruited up to 100 men and more and are in a flourishing condition while Independence with its spirit of "Let the other fellow do it" hangs back and will be ordered out of service. In other cities the ex-service men have enlisted. K Company needs some well trained men for its officers and non-coms. Each and every office in the Company is open to any ex-service man who can qualify and the officers and non-commissioned officers of K Company will gladly do all they can to assist anyone willing to join the Company and assist them or take their respective places. Ex-service men can enlist for a period of one year. That is sufficient time to train substitutes for your position in case you should want to discontinue your work, and by enlisting for that period you will probably save Independence the disgrace of losing the position it holds in the military cities of the state. The National Guard is a necessity. Preparedness is imperative. The Government is backing the preparedness program and is paying liberally for the time spent in learning and teaching others. Will you help your Government a bit more? Will you help your Independence in its efforts? Will you join K Company and help to put it in the lead again and save it from utter failure? Will you? Do it now. It will soon be too late.

BUENA VISTA

(Continued from Page 1.)
their home in Winlock Friday.

Wilber Weeks and family of Salem were visiting Mrs. Weeks' aunts, Mrs. A. J. Richardson and Mrs. Margaret McClain Sunday.

Mrs. N. C. and Mrs. Emma Anderson motored over to Monmouth Wednesday and spent the evening with the former's sister, Mrs. E. C. Cole, and family.

The Ladies Rural Club met at the home of Mrs. N. C. Anderson last

Thursday. The room was decorated with sweet peas and ferns. After the usual order of business light refreshments were served by the hostesses, Mrs. Anderson and Mrs. Addie Harmon. Out of town visitors were Mrs. Maury and Mrs. Mell Baldwin of Winlock, Mrs. E. B. Gobat and daughter, Addie of Albany, Mrs. Charlie Kaw and daughter, Vivian, of Amity, Mrs. Martin Conger and daughter, Dorris, of Suver.

PLANT RECEIVES SERVICE MEDAL FOR DUTY RECORD

(Salem Journal.)

In recognition of five years faithful service with Company M. now a unit in the new Fifth Oregon Infantry, Armory Sergeant Harry Plant has received his five year service medal.

The medal, issued by authority of the adjutant's office, Fifth Oregon Infantry, is of silver and is inscribed with the wearer's name.

Immediately upon the expiration of his fourth enlistment period, Sergeant Plant signed up for another 12-month term with the local company.

In presenting the service insignia Captain Leroy Hewitt, commander of the company, expressed his appreciation of Sergeant Plant's praiseworthy association with the guard.

During the war, Sergeant Plant went overseas with the 162d Infantry, to which this company of the old Third Oregon regiment was assigned. He was in France, December 11, 1917, to May 1919. Previous to the world war he saw duty with Co. M on the Mexican border in 1916.

Since returning to Salem, Sergeant Plant was re-assigned as custodian of the armory. Under his care the parkings surrounding the building have assumed a holiday appearance. Sergeant Plant is making efforts to keep the Salem armory in the lead on the point of attractiveness of grounds and good trim on the interior. His duties consist of "policing" the assembly and the various rooms in the building used for meeting purposes by veterans' organizations.

The Hi Schoolers added \$25 to their funds last night.

Baptist Church Announcements

The Chautauqua is over and we have had nearly a week to rest up. We all enjoyed the programs and exercises. Most of us were regular attendants. Now let us turn our regularity and enthusiasm to God's channel and attend church with the same zest and joy as we did the Chautauqua. How about it?

There will be the regular services at the Baptist church next Sunday. Sunday school at 10 a. m. Preaching at 11 a. m. The subject in the morning will be "The Believer's Position." In the evening Rev. Proppe will preach on "The Baptism of Fire." There will be special music. The Young People's Society will meet at the appointed hour of 7 p. m. sharp. All young people invited. The preaching services at 8 p. m. A hearty welcome and a good time awaits you all.

JUST WHAT HE CALLED FOR.

The Mason and Dixon checkers were doing a rushing business in the game around the shell hole during a lull in the fight. Most of the remains of the company pay was gathered in the steel Stetson, which was doing duty as the First National National bank, and the big boy from New Orleans who held the bones was conscripting all the oratory in his vocabulary for the occasion.

"Come seven, come seven," he chortled. "We wants action. Action's what we wants."

Then a belated 77 exploded nearby, cutting off his flow of speech just as the cubes left his hand. For a moment after the echoes died away there was a dead silence, then an agitated voice arose:

"Man, oh man, be careful how you assemble yo' numbahs, or dis crap game am gwine to be broke up."—Home Sector.

ECONOMICAL ARRANGEMENT



Hub—Do you think it saves you anything to have a running account at the department store?

Wife—I know it does. You can't imagine the amount of time it saves me. Why, I never have to stop and ask the price of anything I want to purchase.

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These Pastors Look for More Women to Fill Vacant Pulpits



Left—Miss Ella J. Nash. Right—Miss Alice M. Whittier.

As a solution of the problem of the pastorless churches in the North Woods of Maine, Baptists have ordained two women ministers, and they are now serving in the pulpit of the picturesque little church at Jay, Maine. While other women evangelists are "helping out" at churches where ministers with large families have not been able to meet the rising cost on an average salary of \$1.87 a day, Miss Alice M. Whittier and Miss Ella J. Nash, so far as known, are the only Baptist female ministers in the whole of New England.

They were ordained in 1917, when the war was making a heavy demand on the man power of Maine. Their first assignment was to the church at Jay, one of the oldest of the state, having a history that dates back 110 years, when the congregation met in a log house. As a rule Miss Whittier takes the morning service and Miss Nash has charge of the evening meeting.

Both were graduated from the Gordon Bible College in Boston, and both worked for a number of years afterward under the direction of the American Baptist Missionary Society. They have served the out of the way settlements in the far north Aroostook County and other sections of Maine, where the people depend on the colporteur for their gospel teaching. They have filled two pastorates of five years each, one at Owl's Head and the other at Jay, where they are at present stationed.

Will the woman pastor solve the problem of the shortage of ministers? Miss Whittier says she will. A woman gifted with the power of oratory, trained in a high class theological in-

stitution, and willing to make the combined sacrifices of not only a preacher's wife, but a preacher himself, should be allowed to fill a pulpit, she declares.

According to Miss Whittier, the woman preacher has come to stay. It is her opinion that very soon a large percentage of clergymen of all Protestant denominations will be women. The Baptists and the Congregationalists are among the first denominations to admit women to the ministry.

"Will women pastors be content to work on salaries that average less than \$700 a year, as men preachers have been doing for years?" is another question Miss Whittier answered.

She said they decidedly would not. "All over the country," she said, "people are realizing more and more the injustice that has been done to the ministers. The time has come, I believe, when pastors are to receive their just due. The country pastor's salary should not merely be raised—it should be doubled. He receives less than an ordinary day laborer, and depends to an humiliating extent upon the charity of his congregation. No, women who enter the ministry will not be so patient, I'm sure. Conditions in America today do not warrant the practice of such self-denial."

Miss Whittier is one of the leaders in Maine of the New World Movement of Northern Baptists. That state has been asked to raise a quota of \$2,000,000. The amount didn't stagger the pastor of Jay.

"Will your congregation be able to come across with their apportionment?" she was asked. "Certainly, there's no doubt about it," she said.

Don't be a slacker; eat Liberty bread.

The Reason. Why does water run? It has to; it is a chaser.

DELUGE OF BICYCLES IN INDEPENDENCE

There were more bicycles in Independence today than ever known at one time.—Portland Oregonian, June 2, 1895.