


**Many Good Things to Eat**

upon which this community is feasting every day—bread, cakes, pies, doughnuts, cookies and other good things with the tasty flavor of the home kitchen. They look as good as they taste.

Quality and cleanliness are the twin mottoes of this bakery at all times.

**C. A. LOCHRIDGE**



THIS picture shows a woman of Salvador, Central America, making tortillas. She would not be wasting her time doing this if she had access to the good things in our bakery where we produce the

**The Season's Compliments**

TO ALL OUR CUSTOMERS AND CUSTOMERS TO BE

We take this opportunity to thank our many customers, who have placed confidence in us, for their liberal patronage. We are better prepared to care for your wants in first class groceries and assure you the same careful courteous treatment as in the past.

To all our friends our wish—The best and most prosperous year you have ever had.

**J. G. McIntosh**

SUCCESSOR TO JOHNSON & COLLINS

**CITY AND COUNTRY**

Charles Dawes has been released from the army and is now home.

Mr. and Mrs. Earl Ruet are having a stage of influenza at their home in Salem.

Sherman Cooper has purchased the residence property of G. W. McCarmy in North Independence.

Mr. and Mrs. Francis Brown and baby enjoyed the hospitality of relatives in Portland Christmas.

Quartermaster's 5-10-15 store is being moved to its new location next door to the new Farmers State Bank building.

The trade during Christmas week was good and a number of independent merchants report big sales.

Craven & Huff say their holiday trade beat all previous records. All their advertised stock sold in large quantities. There was a big demand for Pyrex.

Wendell Dentinger has gone to Spokane, Wash., for a few days visit having been honorably discharged.

**NEW YEAR'S GREETINGS**

WE WISH FOR OUR COUNTRY—FOR ITS VALIANT DEFENDERS ON LAND AND SEA—FOR ALL PEOPLES EVERYWHERE—ALL THE HAPPINESS OF THE NEW YEAR—ALL THE BLESSINGS THAT SHALL COME WITH THE GREAT PEACE. TO OUR MANY PATRONS WE GIVE RENEWED ASSURANCE OF FIDELITY OF SERVICE.

**Williams' Drug Co.**

PURE DRUGS

PERFECT SERVICE

**Save that we may share Save food**

Methods of Democracy. The extent to which the United States Food Administrator has relied on the voluntary support of the American people is shown by a statement made by the United States Food Administrator before the Agricultural Committee less than three months after the country entered the war. That he was justified in his implicit confidence in the strength of democracy has been clearly reflected by the measure of support we have lent the Allies.

"It democracy is worth anything," Mr. Hoover declared, "we can do these things by co-operation, by stimulation, by self-education, by the patriotic mobilization of the brains of this country. If it cannot be done in this manner it is better that we accept German domination and confess to failure of our political ideals, acquiesce in the superiority of the German conception and send for the Germans to instruct us in its use."

**AN AMERICAN HABIT THAT WAS EXPANDED**

Coming to the relief of the distressed is not a new sensation to us. Having sent shipments of food to famine sufferers of India as orphans of the housewife hands out a cut of the loaf to the wayfarer. It seemed the most natural thing in the world to a nation quite informally.

The test of peace is to summon for the healing of nations devotion equal to that given the tasks of war.

Save that we may share Save food

**SUGAR TESTED MORAL FIBER**

Doubters Declared Saving Staps Would Be Easy Compared With Sacrificing Luxuries.

FIGURES SHOW RESULTS.

Americans Demonstrated Sturdy Support of War by Conserving for the Benefit of the Allies.

When figures began to show definitely that the people of the United States were actually reducing their consumption of foods needed abroad, it was only through the American people's making it possible by conservation that the Food Administrator has been able to relax the voluntary sugar ration in its latest report that the fact that the Food Administrator has had to relax the ration of two pounds per person throughout the country. This conservation allowed the Food Administrator to build up a reserve, and to tide over the period of scarcity, until the new crops of Louisiana cane and beet sugar were ready for distribution.

The records of the Food Administration show that in July, August, September and October 985,000 tons were distributed. Normal consumption for that period is 1,800,000 tons. This shows a definite, concrete saving of over 800,000 tons. These figures apply to sugar consumed on the table, in the kitchen and in the various industries, and show conclusively that in the homes and public eating places of America, where 70 per cent of all sugar is consumed, the sugar consumption has been reduced by more than one-third.

In the four-month period beginning with July, this country normally uses 400,000 tons of sugar per month. Last July 280,000 tons entered into distribution. In August only 225,000 tons were distributed. In September the figures showed 278,000 tons, and then fell to 230,000 tons in October. There could be no more definite proof that the American people have given their loyal co-operation and support of the war.

**CITY AND COUNTRY**

The flu ban is on again in Salem.

Mrs. J. S. Bohannon has returned from Portland where she has been caring for her daughter, Mrs. Bertha King, who had the flu.

J. W. Richardson and son, Gerald, spent Christmas with Portland relatives and also attended the wedding of Frank Richardson.

The Singer Sewing Machine Co. of Salem does the best of hemstitching at ten cents per yard. All work guaranteed. Leave work at the office of The Polk County Post.

An example, and declared that it would be practically impossible to bring out a special school meeting held this evening to fill the clerk vacancy caused by the resignation of Mrs. Grace Swope. Mrs. Hattie Henkle was unanimously elected to the place. Mrs. Henkle is very proficient in clerical work, having served for many years as secretary of lodges, and she will make a very good school clerk.

Miss Emma Henkle has had a versatile life since the influenza epidemic in Oden where she is teaching. During the first stage, the teachers were asked to nurse the patients and she went to an emergency hospital. When the flu played its part, she returned to her crowded lodges, etc. Again Miss Henkle responded to the call.

**Holsum Bread**

Best before the war, during the war and now.

SOLD BY ALL DEALERS IN DALLAS, INDEPENDENCE AND MONMOUTH.

**Cherry City Baking Co.**



**FOR SALE**

Write P. O. Box 477 or phone M. 2311.

One Bowser underground gasoline tank, capacity 265 gallons. Good as new.

Dr. H. C. Dunsmore Christmased in Portland.

C. H. Mithoma has contracted 200,000 pounds of 1918 hops to the Wigan-Richardson Co. at 17 cents per pound.

One ton of timothy hay.

Cheap if taken now.

**CRAVEN & HUFF**

HARDWARE COMPANY

MAY IT PROVE A HAPPY AND FRUITFUL YEAR FOR OUR FRIENDS WHO SO GENEROUSLY PATRONIZED US IN 1918. OUR RELATIONS WITH OUR SERVICE HAS BEEN PLEASANT AND IF ONLY WE HOPE FOR ITS CONTINUANCE IN 1919.

WE EXTEND THE COMPLIMENTS OF THE SEASON IN GRATEFUL APPRECIATION.

**1919**