

# Safeguard Yourself Against Spanish Influenza

"AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE." THE U. S. SURGEON GENERAL ADVISES KEEPING THE MOUTH, THROAT AND NOSE THOROUGHLY CLEANSED WITH ANTISEPTIC GARGLE AND SPRAY. WE HAVE A NUMBER OF THESE COMPOUNDS WHICH WE RECOMMEND, ALSO ATOMIZERS FOR SPRAYING THE NOSE AND THROAT IN A THOROUGH MANNER.

**Williams' Drug Co.**  
PERFECT SERVICE PURE DRUGS

## CITY AND COUNTRY

Tell The Post.

Vote for Tracy Staats for county clerk. (Paid ad.)

George Oberson is in a Salem hospital.

FOUND—Five keys on chain. The Post has them.

Mr. and Mrs. Dean Walker were here this week.

J. W. Richardson is home on an influenza "vacation."

FOR SALE—Seven head of nice sheats. Phone Farm 1211.

The famous Cole's Original Airtight Wood Heater is on display at J. D. Hibbs & Co.

Mrs. Grace Morgan of Vancouver is visiting relatives and friends in Independence.

Dr. L. L. Hewitt has gone to Portland where he will continue the practice of medicine.

Miss Mamie Henkle and a niece and nephew of Tillamook were visiting relatives here this week.

Awaiting the arrival of relatives, no funeral arrangements have been made for the late A. Spratley.

Tracy Staats will make an efficient and accommodating county clerk. (Paid ad.)

Vote all day Tuesday for the Welcome Heater—the popular favorite. Craven & Huff, campaign managers.

Mesdames Sarah Irvine and Sarah Young returned Thursday from an extended visit at The Dalles and Hood River.

The body of Lester Bridges, a ten year old boy, was brought to Independence Thursday and buried here. He died somewhere in Washington.

Because of an increase of business,

## POLK COUNTY POST Twice A Week Phone M. 621

News items of public interest are gladly received and much appreciated. Bring them, send them, phone them or mail them. We thank you.

partly due to excellent service and partly to the epidemic, a new clerk is on duty at the Williams Drug Co. and he is sustaining the reputation of the store by his courtesy.

A bunch of Independence boys who went to Monmouth to celebrate Halloween came home rather humiliated as they met a belligerent woman who roughly slapped one of them and it broke up their "party."

Dave Stapleton received a telegram today telling him that his daughter, Pauline, was seriously ill at Medford. He left on the first train for the south. Miss Pauline went to Medford a few days ago, to enter a hospital as a student nurse.

Mrs. Vernon Brown was in Independence this week looking after the interests of the telephone company. She is very proficient and accommodating which accounts for her being able to successfully fill one of the best places in the telephone service at Portland.

Billy McAdams was in Independence this week renewing old friendships. Bill calculates on becoming attached to the next session of the legislature as a mailing clerk—it would be pretty hard for an Oregon legislator to get along without him. He at present employed at the Boys' Industrial School.

Milk As An Energy Maker Acknowledged by Shipbuilders.

Shoes have gone up in price but we buy them. They are a necessity. Yet milk, the food that is necessary to everyone, because it goes up, is too often cut from the diet. Isn't that a little inconsistent?

The self-denial of the American home, added to the efforts of the American farmer, have removed fear from the minds of our Allies, for this year, at least. Let's keep it up.

## OREGON NEWS NOTES OF GENERAL INTEREST

### Principal Events of the Week Briefly Sketched for Information of Our Readers.

The city of St. Helens will build a municipal dock.

Portland banks made a new record Friday, when clearings totaled \$13,160,218.

The annual meeting of the Oregon Butter and Cheesemakers' association will be held in Portland December 11 and 12.

Thomas E. Paxton, city editor of the Baker Morning Democrat, died at Baker of pneumonia, following influenza.

A wind storm at Hood River took a large part of the valley's unpicked apples, estimated at 20 per cent of the million-box crop.

Henry F. Glasser, a young farmer living three miles north of Lebanon, committed suicide at his home by shooting himself with a rifle.

The new 76-foot concrete bridge at Tygh valley has been completed and will be ready for traffic as soon as the approaches to the bridge are completed.

John A. Muldrick, a well-known Grant county capitalist, passed away at his home in Canyon City of pneumonia, following an attack of influenza.

December 26 to 28 are the dates set for the annual meeting of the Oregon State Teachers' association in Portland. An attendance of between 1200 and 1500 persons is expected.

Fraternity activities, with the exception of meetings of a purely business character, will be suspended at the Oregon Agricultural college on account of a ruling by the war department.

A committee of the Oregon Dairy council has reported that there has been a decrease of 52,000 dairy cows in Oregon since January 1, 1918. This report is based upon a census of milk cows September 1.

Lady-bugs will be collected by forest service men and freed in wheat fields of Oregon, according to District Forester Cecil. This decision follows a plea made by wheat growers who last year lost heavily through aphids.

The federal administration has advised that the Oregon public service commission raise rates for the Sumpster Valley railroad, thus providing funds with which to pay the increased wages demanded by the striking employees.

Multnomah county has been denied permission by the public service commission to construct a crossing at grade over the O-W. R. & N. tracks at Osborn avenue, in Portland, the commission holding the crossing too hazardous.

Through efforts of the business men of Albany and Salem and the Portland chamber of commerce development bureau, steps are being taken to organize an Oregon chamber of commerce, composed of all the state's commercial organizations.

An order has been received from army headquarters at San Francisco requiring daily nose and throat spray treatment for employees in the shipyards and sawmills of North Bend as a means of checking the spread of Spanish influenza.

Since December 10, 1916, 137 wooden yards have been launched in Oregon yards and those at Vancouver, Wash., which are in the territory, having a capacity of 493,300 tons, according to a statement compiled by the Portland chamber of commerce.

Mrs. Laura A. Beck, of Portland, a widow, 66 years of age, is the oldest student enrolled in the University of Oregon at Eugene this year. She declares she does not believe in years, and just to prove it she has begun working toward a degree in the university.

With a mayor, five councilmen, treasurer, recorder and two water commissioners to be elected November 5 at Rainier, so little interest has been taken that nominating petitions have been filed for only three candidates, one each for recorder, treasurer and councilman.

School teachers are entitled to their pay for the time the schools are closed during the influenza epidemic, Superintendent Churchill says, basing his statement on an opinion of Attorney-General Crawford in 1906, when similar conditions arose during a scarlet fever epidemic.

Farmers planning to use ground lime should apply it as early as possible, to get the full benefit of its action on next season's crops, advises Dean A. B. Cordley, chairman of the state board. Unless the lime is put on before the ground becomes too soft this fall it may not be possible to apply it until well into next spring. Early orders are necessary to keep the state lime plant running. Money for operating expenses must come from lime sales, and lack of bunker facilities makes it necessary that sales keep up with the manufacture.

The Pacific International Livestock show in Portland this year will be held at the Ice Palace arena, Twentieth and Marshall streets, November 18-23, according to an announcement made by Secretary A. H. Lea, of the state fair board, who also is managing the big stock show this year.

Eugene wholesale houses dealing in grains and grain products canceled all orders placed with the Albers Brothers Milling company of Portland, for undelivered quantities of cereals and other products, as a result of the arrest of Henry Albers, president of the company, on espionage charges.

As one of the features of the forthcoming united war work campaign 15,000 or more grammar and high school students of Oregon will be enrolled as victory girls and victory boys, pledging and soliciting funds and doing what they can for the good of the big brothers called to fight for liberty.

Charles H. Green, United States wool administrator and distributor, has valued a lot of close to 1,500,000 pounds of northwestern wools in Portland warehouses and within the next few days will pass upon about 750,000 pounds more. This will leave some 4,000,000 pounds of the 1918 clip still to be valued.

An increased number of students at the state school for the blind makes more room necessary, according to the biennial report of Mrs. May Moores, superintendent, to the state board of control. Attendance at the institution last year was 33. For this year 40 pupils are already enrolled and more are to be received later.

Through a deal involving between \$85,000 and \$100,000, Elmer D. Paine, of Eugene, became the sole owner and manager of the Eugene and Springfield flouring mills of the Eugene Mill & Elevator company. Mr. Paine, who has been a half owner in the company, took over the interest of Charles S. Williams, also of Eugene.

Five fatal accidents out of a total of 515 industrial casualties were reported to the state accident commission for the week ending October 24. They are: W. H. Davy, Brookings, lumbering; Albert Patterson, Portland, fuel company; John H. Freeburg, Portland, shipbuilding; Charles L. Knapp, Portland, shipbuilding; James Wilson, Astoria, paper mill.

The highest wages awarded to street railway employes anywhere in the United States were awarded by the war labor board to the employes of the Portland Railway, Light & Power company. The new scale for motormen and conductors is 46 cents per hour for the first three months; 48 cents for the next nine months, and 50 cents per hour thereafter.

Senator McNary has made an extended argument before the senate finance committee in support of the petition of Oregon loganberry growers for a reduction in the proposed internal revenue tax on loganberry juice. The bill as passed by the house provides a tax of 20 per cent of the value, which, it is asserted and is agreed by the Food administration, would ruin the industry.

In a letter to R. H. Ashton, regional director for the railroad administration, Public Service Commissioner Corey asks relief for minor roads in the matter of interchange of cars, urging that Mr. Ashton take the matter up with the larger roads. Mr. Corey reports considerable complaint against the order of the director-general abolishing the 24-hour free switching time allowed the minor roads.

Declaring that he is the rightful owner of a large tract of timber held by the defendants on the lower Sluslaw river and valuable property in Portland, N. B. Holter has filed suit in the circuit court at Eugene asking that the property be sold and proceeds to the extent of \$121,476 be turned over to him. The defendants in the case are the Mapleton Timber company, the Astoria-Warrenton Land company, the Stuart Ferguson Timber company, Josephine B. Ferguson, executrix of the estate of E. Z. Ferguson, and Johnson Porter.

Delving about in Coos river to remove obstructions which might interfere with sailing, Frank and Levi Smith encountered the flange of a propeller and upon attempting to raise the affair were obliged to bring into service additional lifting machinery. When raised the propeller proved to be the one lost from the lightship tender General Wright, which was setting harbor lights at the spot 20 years ago. The wheel weighs nearly two tons and is brass. It represents a valuable find for Messrs. Smith, since they have already been offered \$2000 for it.

The heavily interested chrome producers of southern Oregon and northern California met in Grants Pass last week and organized the Oregon Chrome Producers' association, which is expected to affiliate with the Pacific Coast Chrome Producers' association, organized in San Francisco recently. The meeting was brought about by the fact that there is no market for the sale of chrome. People have been induced to develop bodies of chrome on the theory that the production would be paid for at prices prevailing the past summer and owing to the fact that there is no market hundreds of patriotic producers have been unable to get back the money invested.



You may know from your own experience the injurious effects of poorly fitted shoes—how they ruin the feet and menace the general health and efficiency. Then let your boy or girl profit by the lesson—

## Always Buy Shoes That Fit

Our children's shoes are designed to give little feet ample room to develop naturally. And we know just how to fit them, having studied the question thoroughly.

We also fit grown folks perfectly and carry for them the latest styles at prices that are sure to satisfy.

## Conkey & Walker



Moki women would soon be out of a job if their menfolk could have a taste of

## Our Cakes

The people of this community know how good they are, and also know they are clean and made of the best materials the world produces. There is an art in cake baking in which we are proficient.

Quality and cleanliness are the twin mottoes of this bakery at all times.

## C. A. Lochridge

THE POST FOR EXTRA GOOD PRINTING.

## Best Groceries

WHEN you sit down to a meal you like to know that your food came from a store where reputation counts—a store where best quality goods are really best quality.

This store gives you that advantage. We buy our stock more carefully than our most particular customer.

### STAPLE AND FANCY GOODS AT LOW PRICES

It pays to buy quality goods, particularly when you can get them at prices as low as ours. A fair trial here means a steady customer every time.

HONEST VALUES MAKE US GROW

## JOHNSON & COLLINS