

THE ASHLAND ADVERTISER.

Published Every Wednesday.

WEDNESDAY, OCT. 5, 1898

W. C. T. U. GLEAMS.

Edited by the Ladies of the Ashland Union.

Whoso trusteth in the Lord, happy is he.—Proverbs 16.20.

"Of all the evils which have ever cursed Our native land, intemperance is the worst.

The most widespread, the hardest to endure, The deepest rooted, and the worst to cure."

Six new active members have joined the Ashland union since the beginning of the year, 1898.

The Ashland union has ordered seven copies of the School Physiology Journal for the Ashland schools, for this year.

The Ashland union reports thirty paying members. The regular business meetings for October will be held in the M. E. chapel.

The wine-shops breed, in a physical atmosphere of malaria and a moral pestilence of envy and vengeance, the men of crime and revolution.—Charles Dickens.

The delegates of the Ashland union who will attend the state W. C. T. U. convention at Eugene, this week, are Mrs. J. L. Downing, Mrs. Belle Palmer, Mrs. B. H. Hatch and Mrs. D. E. Hyde.

Mrs. Minnie Kirtland, corresponding secretary of Texas W. C. T. U., has had charge of the ticket office and depot in Laurence for fourteen years. She has enlisted most of the Texas & Pacific employes in temperance work. The local union meets in her room in the depot.

Henry P. Van Liew, of Wayland, N. Y., says: "Sisters, I beg of you to do as many earnest workers have done, viz., buy white ribbon and make up a lot of bows and sew them on every wrapper, dress and outer garment you have, so that everyone who sees you may know that you are enrolled in the army of noble women whose purpose it is to annihilate the liquor curse, protect the home and establish purity and godliness throughout the land."

Dear Union Signal:—My son, a former L. T. L. member, now in the Third Nebraska regimental band, writes me that Colonel Bryan allows neither liquor nor beer on his camp ground, and that he is very particular to insist that a plentiful supply of ice and ice-water are always on hand for the use of his men. As a consequence this regiment occupies a high position in point of morals among the troops now in the South.—Mrs. A. M. Henderson, Superior, Neb.

THE SECRET OF BEAUTY.

One Can Never Be Pleasant to Look Upon Unless In Good Health.

"The most helpful and agreeable bath is that of tepid water," writes Ruth Ashmore in The Ladies' Home Journal. "Few people can stand absolutely cold baths, and, no matter how strong one may be, such a bath should not be indulged in unless a thorough rubbing be taken afterward. To speak plainly, it must be remembered that while a cold bath may be more or less invigorating it is not cleansing. I can easily understand the desire of every woman to have a clear, beautiful skin, but I confess to being provoked when I think of the amount of money spent on lotions, creams and powders to be applied externally and which have nothing like as good an effect upon the skin as a tepid bath with good soap taken at least once a week.

The condition of the skin depends almost entirely upon the care given to the general health. The girl who is up late at night, gives no care to her diet, indulges in various stimulants, bathes but seldom and exercises less is certain to have either a dull, muddy looking skin or one covered with disagreeable looking black and red spots. One should avoid many sweets and much pastry and not allow herself to become a slave either to tea or coffee any more than she would to some vicious drug or strong stimulant. She should also remember that unless she is in good condition internally she will be anything but a pleasant object to look upon externally."

The queen of Roumania plays the organ in the Protestant church of Abbazia, where she is staying, and is also learning to play on the flute.

Something new in ribbon is the four leaved clover design. It is used for trimming fluffy organdies and dotted swisses.

The Charming Bicycle Tea.

Extremely informal is the bicycle tea. The women who live in the suburbs and who have been coming to town all winter to entertainments now have their own innings.

They were too wise to offer to return the invitations during the winter, because people grumble at being asked to go out of town at that season, but now is the time to return such hospitalities. The hostess decides upon a day and dispatches her visiting cards, with "Bicycle Tea" written or printed upon them in one corner, together with the date and hour decided upon.

Five o'clock is a good time. An earlier hour would be too soon for the comfort of the guests.

If the day is fine, try to have the tables for refreshments set out of doors, if possible under shady trees, but, if this is not feasible, upon the piazza. The guests go indoors to refresh their toilets, remove a veil or don fresh gloves, but they do not expect to be entertained there.

The up stairs dressing room is all that is necessary. If the weather is fine, the guests will not enter the parlor, but come straight down stairs out of doors. You can safely rob the parlor of its rugs, easy chairs and potted plants if you have not enough otherwise to dress your porch.

Have small tables conveniently placed. Your easy chairs will be appreciated now, and your hard seated splint or porch rockers will be more comfortable if you set soft cushions on the seats.

Have plenty of ice; it is the chief necessity, for if it is at all warm your guests will be thirsty. Lemonade, iced tea and apollinaris are delicious to thirsty throats.

Lettuce sandwiches, "cocked hats" of brown bread (without crust), spread with pate de foie gras or chicken livers with truffles will do for substantial. Ice cream, crackers and dainty cakes ("sand tarts" are favorites) complete the bill of fare for the "bicycle tea" with the exception of the two hot liquids—tea and chocolate.—St. Louis Republic.

Ten minutes' calisthenic exercise, followed by a glass of hot (not boiled) milk, to which has been added a teaspoon of limewater, will relieve sleeplessness caused by fatigue or worry. Both must be taken directly before going to bed.

Mr. Edward Fitzjohn, the champion golfer of Edinburgh, has charge of the links at Saranac Lake, N. Y., this season. This is a nine hole course, and one of the best in the east.

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Slang Puzzled Him.

Edouard Remenyi, the great violinist, used to say that some of the hardest studying he ever did in his life began after an experience he had in Detroit.

"On my first tour of this country," he delighted in telling, "I worked unceasingly to acquire a knowledge of the language and got on fairly well. But the slang that I found so prevalent baffled me more than anything else. I gave a performance in Detroit one night and met with a reception that warmed my heart toward her people. Among other things, this appeared in one of the papers next morning: 'Here an ugly, little, bowlegged chap, whose clothes hung loosely about his ungainly person, waddled to the footlights. But, sakes alive, how he did play the fiddle!'"

"Now, I couldn't make out what that 'sakes alive' meant, so I timidly approached a gentlemanly citizen, told him of my inability to grasp the meaning of the slang, and asked him if the expression was intended to be complimentary.

"He kindly read it and replied, 'Well, I should snicker.'

"I was more bewildered than ever, and from that time on made the study of slang one of my chief occupations." —Detroit Free Press.

A bachelor philosopher remarks that "no man ever wants to kiss a girl after he has once seen her hold a nickel the conductor has given her for change between her teeth while she gets her purse open," and he further intimates that such a girl is only fit to kiss a pug dog. Of course bachelors are not always responsible critics. —Boston Globe.

Orders Filled Thro' Mail.

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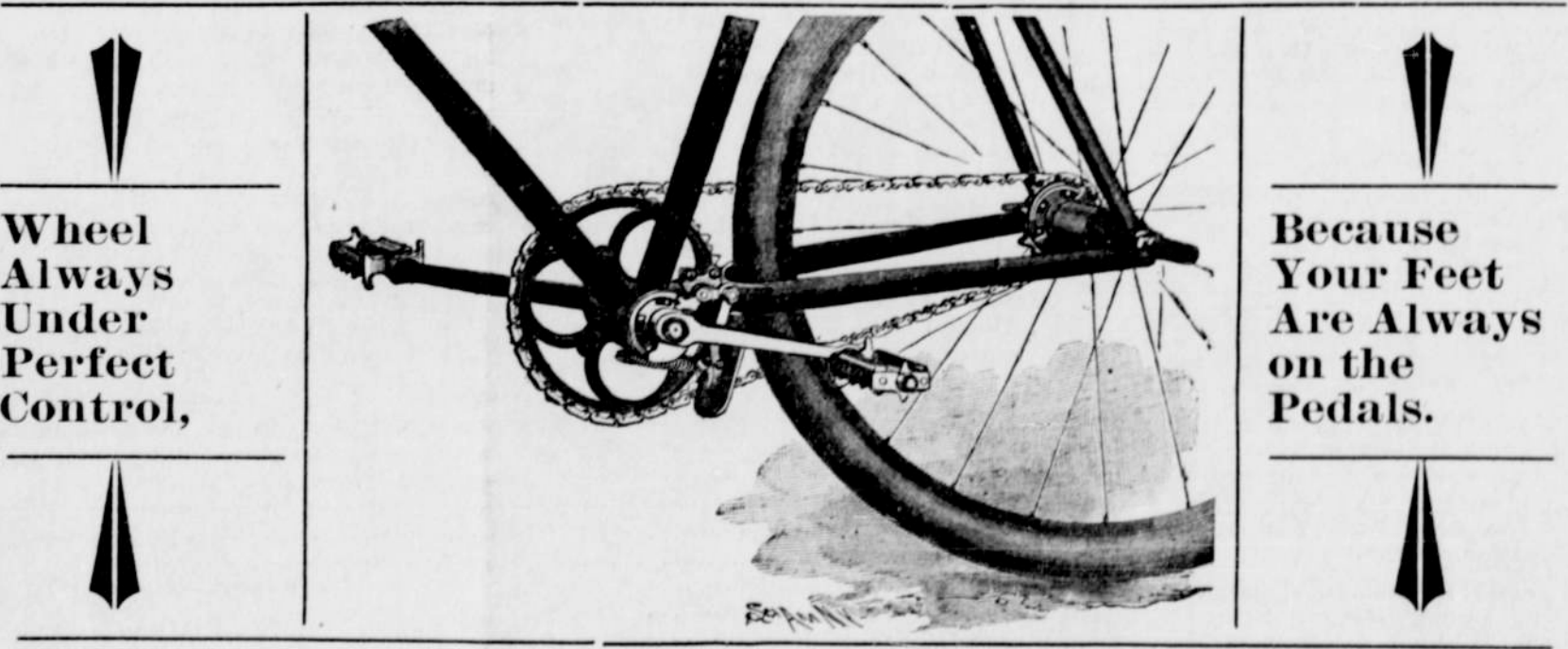
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A Brave Briton.

When the attack was made on Sidon, during the war with Syria, it became necessary for the British troops to advance across a long, unprotected bridge, in the face of a battery of six guns, which completely commanded the approach. The men were unwilling to expose themselves to certain death, when Arthur Cumming, carefully dressed in full uniform, stepped forward to the middle of the bridge. It was immediately swept by the fire of the battery. When the smoke had rolled away, there stood Cumming intact, carefully brushing the dust from his boots, after which he stood erect, fixed a single glass in his eye and looked back at the men. This was too much, and they captured that bridge and battery with a whoop.

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