

## MONDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

## SEPTEMBER 5, 2022

## tonight's best



Jamie Foxx

8 p.m. on CW  
Roswell, New Mexico

In the series finale "How's It Going to Be," Liz (Jeanine Mason) doubts her abilities and calls in for reinforcements to help out. Meanwhile, Isobel (Lily Cowles) shows Max (Nathan Dean) a memory that will put him on a new trajectory, and Michael (Michael Vlamis) makes a promise to Alex (Tyler Blackburn) that keeps them bound together.

9 p.m. on CW  
In the Dark

Murphy (Perry Mattfeld) copes with all she's learned by distracting herself with a new motivational exercise: getting even. Meanwhile, Felix (Morgan Krantz) attempts to help her find other ways to deal with her emotions, but like anything with Murphy, it's an uphill battle that can come back to bite you. And Josh (Theo Bhat) is smug as he slowly puts together how the night unfolded, until he realizes that it's not over yet in the series finale "Please Shine Down on Me."

9 p.m. on FOX  
Beat Shazam

The Season 5 finale "Shake Your Pom Poms!" is looking for a team to take home yet another \$1 million prize. Hosted by Academy Award-winning actor Jamie Foxx, the game show pits teams of two against the clock — and each other — in an attempt to identify the biggest hit songs of all time. In the end, the team with the highest score will outlast the competition and go against Shazam, the popular song identification app, for the chance to win up to one million dollars.

Sudoku solution  
(puzzle is on page 9)

7	4	1	2	8	3	6	9	5
9	3	5	4	6	1	7	2	8
2	8	6	9	5	7	4	1	3
4	2	8	1	3	5	9	6	7
1	9	7	8	4	6	3	5	2
6	5	3	7	9	2	8	4	1
3	1	9	6	2	8	5	7	4
8	6	2	5	7	4	1	3	9
5	7	4	3	1	9	2	8	6

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	The Bachelorette (N)				(:01) Claim to Fame A challenge winner gets a clue. (N)	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!	
PBS	3	5			This Old House	BBC World News Outside	PBS NewsHour (N)		Suze Orman's Ultimate Retirement Guide Planning for retirement.			Willamette Valley Splendor: Oregon Revealed		Rick Steves		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (Season Premiere) (N)	Entertainment Tonight (N)	The Neighborhood	Bob Hearts Abishola	NCIS "The Brat Pack" A string of break-ins takes place.		NCIS: Hawai'i A secret prisoner exchange operation.	KOIN 6 News at 11 (N)	Late Show-C Colbert	
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	American Ninja Warrior "ANW Family Championship" Ten families compete relay-style. (N)		Weakest Link Contestants play trivia for \$1 million.		KGW News at 11 (N)	Tonight Show-J. Fallon		
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Roswell, New Mexico Liz calls for reinforcements.	In the Dark Murphy tries to distract herself.		KOIN 6 News at 10p (N)		Seinfeld "The Millennium"	Seinfeld "Pilot"	
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	Don't Forget the Lyrics! "Moms Rock!" (N)		Beat Shazam Teams battle to take home the prize.		10 O'Clock News (N)		11 O'Clock News (N)	(:35) Family Feud
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe (N)		Soltero con hijas (N)		Mi fortuna es amarte (N)		Madre (N)		Noticias noroeste 11P	Noticiero Univision:
A&E	52	55	118	265	(5:00) *** "Hacksaw Ridge" (2016) Andrew Garfield.		*** "The Shawshank Redemption" (1994, Drama) Tim Robbins, Morgan Freeman.				(:(04) 60 Days In					
AMC	60	45	131	254	"Revenge of the Nerds" *** "The Goonies" (1985, Children's) Sean Astin, Josh Brolin, Jeff Cohen. Young misfits find a 17th-century pirate's treasure map.	Kevin Can F... Himself Allison remembers the past. (N)		(9:54) ** "Sixteen Candles" (1984) Molly Ringwald, Anthony Michael Hall. A teenager's parents forget her birthday.								
ANP	24	49	184	282	Naked and Afraid XL (N)		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL			
BET	4	72	124	392	Tyler Perry's Sistas		Tyler Perry's The Oval		Celebrity Family Feud		To Be Announced					
BRAVO	54	65	129	237	Below Deck Mediterranean		Below Deck Mediterranean		Below Deck Mediterranean		(15) Real Girlfriends in Paris (Series Premiere) (N)		Below Deck Mediterranean			
CARTOON	25	59	177	297	Advent. Time	Regular Show	Dexter	Dexter	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	Rick, Morty	American	American	American
CBSSN	410	410	158	221	PBR Team Series		PBR Team Series Gambler Days.						PBR Team Series: Stampede at Outlaws			
CNN	68	44	200	202	CNN Special Report (N)		"No Ordinary Life" (2021, Documentary) Premiere.		(8:55) CNN Newsroom Live (N)		CNN Newsroom Live (N) (Live)		CNN Newsroom Live (N) (Live)			
COM	77	56	107	249	The Office	The Office	The Office	The Office	"Out of Office" Ken Jeong, Leslie Jones, Jason Alexander.		The Office	The Office	The Office	The Office		
COOK	123	123	113	232	The Zimmern	The Zimmern	Delicious Destinations		Bizarre Foods	Bizarre Foods	Bizarre Foods	Bizarre Foods	The Zimmern	The Zimmern	Delicious Destinations	
DISN	26	48	173	290	Big Hero 6	Miraculous World: New York, United Heroez		Ladybug	Ladybug	Miraculous World		Big City Green	Big City Green	Ladybug	Ladybug	
E!	64	76	114	236	(5:00) *** "Pitch Perfect" (2012)		** "Pitch Perfect 2" (2015) Anna Kendrick, Rebel Wilson.		*** "Knocked Up" (2007) Seth Rogen, Katherine Heigl.							
ESPN	33	27	140	206	(5:00) College Football Clemson vs Georgia Tech. (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)			
ESPN2	34	28	143	209	(4:00) 2022 U.S. Open Tennis Round of 16. (N) (Live)		The Captain		The Captain		The Captain		College Football			
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight			
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Bobby and Sophie	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	
FREE	32	33	180	311	(3:50) Cars		(:25) *** "The Lion King" (1994) Jeremy Irons		*** "Coco" (2017) Voices of Anthony Gonzalez, Gael Garcia Bernal.		The 700 Club					
FS1	41	85	150	219	NHRA Drag Racing Dodge Power Brokers U.S. Nationals.		College Football Penn State at Purdue.									
FX	65	24	136	249	(4:00) *** "Captain America: The Winter Soldier"		*** "Thor: Ragnarok" (2017, Action) Chris Hemsworth, Tom Hiddleston, Cate Blanchett. Thor must battle the mighty Hulk and the all-powerful Hela.		The Handmaid's Tale "Offred"		*** "Captain America: The Winter Soldier" (2014)					
FXX	35	64	125	259	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	
GOLF	88	88	401	218	PGA Korn Ferry Tour		Golf Central		PGA Korn Ferry Tour Golf Korn Ferry Tour Championship, Final Round.		Golf Central					
HALL	87	87	185	312	"A Harvest Wedding" (2017) Jill Wagner, Victor Webster. A successful wedding planner returns to her hometown.		"North to Home" (2022, Drama) Kimberley Sustad, Lyndsy Fonseca. Sisters reunite for a memorable birthday celebration.		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls				
HALLMM	86	86	187	565	(5:00) "Signed, Sealed, Delivered: From the Heart" (2016)		"Signed, Sealed, Delivered: One in a Million" (2016, Drama) Eric Mabius, Kristin Booth, Crystal Lowe.		"Signed, Sealed, Delivered: Lost Without You" (2016, Drama) Eric Mabius, Kristin Booth, Crystal Lowe.		Murder, She Wrote A niece is suspected of murder.					
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		(:(01) Love It or List It		(:(01) Love It or List It			
HIST	50	60	120	269	Ancient Aliens		Ancient Aliens		Ancient Aliens: Declassified "Top Secret Sites" (N)							
LIFE	29	29	108	252	"The Bad Seed" (2018, Mystery) Mckenna Grace, Rob Lowe.		"The Bad Seed Returns" (2022) Mckenna Grace. Premiere.		(:(03) "The Bad Seed" (2018) Mckenna Grace, Rob Lowe.							
MAGN	81	81	111	230	Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters			
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word With		The Rachel Maddow Show		The Last Word With		The 11th Hour-Stephanie			
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero "Blood on the Ground" (N)		Edge	Edge	Life Below Zero "Blood on the Ground"			
NICK	27	51	171	299	(5:00) "Trolls World Tour"		Loud House	Big Nate	SpongeBob SquarePants	Friends	Friends	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	Dr. Phil (Part 2 of 2)		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime			
OXY	30	69	127	251	Snapped "Joanna McElrath"		Snapped "Joyce Sturdivant"		Cold Justice "A Mother's Last Words"		Cold Justice	Cold Justice	Dateline: Secr.			
PARMT	42	43	241	241	Yellowstone		Yellowstone		Yellowstone		Yellowstone		Yellowstone Truths threaten the family bond.		Tombstone	
ROOT	37	26	426	687	MLB Baseball	Mariners Post.	MLB Baseball Chicago White Sox at Seattle Mariners. From T-Mobile Park in Seattle.		Mariners Post.		Bensinger	World Poker				
SYFY	67	50	122	244	"Harry Potter and Deathly"		(:05) *** "Harry Potter and the Deathly Hallows: Part 2" (2011) Daniel Radcliffe.		(:(03) ** "Fantastic Beasts: The Crimes of Grindelwald"		(:(15) *** "Road to Singapore" (1940) Bing Crosby. Two bachelor pals head for the carefree clubs of Singapore.					
TCM	56	73	132	256	(5:00) *** "The Big Broadcast of 1937" (1936)		*** "It's in the Bag" (1945, Comedy) Fred Allen, Jack Benny, Don Ameche.		(:(45) *** "You Can't Cheat an Honest Man" (1939) W.C. Fields, Edgar Bergen.							
TDC	51	42	182	278	Street Outlaws: Full Throttle		Street Outlaws: Full Throttle		Street Outlaws: Endgame The Outlaws take on local racers. (N)		(:(02) Street Outlaws					
TLC	49	62	183	280	The Family Chantel		The Family Chantel (N)		sMothered "In the Deep End"		(:(02) Seeking Sister Wife (N)		(:(02) I Love a Mama's Boy			
TNT	57	52	138	245	(5:43) *** "Star Wars: The Last Jedi" (2017, Science Fiction) Mark Hamill, Carrie Fisher, Adam Driver. Luke Skywalker comes to a crossroad when he meets young Rey.		*** "Star Wars: The Rise of Skywalker" (2019, Science Fiction) Carrie Fisher, Mark Hamill, Adam Driver. Rey and her allies battle Kylo Ren and the First Order.									
TRAV	53	38	196	277	Shock Docs: The Visitors (N)		Alien Encounters		Amityville Horror House		Shock Docs: The Visitors					
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	* "The Waterboy" (1998) Adam Sandler, Kathy Bates.			
TVL	75	74	106	304	Andy Griffith		Andy Griffith		Raymond		Raymond		King	King		
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		WWE Monday Night RAW (N Same-day Tape)		Snake in the Grass (N)					
WE	118	118	128	260	Criminal Minds "Route 66"		Criminal Minds "In the Blood"		Criminal Minds "Gatekeeper"		Criminal Minds "The Return"		Criminal Minds "The Caller"			
WEATH	14	19	214	362	Deep Water Salvage		Deep Water Salvage		Deep Water Salvage		Deep Water Salvage		Deep Water Salvage			
WTBS	59	40	139	247	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American
HBO	518	518	303	504	(5:25) House of the Dragon	** "Man of Steel" (2013, Action) Henry Cavill, Amy Adams. Young Clark Kent must protect those he loves from a dire threat. 'PG-13'		Industry "Short to the Point of Pain" (N)		House of the Dragon "Second of His Name"		(:05) Industry "Short to the Point of Pain"				
MAX	531	531	311	516	(4:43) ** "Waiting..."	(:18) ** "Birth" (2004, Drama) Nicole Kidman, Cameron Bright. Premiere. 'R'		* "Ouija" (2014) Olivia Cooke. Friends use a Ouija board and awaken a dark power.		(:31) *** "Freaky" (2020, Horror) Vince Vaughn, Kathryn Newton, Katie Finneran. 'R'		(:15) *** "Pacific Rim" (2013) Charlie Hunnam.				
SHOW	578	578	319	546	City on a Hill "Take Me Home"		The Chi "I Am the Blues" Emmett supports Jada.		**** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino, James Caan. A mafia patriarch tries to hold his empire together. (Subtitled) 'R'		** "The Contractor" (2022, Action) Chris Pine. 'R'					
STARZ	621	621	351	526	(5:14) *** "About Last Night" (2014) Kevin Hart. 'R'	** "Bruce Almighty" (2003, Comedy) Jim Carrey, Morgan Freeman. 'PG-13'		(:(44) ** "Evan Almighty" (2007) Steve Carell. God commands a newly elected congressman to build an ark. 'PG'		"I Can Do Bad All By Myself"						
TMC	591	591	327	554	"The Perfect Score" (2004)	(:25) *** "Fast Times at Ridgemont High" (1982, Comedy) Sean Penn. Premiere. 'R'		** "Home for the Holidays" (1995, Comedy) Holly Hunter, Anne Bancroft. 'PG-13'		(:45) *** "Florence Foster Jenkins" (2016) Meryl Streep. A woman becomes an opera singer despite her lack of talent.		(:40) "The Humans" (2021)				