## SATURDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

## AUGUST 13, 2022

| | LG | BC | D | DTV | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 | 4 PM | 4:30 | 5 PM | 5:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| ABC | 2 | 2 | 2 | 2 | KATU News This Morning Saturday (N) | | Good Morning America (N) | | Wildlife Nation | oh baby! (EI) | Hearts of Heroes (N) | Spanish Primera Division Soccer Barcelona vs Rayo Vallecano. From Camp Nou in Barcelona, Catalonia, Spain. | | | | | Paid Program | MyDestination.TV | Free Enterprise | Homeowner | Paid Program | Game Time | KATU News at 5 | World News |
| PBS | 3 | 5 | | | Hero Elementary | Cyberchase | SciGirls | Biz Kid$ | Greener World | Garden Home | Quilting Arts | Love of Quilting | Fit 2 Stitch | It's Sew Easy | Kimball's Milk Street | Test Kitchen | Cook's Country | The Migrant | Motor-Week | American Woodshop | Woodsmith | Ask This Old House | This Old House | PBS News Weekend |
| CBS | 6 | 6 | 6 | 6 | Mission Unstop | Hope in the Wild | Pet Vet-Team | All In With Laila Ali | Paid Program | The Incredible Dog Challenge (N) | | Stories from the 2022 James Beard Awards | | Beyond Limits: | Pickleball Sketchers Summer Championship. From Los Angeles. (N) (Live) | | | | Paid Program | Paid Program | Extra (N) | | KOIN 6 News at 5 | KOIN 6 News |
| NBC | 8 | 8 | 8 | 8 | (6:00) KGW News at Sunrise (N) | | Paid Program | Premier League Soccer Brentford vs Manchester United. (N) (Live) | | | | Prem Goal Zone | PGA Tour Golf FedEx St. Jude Championship, Third Round. (N) (Live) | | | | | | Paid Program | Paid Program | Grant's Getaways | Earth Odyssey | KGW News at 5 (N) | |
| CW | 9 | 9 | 32 | 32 | Into the Wild | Into the Wild | The Open Road | Ready, Set, Pet | Paid Program | Get Home Title Lock | Smiley Healthy | GetBreeze | World's-Weath | World's-Weath | Just for Laughs | Just for Laughs | Pawn Stars | Pawn Stars | Pawn Stars | Pawn Stars | Angler West | Northwest Fish | KOIN 6 News | KOIN 6 News |
| FOX | 12 | 12 | 12 | 12 | (6:00) Good Day Oregon Saturday (N) | | Biz Kid$ (EI) | Think Big (EI) | Dog Tales (EI) | Animal Rescue | Paid Program | Identity Theft | Paid Program | PowerXL Duo | Smiley Healthy | PowerXL Duo | Homes & Estates | Recipe.TV | Man vs. Yard | To Be Announced | MLB Baseball Seattle Mariners at Texas Rangers. (N) (Live) | | | |
| MNT | 13 | 13 | 49 | 49 | (6:00) Good Day Oregon Saturday (N) | | Outdoor GPS | | Paid Program | Paid Program | To the Rescue | Paid Program | ★ "On the Line" (2001, Romance-Comedy) Lance Bass, Joey Fatone. | | | | Weather Gone Viral | | SEAL Team "The Spinning Wheel" | | MLB Baseball Seattle Mariners at Texas Rangers. (N) (Live) | | | |
| UNIV | 22 | 22 | 16 | 47 | Planeta de niños (N) | Planeta de niños (N) | Atención, atención | Atención, atención | Franklin | Franklin | Fútbol central (N) | Fútbol UEFA Champions League | | | | | Misión Europa (N) | | Programa pagado | Programa pagado | Fútbol central (N) | Fútbol Mexicano Primera División | | |
| A&E | 52 | 55 | 118 | 265 | Zombie Flip | | Zombie Flip | | Zombie Flip | | Zombie Flip | | Move or | Move or | 60 Days In "Top 20 Moments" | | | | The First 48 | | The First 48 | | The First 48 | |
| AMC | 60 | 45 | 131 | 254 | Two and a Half Men | Two and a Half Men | Two and a Half Men | Two and a Half Men | Two and a Half Men | ★★ "Out for Justice" (1991, Action) Steven Seagal, William Forsythe, Jerry Orbach. | | | ★★ "Rambo" (2008, Action) Sylvester Stallone, Julie Benz, Matthew Marsden. | | | | | ★★★ "Rocky III" (1982, Drama) Sylvester Stallone, Mr. T. A merciless contender forces Rocky into a title match. | | | | ★★ "Rocky IV" (1985) Talia Shire | |
| ANP | 24 | 49 | 184 | 282 | Myst. Creature | | Ground Truth | | Myst. Creature | | Myst. Creature | | Myst. Creature | | Dr. Jeff: RMV | | Dr. Jeff: RMV | | Dr. Jeff: RMV | | Dr. Jeff: RMV | | Dr. Jeff: RMV | |
| BET | 4 | 72 | 124 | 392 | Martin | Martin | Martin | Martin | Martin | Martin | ★★ "Big Momma's House" (2000) Martin Lawrence, Nia Long. | | | | | | ★ "Big Momma's House 2" (2006) Martin Lawrence, Nia Long. | | | | | | "Tyler Perry" | |
| BRAVO | 54 | 65 | 129 | 237 | Married to Medicine | | Married to Medicine | | Married to Medicine | | ★★★ "Field of Dreams" (1989) Kevin Costner. | | | | | ★★ "Happy Gilmore" (1996) Adam Sandler. | | ★ "The Waterboy" (1998) Adam Sandler. | | | | | | Billy Mad |
| CARTOON | 25 | 59 | 177 | 297 | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball | Gumball |
| CBSSN | 410 | 410 | 158 | 221 | The 2022 | The 2022 | Serie A | Italian Serie A Soccer AC Milan vs Udinese. | | | | Serie A | Tennis 2022 USTA Billie Jean King Girl's National Championship. 18u Singles- Semifinals. (N) | | | | | | | | Talk | Auto Racing Trans Am TA2. (N) | | |
| CNN | 68 | 44 | 200 | 202 | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | | CNN Newsroom | |
| COM | 77 | 56 | 107 | 249 | South Pk | South Pk | South Pk | (:45) South Park | | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Pk | South Park | |
| COOK | 123 | 123 | 113 | 232 | Man's Greatest Food | | Man's Greatest Food | | Man Fire | Man Fire | Man Fire | Man Fire | Man Fire | Man Fire | Good Eats | Good Eats | Good Eats | Good Eats | Iron Chef America | | Iron Chef America | | Iron Chef America | |
| DISN | 26 | 48 | 173 | 290 | Big City | Big City | Hamster & | Hamster & | Ladybug | Ladybug | Big City | Big City | Ladybug | Ladybug | Ladybug | Ladybug | Ladybug | Big City | Big City | Big City | Big City | Big City | Jessie | Jessie |
| E! | 64 | 76 | 114 | 236 | (7:15) ★★ "Sex and the City" (2008) | | | | (:15) ★★ "Sex and the City 2" (2010) Sarah Jessica Parker, Kim Cattrall. | | | | | | | ★★ "He's Just Not That Into You" (2009) Ben Affleck. | | | | | ★★★ "Bridesmaids" (2011) Kristen Wiig. | | | |
| ESPN | 33 | 27 | 140 | 206 | SportsCenter (N) (Live) | | SportsCenter (N) (Live) | | SportsCenter (N) (Live) | | Pro Fighters League | | | | UFC Fight Night: Vera vs. Cruz - Prelims Aspen Ladd vs. Sara McMann, bantamweight. From Pechanga Arena in San Diego. (N) | | | | | | UFC Fight Night: Vera vs. Cruz (N) (Live) | | | |
| ESPN2 | 34 | 28 | 143 | 209 | World Chase Tag | | HYROX | | 2022 Little League Softball World Series | | | | Special Olympics | | 2022 Little League Softball World Series | | | | The Captain | | CFL Football: Lions at Stampeders | | | |
| FNC | 66 | 25 | 205 | 360 | (7:00) Cavuto Live (N) | | Fox News Live (N) (Live) | | | | Fox News Live (N) | | Journal Editorial Rpt. | | Fox News Live (N) | | Saturday Show | | Fox Report | | Gutfeld! | | One Nation | |
| FOOD | 61 | 54 | 110 | 231 | The Kitchen | | Mary Ma. | Mary Ma. | Pioneer | Pioneer | The Kitchen (N) | | Symon | Symon | BBQ USA | | BBQ USA | | BBQ USA | | Diners | Diners | Diners | Diners |
| FREE | 32 | 33 | 180 | 311 | (7:30) ★★ "Night at the Museum" (2006) | | | | "Night at the Museum: Battle of the Smithsonian" (2009) | | | | | ★★★ "Holes" (2003) Sigourney Weaver, Jon Voight. | | | | | (:05) ★ "Blended" (2014) Adam Sandler. | | | | | The Office |
| FS1 | 41 | 85 | 150 | 219 | (7:00) Greatest Races: NASCAR | | | Horse Racing Saratoga Live. (N) (Live) | | | | | NASCAR Truck Series | | | Drag Racing | | | Horse Race | | NASCAR RaceDay | | NASCAR Truck Series | |
| FX | 65 | 24 | 136 | 249 | Family Guy | Family Guy | Family Guy | Family Guy | ★★ "Mechanic: Resurrection" (2016, Action) Jason Statham, Jessica Alba. | | | | ★★★ "22 Jump Street" (2014, Comedy) Jonah Hill. Officers Jenko and Schmidt go under cover at a college. | | | | | ★★ "The A-Team" (2010, Action) Liam Neeson. Former Special Forces soldiers form a rogue unit. | | | | | ★★★ "Furious 7" (2015) Vin Diesel. | |
| FXX | 35 | 64 | 125 | 259 | "Ice Age: Collision" | | ★★★ "Spies in Disguise" (2019, Children's) | | | | Futurama | Futurama | King/Hill | King/Hill | King/Hill | King/Hill | King/Hill | King/Hill | Simpsons | Simpsons | Simpsons | Simpsons | Simpsons | Simpsons |
| GOLF | 88 | 88 | 401 | 218 | DP Tour Golf | | | Golf | PGA Golf | | | | Women's Golf U.S. Women's Amateur, Semifinals. (N) (Live) | | | | | | PGA Champions | | | | Golf Central (N) (Live) | |
| HALL | 87 | 87 | 185 | 312 | Golden Girls | Golden Girls | Golden Girls | Golden Girls | "Love Takes Flight" (2019, Romance) Nikki DeLoach, Jeff Hephner, Barbara Niven. | | | | "Moonlight in Vermont" (2017, Romance-Comedy) Lacey Chabert, Carlo Marks. | | | | "Nature of Love" (2020, Romance-Comedy) Emilie Ullerup, Christopher Russell. | | | | "The Secret Ingredient" (2020, Romance-Comedy) Erin Cahill, Brendan Penny. | | | |
| HALLMM | 86 | 86 | 187 | 565 | Monk | | Monk | | Monk Monk helps his father-in-law. | | Aurora Teagarden Mysteries "A Bone to Pick" Aurora finds a skull in a window seat. | | | | Aurora Teagarden Mysteries "Real Murders" Aurora must find a copycat killer. | | | | Aurora Teagarden Mysteries A house on the market comes with a body. | | | | Morning Show Mysteries | |
| HGTV | 62 | 57 | 112 | 229 | Home Town | | Home Town | | Home Town | | Home Town | | Home Town | | Unsellable Houses | | Unsellable Houses | | Unsellable Houses | | Unsellable Houses | | Unsellable Houses | |
| HIST | 50 | 60 | 120 | 269 | Alone | Alone: Frozen | | Alone: Frozen | | Alone | Alone | Alone | American Pickers | | American Pickers | | American Pickers | | American Pickers | | American Pickers | | American Pickers | |
| LIFE | 29 | 29 | 108 | 252 | Brain Fog | Paid Prog. | Theft | Paid Prog. | Paid Prog. | Paid Prog. | ★★★ "Gone Girl" (2014, Mystery) Ben Affleck, Rosamund Pike. | | | | | | "Seduced by a Killer" (2019) Clare Kramer. | | | | "Trapped With My Husband" (2022) | | | |
| MAGN | 81 | 81 | 111 | 230 | Fixer Upper | | Vintage | Vintage | Capturing | Capturing | Restoring Galveston | | Restoring Galveston | | Restoring Galveston | | Restoring Galveston | | Fixer Upper | | Fixer Upper | | Fixer Upper | |
| MSNBC | 71 | 67 | 209 | 356 | Cross Connection | | Alex Witt Reports (N) | | Alex Witt Reports (N) | | Yasmin Vossoughian | | Yasmin Vossoughian | | Symone (N) (Live) | | PoliticsNation (N) | | American Voices | | American Voices | | Ayman (N) (Live) | |
| NGEO | 55 | 78 | 197 | 276 | Theft | Outages | Drugs, Inc.: The Fix | | Drugs, Inc.: The Fix | | Drugs, Inc.: The Fix | | Drugs, Inc.: The Fix | | Drugs, Inc.: The Fix | | To Catch a Smuggler | | To Catch a Smuggler | | To Catch a Smuggler | | To Catch a Smuggler | |
| NICK | 27 | 51 | 171 | 299 | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | Sponge. | "Despicable Me 2" | |
| OWN | 40 | 41 | 189 | 279 | Dr. Phil | | Dr. Phil | | Dr. Phil | | Dr. Phil | | Dr. Phil | | Hunters | Hunters | Hunters | Hunters | Hunters | Hunters | Hunters | Hunters | Hunters | Hunters |
| OXY | 30 | 69 | 127 | 251 | Dateline: Secrets Uncovered | | | | Mastermind of Murder | | Mastermind of Murder | | Snapped | | Snapped | | Snapped | | Serial Killer | | Serial Killer | | Serial Killer | |
| PARMT | 42 | 43 | 241 | 241 | NCIS | | NCIS | | NCIS | | NCIS | | NCIS | | NCIS | | NCIS | | NCIS | | NCIS | | Movie | |
| ROOT | 37 | 26 | 426 | 687 | Paid Prog. | Paid Prog. | Charlie | Fishing | Sporting | Perfect | MLB Baseball Seattle Mariners at Texas Rangers. | | | | | | Baseball | | | | Baseball | | | |
| SYFY | 67 | 50 | 122 | 244 | ★★ "Krampus" (2015) Emjay Anthony. | | | | ★★★ "Gremlins" (1984, Fantasy) Zach Galligan. | | | | | (:25) ★★★ "Gremlins 2: The New Batch" | | | | (:45) ★★ "The Mummy" (1999) Brendan Fraser, Rachel Weisz. | | | | | | Mummy |
| TCM | 56 | 73 | 132 | 256 | (7:30) ★★★ "Mutiny on the Bounty" (1962, Adventure) Marlon Brando, Trevor Howard, Richard Harris. | | | | | (:45) ★★★ "Guys and Dolls" (1955) Marlon Brando, Jean Simmons. A gambler bets he can woo a Salvation Army missionary. | | | | | | ★★★ "The Chase" (1966, Drama) Marlon Brando. Corrupt Texans order a sheriff to stop an escaped convict. | | | | | "Meet Marlon Brando" (1966) | | ★★★★ "A Streetcar Named Desire" | |
| TDC | 51 | 42 | 182 | 278 | Major League Fishing | | Deadliest Catch | | Building Off the Grid | | Building Off the Grid | | Building Off the Grid | | Building Off the Grid | | Building Off the Grid | | Building Off the Grid | | Lone Star Law | | Lone Star Law | |
| TLC | 49 | 62 | 183 | 280 | Long Lost Family | | The Family Chantel | | The Family Chantel | | The Family Chantel | | 90 Day Fiancé | | 90 Day Fiancé | | 90 Day Fiancé | | 90 Day Fiancé | | Hoard-Buried | | Hoard-Buried | |
| TNT | 57 | 52 | 138 | 245 | NCIS: New Orleans "More Now" | | NCIS: New Orleans "The List" | | NCIS: New Orleans "The Insider" | | ★★ "Gemini Man" (2019, Action) Will Smith, Mary Elizabeth Winstead, Clive Owen. | | | | (:15) ★★★ "Star Wars: The Force Awakens" (2015) Harrison Ford. Han Solo and his allies face a new threat from Kylo Ren. | | | | | | (:13) ★★★ "Star Wars: The Last Jedi" (2017) Mark Hamill, Carrie Fisher. | | |
| TRAV | 53 | 38 | 196 | 277 | Food Paradise | | Fright Club | | Fright Club | | Fright Club | | Fright Club | | Fright Club | | Paranormal Ca. | | Paranormal Ca. | | Paranormal Ca. | | Paranormal Ca. | |
| TRUTV | 73 | 75 | 242 | 246 | Carbonaro | Carbonaro | Carbonaro | Carbonaro | Jokers | Jokers | Jokers | Jokers | Jokes | Jokes | Jokes | Jokes | Jokers | Jokers | Jokers | 101 | Jokers | Jokers | Jokers | Jokers |
| TVL | 75 | 74 | 106 | 304 | Roseanne | Roseanne | Roseanne | Roseanne | Roseanne | Roseanne | Roseanne | Roseanne | Roseanne | Roseanne | Mike | Mike | Mike | Mike | Mike | Mike | Mike | Mike | Mike | Mike |
| USA | 58 | 39 | 105 | 242 | Premier Soccer | | Premier | Snake in the Grass | | Fast Lane | Lamborghini | | Pilot Challenge | | | | NASCAR Cup Series | | | | NCIS "About Face" | | Chicago P.D. | |
| WE | 118 | 118 | 128 | 260 | Paid Prog. | Oxygen | Brain Fog | Home | NCIS | | NCIS "Rekindled" | | NCIS | | NCIS "Up in Smoke" | | NCIS (Part 2 of 2) | | NCIS | | NCIS "Recovery" | | NCIS "Phoenix" | |
| WEATH | 14 | 19 | 214 | 362 | Weekend Recharge | | Weekend Recharge | | Deep Water Salvage | | Lords of the Ocean | | Weird Earth | | The Earth Unlocked | | The Earth Unlocked | | Secrets of the Earth | | Secrets of the Earth | | Deep Water Salvage | |
| WTBS | 59 | 40 | 139 | 247 | American | American | American | American | Friends | Friends | Friends | Friends | ★★★ "Shrek" (2001) Eddie Murphy | | | | ★★★ "Shrek 2" (2004) Eddie Murphy | | | | ★★ "Minions" (2015) Jon Hamm | | | |
| HBO | 518 | 518 | 303 | 504 | (7:05) ★★ "Good Deeds" (2012) 'PG-13' | | ★★★ "Dune" (2021) Timothée Chalamet. Malevolent forces go to war over a precious resource. 'PG-13' | | | | | (:40) ★★ "Point Break" (2015, Action) Edgar Ramírez, Luke Bracey, Ray Winstone. 'PG-13' | | | | Hard Knocks: Training Camp With | (:40) ★★ "The Break-Up" (2006, Romance-Comedy) Vince Vaughn. 'PG-13' | | | | | Real Time With Bill Maher | | "King Richard" |
| MAX | 531 | 531 | 311 | 516 | (:04) ★★ "The Jewel of the Nile" (1985, Adventure) Michael Douglas. 'PG' | | | | (9:50) ★★★ "Limbo" (2020) Amir El-Masry, Vikash Bhai. 'R' | | | (:35) ★★★ "Love & Mercy" (2014, Biography) John Cusack, Paul Dano. 'PG-13' | | | | (:37) ★★ "Bad News Bears" (2005, Comedy) Billy Bob Thornton. 'PG-13' | | | | (:32) ★★ "The Accidental Spy" (2001) Jackie Chan. 'PG-13' | | | (:01) ★★★ "Blood Father" (2016) 'R' | |
| SHOW | 578 | 578 | 319 | 546 | (7:15) ★★ "Last Vegas" (2013) 'PG-13' | | Bellator MMA 284: Gracie vs. Yamauchi. | | | | | | ★★★★ "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger. 'R' | | | | ★★ "Rounders" (1998, Drama) Matt Damon, Edward Norton, John Turturro. 'R' | | | | (:15) The Chi "Angels" | | (:15) City on a Hill | |
| STARZ | 621 | 621 | 351 | 526 | "Journal Jordan" | (:19) ★★★ "Arrival" (2016, Science Fiction) Amy Adams, Jeremy Renner. 'PG-13' | | | | (:19) ★★ "Escape Room: Tournament of Champions" (2021) | | | (11:50) ★★ "The Brothers Grimsby" (2016, Comedy) 'R' | | | (:16) ★★ "Lakeview Terrace" (2008) Samuel L. Jackson. | | | (:10) ★★ "Guess Who" (2005, Comedy) Bernie Mac, Ashton Kutcher. 'PG-13' | | | | (4:59) Becoming Elizabeth | |
| TMC | 591 | 591 | 327 | 554 | (7:40) ★★★ "A Royal Night Out" (2015) Sarah Gadon. 'PG-13' | | | (:20) ★★★ "Sophie's Choice" (1982) Meryl Streep. A death-camp survivor makes a home in 1947 Brooklyn. | | | | | ★★★ "Spotlight" (2015, Drama) Mark Ruffalo, Michael Keaton. 'R' | | | | (:10) ★★★ "Hard Eight" (1996, Drama) Philip Baker Hall, John C. Reilly. 'R' | | | | (3:55) "Last Call" (2021, Comedy) Jeremy Piven, Taryn Manning. 'R' | | "7 Days in Entebbe" | |