

MONDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

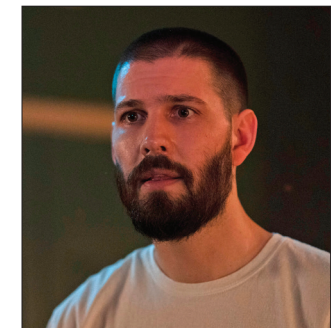
MOVIES

SPORTS

AUGUST 8, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	The Bachelorette (N)			(:01) Claim to Fame "The Dom-father Part II" (N)		KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!		
PBS	3	5			This Old House	BBC World News Outside	PBS NewsHour (N)		Antiques Roadshow Dr. Seuss-illustrated program.	Oregon Experience	Oregon Experience	POV "President" A new leader takes on acting president. (N)					
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	The Neighborhood	Bob Hearts Abishola	NCIS The death of a beloved Navy commander.	NCIS: Hawai'i "The Game" Crucial evidence is stolen.	KOIN 6 News at 11 (N)	Late Show-Colbert			
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	American Ninja Warrior "Semifinals 4" The semifinals conclude. (N)	Weakest Link Contestants play trivia for \$1 million.		KGW News at 11 (N)	Tonight Show-J. Fallon				
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Roswell, New Mexico Michael stumbles upon a secret. (N)	In the Dark Murphy and Max have a long conversation. (N)	KOIN 6 News at 10p (N)		Seinfeld "The Cadillac"	Seinfeld			
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	Don't Forget the Lyrics! "Divas Are Calling Out to Me!"	Beat Shazam Three teams of educators compete. (N)	10 O'Clock News (N)		11 O'Clock News (N)	(:35) Family Feud			
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)	The Big Bang Theory	The Simpsons	Family Guy	"Amish Guy"		
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe		La mexicana y el güero		Mi fortuna es amarte	El último rey: El hijo del pueblo		Noticias noroeste 11P	Noticiero Univision:		
A&E	52	55	118	265	Hoarders "Martha" Martha's clutter spirals out of control.			Hoarders "Peggy" A divorce in 1981 leaves Peggy alone.			(:01) Digital Addiction (N)		(:04) Digital Addiction (N)				
AMC	60	45	131	254	** "Shooter" (2007, Action) Mark Wahlberg, Michael Peña, Danny Glover. A wounded sniper plots revenge against those who betrayed him.			Better Call Saul "Waterworks" The stakes are raised. (N)			(:21) Better Call Saul Guests discuss Better Call Saul 612.		(:21) Better Call Saul				
ANP	24	49	184	282	Alaska: The Last Frontier		Alaska: The Last Frontier		Alaska: The Last Frontier		Alaska: The Last Frontier		Alaska: The Last Frontier		Alaska: The Last Frontier		
BET	4	72	124	392	Tyler Perry's Sistas		Tyler Perry's The Oval		Celebrity Family Feud		** "Tyler Perry's The Single Moms Club" (2014, Comedy-Drama) Nia Long, Amy Smart.						
BRAVO	54	65	129	237	Below Deck Mediterranean		Below Deck Mediterranean		Below Deck Mediterranean (N)		Below Deck Under		Below Deck Mediterranean		Below Deck		
CARTOON	25	59	177	297	*** "Teen Titans: Trouble in Tokyo"		Teen Titans		King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American	American	American	Rick, Morty	
CBSSN	410	410	158	221	(5:00) PGA Tour Golf Wyndham Championship, Final Round. (Taped)		Course Record		Auto Racing 24 Hours of Spa: Part 1.		PGA Classic						
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight						
COM	77	56	107	249	The Office	The Office	(:45) The Office "Gettysburg"		The Office	The Office	The Office	The Office	The Office	The Daily Show			
COOK	123	123	113	232	The Zimmern	The Zimmern	Delicious Destinations		Bizarre Foods	Bizarre Foods	Bizarre Foods	Bizarre Foods	The Zimmern	The Zimmern	Delicious Destinations		
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	*** "The Incredibles" (2004, Children's) Holly Hunter		Big City Green	Big City Green	Ladybug	Ladybug			
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop	
ESPN	33	27	140	206	Little League Baseball Northwest Regional, Game 4: Teams TBA. (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	Bencher	Table Hockey	Spikeball	Ultimate Disc	ESkootr	All-Star Battle	The Captain		The Captain		The Captain		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	BBQ USA "Double Trouble"		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	
FREE	32	33	180	311	(5:30) *** "Spy" (2015) Melissa McCarthy, Jason Statham.		** "Ghostbusters" (2016, Comedy) Melissa McCarthy, Kristen Wiig, Leslie Jones.		The 700 Club								
FS1	41	85	150	219	Greatest Races: NASCAR		NASCAR Race Hub		NASCAR Hub	American Flat Track	Motorcycle Race		Motorcycle Race		TMZ Sports		
FX	65	24	136	249	(5:00) *** "Abominable" (2019) Voices of Chloe Bennet.		** "Ice Age: Collision Course" (2016, Children's) Voices of Ray Romano, John Alberto Leguizamo, Denis Leary.		** "Ice Age: Collision Course" (2016, Children's) Voices of Ray Romano, John Alberto Leguizamo, Denis Leary.		*** "Abominable" (2019) Voices of Chloe Bennet.						
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	
GOLF	88	88	401	218	PGA Tour Golf Wyndham Championship, Final Round.		Golf Central		School of Golf		Golf Academy						
HALL	87	87	185	312	"Wedding Every Weekend" (2020) Kimberley Sustad. Sparks fly between a man and woman who attend four weddings.		"The Wedding Veil" (2022) Lacey Chabert, Autumn Reeser. A curator investigates the origins of a long-lost painting.		The Golden Girls		The Golden Girls		The Golden Girls	The Golden Girls			
HALLMM	86	86	187	565	Monk Death of a circus ring-master.		Mystery 101 "Pilot" One of Amy's students goes missing.		Mystery 101 "Playing Dead" Someone tries to kill an actress.		Murder, She Wrote Jessica is suspected of espionage.						
HGTV	62	57	112	229	Home Town		Inside Out (N)		Inside Out "This House Is Lit"		(:01) Flip to a Million (N)		(:01) Love It or List It		Love It or List It		
HIST	50	60	120	269	Ancient Aliens		Ancient Aliens		Modern Marvels (N)		Modern Marvels (N)		(:03) Modern Marvels (N)		(:05) Modern Marvels		
LIFE	29	29	108	252	The First 48		The First 48 Presents Critical		TextMeWhenYouGetHome (N)		Phrogging: Hider in My House		TextMeWhenYouGetHome				
MAGN	81	81	111	230	Maine Cabin Masters (N)		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters				
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word With		The 11th Hour-Stephanie		The Rachel Maddow Show		The Last Word With		The 11th Hour-Stephanie		
NGEO	55	78	197	276	Gordon Ramsay: Uncharted		Gordon Ramsay: Uncharted		Gordon Ramsay: Showdown		Running Wild With Bear Grylls		World of Flavor-Big Moe		Gordon Ramsay: Showdown		
NICK	27	51	171	299	Rugrats	Loud House	Young Dylan	That-Lay Lay	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	Dr. Phil		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		
OXY	30	69	127	251	Snapped "Brenda Bratschi"		Snapped "Brynn Hartman"		Snapped "Michelle Despain"		Snapped "Michele Williams"		Mastermind of Murder				
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		** "Major League" (1989, Comedy) Tom Berenger, Charlie Sheen.		Movie						
ROOT	37	26	426	687	Mariners	Mariners Pre.	MLB Baseball New York Yankees at Seattle Mariners. From T-Mobile Park in Seattle. (N) (Live)		Mariners Post.	Mariners Pre.	MLB Baseball						
SYFY	67	50	122	244	*** "Independence Day" (1996) Will Smith. Earthlings vs. evil aliens in 15-mile-wide ships.		** "2012" (2009, Action) John Cusack. A global cataclysm nearly wipes out humanity.										
TCM	56	73	132	256	(5:00) *** "Tarzan and the Ape Man" (1932, Adventure)		*** "Tarzan and His Mate" (1934) Johnny Weissmuller. Hunters make Tarzan lead them to the elephants' graveyard.		*** "Hannah and Her Sisters" (1986) Woody Allen.								
TDC	51	42	182	278	(5:00) Street Outlaws: Full Throttle		"The Axman Trials" (N)		Street Outlaws: Endgame "The JJ Da Boss Rebuild" JJ decides to rebuild a Chevy II Nova.		(:01) Street Outlaws						
TLC	49	62	183	280	The Family Chantel		The Family Chantel		The Family Chantel (N)		sMothered "We Are One"		(:02) Seeking Sister Wife (N)		(:02) I Love a Mama's Boy		
TNT	57	52	138	245	(5:30) ** "San Andreas" (2015, Action) Dwayne Johnson. A rescue pilot must save his family after an earthquake.		** "The Meg" (2018, Science Fiction) Jason Statham, Li Bingbing, Rainn Wilson. A diver must confront a 75-foot-long prehistoric shark.		*** "Kong: Skull Island" (2017, Adventure) Tom Hiddleston, Samuel L. Jackson.								
TRAV	53	38	196	277	Mysteries of the Unknown (N)		Mysteries of the Unknown The tale of a greedy conquistador.		Mysteries of the Unknown		Mysteries of the Unknown						
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	** "Liar Liar" (1997) Jim Carrey, Maura Tierney.		King King		
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond					
USA	58	39	105	242	Chicago P.D. "Monster"		Chicago P.D. "Rabbit Hole"		WWE Monday Night RAW (N Same-day Tape)		Snake in the Grass (N)						
WE	118	118	128	260	Criminal Minds "100"		Criminal Minds		Criminal Minds "Retaliation"		Criminal Minds		Criminal Minds "Parasite"				
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		Strangest Weather on Earth		Strangest Weather on Earth		Strangest Weather on Earth		
WTBS	59	40	139	247	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American American		
HBO	518	518	303	504	(5:45) The Anarchists	(:40) *** "The Suicide Squad" (2021, Action) Margot Robbie, Idris Elba, John Cena. Armed supervillains embark on a dangerous island mission. 'R'		Industry "The Giant Squid" (N)		Westworld "Metanoia"		Industry "The Giant Squid"					
MAX	531	531	311	516	(4:37) ** "Fatale" 'R'	(:21) ** "Take Me Home Tonight" (2011, Romance-Comedy) Topher Grace. 'R'		* "The Benchwarmers" (2006, Comedy) David Spade, Rob Schneider. 'PG-13'		(:27) * "The Animal" (2001, Comedy) Rob Schneider, Colleen Haskell. 'PG-13'		(10:52) *** "The Way, Way Back" (2013) 'PG-13'					
SHOW	578	578	319	546	(:15) "As They Made Us" (2022) Dianna Agron. A mother navigates the dynamics of her dysfunctional family. 'R'		The Chi "Angels" Emmett and Tiff unite as co-parents.		City on a Hill "A Program of Complete Disorder"		*** "Animal Kingdom" (2010, Crime Drama) Ben Mendelsohn. An Australian crime family crumbles from within. 'R'						
STARZ	621	621	351	526	(5:49) *** "Moulin Rouge" (2001) Nicole Kidman. A writer shares a bittersweet romance with a nightclub diva. 'PG-13'		P-Valley The Pynk family shows up and shows out.		(:01) Becoming Elizabeth "To Death We Must Stoop"		(:03) *** "Spider-Man: Far From Home" (2019, Action) Tom Holland, Samuel L. Jackson, Jake Gyllenhaal. 'PG-13'						
TMC	591	591	327	554	(5:00) "Drinking Buddies"		"Birthmarked" (2018) Matthew Goode. Scientists raise three children as an experiment.		*** "Love Is Strange" (2014, Drama) John Lithgow, Alfred Molina, Marisa Tomei. 'R'		(:35) "Moon Manor" (2021, Comedy-Drama) Debra Wilson, Lou Taylor Pucci. 'NR'		(:15) *** "Tangerine" (2015) Kitana Kiki Rodriguez.				

tonight s best



Name

8 p.m. on N GEO
Gordon Ramsay: Uncharted Showdown

Gordon Ramsay sends his daughter Tilly and three of her friends on a mission to unlock the secrets of Costa Rican cuisine. The intrepid teens brave snakes and bullet ants in the jungle, stormy seas for fresh seafood and discover the secrets of sacred chocolate with the indigenous Bri-Bri people. At the end of the week, Tilly takes all that she's learned and squares off against her dad in a tropical cook off in the new episode "Ramsay vs. Ramsay."

9 p.m. on CW
In the Dark

As she tries to get her life together, Murphy Mason (Perry Mattfeld) and Max Parish (Casey Deidrick) have a long overdue conversation. Meanwhile, Darnell's (Keston John) paranoia turns into fear when everything starts crumbling in the new episode, "Center of Gravity." Morgan Krantz, Brooke Markham, Matt Murray, Rich Sommer and Ana Adore also star.

9 p.m. on N GEO
Running Wild With Bear Grylls: The Bear

Ashton Kutcher was best known as "man pretty" on "That 70s Show," but this week we find him jumping from a helicopter into the Pacific Ocean with survival expert Bear Grylls. Once they swim ashore, they canoe up a river to fish for their dinner, then descend a 300-foot cliff into the jungle. The next day, Bear sets up a commando crawl rope challenge and Ashton must gather all his strength to cross a massive ravine in the new episode "Extra Grit: Ashton Kutcher in the Coastal Jungles of Costa Rica."

Sudoku solution (puzzle is on page 9)

1	2	3	5	7	8	4	9	6
9	7	5	6	4	1	8	3	2
4	6	8	9	2	3	1	7	5
6	5	2	8	9	7	3	1	4
8	3	4	2	1	5	7	6	9
7	9	1	3	6	4	2	5	8
2	1	9	7	8	6	5	4	3
5	8	7	4	3	9	6	2	1
3	4	6	1	5	2	9	8	7