

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest	The View			Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger Donkey		Elinor Clifford	Xavier Sesame			Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal	The Price Is Right			Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour	Today-Hoda			Blast Blast		News Good		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	NBC
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest	Tamron Hall			Steve Wilkos Show		Maury		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs Goldbergs	
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon	Rachael Ray			Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Varied	Nick Cannon			The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		You Bet You Bet	
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Varied Programs		Noticiero Nosotr.		Hoy		Contigo si		S.O.S. me estoy		Gordo Varied		Primer impacto	
A&E	52	55	118	265	Parking Parking		Parking Parking	Varied Programs									First 48 Varied		First 48 Varied		First 48 Varied		Varied Programs	
AMC	60	45	131	254	Varied Programs		Movie	Varied Programs							Movie									
ANP	24	49	184	282	Dr. Jeff: RMV		Tanked				Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs									
BET	4	72	124	392	Lv Single Lv Single		Martin Martin	black-ish black-ish			Martin Martin		Celebrity Family Feud		Movie									
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Lellobee Thomas		Mecha Bugs	Total Total			Bears We Bare		Teen Teen		Craig Craig		Craig		Gumball		Gumball Gumball		Teen Teen	Teen Teen
CBS	410	410	158	221	Varied Programs		The Jim Rome Show						Maggie and Perloff						Schein		Varied Programs			
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics				CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama Futurama		South Pk South Pk	South Pk South Pk			South Pk Varied		South Pk South Pk		Varied		South Pk South Pk		Seinfeld Seinfeld		Seinfeld Seinfeld		The Office The Office	
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey Spidey		Bluey Bluey	Bluey Bluey			Bluey Bluey		Big City Big City		Big City Ladybug		Ladybug Ladybug		Big City Varied Programs		Big City Big City		Big City Big City	Ladybug
E!	64	76	114	236	Varied Programs						Daily Pop		Sex-City Sex-City		Sex-City Sex-City		Sex-City Sex-City		Sex-City Sex-City		Sex-City Varied Programs			
ESPN	33	27	140	206	(7:00) First Take		SportsCenter	SportsCenter			SportsCenter		This Just In		NFL Live		Around Pardon		SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		Varied Programs										NFL Live		Daily Wager		The Basketball Tournament		Varied	
FNC	66	25	205	360	The Faulkner Focus		Outnumbered	America Reports					The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish black-ish		The 700 Club	700 Club			Movie		Varied Programs		Movie		Varied Programs							The Office
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Skip and Shannon: Undisputed		Varied		Herd Varied		NASCAR Race Hub		Varied Programs			
FX	65	24	136	249	Mom Mom		Movie	Varied Programs					Movie		Varied Programs									
FX	35	64	125	259	(7:00) Movie		Varied Programs	Movie			Varied Programs		Cleveland Cleveland		Cleveland Cleveland		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		Simpsons Simpsons	
GOLF	88	88	401	218	Varied Programs		Golf Today				Golf Today		Varied Programs		Golf Central		Varied Programs		Golf Central		Varied Programs			
HALL	87	87	185	312	Gold Girls Gold Girls		Gold Girls Gold Girls	Movie					Movie											
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote	Murder, She Wrote			Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk	Monk
HALLMM	86	86	187	565	T Murder, She Wrote		Murder, She Wrote	Murder, She Wrote			Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk	Monk
HALLMM	86	86	187	565	W Murder, She Wrote		Murder, She Wrote	Murder, She Wrote			Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk	Monk
HALLMM	86	86	187	565	Th Murder, She Wrote		Murder, She Wrote	Murder, She Wrote			Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk	Monk
HALLMM	86	86	187	565	F Murder, She Wrote		Murder, She Wrote	Murder, She Wrote			Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk (Part 1 of 2)	Monk (Part 2 of 2)
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy	Grey's Anatomy			Grey's Anatomy		The Mentalist		The Mentalist		The Mentalist		Castle		Castle		Castle	
MAGN	81	81	111	230	Varied Programs																			
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell	Chris Jansing			Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NGEO	55	78	197	276	Car Re Paid Prog.		Varied Programs																	
NICK	27	51	171	299	(7:50) PAW Patrol		Varied Programs	PAW PAW			PAW PAW		PAW PAW		Sponge. Varied		Smurfs		Movie		Varied Programs		Loud Loud Loud	
OWN	40	41	189	279	Dr. Phil		Dr. Phil	Dr. Phil			Dr. Phil		Dr. Phil		Court		Court		Court		Court		Dr. Phil	Dr. Phil
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue	Bar Rescue			Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Mom Mom		Two Men Two Men	Two Men Two Men
ROOT	37	26	426	687	Oxygen Paid Prog.		Varied Programs	Mariners Mariners			Baseball Varied Programs						Mariners		Varied Programs					
SYFY	67	50	122	244	Movie		Varied Programs				(:08) Movie		Varied Programs		Movie		Varied Programs							
TCM	56	73	132	256	M Woman **"Rhapsody in Blue" (1945) Robert Alda.						"Case-Black Cat" (:15) ** "The Green Slime" (1969)		White Ma (:45) *** "The Yellow Rolls-Royce" (1964, Comedy)				** "Breakin'"							
TCM	56	73	132	256	T "Tattooed Str."		"Stranger on the Third Floor" ** "Walk Softly, Stranger"				"Talk-Stranger" (:15) *** "I See a Dark Stranger" (:15) **** "Strangers on a Train" (1951)		"In Harm's Way"											
TCM	56	73	132	256	W "The Frozen Dead" ** "The Devil's Brigade" (1968, War)						(:15) ** "The Kissing Bandit" (1948)		(:15) ** "Higher and Higher" (1943)											
TCM	56	73	132	256	Th (:15) * "Heart of the North" (:45) ** "Timber Stampede" ** "Valley of the Giants" ** "The Big Trees" (1952)						** "Yolanda and the Thief" (1945)		"God's Country and the Woman" (:45) ** "Sequoia" (1934)											
TCM	56	73	132	256	F *** "The Barkleys of Broadway" (1949) *** "The Drum" (1938) Sabu. (:45) *** "Blithe Spirit" (1945)						** "The Boy With Green Hair" "Barry Lyndon"													
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed	Varied Programs																
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins Ad. Ruins		Jokers Jokers	Carbonaro Carbonaro			Carbonaro Carbonaro		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Varied Programs			
TVL	75	74	106	304	Paid Prog. Varied		M*A*S*H M*A*S*H	M*A*S*H M*A*S*H			Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.		Andy G. Andy G.	Andy G. Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	IRS Debt? Varied Programs																			
WEATH	14	19	214	362	AMHQ		Patrnr	Weather Underground			Weather Underground		Weather Underground		Patrnr		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs
WTBS	59	40	139	247	George		Broke Girl Broke Girl	Broke Girl Broke Girl			Friends Friends		Friends Friends		Friends Friends		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs
HBO	518	518	303	504	M Last (:40) "The Fast and the Furious: Tokyo Drift" (:25) "Lara Croft: Tomb Raider" Edge of the Earth (:15) ** "The Wolverine" (2013) Hugh Jackman. (:25) *** "Free Guy" (2021) Jodie Comer Last						Tig Notaro (:45) ** "Overboard" (1987, Comedy)		(:40) "Golden Arm" (2020)		(:15) "For a Good Time, Call ..."		Nikki Glaser		Murder					
HBO	518	518	303	504	T REAL Sports (:15) ** "The Stepford Wives" (2004)								(:40) "Golden Arm" (2020)		(:15) "For a Good Time, Call ..."		Nikki Glaser		Murder					
HBO	518	518	303	504	W (7:45) *** "West Side Story" (2021) Ansel Elgort. (:25) * "Leap Year" (2010)						(:05) ** "Warm Bodies" (:45) ** "Snitch" (2013) Barry Pepper (:40) ** "Non-Stop" (2014, Action)		Sports											