

Husband's secret life as a serial cheater revealed



DEAR ABBY
ADVICE

DEAR ABBY: I have been married for 23 years. About a year ago, our 22-year-old daughter became suspicious that her dad might be having an affair. She found out it was true through his text messages. When we sat down as a family and discussed it, at first he denied it. He got upset to the point that he told our daughter to leave the house, which she did for two weeks. We asked her to come back after my husband and I talked to work things out and I took him to confession. We later all went away for a vacation together.

Some time has passed, and I looked at his phone and saw he's been at it again, this time with a 30-year-old woman who

lives here, and another one in another state. When I told him I knew, he denied it. Recently, I've been going to counseling. I need advice. — **SUSPICIOUS IN NEW JERSEY**

DEAR SUSPICIOUS: By now it should be apparent that your husband cannot or will not stop womanizing and lying to you. I'm glad you are seeing a licensed therapist, because you need to decide rationally whether the situation you're living with is one you are willing to tolerate. You should also schedule an appointment with your doctor to be tested for STDs, and one with an attorney to find out what your rights are as a wife of 23 years in New Jersey. After that, you will have a clearer idea of what to do.

DEAR ABBY: I met this guy online three months ago. He's the greatest guy I have ever met. He respects me in ways no other man has respected me, and I appreciate that about him so much. I feel like I

may be in love with him, but I don't know if that's the case or if it's because I'm alone and vulnerable and want someone to love me back. I was never close with my biological father or my adoptive father, so some of this may be "daddy issues." Should I tell him how I feel about him, or is it way too soon? — **TAKEN BY HIM IN MICHIGAN**

DEAR TAKEN: It would be more prudent to wait until you are sure about your feelings for this guy before declaring your love. Slow down. Let the relationship evolve until you are sure about your motivations. If you do, he may beat you to the punch.

DEAR ABBY: I have a problem. I'm 8 and I want a dog, but my parents won't let me have one. The last time we had a dog, I left the door open and it got run over. I feel really sad and bad about it, but I want another dog. Even though it was

an accident, my parents don't trust me. How can I show them I'm responsible enough and I won't forget to close the door again? — **REALLY WANTS A DOG IN SACRAMENTO**

DEAR REALLY WANTS: Please accept my sympathy for your loss. Because you didn't mention how long ago your dog was lost, I will assume it is fairly recent. You might be able to regain your parents' trust if you begin accepting responsibilities at home. Do they want you to make your bed, keep your room neat, help in the kitchen or the yard? Shouldering these kinds of responsibilities can show parents you are ready for more ... like caring for a pet, for instance. I wish you luck.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

NEWS OF THE WEIRD

New York reports first US polio case in nearly a decade

By **MIKE STOBBE**
The Associated Press

NEW YORK — An unvaccinated young adult from New York recently contracted polio, the first U.S. case in nearly a decade, health officials said Thursday, July 21.

Officials said the patient, who lives in Rockland County, had developed paralysis. The person developed symptoms a month ago and did not recently travel outside the country, county health officials said.

It appears the patient had a vaccine-derived strain of the virus, perhaps from someone who got live vaccine — available in other countries, but not the U.S. — and spread it, officials said.

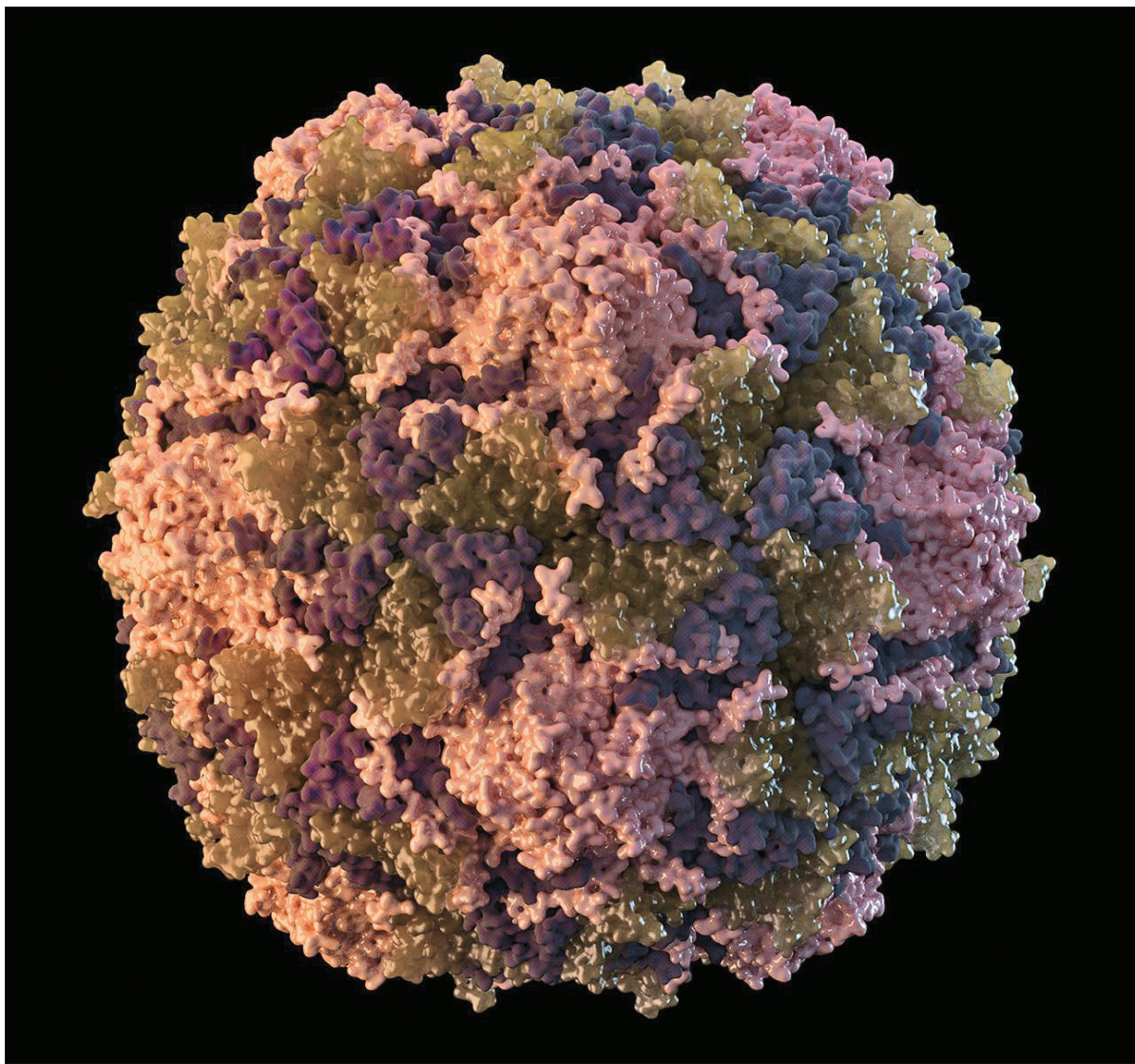
The person is no longer deemed contagious, but investigators are trying to figure out how the infection occurred and whether other people were exposed to the virus.

Most Americans are vaccinated against polio, but this should serve as a wake-up call to the unvaccinated, said Jennifer Nuzzo, a Brown University pandemic researcher.

"This isn't normal. We don't want to see this," Nuzzo said. "If you're vaccinated, it's not something you need to worry about. But if you haven't gotten your kids vaccinated, it's really important that you make sure they're up to date."

Health officials scheduled vaccination clinics in New York for July 21 and July 25, and encouraged anyone who has not been vaccinated to get the shots.

"We want shots in the arms of those who need it," Rockland County Health Commissioner Dr. Patricia Schnabel Ruppert said at



Sarah Poser, Meredith Boyter Newlove/Centers for Disease Control, File

This 2014 illustration made available by the U.S. Centers for Disease Control and Prevention depicts a polio virus particle. On Thursday, July 21, 2022, New York health officials reported a polio case, the first in the U.S. in nearly a decade.

of polio found in the live form of vaccine used in other countries.

There are two types of polio vaccines. The U.S. and many other countries use shots made with an inactivated version of the virus. But some countries where polio has been more of a recent threat use a weakened live virus that is given to children as drops in the mouth. In rare instances, the weakened virus can mutate into a form capable of sparking new outbreaks.

U.S. children are still routinely vaccinated against polio with the inactivated vaccine. Federal officials recommend four doses: to be given at 2 months of age; 4 months; at 6 to 18 months; and at age 4 through 6 years. Some states require only three doses.

According to the CDC's most recent childhood vaccination data, about 93% of 2-year-olds had received at least three doses of polio vaccine.

Polio spreads mostly from person to person or through contaminated water. It can infect a person's spinal cord, causing paralysis and possibly permanent disability and death.

Polio is endemic in Afghanistan and Pakistan, although numerous countries in Africa, the Middle East and Asia have also reported cases in recent years.

Rockland County, in New York City's northern suburbs, has been a center of vaccine resistance in recent years. A 2018-2019 measles outbreak there infected 312 people.

Last month, health officials in Britain warned parents to make sure children have been vaccinated because the polio virus had been found in London sewage samples. No cases of paralysis were reported.

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weather

	TONIGHT	SUN	MON	TUE	WED
	Clear	Plenty of sunshine	Sunny and hot	Hot with plenty of sun	Sunny and very hot
Baker City	45	89 47	93 51	95 52	96 55
Comfort Index™	8	7	7	5	5
La Grande	53	91 56	95 60	97 61	99 63
Comfort Index™	8	7	5	5	2
Enterprise	50	87 56	90 60	93 60	95 64
Comfort Index™	7	7	5	5	3

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Thursday	94°	97°	102°
Low Thursday	45°	47°	46°
PRECIPITATION (inches)			
Thursday	0.00	0.00	0.00
Month to date	0.01	0.22	0.32
Normal month to date	0.40	0.45	0.53
Year to date	4.47	8.98	17.76
Normal year to date	5.84	10.51	15.05

AGRICULTURAL INFO.

HAY INFORMATION SUNDAY	
Lowest relative humidity	20%
Afternoon wind	NNE at 6 to 12 mph
Hours of sunshine	14.0
Evapotranspiration	0.31

RESERVOIR STORAGE (through midnight Friday)

Phillips Reservoir	18% of capacity
Unity Reservoir	76% of capacity
Owyhee Reservoir	31% of capacity
McKay Reservoir	92% of capacity
Wallowa Lake	10% of capacity
Thief Valley Reservoir	73% of capacity

STREAM FLOWS (through midnight Thursday)

Grande Ronde at Troy	1380 cfs
Thief Valley Reservoir near North Powder	122 cfs
Burnt River near Unity	126 cfs
Umatilla River near Gibbon	61 cfs
Minam River at Minam	349 cfs
Powder River near Richland	17 cfs

THURSDAY EXTREMES

NATION (for the 48 contiguous states)	
High: 122°	Death Valley, Calif.
Low: 34°	Yellowstone N.P., Wyo.
Wettest: 4.77"	Sallisaw, Okla.

OREGON

High: 105°	Ontario
Low: 41°	Meacham
Wettest: Trace	Brookings

WEATHER HISTORY

On July 23, 1979, heavy rain pushed the Reedy River out of its banks at Greenville, S.C. Thunderstorms dumped 2.00 inches of rain on Johnstown, Pa., in just one hour.

SUN & MOON

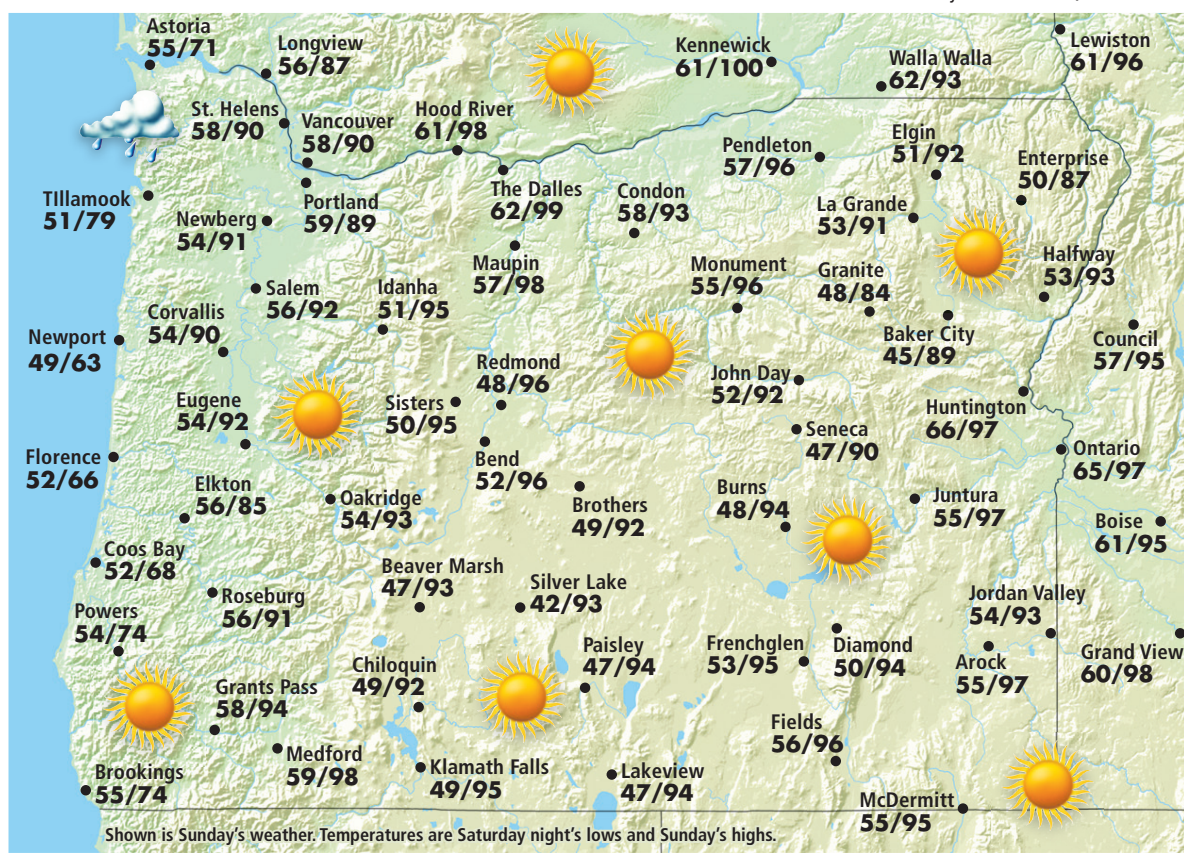
	SAT.	SUN.
Sunrise	5:27 a.m.	5:28 a.m.
Sunset	8:31 p.m.	8:29 p.m.
Moonrise	1:12 a.m.	1:43 a.m.
Moonset	4:59 p.m.	6:01 p.m.

MOON PHASES



AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2022



REGIONAL CITIES

City	SUN. HI/Lo/W	MON. HI/Lo/W	City	SUN. HI/Lo/W	MON. HI/Lo/W
Astoria	71/56/pc	71/56/s	Lewiston	96/63/s	98/67/s
Bend	96/60/s	102/59/s	Longview	87/61/s	88/61/s
Boise	95/63/s	99/67/s	Meacham	90/53/s	93/57/s
Brookings	74/55/s	67/53/c	Medford	98/64/s	104/68/s
Burns	94/50/s	98/54/s	Newport	63/50/pc	65/52/pc
Coos Bay	68/54/pc	69/56/pc	Olympia	86/55/s	90/58/s
Corvallis	90/59/s	94/58/s	Ontario	91/62/s	97/67/s
Council	95/55/s	97/58/s	Pasco	98/63/s	101/66/s
Elgin	92/55/s	96/59/s	Pendleton	96/61/s	100/65/s
Eugene	92/59/s	95/58/s	Portland	89/65/s	93/66/s
Hermiston	99/62/s	101/64/s	Powers	74/54/s	78/58/s
Hood River	98/67/s	101/71/s	Redmond	96/54/s	102/56/s
Imnaha	92/59/s	96/60/s	Roseburg	91/62/s	97/63/s
John Day	92/53/s	96/57/s	Salem	92/62/s	96/63/s
Joseph	88/59/s	91/60/s	Spokane	89/65/s	93/66/s
Kennewick	100/63/s	102/68/s	The Dalles	99/66/s	103/69/s
Klamath Falls	95/53/s	98/55/s	Ukiah	88/47/s	91/51/s
Lakeview	94/50/s	96/50/s	Walla Walla	93/67/s	96/69/s

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST SUNDAY

ANTHONY LAKES Plenty of sun	68 46	PHILLIPS LAKE Sunny and warm	86 49
MT. EMILY REC. Sunny and nice	78 54	BROWNLEE RES. Plenty of sunshine	93 54
EAGLE CAP WILD. Sunny and nice	75 42	EMIGRANT ST. PARK Plenty of sunshine	83 43
WALLOWA LAKE Sunny and warm	88 59	MCKAY RESERVOIR Plenty of sun	93 62
THIEF VALLEY RES. Sunny and nice	89 47	RED BRIDGE ST. PARK Plenty of sunshine	91 56