

tonight's best



Baratunde Thurston

9 p.m. on PBS
America Outdoors With Baratunde Thurston

This new six-part travel and adventure series follows best-selling author and outdoor enthusiast Baratunde Thurston on an exploration of America's diverse regions, to discover how those landscapes shape the way Americans work, play and interact with the natural world.

Word Search solution (puzzle is on page 20)

H I M L A N J P K L C O D E V
A B C F U T U R E A E O M Z O M
I S E P U M N I R T N (P A U L)
C M P L L G A C Y L Y S B L E T
A O A U L L I T M O N P M O I D
Q O K N E A P F A Q I U U M U
U N L I G R O H L U R P I (I)
T E T R M A G A N (K A R A N)
H R X J T A N O M C K M D L
A S E M N A S I N W Y G E I B
L U T O P I A N S U K P R T
M Y (M C D V G M B L R N M A F)
A K N R D L M U F N L O U Z I
U P A S U E G V S A (T O M M N)
A H D (M C D O N A L D) B V A H



- Lumber
 - Plywood
 - Building Materials
 - Hardware
 - Paint
 - Plumbing
 - Electrical
- And much more!

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Mon-Fri 7:30 am - 5:30 pm
Saturday 8 am - 5 pm
Closed Sun

TUESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 5, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	Holey Moley Contestants compete to be in the finals. (N)		The Chase "Bring Back the Needles of Death" (N)		Who Do You Believe? A war breaks out between neighbors.		KATU News at 11 (N) (Live)		(:35) Jimmy Kimmel Live!		
PBS	3	5			Ask This Old House	BBC World News Outside	PBS NewsHour (N)		Finding Your Roots With Henry Louis Gates, Jr.		America Outdoors With Baratunde Thurston		The Great Muslim American Road Trip		Hope Road Recovery of sex trafficking survivors.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	FBI "Kayla" A retired agent is shot.		FBI: International A sniper kills an American.		FBI: Most Wanted Abusive man hunts for ex-girlfriend.		KOIN 6 News at 11 (N)		Late Show-Cobert		
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	America's Got Talent "Simon's revisits the best golden buzzers. (N)		Favorite Golden Buzzers" Simon (N)		(:01) Dancing With Myself (N)		KGW News at 11 (N)		Tonight Show-J. Fallon		
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Superman & Lois Lois and Clark struggle as a couple.		Tom Swift Rowan issues a strong warning to Isaac. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Keys"		Seinfeld "The Ticket"		
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	Crime Scene Kitchen Guest judge Aaron Sanchez. (N)		(:01) Fantasy Island A woman is given a new lease on life.		10 O'Clock News (N)		11 O'Clock News (N)		(:35) Family Feud		
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy			
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe "La naturaleza del amor" (N)		La mexicana y el güero Andrea termina con René. (N)		Mi fortuna es amarte (N)		Mujer de nadie "Alejandra defiende a su sobrina" (N)		Noticias noroeste 11P		Noticiero Univision:		
A&E	52	55	118	265	Bobby Brown:	Bobby Brown:	Bobby Brown:	Bobby Brown:	Bobby Brown:	Bobby Brown:	Bobby Brown:	Bobby Brown:	(:01) Origins of Hip-Hop (N)		Bobby Brown:	Bobby Brown:			
AMC	60	45	131	254	** "Rocky IV" (1985, Drama) Sylvester Stallone, Talia Shire. Vengeful boxer Rocky Balboa faces a deadly Soviet fighter.		*** "The Fugitive" (1993, Suspense) Harrison Ford, Tommy Lee Jones, Sela Ward. An innocent man must evade the law as he pursues a killer.								** "Rambo" (2008, Action) Sylvester Stallone, Julie Benz.				
ANP	24	49	184	282	(5:00) Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue				
BET	4	72	124	392	Tyler Perry's The Oval		The Family Business		Celebrity Family Feud		The Family Business		Celebrity Family Feud		Martin		Martin		
BRAVO	54	65	129	237	Below Deck Mediterranean		Married to Medicine		Married to Medicine		Medicine *** "Ocean's Eleven" (2001) George Clooney, Matt Damon, Andy Garcia.								
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrld, Gumball	Wrld, Gumball	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American	American	American	Rick, Morty			
CBSSN	410	410	158	221	Inside College Football (N)		BIG3 Basketball								Inside College Football				
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight				
COM	77	56	107	249	The Office		The Office		The Office		The Office		The Office		The Office				
COOK	123	123	113	232	Man v. Food	Man v. Food	Bourdain: No Reservations		Bourdain: No Reservations		Man v. Food		Man v. Food		Bourdain: No Reservations				
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Bunk'd	Bunk'd	Big City Green	Big City Green	Ladybug	Ladybug			
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Celebrity Game Face (N)		Mathis Family		Celebrity Game Face		Nightly Pop		
ESPN	33	27	140	206	ESPN Films		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)				
ESPN2	34	28	143	209	NBA Salt Lake City Summer League: Thunder at Jazz		NFL Live		NFL Live		DC & RC (N)		UFC		Around/Horn		Interruption	E60	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity				
FOOD	61	54	110	231	Chopped "Cocktail Party"		Chopped "Thrill of the Grill"		Chopped "Beach Bites"		Supermarket Stakeout (N)		Supermarket Stakeout (N)		Chopped				
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Motherland: Fort Salem (N)		The 700 Club				
FS1	41	85	150	219	(4:30) Greatest Races: NASCAR		Skip and Shannon: Undisputed		TMZ Sports		USFL Football		Championship: Birmingham Stallions vs Philadelphia Stars.						
FX	65	24	136	249	(4:30) ** "X-Men: Dark Phoenix" (2019, Action)		*** "Iron Man" (2008, Action) Robert Downey Jr., Terrence Howard, Gwyneth Paltrow. A billionaire dons an armored suit to fight criminals.		** "Iron Man 2" (2010) Robert Downey Jr. The superhero must forge new alliances and confront a powerful enemy.										
FX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy		
GOLF	88	88	401	218	(4:00) Golf JP McManus Pro Am, Day 2. (N) (Live)		"Cross Country Christmas" (2020) Rachael Leigh Cook. A snow-storm disrupts a man and a woman's holiday travel.		"Christmas by Starlight" (2020) Annie agrees to pose as the legal counsel for a developer.		"Christmas by Starlight" (2020) Annie agrees to pose as the legal counsel for a developer.		Romance) Kimberley Sustad.		School of Golf				
HALL	87	87	185	312	"The Christmas Club" (2019, Romance) Elizabeth Mitchell. Two busy strangers meet when they help an elderly woman.		Mystery 101 "Pilot" One of Amy's students goes missing.		Aurora Teagarden Mysteries "Reap What You Sew" Aurora must face uncomfortable truths.		Murder, She Wrote Dennis disproves murder charges.								
HALLMM	86	86	187	565	Monk Monk assumes a dead hit man's identity.		Unsellable Houses		Unsellable Houses (N)		Unsellable Houses (N)		Hunters		Hunters Int'l		Hunters	Hunters Int'l	
HGTV	62	57	112	229	Unsellable Houses		Skinwalker Ranch		Secret of Skinwalker		Skinwalker Ranch		The Proof Is Out There		Skinwalker Ranch				
HIST	50	60	120	269	Skinwalker Ranch		Castle "Bad Santa"		Castle "Castle, P.I."		Castle		Castle "I, Witness"		(:03) Castle "Reckoning"				
LIFE	29	29	108	252	Castle "Bad Santa"		Restoring Galveston (N)		Restoring Galveston		Restoring Galveston		Restoring Galveston		Restoring Galveston				
MAGN	81	81	111	230	Restoring Galveston (N)		The Last Word With		The 11th Hour-Stephanie		MSNBC Prime		The Last Word With		The 11th Hour-Stephanie				
MSNBC	71	67	209	356	MSNBC Prime (N) (Live)		Life Below Zero: First Ala		Life Below Zero: First Ala		Life Below Zero: Northern		Life Below Zero: First Ala		Life Below Zero: First Ala				
NGEO	55	78	197	276	Life Below Zero: First Ala		Loud House		Loud House		Friends		Friends		Friends				
NICK	27	51	171	299	Loud House	Loud House	Loud House	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends			
OWN	40	41	189	279	Dr. Phil	Dr. Phil	All Rise "Trouble Man"	All Rise (N)	All Rise (N)	All Rise "Give It Time"	All Rise "Give It Time"		All Rise "Trouble Man"		All Rise				
OXY	30	69	127	251	Dateline: Unforgettable "Into the Night"		Dateline: Unforgettable (N)		Dateline: Unforgettable (N)		Dateline: Unforgettable		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered				
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	** "Rush Hour 2" (2001, Action) Jackie Chan, Chris Tucker.		* "Rush Hour 3" (2007) Jackie Chan, Chris Tucker.								
ROOT	37	26	426	687	(5:00) MLB Baseball Seattle Mariners at San Diego Padres.		Mariners Post. Mariners		Bands		National Senior Games 2022		MLS Soccer						
SYFY	67	50	122	244	(5:31) *** "Wanted" (2008, Action) James McAvoy.		** "Olympus Has Fallen" (2013, Action) Gerard Butler, Aaron Eckhart.		** "Constantine" (2005) Keanu Reeves.		*** "Ball of Fire" (1941, Comedy) Gary Cooper, Barbara Stanwyck, Dana Andrews.								
TCM	56	73	132	256	(5:00) *** "The Westerner" (1940) Gary Cooper.		*** "Laura" (1944, Mystery) Gene Tierney, Dana Andrews, Clifton Webb.		(:45) *** "State Fair" (1945, Musical) Jeanne Crain. An Iowa farm family spends a hectic week at the state fair.										
TDC	51	42	182	278	Deadliest Catch (N)		Deadliest Catch: On Deck (N)		Deadliest Catch Clark subverts Sig's deal with Harley. (N)		(:08) Deadliest Catch		(:08) Deadliest Catch						
TLC	49	62	183	280	Welcome to Plathville		Welcome to Plathville		Little People, Big World (N)		Little People, Big World (N)		(:01) Welcome to Plathville (N)		(:02) Seeking Sister Wife				
TNT	57	52	138	245	(:05) *** "Avengers: Endgame" (2019, Action) Robert Downey Jr., Chris Evans, Mark Ruffalo. The Avengers prepare for an epic showdown with Thanos.				Titans "Trigon"		*** "Avengers: Endgame" (2019) Chris Evans								
TRAV	53	38	196	277	UFOs: The Lost Evidence (N)		UFO Witness (N)		UFO Witness		UFOs: The Lost Evidence "Law Enforcement and Legends"		UFO Witness						
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	* "Fantastic Four" (2015, Action) Miles Teller.						
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	King	King	King	King			
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		WWE NXT (N Same-day Tape)		(:08) ** "Happy Gilmore" (1996, Comedy) Adam Sandler.								
WE	118	118	128	260	Law & Order "Mega"		Law & Order		Law & Order "Untitled"		Law & Order "Narcosis"		Law & Order "High & Low"		Law & Order "Stiff"				
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		Deadline to Disaster		Deadline to Disaster		Deadline to Disaster				
WTBS	59	40	139	247	MLB Baseball: Rays at Red Sox		MLB: Closer		Big Bang		Big Bang		Big Bang		Big Bang		Sheldon	Sheldon	Sheldon
HBO	518	518	303	504	(5:05) ** "Blue Bayou" (2021, Drama) Justin Chon. 'R'		(:05) Mind Over Murder		*** "Warrior" (2011, Action) Joel Edgerton, Tom Hardy, Nick Nolte. Premiere. Estranged brothers clash in a mixed-martial-arts fight. 'PG-13'		(:20) West-world		(:15) Pause		(:45) "Body With Sam Jay Brokers" 'R'				
MAX	531	531	311	516	(4:35) "The Wrestler" 'R'		(:25) *** "The Last Five Years" (2014, Musical) Anna Kendrick. Premiere. 'PG-13'		** "Boogie" (2021, Drama) Taylor Takahashi, Taylour Paige, Pamelyn Chee. 'R'		(:32) "The Yellow Birds" (2017, War) Alden Ehrenreich, Tye Sheridan, Jennifer Aniston. 'R'		(:09) ** "Universal Soldier" (1992, Science Fiction) 'R'						
SHOW	578	578	319	546	(4:35) "The Mexican" 'R'		(:45) We Hunt Together A mystery killer strikes.		We Hunt Together		(:15) ** "Last Vegas" (2013) Michael Douglas. Four aging pals go to Las Vegas to relive their glory days. 'PG-13'		The Chi "Oh Girl" Emmett's struggles with co-parenting.		The Man Who Fell to Earth Secrets are revealed.				
STARZ	621	621	351	526	(5:07) *** "The Manchurian Candidate" (2004, Suspense) Denzel Washington. 'R'		(:20) *** "American Gangster" (2007, Crime Drama) Denzel Washington, Russell Crowe. A chauffeur becomes Harlem's most-powerful crime boss. 'R'		P-Valley "White Knights"		(:07) ** "Shutter Island" (2010) Premiere. 'R'								
TMC	591	591	327	554	(5:00) "The Lonely Guy"		(:35) ** "Orange County" (2002, Comedy) Colin Hanks, Jack Black. 'PG-13'		*** "Mid90s" (2018, Comedy-Drama) Sunny Suljic, Lucas Hedges, Na-kel Smith. 'R'		"The Exchange" (2021, Comedy) Ed Oxenbould, Avan Jogia, Justin Hartley. 'NR'		(:05) "Last Call" (2021, Comedy) Jeremy Piven. 'R'						