

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC		
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs					
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Good		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	NBC		
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs	Goldbergs		
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		4 O'Clock News		5 O'Clock News			
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Varied		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		You Bet You Bet			
UNIV	22	22	16	47	(7:00) Despierta América!				Como dice el dicho		Noticiero		Nosotr.		Hoy		Contigo si		S.O.S. me estoy		El gordo y la flaca		Primer impacto			
A&E	52	55	118	265	Parking	Parking	Varied Programs													First 48	Varied	First 48	Varied	First 48	Varied	
AMC	60	45	131	254	Varied	Paid Prog.	Movie		Varied Programs											Movie						
ANP	24	49	184	282	Dr. Jeff: RMV		Tanked		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs											
BET	4	72	124	392	Lv Single	Lv Single	Martin Martin		black-ish black-ish		Martin Martin		Celebrity Family Feud		Movie						Varied Programs		Movie			
BRAVO	54	65	129	237	Below	Varied	Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Deck	
CARTOON	25	59	177	297	Lellobee Thomas	Mecha Thomas	Craig Craig		Craig Craig		Teen Teen		Teen Teen		Teen Teen		Gumball Gumball		Gumball Gumball		Gumball Gumball		Bears Craig	Craig Craig		
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs						Schein		Varied Programs			
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk South Pk		South Pk South Pk		South Pk South Pk		Varied Programs								Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office
COOK	123	123	113	232	Varied Programs																					
DISN	26	48	173	290	Bluey	Spidey	Bluey Bluey		Bluey Bluey		Big City Big City		Big City Ladybug		Ladybug Ladybug		Big City Varied Programs		Big City		Big City		Big City	Big City	Ladybug	
E!	64	76	114	236	Varied Programs						Daily Pop		Sex-City Sex-City		Sex-City Sex-City		Varied Programs							Mod Fam	Mod Fam	
ESPN	33	27	140	206	(5:00) 2022 Wimbledon Championships		Varied Programs						NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs					
ESPN2	34	28	143	209	Wimbledon		Varied Programs												Daily Wager		Varied Programs					
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports				The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson			
FOOD	61	54	110	231	Varied Programs																					
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club Middle		Middle		Varied Programs													
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak		Varied Programs		Skip		Varied		NASCAR Race Hub		Varied Programs			
FX	65	24	136	249	Movie	Varied Programs			Movie				Varied Programs		Movie		Varied Programs				Movie		Varied			
FX	35	64	125	259	(7:00) Movie		Varied Programs						Cleveland Cleveland		Cleveland Cleveland		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		Simpsons Simpsons			
GOLF	88	88	401	218	PGA Golf	Varied	Golf Today		Varied		Golf Today				Golf Central		Varied Programs		Golf Central		Varied Programs					
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls Gold Girls		Movie				Movie				Movie				Movie					
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Monk		
					T Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Monk		
					W Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Monk		
					Th Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Monk		
					F Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Monk (Part 1 of 2)		
HGTV	62	57	112	229	Varied Programs																					
HIST	50	60	120	269	Varied Programs																					
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist		The Mentalist		The Mentalist		Castle		Castle		Castle			
MAGN	81	81	111	230	Varied Programs																					
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		Chris Jansing		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With			
NGEO	55	78	197	276	Paid Prog. Paid Prog.		Varied Programs																			
NICK	27	51	171	299	PAW PAW		Bubble Baby		PAW PAW		Blaze Blaze		PAW PAW		PAW PAW		Smurfs Sponge.		Sponge. Sponge.		Patrick Sponge.		Varied Programs			
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court Court		Court Court		Court Court		Court Court		Dr. Phil	Dr. Phil		
OXY	30	69	127	251	Varied Programs																					
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Mom Mom		Two Men Two Men	Two Men Two Men		
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Varied Programs																			
SYFY	67	50	122	244	Varied Programs								Movie		Varied Programs											
TCM	56	73	132	256	M "The Scarlet Coat"		**** "Yankee Doodle Dandy" (1942)		(:15) *** "1776" (1972) William Daniels, Howard da Silva.		(:15) *** "The Music Man" (1962) Robert Preston.		"Jailhouse Rock"													
					T "The Seventh Victim"		(:15) **** "The Enchanted Cottage"		** "Night Song" (1947) Dana Andrews.		** "The Yellow Canary" (1943) (45) *** "Billy Budd" (1962, Drama) Robert Ryan.		"The Westerner"													
					W "Act of Violence"		** "Pete Kelly's Blues" (1955) (:45) *** "Holiday Affair" (1949) *** "Angels in the Outfield" (1951) ** "Just This Once" (45) "Confidentially Connie" (45) "Confidentially Connie"		Oscar Micheaux: The																	
					Th (6:45) "The Women"		(:15) **** "The Philadelphia Story" (:15) *** "Gaslight" (1944, Suspense) (:15) *** "Born Yesterday" (1950) (:15) *** "It Should Happen to You" (45) *** "The Great Sinner" (1949, Drama) "Earth vs Saucer"																			
					F (:15) ** "Any Number Can Play"		** "Silver River" (1948) Errol Flynn. ** "Lady Luck" (1946) (:45) ** "Dark Hazard" (1934) ** "The Great Sinner" (1949, Drama) "Earth vs Saucer"																			
TDC	51	42	182	278	Varied Programs																					
TLC	49	62	183	280	Varied Programs																					
TNT	57	52	138	245	Charmed		Charmed		Varied Programs												(:02) Movie		Varied Programs			
TRAV	53	38	196	277	Varied Programs																					
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers Jokers		Carbonaro Carbonaro		Carbonaro Carbonaro		Dumbest Varied		Dumbest Varied		Dumbest Varied		Dumbest Varied		Dumbest Varied		Jokers Jokers	Varied Programs		
TVL	75	74	106	304	Paid Prog. Paid Prog.		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.	Andy G. Andy G.		
USA	58	39	105	242	2022 Tour de France		NCIS		NCIS		Law & Order: SVU		Law-SVU Varied		Law & Order: SVU		Law-SVU Varied		Law & Order: SVU		Law & Order: SVU		Varied Programs			
WE	118	118	128	260	Paid Prog. Paid Prog.		Varied Programs																			
WEATH	14	19	214	362	AMHQ		Patrn		Weather Underground		Weather Underground		Weather Underground		Patrn		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs		
WTBS	59	40	139	247	George	George	Broke Girl Broke Girl		Broke Girl Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends	Varied Programs		
HBO	518	518	303	504	M (7:45) *** "Pacific Rim" (2013) Idris Elba (9:55) ** "Godzilla vs. Kong" (2021) (11:50) *** "Terminator 2: Judgment Day" (1991) (:10) ** "The Matrix Resurrections" (2021) (:40) Westworld Wes		T ** "Ender's Game" (2013) (9:55) ** "Against the Ropes" (2004) (11:50) * "Leap Year" ** "Little Black Book" (2004) Holly Hunter (:20) "The Janes" (2022) (:05) "Blue Bayou"		W "Wonder 1984" "Fast and Furious-Drift" (:45) * "Collide" (2016) Nicholas Hoult. (:25) * "Geostorm" (2017) (:15) ** "Lara Croft: Tomb Raider" (2001) ** "Snitch" (2013) Dwayne Johnson.		Th Tenet (:40) * "The Legend of Hercules" (:20) "The Command" (2018) Léa Seydoux (:20) *** "Hellboy" (2004) Ron Perlman. (:25) *** "Terminator 2: Judgment Day" (1991) (:45) *** "Pacific Rim" (2013)		F Warrior (:35) *** "The Impossible" (2012, Drama) "Lara Croft Tomb Raider: Cradle of Life" ** "Wonder Woman 1984" (2020) Gal Gadot. (:05) ** "The Wolverine" (2013, Action) (:15) "The Janes"		M (7:50) "Extremely Loud & Incredibly Close" *** "Cloverfield" (2008) (:25) ** "Mimic" (1997) (:10) ** "Bloodsport"											