It may be unrealistic to expect friends who don't know about

your serious medical conditions to

empathize with you or stop com-

pains. Rather than say their complaints are annoying, tell them the

truth about what's going on with

you. After that, try to remember

every person's health challenges

are important to them, even if on

the grand scale of things they don't

that regardless of how minor,

seem that way to you.

plaining about their aches and

Wife feels it's the end of the line with drunk hubby



DEAR ABBY

DEAR ABBY: I got pregnant at 15 and had my oldest daughter at 16. I met my husband at 18, and went on to have four more daughters. I have been with him for more than 30 years (I just turned 49).

My girls are living their own lives now. The thing is, now that I'm alone with my husband, I have come to discover that we have nothing in common. I want to leave him, but I have no money, no car and no job. I have become someone I never thought I would

become — alone with no life.

My husband ignores me and drinks a lot. When we visit family, it's a free-for-all drunk fest for him. I just don't have the energy at my age to deal with a drunk. I dealt all my life with an alcoholic father and I don't want to do it anymore. How do I begin to rebuild my life and start over? I really need to do this for myself. — AT A CROSSROADS IN OHIO

DEAR AT A CROSSROADS: I agree that rebuilding your life is something you need to do for yourself. The surest way to accomplish it would be to get a job. This may eventually equip you to survive on your own. If you need transportation, ask your daughters for help,

or take public transportation.

If you prefer not to attend "family" gatherings, have your husband go alone. Your father's alcoholism may have contributed to the fact that you married someone with an alcohol problem, thinking it was "normal." If that's the case, consider finding a nearby chapter of Al-Anon (al-anon.org/ info) or Adult Children of Alcoholics and Dysfunctional Families (adultchildren.org) and attend some of the meetings. They are sometimes held online, so you could do it on a computer, if necessary. I wish you luck on your iourney.

DEAR ABBY: I am a widow with three serious illnesses, one

of which is potentially deadly. I hesitate to confide in some of my friends because the majority of them go into a litany of their illnesses. For the most part, their ailments are common and require just a small change in diet or perhaps losing some weight. What makes it uncomfortable for me is they act like they are in a life-threatening situation, which they aren't.

I find it increasingly difficult to empathize with their common colds, achy joints, etc. How can I explain to these folks how much they upset me? For the most part, they are good people, just very self-centered. — CHALLENGED IN NEW HAMPSHIRE

DEAR CHALLENGED:

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

NEWS OF THE WEIRD

Burmese python hunt in Florida Everglades slated for August

The Associated Press

MIAMI — Flanked by a huge writhing snake, Gov. Ron DeSantis announced on Thursday, June 16, that the annual prize-winning hunt for invasive Burmese pythons in the Florida Everglades will begin Aug. 5.

People must register to participate and complete an online training course for the event, which typically draws hundreds from across the country. Last year's "Python Challenge" involved more than 600 people from 25 states, DeSantis said at a news conference in the Everglades.

Behind the Republican governor, it took three people to hold a live, 10-foot female python as a demonstration. The snakes have virtually no natural enemies in the Everglades and have decimated native populations of mammals, birds and other reptiles.

"These pythons are a threat to the Everglades," DeSantis said. "Let's reel in some pythons."

The hunt begins Aug. 5 at 8 a.m. and ends Aug. 14 at 5 p.m. Prizes include \$2,500 for the most pythons captured and \$1,500 for the longest snake. Last year, the



Lynne Sladky/The Associated Press

Florida Gov. Ron DeSantis, center, holds a Burmese python at a media event, Thursday, June 16, 2022, where he announced that registration for the 2022 Florida Python Challenge has opened for the annual 10-day event to be held Aug 5-14, in Miami. The Python Challenge is intended to engage the public in participating in Everglades conservation through invasive species removal of the Burmese python. Also pictured are Ron Bergeron, left, McKayla Spencer, second from left, Rodney Barreto, third from right, and Jan Fore, second from right.

first-prize winner captured 223 pythons, while the \$1,500 winner bagged a snake that was more than 15 feet long. Snakes must be killed humanely.

DeSantis said this year's state budget includes \$3 million specifically for python removal in the Everglades, including technology such as infrared sensors to locate

the hard-to-see snakes in the wild. A key point of the snake event, the governor said, is to raise awareness about the threat and enable people to take part.

"We view this as a challenge," he said. "We really wanted to supercharge those efforts."

Apple workers vote to unionize at Maryland store

TOWSON, Md. — Apple store employees in a Baltimore suburb voted to unionize by a nearly 2-to-1 margin Saturday, June 18, a union said, joining a growing push across U.S. retail, service and tech industries to organize for greater workplace protections.

The Apple retail workers in Towson, Maryland, voted 65-33 to seek entry into the International Association of Machinists and Aerospace Workers, the union's announcement said. The vote could not immediately be confirmed with the National Labor Relations Board, which would have to certify the outcome. An NLRB spokesperson referred initial queries about the vote to the board's regional office, which was closed late Saturday.

Apple declined to comment

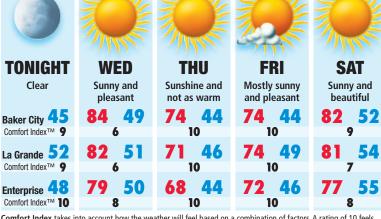
on the development, company spokesperson Josh Lipton told The Associated Press by phone.

Union organizing in a variety of fields has gained momentum recently after decades of decline in U.S. union membership. Organizers have worked to establish unions at companies including Amazon, Starbucks, Google parent company Alphabet and outdoors retailer REI.

The International Association of Machinists and Aerospace Workers and the Apple employees who wanted to join said they sent Apple CEO Tim Cook notice last month that they were seeking to form a union. The statement said their driving motivation was to seek "rights we do not currently have." It added that the workers recently organized in the Coalition of Organized Retail Employees, or CORE.

"I applaud the courage displayed by CORE members at the Apple store in Towson for achieving this historic victory," said IAM International President Robert Martinez Jr. in the statement. "They made a huge sacrifice for thousands of Apple employees across the nation who had all eyes on this election."

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Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable

1860 cfs

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin		
High Sunday	63°	65°	66°		
Low Sunday	33°	41°	39°		
PRECIPITATION (inches)					
Sunday	0.00	Trace	0.04		
Month to date	0.47	2.35	3.26		
Normal month to dat	te 0.78	0.98	1.28		
Year to date	4.45	8.71	17.43		
Normal year to date	5.12	9.67	13.96		

AGRICULTURAL INFO. HAY INFORMATION WEDNESDAY

Minam River at Minam

Lowest relative humidity	35%			
Afternoon wind	WSW at 4 to 8 mph			
Hours of sunshine	9.7			
Evapotranspiration	0.26			
RESERVOIR STORAGE (through midnight Monday)				
Phillips Reservoir	25% of capacity			
Unity Reservoir	95% of capacity			
Owyhee Reservoir	42% of capacity			
McKay Reservoir	100% of capacity			
Wallowa Lake	40% of capacity			
Thief Valley Reservoir	102% of capacity			
STREAM FLOWS (through midnight Sunday)				
Grande Ronde at Troy	9570 cfs			
Thief Valley Reservoir near	North Powder 370 cfs			
Burnt River near Unity	66 cfs			
Umatilla River near Gibbor	n 161 cfs			

SUNDAY EXTREMES

NATION (for the 48 contiguous states)				
High: 105°	Eloy, Ariz.			
Low: 16°	Bodie State Park, Calif.			
Wettest: 1.91"	Miami, Fla.			
OREGON				
High: 77°	Ontario			
Low: 32°	Crater Lake			
Wettest: 0.17"	Tillamook			

WEATHER HISTORY

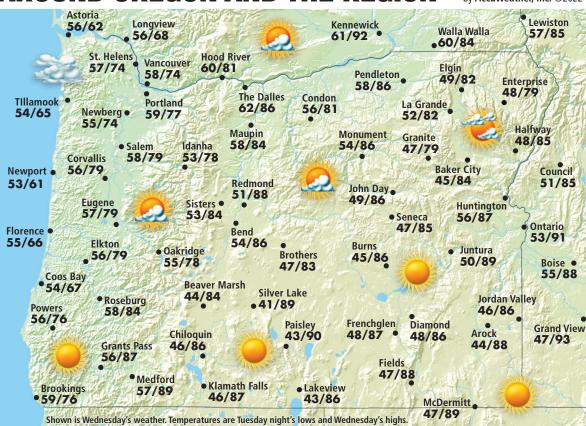
The temperature fell to 32 degrees on June 21, 1953, in Sault Ste. Marie, Mich. Since then, Sault Ste. Marie has not dropped below 32 until late August and September.

SUN & MOON

			IUL.	WLD.		
Su	nrise		5:04 a.m.	5:05 a.m.		
Su	nset		8:44 p.m.	8:44 p.m.		
Mo	onrise		1:21 a.m.	1:40 a.m.		
Mo	onset		1:33 p.m.	2:41 p.m.		
M	MOON PHASES					
	New	First	Full	Last		
	New	First	Full	Last		

WED

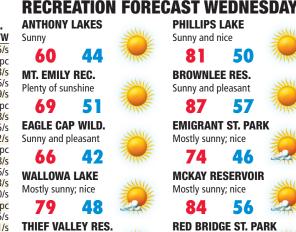
Forecasts and graphics provided



REGIONAL CITIES

	WED.	THU.		WED.	THU.	
City	Hi/Lo/W	Hi/Lo/W	City	Hi/Lo/W	Hi/Lo/W	
Astoria	62/51/pc	63/50/pc	Lewiston	85/60/pc	76/55/s	
Bend	86/53/s	79/50/s	Longview	68/47/c	69/48/pc	
Boise	88/62/s	87/55/s	Meacham	81/49/s	69/43/s	
Brookings	76/57/s	76/55/s	Medford	89/59/s	87/56/s	
Burns	86/50/s	82/45/s	Newport	61/48/pc	60/49/s	
Coos Bay	67/50/s	65/51/s	Olympia	68/46/c	69/46/pc	
Corvallis	79/49/pc	76/49/s	Ontario	91/61/s	88/58/s	
Council	85/53/s	80/48/s	Pasco	92/58/s	84/55/s	
Elgin	82/48/s	71/47/s	Pendleton	86/59/s	76/52/s	
Eugene	79/52/s	75/51/s	Portland	77/51/pc	76/51/pc	
Hermiston	91/61/s	81/54/s	Powers	76/54/pc	75/48/s	
Hood River	81/54/s	78/53/s	Redmond	88/51/s	82/46/s	
Imnaha	85/56/s	74/48/s	Roseburg	84/55/s	79/53/s	
John Day	86/54/s	76/46/s	Salem	79/51/pc	76/50/s	
Joseph	79/48/s	69/44/s	Spokane	78/52/pc	71/49/pc	
Kennewick	92/58/s	83/55/s	The Dalles	86/59/s	82/55/s	
Klamath Falls	87/49/s	85/46/s	Ukiah	79/49/s	71/41/s	
Lakeview	86/46/s	86/46/s	Walla Walla	84/60/s	77/52/s	
Weather(W): s-sunny pc-partly cloudy c-cloudy sh-showers t-thunderstorms r-rain						

Weather(W): s-sunny, pc-parti sf-snow flurries. sn-snow. i-ice



Sunny and pleasant

Sunny and pleasant

