WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		News	Varied	News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Good	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	NBC
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Varied	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Mathis	Varied	Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	You Bet	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Contigo sí		S.O.S. me estoy		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs										First 48	Varied Programs			The First 48	
AMC	60	45	131	254	Varied	Paid Prog.	Movie	Varied Programs															Movie	Varied
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Lv Single	Lv Single	Martin	Martin	black-ish	black-ish	Martin	Martin	Celebrity Family Feud		Movie						Movie			
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Pocoyo	Thomas	Mecha	Thomas	Craig	Craig	Craig	Craig	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Total	Total	Total	Total
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	Varied Programs		Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey	Spidey	Bluey	Bluey	Big City	Big City	Big City	Ladybug	Ladybug	Ladybug	Amphibia	Amphibia	Big City	Varied Programs		Big City	Big City	Big City	Big City	Ladybug
E!	64	76	114	236	Varied Programs						Daily Pop		Sex-City	Sex-City	Sex-City	Sex-City	The Kardashians		The Kardashians		Kardas	Varied	The Kardashians	
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportCtr	The Point	This Just	Varied	NBA Today		NFL Live	Varied	Around	Pardon	SportsCenter		SportsCenter		Varied Programs	
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		SportCtr	The Point	This Just In		Jalen	This Just	Varied Programs							
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports				The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Middle	Middle	Movie	Varied Programs							The Office	The Office	The Office	The Office
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd					UEFA Nations League Soccer					Speak for Yourself		NASCAR Race Hub		UEFA Nat	Varied Programs		
FX	65	24	136	249	Mom	Varied Programs																		
FXX	35	64	125	259	(7:00) Movie		Varied Programs						Cleveland	Cleveland	Cleveland	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs		Golf	Varied Programs											Golf C'tral	Varied Programs				
HALL	87	87	185	312	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie				Movie			
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	
					T Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	
					W Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	
					Th Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	
					F Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist		The Mentalist		The Mentalist		Castle		Castle		Castle	
MAGN	81	81	111	230	Varied Programs																Fixer Upper		Varied Programs	
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		Chris Jansing		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	PAW	PAW	Blaze	PAW	PAW	Blaze	PAW	PAW	PAW	Alvinnn!!!	Smurfs	Sponge.	Sponge.	Sponge.	Sponge.	Patrick	Sponge.	Loud	Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Oxygen	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Varied Programs										Movie	Varied Programs				Movie	Varied Programs			
TCM	56	73	132	256	M "Wild Boy-Road"		★★ "Small Town Girl"		(:45) ★★★★ "A Star Is Born" (1937)				(:45) "The Purchase Price" (1932)		★★★ "Night Nurse" (1931)					★★★ "The Public Enemy"			"Death-Holiday"	
					T (7:30) "The Night of the Hunter"		"Dean Martin: King of Cool" (2021)					★★★ "Rio Bravo" (1959) John Wayne, Dean Martin.					★★★ "Ocean's Eleven" (1960) Frank Sinatra.					Wonderful	"Manhattan" (1979)	
					W Topper	"You Can't Buy"	(:45) ★★ "Bunker Bean" (1936)				★★★ "Alice Adams" (1935)		(:45) ★★ "Our Blushing Brides"				(:15) "Cross-Country Romance"			★★ "Maid's Night Out" (1938)			"Postman Rings"	
					Th Stage	(:45) ★★ "Manpower" (1941, Drama)				★★ "Illegal" (1932)		(:45) ★★ "Garden of the Moon" (1938)				★★ "This Could Be the Night" (1957)					★★ "The Shining Hour"			"Ride-High Ctry"	
					F "Presenting Lily"		★★ "Girl Crazy" (1943) Mickey Rooney.				★★★ "For Me and My Gal" (1942, Musical)				★★★ "The Pirate" (1948) Judy Garland.				★★★ "In the Good Old Summertime"				"The Wizard of Oz"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs										Hockey	Varied
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied Programs				
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Varied Programs																Criminal Minds		Criminal Minds	
WEATH	14	19	214	362	AMHQ		Pattrn		Pattrn		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M Last		(:35) ★★ "Ella Enchanted"		(:15) ★★ "Alex & Emma" (2003)				(11:50) "Shall We Dance?" (2004)		(:40) ★★★ "Rabbit Hole" (2010)				(:15) ★★ "The Break-Up" (2006)				Last	(:40) Barry
					T Fools Rsh	"William Shakespeare's Romeo & Juliet"					(:35) ★★★ "Ondine" (2009) Colin Farrell.			(:20) ★★ "Jurassic Park III"			(1:55) ★★★ "Free Guy" (2021, Action)				"Hitman's Wife"			Real Time
					W Stuck	"Percy Jackson: Sea"			(:15) ★★ "Cry Macho" (2021, Drama)				Time Traveler's Wife		George Carlin's American Dream		(:41) George Carlin's American Dream					(:28) "My Boss's Daughter"		
					Th "The Lost World: Jurassic Park"			Nightmare	★★ "Real Steel" (2011) Hugh Jackman.				(:10) Gentleman Jack		(:10) ★★ "Fast & Furious 6" (2013) Vin Diesel.					(:25) ★★★ "Nobody" (2021)			"The New Mutants"	
					F (7:55) "Moonrise Kingdom"			★★ "Across the Universe" (2007)				(:45) ★★★ "Free Guy" (2021) Jodie Comer			(:45) ★★ "Man of Steel" (2013, Action) Henry Cavill.					(:10) ★ "Runner Runner"			Gentle
MAX	531	531	311	516	M (7:43) ★★ "The Core" (2003) Aaron Eckhart.				"Bad News Bears to Japan"			(:31) "The Out-of-Towners"			(:03) ★★ "10 Years" (2011)			(:45) ★★★ "Rosewater" (2014, Docudrama)				★★ "The Internship" (2013)		
					T New Town	(:39) ★★ "Laws of Attraction"			(:11) ★★★ "Bend It Like Beckham" (2002)				(:05) ★ "Miss March" (2009)		(:37) ★★★ "Joe" (2013) Nicolas Cage.					(:36) ★★★ "Adventureland" (2009)			The Firm	
					W (7:55) ★★ "Promised Land"			(:42) ★★★ "Collateral" (2004) Tom Cruise.				(:43) "Endings, Beginnings" (2019, Drama)			(:35) ★ "Waist Deep" (2006)				(:13) ★★★ "Blue Ruin" (2013)			(:45) ★★ "Phone Booth"		
					Th "Murder in the First"		(:14) ★★ "Bad News Bears" (2005)					(:09) ★★ "Reindeer Games" (2000)			(12:55) "The Benchwarmers"				(:22) "Finding Neverland" (2004)			(:05) ★★★ "The Way, Way Back" (2013)		
					F (7:40) ★★★ "The Fisher King" (1991)				★★ "Jack the Giant Slayer" (2013)				(11:56) "John Grisham's The Rainmaker"				(:13) ★★★ "True Crime" (1999) Clint Eastwood.					(:23) ★★★ "28 Days Later"		
SHOW	578	578	319	546	M "Florence Foster"		(:15) ★★★ "Ghost" (1990, Fantasy) Patrick Swayze.					★★ "Vox Lux" (2018) Natalie Portman.			★★★ "Side Effects" (2013)				(:15) ★★★ "The Hunt for Red October" (1990)					VICE
					T (7:40) "Mandela: Long Walk to Freedom"				"Support the Girls" (2018)			★★★ "Lady Bird" (2017)			(:05) ★★ "Hot Summer Nights" (2017)				"John and the Hole" (2021)			(:45) ★★★ "Cape Fear" (1991)		
					W (7:15) "Flashdance"		"Elizabeth: A Portrait in Part(s)"				★★ "Beverly Hills Cop III"		(:15) "Deadlock" (2021) Patrick Muldoon.				★★ "Shutter Island" (2010) Leonardo DiCaprio.					★★★ "Minority Report"		
					Th ★★★ "Out of Africa" (1985) Meryl Streep.						(:45) ★★ "7 Days in Entebbe" (2018)			(:45) ★★★ "The Hunt for Red October" (1990)					★★★ "Ghost" (1990) Patrick Swayze.			Couples	Couples
					F What	★★★ "Lady Bird" (2017)			(:15) ★★ "Congo" (1995) Dylan Walsh.				(:15) ★★★ "Lee Daniels' The Butler" (2013)				★★★ "C'mon C'mon" (2021, Drama)				★★★ "Up in the Air" (2009)		
STARZ	621	621	351	526	M (6:53) "Hannibal"		(:08) ★★★ "Julie & Julia" (2009)				(:14) ★★★ "American Hustle" (2013, Crime Drama)					(:35) ★★ "Destroyer" (2018)					(:39) Gaslit		(:41) ★★★ "Julie & Julia"	
					T (7:23) ★★★ "Knocked Up"			(:35) ★ "Say It Isn't So" (2001)			(:14) "Nine Days" (2020) Winston Duke, Zazie Beetz.					(:21) Gaslit		(:23) ★★★ "Knocked Up" (2007)				(:35) ★ "Never Back Down"	
					W (7:37) ★★ "First Daughter"			(:25) ★ "The Unholy" (2021)			"Resident Evil: Welcome to Raccoon City"				(12:59) ★ "The Marine"			(:34) Gaslit		(:36) ★★ "Lawless" (2012) Tom Hardy				Unholy
					Th (:02) "Witch Hunt" (2021)			(:43) ★★ "Cowboys & Aliens" (2011)				(:45) ★★★ "About Last Night" (2014)				(:29) ★★ "The Broken Hearts Gallery"				(:20) ★★★ "The Big Lebowski" (1998)			Here	
					F (7:41) ★★ "American Wedding"			(:21) ★★ "American Reunion" (2012)				(:17) ★★ "Don't Breathe 2"			(12:59) ★★ "Basic" (2003)		(:41) "Supercool" (2021) Jake Short.					(:16) "American Reunion" (2012)		
TMC	591	591	327	554	M ★★★ "August: Osage County" (2013)				★★ "Safe Haven" (2013) Josh Duhamel.				"Burden" (2018, Drama) Garrett Hedlund.				★★ "The Mauritanian" (2021, Drama)				(:10) ★★ "The Children Act" (2017)			
					T (7:30) ★★ "Red Dawn"			(:25) "Cut Bank" (2014)			★★ "Get Over It" (2001)			"Sisters With Transistors" (2020)			"Mary Lou Williams"		(:10) ★★★ "Ex Machina" (2014)				"Obvious Child"	
					W (:10) ★★★ "Murder on the Orient Express" (1974)					(:20) ★★ "Clue" (1985, Mystery)			"Bill & Ted's Adventure"			"Ape vs. Monster" (2021)			"Megalodon Rising" (2021)			★★★ "The Lost Boys" (1987)		
					Th Ladybugs	"Ice Girls" (2016) Taylor Hunsley			(:05) "Grace and Grit" (2021) Mena Suvari.				★★★ "Mother" (1996) Albert Brooks.				(1:50) ★★★ "Amy" (2015) Pete Doherty				★★★ "Fruitvale Station"			Forgiven
					F (7:40) "Waves" (2019) Kelvin Harrison Jr.			"Mine 9" (2019) Terry Serpico.				★★★ "A Ghost Story"			(:05) ★★★ "Ex Machina" (2014)				★★ "Come Play" (2020)			(:40) ★★★ "Pieces of April"		