

'Just offer another option'

By **BILL BRADSHAW**
Wallowa County Chieftain

JOSEPH — Those who have enjoyed the Cheyenne Cafe's breakfasts and lunches now can come back for dinner, since the popular Joseph eatery started serving the evening meals back in March.

"We're adding the additional service to offer it to the locals in the community and take some of the seasonal stress off of the other establishments at dinnertime in the peak season," said Kyle Sickles, who moved here recently just to start the venture.

Sickles moved here from Washington state about a month ago after working out a plan for Cheyenne diners with its owner/operator Kara Meyers.

"Kara and I just started conversing via email and phone in November, talking about all this and then I moved up here from the Skagit Valley north of Seattle," Sickles said.

The menu

Sickles, who was put in charge of the menu by Meyers, selected several items he believes will please the palates of hungry Wallowa County residents.

"I tried to incorporate a lot of more down-home, rustic stuff in the ingredients," he said.

The menu includes items such as chicken and dumplings, turkey pot pie and Salisbury steak.

"They have a more homey feeling," he said.

But there also are more high-class items with a local flavor such as red steelhead and T-bone steak. There's also a standard deluxe burger and the Italian-American dish chicken Marsala.

While waiting for the entree, customers can munch on appetizers such as garlic Parmesan fries, herb garlic bread, teriyaki barbecue skewers, broccoli cheddar dip, soups and salads.

Meyers, too, is eager to try the new menu.

"I'm very excited for him to do this," she said. "It's going to be great."

Sickles said there also will be daily specials that rotate through the week. There will be brisket on Friday, pork loin on Saturday, lasagna on Sunday, meat loaf on Monday and prime rib on Tuesday.

To top it all off, there's dessert.

"We have homemade vanilla ice cream every day," he said.

"We do a small batch. It's a nice addition to all the pies and cakes we bake on a rotating basis, or if you want, just a big bowl of ice cream with toppings."

Entree prices range from \$15-32.

"We've tried to price ourselves according to what other establishments in the area charge for comparable meals," Sickles said.

The cook

Sickles said he's always enjoyed cooking.

"I started cooking at a young age and wanted to learn more," he said. "After learning more and working in restaurants — I worked in restaurants for quite a while, since I was 16 or 17. I enjoy feeding people. You don't get to see it when you're cooking, but when I used to wait tables, you see people come in and maybe they're grumpy or grouchy and you can tell that they're hungry. Then when they leave, you can tell that they're satisfied, they're content, they're happy because they enjoyed some food. It's nice to be able to provide that service for people and see what they get out of it."

He got his associate's degree at the Art Institute in Seattle before returning to the Skagit Valley to work in restaurants. He also ran an American fast-food truck for 10 years with a full espresso bar in a trailer.

Sickles said it was his family's regular vacation trips to the Joseph area that caused him

to fall in love with Wallowa County.

"I've always wanted to live here since I was really young," he said.

Although he's still years away from retirement, he's thinking ahead.

"Recently, in the last couple of years, I decided I wanted to retire and live up here full-time, so I may as well start now," he said. "I might as well live where I want to retire."

The cafe

Meyers, who has owned the Cheyenne for the past 15 years, said she reluctantly stopped offering dinners about 10 years ago.

"Dinners worked great," she said. "I just couldn't find enough help."

She said the problem was finding people who could work seasonally.

"I try to keep my employees year-around," she said. "I'm hoping this will keep everybody employed through the winter, as well."

She and Sickles said they're also applying for a liquor license to serve beer and wine. That is still several weeks away, Sickles said.

The Cheyenne, at 209 N. Main St., is open six days a week for breakfast and lunch — closed Thursdays — and five days for dinner — closed Wednesdays and Thursdays.

"We did it that way because there are a few establishments that are closed early in the week and this way, there's another dinner option," Sickles said. "There are other establishments people can frequent and patronize. It's good to share."

Meyers agreed that they don't want to out-compete other eating establishments.

"We are hoping to get good business from locals and offer another place to eat," she said. "We don't want to take away from the competition ... just offer another option. You can always use more places to eat for the tourists in the summer."

Farm Bureau: New EPA report demonstrates agriculture's sustainability

By **CAROL RYAN DUMAS**
Capital Press

SALEM — The Environmental Protection Agency's latest annual report on greenhouse gas emissions shows U.S. agriculture continues to represent just 10% of the nation's emissions, according to American Farm Bureau Federation.

"U.S. agriculture not only minimally contributes to the overall U.S. greenhouse gas footprint but the sector also sequestered more carbon in 2020 compared to 2019," Farm Bureau said in its latest "Market Intel" report.

At 635 million metric tons of carbon dioxide equivalent in 2020, emissions from agriculture were down by 28.8 million metric tons or 4.3% from 2019.

"The additional efforts to adopt conservation practices through voluntary, market-based incentives have helped farmers and ranchers trap 759 million metric tons of carbon in the soil (in 2020), representing 12.7% of total U.S. emissions," Shelby Myers, a Farm Bureau economist, said.

Agricultural soil management, such as fertilizer application or tillage practices, represents about half of all agricultural emissions but only 5% of U.S. emissions. Those emissions declined 8.4% in 2020 year over year.

While U.S. agricultural emissions have most recently been declining, they have increased 6% since 1990.

But that's not the full story, Myers said. Agricultural productivity is increasing, as is the global population. Innovation and advancements in technology have allowed farmers and ranchers to increase their productivity while using the same amount of inputs, she said.

USDA's Economic Research Service estimates farmers and ranchers are producing 2.78 times more in output per unit of input compared with 1948. Even more impressive, productivity is rising

2020 U.S. GREENHOUSE GAS EMISSIONS

Transportation — 27.2%
Electricity generation — 24.8%
Industrial — 23.8%
Agriculture — 10.6%
Source: American Farm Bureau Federation using EPA data

while cropland is declining — by 30 million acres over the last three decades, she said.

"When considering productivity gains compared to agricultural emissions, agriculture has been remarkable at sustainable intensification, in addition to adding practices that even further shrinks its environmental footprint," she said.

Those improvements have been in crop yields, animal nutrition and breeding, she said.

Compared to 1990, the U.S. is producing 77% more pounds of pork while decreasing its emissions per unit of pork by 21%. It is producing 51% more milk but has decreased emissions per unit by 26%.

It is also producing 18% more beef while reducing emissions 11% per unit, Farm Bureau reported.

While agricultural emissions have increased 6% since 1990, the U.S. population has increased 33% and agricultural emissions per capita have declined 20% since 1990, Myers said.

When factoring in productivity and population gains, both per-unit and per-capita agricultural emissions are declining, she said.

"That means U.S. agriculture is producing more food, fiber and renewable fuel for more people while using fewer resources and emitting fewer greenhouse gases," Myers said.

With additional investment in research, farmers and ranchers can be part of the development of new technologies that capture more carbon in the soil and reduce livestock-related emissions while generating multiple environmental benefits, she said.

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THURSDAY, MAY 12, 2022

CROSSWORD PUZZLER

ACROSS

- Call — cab
- Ike's rank
- Zig's companion
- Mischief-makers
- Attack
- Henri's island
- Faint difference
- It's north of Java
- Unusual sighting
- Diego Chargers
- Salmon variety
- Glove leather
- Spray
- Helps a burglar
- Beak of a bird
- It has long arms
- Geometry term
- Pay as — go
- Mgmt. biggie
- Satisfied sigh
- Step on the gas

DOWN

- Opposite of max
- Tall bird
- Geronimo was one
- Classical language
- Hi-fi records
- Sleep disturber
- Meryl, in "Out of Africa"
- Mama's boy
- Curved roof
- Spanish hero
- El —
- Was willing to
- Coco of fashion
- Those people's
- CPA's sum
- Iditarod terminus
- Fabric sample
- Mother rabbit
- Flower-to-be
- Actress — Williams

Answer to Previous Puzzle

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103 Announcements

PULL TABS ACCEPTED
AT THE FOLLOWING BAKER CITY LOCATIONS

- Baker City Herald
- Dollar Tree
- Black's Distributing
- Ryder Bros
- VFW
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- Lefty's Tap House
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- Haines Sell-Rite
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104 Community Calendar

VFW POST 460
Every 1st and 3rd Thursday of the month at 7pm.
Corner of Main at Birch in Union

LA GRANDE LIONS CLUB
Meets 2nd & 4th Monday of each month @ 12 PM
Union County Senior Center
1504 N. Albany St., La Grande

PINOCHLE
Fridays at 6:30 p.m.
Senior Center
2810 Cedar St., Baker City
Public is welcome

Baker County United "freedom rallies"
3rd Thursday each month 6 p.m. at the Sunridge 1 Sunridge Lane.
The public is invited

KEY OF DAVID
Saturdays - 2PM
Baker County Library
Taught by:
Gary Robinson & Blaine McKnight

Kiwanis Club of Baker City
Tuesday at 12:00 PM
Sunridge Inn Restaurant
1 Sunridge Lane
For more information call: (541) 523-6027

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104 Community Calendar

ROTARY CLUB of Baker City
Meets every Monday Noon - 1 PM
Baker Towers Meeting Room

POWDER RIVER SPORTSMAN'S CLUB
Meets 1st Tuesday of every month
8th & Broadway, Baker City
6 PM - Pistolettes
7 PM - Regular Membership

114 Group Meetings

NARCOTICS ANONYMOUS
Monday, Thursday, & Friday at 8pm. Episcopal Church 2177 First St., Baker City

AL-ANON
Keep Coming Back Family Group
Mondays, 7 pm at NKWest, 1208 Adams, La Grande, OR

CELEBRATE RECOVERY
Calvary Baptist Church Third & Broadway Baker City, OR
EVERY THURSDAY
6:15 - 8:00 PM

DO YOU HAVE...HURTS, HABITS and/or HANG UPS?
12 Step Biblical Support Harvest Church
3720 Birch St. Baker City Thurs., 6:30 - 8:30 PM

LA GRANDE GAMBLERS ANONYMOUS
Every Friday Night @ 5pm, 2107 Gekeler Ln, LG, Church of Christ basement. For more info please call 971-219-8411

Someone's drinking a problem?
AL-ANON Meetings are available by phone Info for **Baker City Meetings** Call: 541-239-7323

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