

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		Varied Programs		
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs				
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prog.		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News NBC		
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs Goldbergs		
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		Last Man Last Man		Goldbergs Goldbergs		
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Paid Prog.		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		FamFeud You Bet		
UNIV	22	22	16	47	(7:00) Despierta América!				Varied Programs		Varied Programs		Noticiero Nosotr.		Hoy		Contigo si Varied		S.O.S. me estoy		El gordo y la flaca		Primer impacto		
A&E	52	55	118	265	Parking Parking		Parking Parking		Varied Programs		Varied Programs		Varied Programs		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied
AMC	60	45	131	254	Paid Prog. Paid Prog.		Movie		Varied Programs		Movie		Varied Programs												
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs										
BET	4	72	124	392	Martin Martin		Martin Martin		black-ish black-ish		Lv Single Lv Single		Prince Prince		Prince Prince		Prince Prince		Prince Prince		Movie				
BRAVO	54	65	129	237	Varied Programs																				
CARTOON	25	59	177	297	Love M Caillou		Thomas Thomas		Mush Baby Lny. Craig		Craig Craig		Craig Teen		Teen Teen		Teen Teen		Gumball Gumball		Gumball Gumball		Bears Craig Craig		Craig Craig
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show						Maggie and Perloff		Varied Programs		Schein		Varied Programs						
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360		
COM	77	56	107	249	Cleveland Cleveland		South Pk South Pk		South Pk South Pk		South Pk Varied		South Pk Varied		South Pk Varied		South Pk Varied		Seinfeld Seinfeld		Seinfeld Seinfeld		The Office The Office		The Office
COOK	123	123	113	232	Varied Programs																				
DISN	26	48	173	290	Bluey Mickey		Spidey Bluey		Bluey Alice's		Bluey Bluey		Ladybug Ladybug		Big City Amphibia		Big City Varied Programs		Ghost		Big City Big City		Big City Ladybug		
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs												
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs		Varied Programs		
ESPN2	34	28	143	209	(7:00) Get Up		First Take		SportsCenter		SportsCenter		Varied Programs		NFL Live		This Just		Varied		Varied		Varied		
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson		
FOOD	61	54	110	231	Varied Programs																				
FREE	32	33	180	311	black-ish black-ish		The 700 Club		700 Club Middle		Middle Middle		Middle Middle		Varied Programs										
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Varied Programs				NASCAR Race Hub		Varied Programs				
FX	65	24	136	249	(:30) Mom		Varied Programs																		
FX	35	64	125	259	(7:00) Movie		Varied Programs						Cleveland Cleveland		Cleveland Cleveland		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		Simpsons Simpsons		Simpsons Simpsons
GOLF	88	88	401	218	Golf Varied		Golf Today		Varied Programs		Golf		Varied Programs						Golf C'tral		Varied Programs				
HALL	87	87	185	312	Reba Reba		Gold Girls Gold Girls		Gold Girls Gold Girls		Gold Girls Gold Girls		Movie												
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Emma Fielding
HALLMM					T Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		"Good Witch"
HALLMM					W Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk (Part 1 of 2)		Monk (Part 2 of 2)		Monk		"Signed, Sealed"
HALLMM					Th Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		"Baby, It's"
HALLMM					F Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		"Dater's Handbook"
HGTV	62	57	112	229	Varied Programs																				
HIST	50	60	120	269	Varied Programs																				
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Castle		Castle		Castle		Castle		Castle		Castle		Castle		Castle
MAGN	81	81	111	230	Varied Programs																				
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With		
NGEO	55	78	197	276	Paid Prog. Paid Prog.		Varied Programs																		
NICK	27	51	171	299	PAW PAW		PAW PAW		Baby PAW		PAW PAW		PAW PAW		Blaze Blaze		PAW Alvin!!!		Smurfs Smurfs		Sponge. Sponge.		Patrick Sponge.		Loud Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court Court		Court Court		Court Court		Court Court		Dr. Phil Dr. Phil		
OXY	30	69	127	251	Varied Programs																				
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Mom Mom		Two Men Two Men		Two Men Two Men
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Varied Programs												Mariners		Baseball		Varied Programs		
SYFY	67	50	122	244	Varied Programs				Movie		Varied Programs														
TCM	56	73	132	256	M GreatOmi (:(45) ** "Always in My Heart" (1942)		** "House of Women"		** "Why Would I Lie?" (1980)		** "Man to Man"		(:(15) *** "Going Home" (1971, Drama)		"Gentleman Jim"										
TCM					T (:(15) * "The Big BooDle" (1957)		(:(45) ** "Too Much, Too Soon" (1958) Errol Flynn		** "Born Yesterday"		(:(45) "It Should Happen to You"		(:(15) *** "The Marring Kind" (1952)		"The Lady Vanishes"										
TCM					W *** "Forbidden Planet"		(:(45) "The Indestructible Man"		"Attack of the 50"		(:(15) *** "The Fly" (1958) Al Hedison		* "Queen of Outer Space"		(:(45) * "The Killer Shrews"		"Bigger Than Life"								
TCM					Th ** "Three Wise Fools" (1946)		(:(45) ** "Rasputin and the Empress" (1932)		"Mark-Vampire"		(:(15) *** "A Free Soul" (1931, Drama)		*** "Dinner at Eight" (1933, Comedy)		"Matter-Life-Dth"										
TCM					F (:(7:45) "Spider Baby"		(:(15) *** "Hush... Hush, Sweet Charlotte" (1965)		** "Two on a Guillotine" (1965, Horror)		** "The Hypnotic Eye" (1960)		** "It!" (1967, Horror) Roddy McDowall.		"The Last Hurrah"										
TDC	51	42	182	278	Varied Programs																				
TLC	49	62	183	280	Varied Programs																				
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Movie		Varied Programs		Movie		Varied Programs				Pregame		Basketball		Varied Programs
TRAV	53	38	196	277	Varied Programs																				
TRUTV	73	75	242	246	Ad. Ruins Ad. Ruins		Jokers Jokers		Carbonaro Carbonaro		Carbonaro Carbonaro		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes Jokes		Jokes Jokes		Jokes Jokes
TVL	75	74	106	304	Paid Prog. Paid Prog.		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.		Andy G. Andy G.		Andy G. Andy G.
USA	58	39	105	242	NCIS		Varied Programs												Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU
WE	118	118	128	260	Paid Prog. Paid Prog.		Varied Programs		Law & Order		Law		Varied		Law		Varied		Law		Varied Programs				
WEATH	14	19	214	362	AMHQ		Patrn		Patrn		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Varied Programs
WTBS	59	40	139	247	George George		Broke Girl Broke Girl		Broke Girl Broke Girl		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Sheldon Sheldon
HBO	518	518	303	504	M Early Man REAL Sports		(:(45) * "Max Steel" (2016) Ben Winchell.		(:(20) ** "Surrogates"		(12:55) ** "Death on the Nile" (2022)		(:(05) *** "The Night House" (2020)		The Baby Winning										
HBO					T (7:40) *** "Say Anything..."		(:(20) *** "Dune" (2021) Timothée Chalamet.		REAL Sports																