

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30						
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC						
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs									
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News						
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prog.		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	NBC						
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs	Goldbergs						
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		4 O'Clock News		5 O'Clock News							
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Varied		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		FamFeud	You Bet						
UNIV	22	22	16	47	(7:00) Despierta América!				Varied Programs		Varied Programs		Noticiero		Nosotr.		Hoy		Amor Varied		S.O.S. me estoy		El gordo y la flaca	Primer impacto						
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs												First 48		Varied	First 48	Varied					
AMC	60	45	131	254	Varied	Paid Prog.	Varied Programs																							
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs															
BET	4	72	124	392	Martin	(:43) Martin		Martin	black-ish	black-ish	Lv Single	Lv Single	Prince	Prince	Varied	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Movie						
BRAVO	54	65	129	237	Varied Programs																									
CARTOON	25	59	177	297	Love M	Caillou	Thomas	Thomas	Mush	Baby Lny.	Craig	Craig	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Craig	Craig						
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Maggie and Perloff		Varied Programs		Schein		Varied Programs											
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360									
COM	77	56	107	249	Cleveland	Cleveland	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office						
COOK	123	123	113	232	Varied Programs				Carn Eats	Carn Eats	Varied Programs																			
DISN	26	48	173	290	Bluey	Mickey	Spidey	Bluey	Bluey	Alice's	Bluey	Bluey	Ladybug	Ladybug	Big City	Amphibia	Big City	Varied Programs		Ghost	Big City	Big City	Big City	Ladybug						
E!	64	76	114	236	Kardash	Varied	Kardash	Varied	Kardash	Varied	Daily Pop		Varied Programs																	
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs									
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		SportsCenter		This Just In		Jalen	This Just	Varied Programs		Daily Wager		Varied Programs									
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five		Special Report		Jesse Waters		Tucker Carlson									
FOOD	61	54	110	231	Varied Programs																									
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Varied Programs																			
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Varied Programs				Hub		Varied Programs									
FX	65	24	136	249	Movie	Varied Programs						Movie	Varied Programs				Movie				Varied Programs									
FXX	35	64	125	259	(7:00) Movie		Varied	Movie	Varied Programs				Cleveland	Cleveland	Cleveland	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons						
GOLF	88	88	401	218	Varied Programs																			LPGA Tour Golf						
HALL	87	87	185	312	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie							Movie						
HALLMM	86	86	187	565	M	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder					
					T	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder			
					W	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder		
					Th	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder		
					F	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	
HGTV	62	57	112	229	Varied Programs																									
HIST	50	60	120	269	Varied Programs																									
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Castle		Castle		Castle		Castle		Castle		Castle		Castle	Varied Programs						
MAGN	81	81	111	230	Varied Programs																									
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With							
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																							
NICK	27	51	171	299	PAW	PAW	PAW	PAW	Baby PAW	PAW	PAW	PAW	PAW	Blaze	Blaze	PAW	Alvinn!!!	Sponge.	Sponge.	Sponge.	Patrick	Sponge.	Loud	Loud						
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Court	Court	Court	Dr. Phil						
OXY	30	69	127	251	Varied Programs																									
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men					
ROOT	37	26	426	687	H2O X5	Paid Prog.	Varied Programs																							
SYFY	67	50	122	244	Varied Programs																									
TCM	56	73	132	256	M	** "The Wild North" (1952)		(:45) *** "Out of the Past" (1947)																	"Charge-Brigade"					
					T	Don't Bet	MGM	*** "Beach Party" (1963, Comedy)		** "Beach Blanket Bingo" (1965)		** "Where the Boys Are" (1960)		** "Palm Springs Weekend" (1963)														*** "Safety Last"		
					W	Callaway	(:45) "Seven Brides for Seven Brothers"		*** "Show Boat" (1951) Howard Keel		*** "Kiss Me Kate" (1953) Howard Keel		** "Kismet" (1955) Howard Keel		MGM														** "Clean and Sober"	
					Th	(7:30) "High Sierra"	(:15) *** "The Asphalt Jungle" (1950)		(:15) *** "They Live by Night" (1948)		"Kansas City Confidential" (1952)		(:45) ** "There Was a Crooked Man" (1970)																	"The Time Machine"
					F	(:15) ** "Three Guys Named Mike"		*** "Lili" (1953) Leslie Caron.		"The Belle of New York" (1952)		*** "High Society" (1956)		** "Don't Go Near the Water" (1957)																"Jackie Robin."
TDC	51	42	182	278	Deadliest Catch		Deadliest Catch		Varied Programs																					
TLC	49	62	183	280	Varied Programs																									
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Movie		Varied Programs		Movie		Varied Programs													
TRAV	53	38	196	277	Varied Programs																									
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes						
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.				
USA	58	39	105	242	Varied Programs																									
WE	118	118	128	260	Home	Paid Prog.	BISSELL	Paid Prog.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Criminal Minds		Criminal Minds		Criminal Minds	Criminal Minds						
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Storm Center	Storm Center	Storm Center					
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends						
HBO	518	518	303	504	M	Master	Last	(:05) *** "The Bourne Supremacy"		(10:55) *** "The Help" (2011, Drama) Viola Davis.		(:25) ** "The New Mutants"		*** "Jurassic Park" (1993) Sam Neill.		Last									Game					
					T	(7:49) ** "Land" (2021)		(:19) ** "Wonder Woman 1984" (2020) Gal Gadot.		(11:50) "Shall We Dance?" (2004)		(:38) *** "West Side Story" (2021																		