

tonight s best



Anthony Anderson

8 p.m. on NBC
Law & Order

Detectives Bernard and Cosgrove (Anthony Anderson, Jeffrey Donovan) are assigned to investigate the murder of a congressional candidate in the new episode "Free Speech." Meanwhile Assistant District Attorneys Price and Maroun (Hugh Dancy, Odelya Halevi) struggle with an extremist plot that will resort to any means necessary to thwart the late candidate's agenda. Camryn Manheim and Sam Waterston also star.

8 p.m. on FOOD
Restaurant: Impossible

In a deeply moving episode called "Hard Knocks in Hendersonville," host Robert Irvine meets Ray, an ex-con who turned his life around but can't seem to find success with his restaurant, Dreadlife Kitchen, in Hendersonville, NC. With bad decor and no coherent systems in place for running the eatery, Robert must help Ray transform his business and build his brand.

9 p.m. on NBC
Law & Order: Special Victims Unit

A new episode called "Once Upon a Time in El Barrio" finds Detective Velasco (Octavio Pisano) turning to Benson (Mariska Hargitay) for assistance in locating and rescuing three girls from his hometown who were abducted by human traffickers and brought to New York. Ice-T, Kelli Giddish and Peter Scanavino also are featured.

10 p.m. on NBC
Law & Order: Organized Crime

A new assistant district attorney assigned to their current case urges the Task Force to do whatever it takes to flip a member of the Brotherhood and get the evidence they need in the new episode "Can't Knock the Hustle." On a more personal note, Stabler (Christopher Meloni) must come to terms somehow with the disturbing legacy his father left him, while the worlds of Bell and Nova (Danielle Moné Truitt, Nona Parker Johnson) begin to overlap in more ways than one. Ainsley Seiger also stars.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

APRIL 7, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Station 19 Andy deals with a trauma. (N)		Grey's Anatomy Nick performs a first-ever operation.		(:01) Big Sky Jenny makes a violent decision. (N)		KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!
PBS	3	5			A Craftsman's Legacy	BBC World News Outside	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	Midsomer Murders A girl is found stabbed in the woods.		(9:46) Midsomer Murders	(:32) Unforgotten on Masterpiece	The victim's life becomes apparent.	
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of AI	(:01) Young Sheldon	How We Roll (N)	Bull Chunk is in court against his boyfriend. (N)		KOIN 6 News at 11 (N)	(:35) Masters Highlights (N)
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Law & Order A congressional candidate is murdered. (N)		Law & Order: Special Victims Unit (N)		Law & Order: Organized Crime (N)		KGW News at 11 (N)	Tonight Show- J. Fallon
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family (Part 2 of 2)	Modern Family "Pilot"	Walker Walker and Cassie look for clues. (N)		Legacies Hope experiences vivid dreams. (N)		KOIN 6 News at 10p (N)		Seinfeld (Part 1 of 2)	Seinfeld "The Pen"
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	MasterChef The remaining 13 cooks make doughnuts. (N)		(:01) Call Me Kat (N)	(:31) Welcome to Flatch (N)	10 O'Clock News (N)		11 O'Clock News (N)	(:35) People
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy
UNIV	22	22	16	47	Noticias noro-este 6P	Noticiero Univision (N)	Vencer el miedo (N)		La rosa de Guadalupe (N)		Médicos, línea de vida (N)		Como tú no hay dos (N)		Noticias noro-este 11P	Noticiero Univision:
A&E	52	55	118	265	The First 48		The First 48		The First 48 "Snapshot"		After the First 48 "Tracked"		(:01) Nightwatch (N)		(:04) The First 48	
AMC	60	45	131	254	(5:15) *** "Ocean's Eleven" (2001) George Clooney. A suave ex-con assembles a team to rob a casino vault.				*** "Ocean's Twelve" (2004, Comedy-Drama) George Clooney, Brad Pitt, Matt Damon. Indebted criminals plan an elaborate heist in Europe.						*** "Ocean's Thirteen" (2007) George Clooney.	
ANP	24	49	184	282	Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
BET	4	72	124	392	First Sunday	* "Alex Cross" (2012, Action) Tyler Perry, Matthew Fox, Edward Burns.			** "Major Payne" (1995, Comedy) Damon Wayans, Karyn Parsons.							Martin
BRAVO	54	65	129	237	Below Deck		Top Chef		Top Chef (N)				Watch What	(:45) *** "Knives Out" (2019, Mystery)		
CARTOON	25	59	177	297	Craig of Creek	Craig of Creek	Craig of Creek	Craig of Creek	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American Dad	American Dad	American Dad	Rick, Morty
CBSSN	410	410	158	221	UEFA Champions League Soccer				UEFA Champions League Soccer				Snowmobile Race		Snowmobile Race	
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
COM	77	56	107	249	The Office	The Office	The Office	(:45) The Office (Part 2 of 2)	The Office		The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Bizarre Foods America		Man v. Food	Man v. Food	Man v. Food	Man v. Food	Delicious	Delicious	Bizarre Foods America		Man v. Food	Man v. Food
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop
ESPN	33	27	140	206	(5:00) 2022 Masters Tournament		First Round.		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34	28	143	209	College Hockey: Golden Gophers vs Mavericks				UFC 273 Countdown		UFC Unleashed		UFC Unleashed		Formula 1 Racing	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Beat Bobby	Beat Bobby	Chef Boot Camp		Beat Bobby	Beat Bobby
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club
FS1	41	85	150	219	NASCAR Truck Series		WWE Friday Night SmackDown		NASCAR Camping World Truck Series XPEL 225.				NASCAR Xfinity		NASCAR Xfinity	
FX	65	24	136	249	(4:00) *** "Furious 7" (2015) Vin Diesel, Paul Walker.		** "Fast & Furious Presents: Hobbs & Shaw" (2019, Action) Dwayne Johnson, Jason Statham, Idris Elba. A lawman and an operative battle a superhuman soldier.		Atlanta "The Big Payback" I was legit scared watching this.		Atlanta "The Big Payback"		Atlanta "The Big Payback"		Atlanta "The Big Payback"	
FX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
GOLF	88	88	401	218	Masters		Live From the Masters									
HALL	87	87	185	312	"You're Bacon Me Crazy" (2020) Natalie Hall, Michael Rady. A Portland chef tries to win a food truck competition.		"A Dream of Christmas" (2016, Drama) Nikki DeLoach. A married woman's wish to be single is magically granted.		"My Christmas Family Tree" (2021) Aimee Teegarden, Andrew Walker. A woman discovers her family tree during the holidays.		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls
HALLMM	86	86	187	565	(5:00) "Always Amore" (2022) Autumn Reeser, Tyler Hynes.		"A Dream of Christmas" (2016, Drama) Nikki DeLoach. A married woman's wish to be single is magically granted.		"My Christmas Family Tree" (2021) Aimee Teegarden, Andrew Walker. A woman discovers her family tree during the holidays.		Murder, She Wrote Jealous writer creates havoc.					
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Fix My Flip (N)		Hunters	Hunters Int'l	Hunters	Hunters Int'l
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People "Captain Pickle" (N)		(:35) Swamp People	"Sinkhole Giants"		
LIFE	29	29	108	252	The Mentalist		The Mentalist "Flame Red"		The Mentalist		The Mentalist		(:03) The Mentalist	(:03) The Mentalist		
MAGN	81	81	111	230	Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders	
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word With		The 11th Hour-Stephanie		The Rachel Maddow Show		The 11th Hour-Stephanie		Sky News on MSNBC (N)	
NGEO	55	78	197	276	Life Below Zero "Loaded"		Life Below Zero		Life Below Zero		Life Below Zero		(:15) Port Protection Alaska (N)		Life Below Ze	
NICK	27	51	171	299	Loud House	Loud House	Danger Force	Danger Force	SpongeBob	SpongeBob	*** "The SpongeBob SquarePants Movie"		SpongeBob		Friends	Friends
OWN	40	41	189	279	20/20 on OWN "Unfriended"		20/20 on OWN		48 Hours: Hard Evidence		20/20 on OWN		20/20 on OWN		20/20: Homicide	
OXY	30	69	127	251	Buried in the Backyard		Buried in the Backyard		Buried in the Backyard (N)		Dateline: Secrets Uncovered		A best selling author's wife dies.		Dateline: Secrets Uncovered	
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	*** "Django Unchained" (2012, Western) Jamie Foxx. An ex-slave and a German bounty hunter roam America's South.		"Django Unchained" (2012)						"Django Unchained" (2012)	
ROOT	37	26	426	687	(5:30) NHL Hockey Seattle Kraken at Chicago Blackhawks. (N)		Postgame	Mariners Pregame			MLB Baseball Seattle Mariners at Minnesota Twins.					
SYFY	67	50	122	244	(:05) ** "Fast Five" (2011, Action) Vin Diesel, Paul Walker, Jordana Brewster.		(:15) *** "Dr. Who and the Daleks" (1965) Peter Cushing. The absent-minded genius frees humans from robotic captors.		*** "Copshop" (2021, Action) Gerard Butler, Frank Grillo. Premiere.		*** "Daleks: Invasion Earth 2150 A.D." (1966) Peter Cushing, Bernard Cribbins.		*** "2001: A Space Odyssey" (1968, Science Fiction) Keir Dullea, Gary Lockwood.		Law Abiding	
TCM	56	73	132	256	(5:00) *** "Planet of the Apes" (1968) Charlton Heston.		(:15) *** "Dr. Who and the Daleks" (1965) Peter Cushing. The absent-minded genius frees humans from robotic captors.		*** "Copshop" (2021, Action) Gerard Butler, Frank Grillo. Premiere.		*** "Daleks: Invasion Earth 2150 A.D." (1966) Peter Cushing, Bernard Cribbins.		*** "2001: A Space Odyssey" (1968, Science Fiction) Keir Dullea, Gary Lockwood.		Law Abiding	
TDC	51	42	182	278	BattleBots "Round of 16" (N)		BattleBots "Round of 16" (N)		BattleBots The final eight bots face off. (N)		(:01) BattleBots		Eight bots stake their claim.		Hoarding: Buried Alive	
TLC	49	62	183	280	Unexpected		Unexpected		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Hoarding: Buried Alive	
TNT	57	52	138	245	(4:30) NBA Basketball Boston Celtics at Milwaukee Bucks.		NBA Basketball Los Angeles Lakers at Golden State Warriors. From Chase Center		Inside the NBA (N) (Live)		NBA Basketball Los Angeles Lakers at Golden State Warriors.					
TRAV	53	38	196	277	Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera	
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Fast Foodies	Inside Jokes	Inside Jokes	Inside Jokes
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58	39	105	242	Law & Order: SVU		9-1-1 "Fallout" (N)		9-1-1 "The Christmas Spirit"		9-1-1 "Seize the Day" (N)		9-1-1 "Fools" (N)		Law & Order: SVU	
WE	118	118	128	260	Criminal Minds		Criminal Minds "Distress"		Marriage- Reality Stars		Marriage- Reality Stars		Brat Loves Judy (N)		Marriage- Reality Stars	
WEATH	14	19	214	362	Heavy Rescue: 401		Frozen Gold		Frozen Gold "A Rocky Start"		Frozen Gold		Deep Water Salvage		Deep Water Salvage	
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Rat in the Kitchen (N)		Full Frontal	Rat in the Kitchen	Full Frontal	
HBO	518	518	303	504	Back on the Record	(:45) ** "The King's Man" (2021, Action) Ralph Fiennes. A man must stop an evil plot to wipe out millions of people. 'R'			*** "Cinderella Man" (2005, Biography) Russell Crowe, Paul Giamatti. Down-and-out boxer Jim Braddock makes a dramatic comeback. 'PG-13'		Winning Time: The Rise of the Lakers Dynasty		Winning Time: The Rise of the Lakers Dynasty		Game Theory With Boman!	(:40) The Invisible Pilot
MAX	531	531	311	516	(:15) *** "The Way, Way Back" (2013) Steve Carell. A father-less boy finds a mentor in a water-park employee. 'PG-13'				*** "Cinderella Man" (2005, Biography) Russell Crowe, Paul Giamatti. Down-and-out boxer Jim Braddock makes a dramatic comeback. 'PG-13'		(:25) *** "Master and Commander: The Far Side of the World" (2003) 'PG-13'					
SHOW	578	578	319	546	(:15) *** "Road to Perdition" (2002, Crime Drama) Tom Hanks, Paul Newman, Jude Law. 'R'				(:15) "Deadlock" (2021, Action) Patrick Muldoon, Bruce Willis. A retired Army ranger battles a rogue team of mercenaries. 'R'		Super Pumped: The Battle for Uber "Delete Uber" (N)		Desus & Mero	Billions "Succession"		
STARZ	621	621	351	526	(5:45) *** "Orange County" (2002) Colin Hanks.		(:11) ** "Pompeii" (2014, Adventure) Kit Harington. A gladiator tries to get home to save the woman he loves. 'PG-13'		*** "A.I.: Artificial Intelligence" (2001) Haley Joel Osmert. Premiere. An android boy embarks on a journey to discover his true nature. 'PG-13'							
TMC	591	591	327	554	(:10) ** "The Children Act" (2017) Emma Thompson. A judge decides the fate of a teen who needs a transfusion. 'R'				*** "Lee Daniels' The Butler" (2013) Forest Whitaker. A White House butler serves many presidents over the years.		(:15) "JFK Revisited: Through the Looking Glass" (2021) The assassination of President John F. Kennedy. 'NR'					