WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	NBC
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Varied	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		Varied Programs		El gordo y la flaca		Impacto	Varied
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs												First 48	Varied Programs		
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie	Varied Programs															Movie	Varied
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	As. Living	Prince	Varied	Prince	black-ish	black-ish	Lv Single	Lv Single	Martin	Martin	Und'cover	Varied	New York Undercover		Movie		Varied Programs			
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Love M	Caillou	Thomas	Thomas	Mush	Care	Craig	Craig	Craig	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Bears	Craig	Movie	
CBSSN	410	410	158	221	2022 Tournament		The Jim Rome Show						Maggie and Perloff		Varied Programs				Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Cleveland	Cleveland	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey	Mickey	Spidey	Bluey	Bluey	Alice's	Bluey	Bluey	Ladybug	Ladybug	Big City	Amphibia	Big City	Varied Programs		Ghost	Big City	Big City	Raven	Raven
E!	64	76	114	236	Varied Programs						Daily Pop		Movie	Varied Programs										
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around	Pardon	SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		SportsCenter		Varied Programs						Daily Wager		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Middle	Middle	Varied Programs		Movie	Varied Programs								
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself			Varied	Skip	Varied	Hub	Varied Programs				
FX	65	24	136	249	Movie	Varied Programs				Movie	Varied Programs													
FXX	35	64	125	259	(7:00) Movie		Movie		Varied Programs				Cleveland	Cleveland	Cleveland	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons
GOLF	88	88	401	218	(4:00) PGA Tour Golf		Varied Programs				PGA Tour Golf				Varied Programs								Golf C'tral	Varied
HALL	87	87	185	312	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie				Movie			
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Hailey Dean	
					T Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Crossword Mysteries	
					W Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		Fixer Upper	
					Th Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		"Presence-Love"	
					F Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk		"Love on a Limb"	
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Castle		Castle		Castle	
MAGN	81	81	111	230	Varied Programs																			
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	PAW	PAW	Blaze	Bubble	PAW	PAW	PAW	PAW	Blaze	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Patrick	Loud	Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Varied	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Movie	Varied	Movie		Varied Programs															
TCM	56	73	132	256	M (7:00) "Sweethearts" ★★★ "Naughty Marietta" (1935)						★★★ "The Cowboy and the Lady" (1938)				★★★ "The Awful Truth"			(:45) ★★★★ "You Can't Take It With You" (1938)					"Goodbye-Chips"	
					T 49th Par. ★★★★ "The Search" (1948)				(:15) ★★★ "Battleground" (1949, War)				(:15) ★★★ "Air Force" (1943) John Ridgely, Gig Young.				★★★ "Thirty Seconds Over Tokyo" (1944, War)						"Grapes-Wrath"	
					W (7:30) "The Solid Gold Cadillac" ★★★ "Designing Woman" (1957, Comedy)							★★★ "Tom Thumb" (1958) Alan Young				★★★ "Lili" (1953) Leslie Caron.			★★★ "Cyrano de Bergerac" (1950)					★★★ "Harvey"	
					Th (5:30) ★★★ "Exodus"			★★★ "It's a Mad, Mad, Mad, Mad World" (1963) Spencer Tracy.							★★★ "The Time Machine" (1960)					★★★★ "2001: A Space Odyssey" (1968) Keir Dullea.				"The Producers"	
					F ★★★ "Day for Night" (1973)				(:15) ★★ "Logan's Run" (1976) Michael York.						★★★ "Being There" (1979, Comedy) Peter Sellers.				★★★ "The Candidate" (1972) Peter Boyle				"Fiddler on the Roof"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Varied Programs													
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs														Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Paid Prog.	Varied Programs		Paid Prog.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Criminal Minds		Criminal Minds		Criminal Minds	
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M "Immortal Life of Henrietta"			(:25) ★★ "The Transporter"			★★ "Godzilla vs. Kong" (2021)				(12:55) ★★ "Wonder Woman 1984" (2020, Action)					(:45) ★★ "Fast & Furious 6" (2013) Vin Diesel.				
					T West Side	"My Big Fat Greek Wedding"			(:15) ★★★ "The Last Five Years" (2014)				(11:50) ★★ "Admission"			(:40) ★★★ "In the Heights" (2021) Anthony Ramos.					Nightmare	(:20) ★★ "Transporter 2"	
					W (:10) "Tina" (2021, Documentary) Tina Turner.				(:10) ★★★ "The Queen" (2006)				(11:55) ★★ "The Conspirator" (2010)				★★★ "The Suicide Squad" (2021, Action)				The Disappearance			Kim Wall
					Th "The Day the Earth Stood Still"			(:35) ★★★ "Solaris" (2002)			(:15) ★★ "The Scorpion King" (2002)				The Gilded Age		(1:55) ★★ "Godzilla vs. Kong" (2021)				(3:50) ★★ "The Wolverine" (2013)			
					F (7:00) "The Mummy"		(:05) ★★ "The Day After Tomorrow"				(:10) ★★ "Cry Macho" (2021, Drama)				Game	★★★ "Blades of Glory" (2007)			(:05) The Gilded Age		(:10) ★★ "The Transporter"			Sports
MAX	531	531	311	516	M (6:46) "At First Sight"		(8:57) ★★★ "Antwone Fisher" (2002)				★★ "Disturbia" (2007) Shia LaBeouf.				(12:47) ★★ "The High Note"			(:42) ★★ "The Wood" (1999) Omar Epps.					"Broken Lizard's Club Dread"	
					T Hellraiser	(:39) ★★★ "North Dallas Forty" (1979)				(:39) "Dragon Blade" (2015) Jackie Chan.				(:23) ★★ "Notorious" (2009, Biography)				(:28) ★★★ "Cloverfield" (2008)			(3:55) ★ "The Tuxedo"		Transform
					W Barefoot	(:18) "The Legend of Hercules"			(9:57) ★★ "Rocky IV" (1985)			★★★ "Cop Land" (1997)			(:15) ★ "Biker Boyz" (2003) Derek Luke				(:08) ★★★ "The Aviator" (2004, Biography) Leonardo DiCaprio.					
					Th (7:20) "Identity Thief"		(:12) ★★★ "Double Jeopardy" (1999)				(10:59) ★ "Baggage Claim"			(:38) ★★ "Oblivion" (2013) Tom Cruise.				(:45) ★★ "The Counselor" (2013, Suspense)				(:44) ★★ "The Ruins" (2008)	
					F "The Great Gatsby"		(:08) ★★ "Cesar Chavez" (2014, Biography)				(10:52) "The Mustang" (2019)				★★★★ "Rocky" (1976) Sylvester Stallone.			(:31) ★ "Norbit" (2007)			(:15) ★★ "What Women Want" (2000)		
SHOW	578	578	319	546	M ★ "Empire Records" (1995)		★★ "The Vow" (2012)				(:15) "Violet" (2021, Drama) Olivia Munn.				★★ "Shutter Island" (2010) Leonardo DiCaprio.					(:20) "The Djinn"		The Cir	(:15) Billions
					T (:15) ★★ "Smokey and the Bandit II" (1980)				"Smokey and the Bandit Part 3"			"The Ballad of Lefty Brown" (2017, Western)				(:25) "Old Henry" (2021, Western)			(:05) "The Survivalist" (2021)				(:45) ★★ "The Gentlemen"	
					W (7:15) "The Farewell"		★★ "Whiskey Tango Foxtrot" (2016)				"Cut Bank" (2014, Suspense)			(:35) ★★★ "The Guest" (2014)			(:15) "The Dry" (2020) Eric Bana.						(:15) "Werewolves Within" (2021, Comedy)	
					Th ★★★ "Dark Waters" (2019, Drama)				(:15) "Through the Glass Darkly" (2020)				★★★ "Mid90s" (2018)			★ "Snake Eyes" (1998)			(:15) "Last Call" (2021) Jeremy Piven.					"Support the Girls"
					F (6:45) ★★ "Jobs"		★★ "Safe Haven" (2013) Josh Duhamel.						★ "Scary Movie V" (2013)		★ "Empire Records" (1995)		★★ "Miles Ahead" (2016)			(:45) ★★ "Shaft" (2000, Action)				Insurrect
STARZ	621	621	351	526	M (7:37) "Mr. & Mrs. Smith" (2005)		(:40) Outlander "Temperance"				Shining	(:19) ★★ "Spanglish" (2004) Téa Leoni			(:34) ★★ "Contraband" (2012, Action)					Power Book IV: Force		(:23) ★★ "Long Weekend"	
					T Sky Captn	(:37) "Show Me the Father"			(:11) ★★ "National Security"			Power Book IV: Force	(:39) ★★ "The Last Shift"				(:13) Outlander "Temperance"			Shining	(3:52) ★★ "Safe House" (2012, Action)		
					W (:07) ★★★ "Megan Leavey" (2017, War)				"The House Next Door: Meet the Blacks 2"				(11:47) "The Legend of Bagger Vance"				Power Book IV: Force		(2:53) ★★★ "The Hurt Locker" (2008)				Power Book IV: Force	
					Th (:04) ★★ "French Exit" (2020)				★★ "McFarland, USA" (2015)				(:12) Outlander "Temperance"			(:19) "Jumanji: Welcome to the Jungle"				(:22) ★★ "The Craft: Legacy"			"Tower Heist" (2011)	
					F (7:04) ★★ "The Last Castle"		(:19) "Jumanji: Welcome to the Jungle"					(:22) ★★★ "Tin Cup" (1996) Kevin Costner.			(:40) Outlander "Temperance"			(2:47) ★★ "Robin Hood" (2010)					(:11) "Beauty Shop"	
TMC	591	591	327	554	M (:05) ★★★ "Nowhere Boy" (2009, Drama)				(9:55) ★★ "A Call to Spy" (2019)				★★ "Blown Away" (1994) Jeff Bridges.				"Downeast" (2021) Greg Finley.			"The Kill Team" (2019) Nat Wolff.			"Murder-Nicole"	
					T (:05) ★★ "Last Holiday" (2006, Comedy)				★★ "The Cutting Edge"			(:45) ★★ "Everybody's Fine" (2009)				(:25) "Madeline's Madeline"			★★★ "A Room With a View" (1986)				"Jules of Light"	
					W (7:40) "23 Walks" (2020)			(:25) ★★ "7 Days in Entebbe"			(:15) "Summer of 85" (2020) Félix Lefebvre.				"In My Father's House" (2015)			(:35) ★★ "Walking Tall" (2004)			(:05) "Dreamland" (2019) Margot Robbie.		
					Th Speed	(:40) ★★★ "The Parallax View" (1974)			★ "A Thousand Words"				(:05) "The Kings of Summer"			(:45) ★ "Best Defense" (1984, Comedy)			(:20) ★★★ "Nowhere Boy"			"Fruitvale Station"	
					F (7:45) "Surge" (2020, Suspense)		★★★★ "Aliens" (1986) Sigourney Weaver.						★★★ "Philadelphia" (1993) Tom Hanks.				(:10) "The Nest" (2020, Suspense) Jude Law.			★★ "Falling" (2020) Viggo Mortensen.				