

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

MARCH 20, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	Your Voice	Sharyl Attkisson	2022 NCAA Women's Basketball Tournament Second Round: Teams TBA. (N) (Live)	2022 NCAA Women's Basketball Tournament Second Round: Teams TBA. (N) (Live)	Smiley Healthy	Hearts of Heroes	Free Enterprise	Sharyl Attkisson	This Week w/ George Stephanopoulos	KATU News at 5	World News									
PBS	3	5			Hero Elementary	Elinor Wonders	R. Steves' Europe	R. Steves' Europe	Nature Observing pandas in the wild.	NOVA "Looking for Life on Mars"	Great Performances Films and performances of 2021.	Great Performances Exploring Brazil and its music.	Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk							
CBS	6	6	6	6	CBS News Sunday	Face the Nation (N)	2022 NCAA Basketball Tournament Second Round: Teams TBA. (N) (Live)	2022 NCAA Basketball Tournament Second Round: Teams TBA. (N) (Live)	2022 NCAA Basketball Tournament Second Round: Teams TBA. (N) (Live)	2022 NCAA Basketball Tournament Second Round: Teams TBA. (N) (Live)	Smiley Healthy, with ClearChoice	Grant's Getaways	Laura McKenzie	KGW News at 5 (N)											
NBC	8	8	8	8	Meet the Press (N)	Find More Joy	IndyCar Pre	IndyCar Racing XPEL 375. From Texas Motor Speedway in Fort Worth, Texas. (N) (Live)	PGA Tour Golf Valspar Championship, Final Round. From Palm Harbor, Fla. (N) (Live)	Smiley Healthy, with ClearChoice	Grant's Getaways	Laura McKenzie	KGW News at 5 (N)												
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Northwest Politics	Christian Worship Hour	The Life You Love	Bath-room?	Storage Wars	Storage Wars	Modern Family	Modern Family	The Gold-bergs	The Gold-bergs	Mom	Mom	Seinfeld	Seinfeld	KOIN 6 News	KOIN 6 News		
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX News Sunday (N)	Paid Program	Blair Underwood	Find More Joy	NASCAR RaceDay	NASCAR Cup Series Folds of Honor QuikTrip 500. The Folds of Honor QuikTrip 500 gets underway in NASCAR Cup Series action from Atlanta. (N) (Live)	Go Nitro	Go Nitro	5 O'Clock News (N)											
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)	Outdoor GPS	America's Heartland	Biz Kid\$ (E)	Dragon-FlyTV (N)	Think Big (E)	Animal Rescue	Dog Tales (E)	Paid Program	Grow Hair Fast!	Storm of Suspicion "Thaw and Order"	Bull Bull works with his romantic rival.	Bull A woman evades criminal charges.	Bloodline Detectives "Precious Doe" (N)							
UNIV	22	22	16	47	Despierta América en domingo (N) (Live)	Al punto con Jorge Ramos (N)	Aquí y ahora	Como dice el dicho	República deportiva (N) (Live)	María de Todos	Noticiero Univisión	Fútbol central (N) (Live)	Fútbol Mexicano Primera División América vs. Toluca. (N)												
A&E	52	55	118	265	Flipping Vegas	Flipping Down South	Deep	Deep	Deep	Deep	"Black Water" (2018, Action) Jean-Claude Van Damme.	** "Olympus Has Fallen" (2013) Gerard Butler.	The First 48												
AMC	60	45	131	254	(6:09) ** "Cold Pursuit" (2019, Action)	(8:54) Killing Eve Eve wants revenge.	(9:54) Killing Eve Eve locates Helene.	(10:54) Killing Eve	(11:54) *** "A Few Good Men" (1992) Tom Cruise, Jack Nicholson. A Navy lawyer defends two Marines in a comrade's death.	(2:54) ** "Road House" (1989, Action) Patrick Swayze. A legendary bouncer agrees to tame a notorious gin mill.	(24) "Twister"														
ANP	24	49	184	282	North Woods Law	North Woods Law	North Woods Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law										
BET	4	72	124	392	Payne	Payne	Prince	Prince	Lv Single	Lv Single	(42) Living Single	Lv Single	Lv Single	Lv Single	Lv Single	Lv Single	** "Welcome Home Roscoe Jenkins"	"Madea Family"							
BRAVO	54	65	129	237	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta	Housewives-Atlanta							
CARTOON	25	59	177	297	Teen	Teen	Bears	Bears	Total	Total	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Craig	Teen	Teen	Gumball	Gumball	Gumball	Gumball	
CBSSN	410	410	158	221	2022 Tournament	Serie A Pre-Match (N)	Italian Serie A Soccer AS Roma vs Lazio. (N)	Serie A	Auto Race	Motorcycle Race	NCAA March Madness 360 (N)	Bull Riding													
CNN	68	44	200	202	Reliable Source	State of Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom								
COM	77	56	107	249	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Seinfeld	Seinfeld				
COOK	123	123	113	232	Best Thing	Best Thing	Food Paradise	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Carn Eats	Carn Eats	Carn Eats	Carn Eats
DISN	26	48	173	290	Big City	Big City	Owl Hse.	Amphibia	Amphibia	Ghost	Ladybug	Ladybug	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City
E!	64	76	114	236	Saved/	Saved/	Saved/	Saved/	Saved/	Saved/	SBTB	SBTB	SBTB	SBTB	Saved/	Saved/	Saved/	Saved/	Saved/	Saved/	Saved/	Saved/	Saved/	Saved/	
ESPN	33	27	140	206	(7:55) Formula 1 Racing Bahrain Grand Prix. From Bahrain International Circuit in Bahrain.	ESPN Films	2022 NCAA Women's Basketball Tournament Teams TBA. (N) (Live)	2022 NCAA Women's Basketball Tournament Teams TBA. (N) (Live)	2022 NCAA Women's Basketball Tournament Teams TBA. (N) (Live)	2022 NCAA Women's Basketball Tournament Teams TBA. (N) (Live)	SportsCenter (N) (Live)	2022 NCAA Women's Basketball Tournament Teams TBA. (N) (Live)													
ESPN2	34	28	143	209	College GameDay (N)	2022 NIT Basketball Tournament	Cheerleading	2022 NCAA Women's Basketball Tournament	2022 NCAA Women's Basketball Tournament	2022 NCAA Women's Basketball Tournament	Cornhole SuperHole	ACL Cornhole Mania													
FNC	66	25	205	360	MediaBuzz (N) (Live)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Maria Bartiromo	Fox News Live (N)	The Big Sunday Show	Fox Report	Sunday Night	Life, Liberty & Levin										
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Girl Meets Farm (N)	Delicious	Delicious	The Kitchen	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games									
FREE	32	33	180	311	(7:30) *** "21 Jump Street" (2012)	** "Let's Be Cops" (2014) Jake Johnson.	*** "Mrs. Doubtfire" (1993) Robin Williams, Sally Field.	** "Sweet Home Alabama" (2002) Josh Lucas	Blind Side																
FS1	41	85	150	219	Motorcycle Race	NASCAR Xfinity	NASCAR RaceDay (N)	PBA Bowling	WSOB Collegiate Invitational.	MLS Soccer Seattle Sounders FC at Austin FC. (N) (Live)	Major League Rugby														
FX	65	24	136	249	Mom	Mom	** "Lucy in the Sky" (2019, Drama) Natalie Portman, Jon Hamm, Zazie Beetz. An astronaut loses touch with reality after a mission.	*** "Bumblebee" (2018) Hailee Steinfeld, John Cena. A teen revives Bumblebee the Autobot in a beach town.	*** "Spider-Man: Far From Home" (2019, Action) Tom Holland. Spider-Man and Mysterio battle four elemental creatures.	"Jurassic World"															
FXX	35	64	125	259	"Charlie's Angels: Full Throttle"	*** "Rise of the Planet of the Apes" (2011)	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GOLF	88	88	401	218	Golf	Golf	Golf Central Pregame	PGA Golf	DP World Tour Golf Steyn City Championship, Final Round.	Golf Central (N) (Live)	PGA Golf														
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Valentine Ever After" (2016, Romance) Autumn Reeser, Eric Johnson, Vanessa Matsui.	"Feeling Butterflies" (2022, Romance-Comedy) Kayla Wallace, Kevin McGarry.	"Hearts Down Under" (2020, Romance-Comedy) Cindy Busby, Tim Ross.	"Love on the Sidelines" (2016, Drama) Emily Kinney, John Reardon, Hayley Sales.													
HALLMM	86	86	187	565	Monk A method actor gets in Monk's way.	"Good Witch Halloween" (2015, Drama) Catherine Bell, Bailee Madison, Catherine Disher.	"Good Witch: Secrets of Grey House" (2016, Drama) Catherine Bell, Bailee Madison.	"Good Witch: Spellbound" (2017, Drama) Catherine Bell, Bailee Madison.	Good Witch "Tale of Two Hearts"	Good Witch: Curse From a Rose" (2019)															
HGTV	62	57	112	229	Flip	Flip	Flip	Flip	Flip	Flip	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town									
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	Counting Cars	Counting Cars	Cnt. Cars	Cnt. Cars	Counting Cars	The Cars That	The Cars That	The Cars That	The Cars That	The Cars That	Built America								
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	"Double Daddy" (2015) Drama Mollie Gray.	"Stalked by a Prince" (2022) Natalie Hall.	"My Husband's Killer Girlfriend" (2021)	"Your Boyfriend Is Mine" (2022) Jamie Roy.													
MAGN	81	81	111	230	Fixer Upper: Welcome	Fixer Upper: Welcome	Magnolia	Magnolia	Zoe	Zoe	The Lost Kitchen (N)	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Family	Family	Family	Family			
MSNBC	71	67	209	356	The Sunday Show	Alex Witt Reports (N)	Alex Witt Reports (N)	Alex Witt Reports (N)	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian		
NGEO	55	78	197	276	Total Gym	Humana	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna		
NICK	27	51	171	299	Patrick	Alvin!!!	Rugrats	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Super Soul Sunday	Super Soul Sunday	Super Soul Sunday	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	
OXY	30	69	127	251	Real Murders	Real Murders	Real Murders	Real Murders	Real Murders	Real Murders	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	
PARMT	42	43	241	241	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	
ROOT	37	26	426	687	Paid Prog.	Oxygen	MLS Soccer Portland Timbers at FC Dallas.	Timbers	Blazers	Portland	NBA Basketball Portland Trail Blazers at Indiana Pacers.	Postgame	Major League Rugby: Seawolves at Jackals	Portland											
SYFY	67	50	122	244	** "Fantastic Beasts: The Crimes of Grindelwald" (2018, Fantasy)	(10:57) *** "Harry Potter and the Prisoner of Azkaban"	*** "Harry Potter and the Goblet of Fire" (2005, Fantasy) Daniel Radcliffe.	Harry P																	
TCM	56	73	132	256	"Johnny Belinda" (45) *** "I Want to Live!" (1958, Biography) Susan Hayward, Simon Oakland, Virginia Vincent.	*** "The Trip to Bountiful" (1985, Drama) Geraldine Page, John Heard.	*** "The Miracle Worker" (1962, Biography) Anne Bancroft, Patty Duke.	*** "A River Runs Through It"																	
TDC	51	42	182	278	Saltwater	Sportsman	Bee Czar	Bee Czar	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid								
TLC	49	62	183	280	Secretly Pregnant	Secretly Pregnant	Unexpected	Unexpected	My 600-Lb. Life "Margaret's Journey"	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life								
TNT	57	52	138	245	NCIS: New Orleans "The Asset"	** "Heaven Is for Real" (2014, Drama) Greg Kinnear, Kelly Reilly, Margo Martindale.	NHL Hockey New York Islanders at Philadelphia Flyers. From Wells Fargo Center in Philadelphia. (N) (Live)	2022 NCAA Basketball Tournament Second Round: Teams TBA. (N) (Live)	NCAA Tip-Off (N) (Live)	2022 NCAA Basketball Tournament Second Round: Teams TBA. (N) (Live)	NCAA Basket.														
TRAV	53	38	196	277	Food Paradise	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.								
TRUTV	73	75	242	246	World's Dumbest ...	World's Dumbest ...	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	(12) The Golden Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
USA	58	39	105	242	Premier Soccer	Premier	Premier League Soccer: Spurs vs Hammers	Goal Zone	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	
WEATH	14	19	214	362	Weekend Recharge	Weekend Recharge	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	
WTBS	59	40	139	247	Friends	Friends	Friends	Friends	*** "Ant-Man" (2015) Paul Rudd, Michael Douglas.	*** "Avengers: Age of Ultron" (2015, Action) Robert Downey Jr.	2022 NCAA Basketball Tournament														
HBO	518	518	303	504	(7:27) *** "Pacific Rim" (2013) Charlie Hunnam. 'PG-13'	(:40) The Gilded Age	(:35) *** "Tenet" (2020, Action) John David Washington, Robert Pattinson, Elizabeth Debicki. 'PG-13'	Undercurrent: The Disappearance	(:12) Undercurrent: The Disappearance of Kim Wall	(:20) *** "Hellboy" (2004, Fantasy) Ron Perlman, John Hurt, Selma Blair. 'PG-13'	Ron Perlman, Bill Maher														
MAX	531	531	311	516	"World's End" (44) *** "For Your Consideration" (2006) Christopher Guest.	(:10) * "Biker Boyz" (2003, Action) Laurence Fishburne, Derek Luke. 'PG-13'	(:02) *** "Cop Land" (1997, Crime Drama) Sylvester Stallone, Harvey Keitel. 'R'	(1:49) *** "Rocky" (1976, Drama) Sylvester Stallone, Talia Shire. 'PG'	(3:50) ** "Vanilla Sky" (2001, Suspense) Tom Cruise, Penelope Cruz. 'R'																
SHOW	578	578	319	546	(:15) *** "Road to Perdition" (2002, Crime Drama) Tom Hanks, Paul Newman. 'R'	(:15) *** "The Green Knight" (2021) Dev Patel. King Arthur's nephew confronts a mysterious giant. 'R'	* "Snake Eyes" (1998, Suspense) Nicolas Cage. 'R'	(:10) "After Yang" (2021, Science Fiction) Colin Farrell, Jodie Turner-Smith. 'PG'	(3:55) "Violet" (2021, Drama) Olivia Munn, Luke Braacey. 'NR'	The Circus Ins															
STARZ	621	621	351	526	(7:51) *** "That Thing You Do!" (1996) Tom Everett Scott.	(:42) ** "Venom" (2018, Action) Tom Hardy, Michelle Williams, Riz Ahmed. 'PG-13'	(:38) Outlander Jamie's first request as Indian Agent.	(12:53) * "Grown Ups 2" (2013, Comedy) Adam Sandler. 'PG-13'	(:37) Shining Vale	(:08) ** "Venom" (2018, Action) Tom Hardy, Michelle Williams, Riz Ahmed. 'PG-13'	(:04) *** "Hellboy II: The Golden Army"														
TMC	591	591	327	554	(:10) * "Friday the 13th - Part III" (1982, Horror) Dana Kimmell, Paul Kratka. 'R'	** "Last Holiday" (2006, Comedy) Queen Latifah, Gérard Depardieu. 'PG-13'	** "Scream 4" (2011, Horror) Neve Campbell, Courteney Cox, David Arquette. 'R'	(1:50) ** "She's So Lovely" (1997, Drama) Sean Penn. 'R'	*** "Alien" (1979, Science Fiction) Tom Skerritt, Sigourney Weaver, John Hurt. 'R'	**** "Aliens"															