SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

MARCH 13, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday		Your Voice	NBA	NBA Basketball New York Knicks at Brooklyn Nets. From Barclays Center in Brooklyn, N.Y. (N) (Live)					NBA Basketball Dallas Mavericks at Boston Celtics. From TD Garden in Boston. (N) (Live)					Find More Joy	Sharyl Attkisson	This Week W/ George Stephanopoulos		KATU News at 5	World News
PBS	3	5			Hero Elementary	Elinor Wonders	R. Steves' Europe	R. Steves' Europe	Nature "Australian Bushfire Rescue"		NOVA The mysteries of fat.		Great Performances at the Met "Eurydice" Matthew Aucoin's take on Eurydice.					Symphony	Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk
CBS	6	6	6	6	CBS News Sunday	Face the Nation (N)	Inside College Basketball (N) (Live)		College Basketball Atlantic 10 Tournament, Championship: Teams TBA. (N) (Live)					College Basketball Big Ten Tournament, Championship: Teams TBA. (N) (Live)					NCAA Men's Basketball Selection Show		Paid Program	Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News
NBC	8	8	8	8	Meet the Press (N)		2022 Winter Paralympics Daytime.		2022 Players Championship Final Round. (N) (Live)										Smiley Healthy, with ClearChoice		Grant's Getaways	Laura McKenzie	KGW News at 5 (N)	
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Northwest Politics	Christian Worship Hour		Mercy Ships	Paid Program	Modern Family	Modern Family	Young Sheldon	Young Sheldon	The Goldbergs	The Goldbergs	Live From the Critics' Choice Awards (N)		Seinfeld	Seinfeld	KOIN 6 News	KOIN 6 News
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)		FOX News Sunday (N)		PBA Bowling WSOB World Championship Finals. (N) (Live)				NASCAR RaceDay	NASCAR Cup Series Ruoff Mortgage 500. NASCAR Cup Series drivers gear up for the Ruoff Mortgage 500 from Phoenix Raceway. (N) (Live)							Go Nitro	Go Nitro	5 O'Clock News (N)	
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)		Outdoor GPS		America's Heartland	Biz Kid$ (EI)	Dragon-FlyTV (N)	Think Big (EI)	Animal Rescue	Dog Tales (EI)	Paid Program	Grow Hair Fast!	Storm of Suspicion		Bull Bull defends a train engineer.		Bull A series of anthrax attacks.		Believe: The Barack Obama Story	
UNIV	22	22	16	47	Despierta América en domingo (N) (Live)				(9:55) Al punto con Jorge Ramos (N)		(10:55) Fútbol Mexicano Primera División Toluca vs. Pachuca. (N) (Live)				República deportiva (N) (Live)		Naturaleza humana	Naturaleza humana	Aquí y ahora		La rosa de Guadalupe (N)		La rosa de Guadalupe (N)	
A&E	52	55	118	265	Flipping Vegas		Flipping Down South		Deep	Deep	★★★ "John Wick: Chapter 3 -- Parabellum" (2019) Halle Berry						★★★ "Hacksaw Ridge" (2016, War) Andrew Garfield.						The First 48	
AMC	60	45	131	254	"First Blood"	(:37) ★★ "Rambo: First Blood Part II" (1985) Sylvester Stallone, Richard Crenna.				(:37) ★★ "Triple 9" (2016, Crime Drama) Casey Affleck, Chiwetel Ejiofor. Criminals and dirty cops hatch a devious scheme for a heist.						(:22) ★★ "U.S. Marshals" (1998, Action) Tommy Lee Jones, Wesley Snipes. Sam Gerard gets caught up in another fugitive case.						(:22) ★★ "Armageddon" (1998) Bruce Willis, Liv Tyler.		
ANP	24	49	184	282	North Woods Law		North Woods Law		North Woods Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law	
BET	4	72	124	392	Payne	Payne	Prince	Prince	Prince	Prince	Lv Single	Lv Single	Lv Single	(:45) Living Single		Lv Single	Lv Single	★★ "Boomerang" (1992, Comedy) Eddie Murphy, Halle Berry.						Nutty 2
BRAVO	54	65	129	237	Xscape Still Kickin' It		Xscape Still Kickin' It		Xscape Still Kickin' It		Xscape Still Kickin' It		Kandi & The Gang		The Real Housewives		The Real Housewives		The Real Housewives		The Real Housewives		The Real Housewives	
CARTOON	25	59	177	297	Teen	Teen	Bears	Bears	Total	Total	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Craig	Teen	Teen	★★ "Minions" (2015) Jon Hamm			
CBSSN	410	410	158	221	Basketball	Basketball	Women's College Basketball				Women's College Basketball				PBR Bull Riding PBR U.S. Border Patrol Invitational. (N)					Limits	NCAA March Madness Bracket Breakdown			
CNN	68	44	200	202	Reliable Source		State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom	
COM	77	56	107	249	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Best Thing	Best Thing	Food Paradise		Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Carn Eats	Carn Eats	Carn Eats	Carn Eats
DISN	26	48	173	290	Big City	Big City	Big City	Ghost	Ladybug	Amphibia	Ghost	Ghost	Ladybug	Ladybug	Amphibia	Amphibia	Amphibia	Amphibia	Amphibia	Amphibia	Amphibia	Amphibia	Amphibia	Amphibia
E!	64	76	114	236	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	★★ "17 Again" (2009) Zac Efron.				★★ "Shallow Hal" (2001) Gwyneth Paltrow.					★ "Mr. Deeds" (2002) Adam Sandler.				"The Waterboy"	
ESPN	33	27	140	206	SportsCenter (N) (Live)		College Basketball Live (N) (Live)		College Basketball SEC Tournament, Championship: Teams TBA. (N) (Live)				(:15) College Basketball AAC Tournament, Championship: Teams TBA. (N) (Live)				(:15) SportsCenter (N) (Live)		Bracketology - Field of 136				NCAA Women's Selection Special (N)	
ESPN2	34	28	143	209	(7:00) 30 for 30		College Basketball				Women's College Basketball				UFC Unleashed		USL Championship Soccer				NBA 75	NBA 75	NCAA Women's	
FNC	66	25	205	360	MediaBuzz (N) (Live)		Fox News Live (N)		Fox News Live (N)		FOX News Sunday		Maria Bartiromo		Fox News Live (N)		The Big Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin	
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Girl-Farm	Delicious	Delicious	The Kitchen		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREE	32	33	180	311	(7:00) "Lilo & Stitch"		(:05) ★★★ "Hercules" (1997) Josh Keaton			(:10) ★★ "Hotel Transylvania" (2012)					(:15) ★★ "Hotel Transylvania 2" (2015, Children's)					"Hotel Transylvania 3: Summer Vacation"			Shrek	
FS1	41	85	150	219	NASCAR	Drag Racing			Motorcycle Race		NASCAR RaceDay (N)		Horse Race			MLS Soccer Charlotte FC at Atlanta United FC. (N) (Live)					Drag Racing			
FX	65	24	136	249	(7:00) ★★★ "First Man" (2018, Biography) Ryan Gosling, Claire Foy, Jason Clarke.				★★ "Breakthrough" (2019, Drama) Chrissy Metz. Parents pray for a miracle as their son fights for his life.					★★ "Pitch Perfect 3" (2017, Musical Comedy) Anna Kendrick, Hailee Steinfeld.				★★★ "The Blind Side" (2009, Drama) Sandra Bullock, Tim McGraw. A well-to-do white couple adopts a homeless black teen.						"Talladega Ngts"
FXX	35	64	125	259	(7:00) ★★★ "The Hate U Give" (2018)				★★★ "Hidden Figures" (2016) Taraji P. Henson.						King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GOLF	88	88	401	218	(6:00) Live From THE PLAYERS (N) (Live)						Feherty		Golf Acad.	Golf Channel Acad.		Golf Acad.	Feherty		Live From THE PLAYERS (N) (Live)				PGA Tour Golf	
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Fashionably Yours" (2020) Kat Graham. A woman is passed up for a promotion at work.				"The Story of Us" (2019, Romance-Comedy) Maggie Lawson, Sam Page, Marco Grazzini.				"As Luck Would Have It" (2021, Romance) JoAnna Garcia Swisher, Allen Leech.				"Sweet Carolina" (2021, Romance) Lacey Chabert, Tyler Hynes, Gregory Harrison.			
HALLMM	86	86	187	565	Monk Monk infiltrates the mob.		Monk		Monk		"Finding Love in Mountain View" (2020, Romance) Danielle C. Ryan, Myko Olivier.				"Signed, Sealed, Delivered: The Vows We Have Made" (2021) Eric Mabius.				"Rise and Shine, Benedict Stone" (2021, Drama) Tom Everett Scott, Mia Maestro.				"The Vows We Keep" (2021, Romance)	
HGTV	62	57	112	229	Home Inspector Joe		Home Inspector Joe		Home Inspector Joe		Home Inspector Joe		Build It Forward		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Home Town	
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels	
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	"Deadly Dating Game" (2021)		"A Date With Danger" (2021)			"Cruel Instruction" (2022) Camryn Manheim.					★★ "Fifty Shades of Grey" (2015) Dakota Johnson.					Fifty
MAGN	81	81	111	230	Fixer Upper: Welcome		Fixer Upper: Welcome		Magnolia	Magnolia	Zoe	Zoe	The Lost Kitchen (N)		Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Family	Family
MSNBC	71	67	209	356	The Sunday Show		Alex Witt Reports (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (N)		American Voices		American Voices		Mehdi Hasan	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	When Sharks Attack		When Sharks Attack		When Sharks Attack		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna		Wicked Tuna	
NICK	27	51	171	299	Patrick	Alvinnn!!!	Loud	Rugrats	★★★ "Shrek" (2001) Eddie Murphy				Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Sponge.	Sponge.
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday		Super Soul Sunday		Court	Court	Court	Court	Court	Court	Court	Court	Court	Court
OXY	30	69	127	251	Real Murders		Real Murders		Killer Relationship		Killer Relationship		Snapped Sheila Davalloo tells her story.				Snapped		Snapped		Snapped		Snapped	
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
ROOT	37	26	426	687	Paid Prog.	Oxygen	MLS Soccer Austin FC at Portland Timbers.				Timbers	Major League Rugby				Kraken	Warm-Up	Pregame	NHL Hockey Seattle Kraken at Montreal Canadiens.					Postgame
SYFY	67	50	122	244	"Jeepers Creepers 3" (2017) Stan Shaw				★ "Punisher: War Zone" (2008, Action)				★★ "The Punisher" (2004) Thomas Jane, John Travolta.					★★ "Daredevil" (2003, Action) Ben Affleck.				"Captain America: Civil War"	
TCM	56	73	132	256	(7:45) ★★ "The V.I.P.s" (1963, Comedy-Drama) Elizabeth Taylor, Richard Burton.				★★★★ "Elmer Gantry" (1960) Burt Lancaster. A con man joins an evangelist sister in the 1920s Midwest.					(:45) ★★★ "The Year of Living Dangerously" (1982, Adventure) Mel Gibson, Sigourney Weaver, Linda Hunt.					★★★★ "Bonnie and Clyde" (1967, Crime Drama) Warren Beatty, Faye Dunaway.				★★★ "Sense and Sensibility"	
TDC	51	42	182	278	Saltwater	Sportsman	Bee Czar		Naked and Afraid		Naked and Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid	
TLC	49	62	183	280	Say Yes to the Dress		Four Weddings		Four Weddings		Four Weddings		90 Day Diaries		90 Day Diaries		90 Day Diaries		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé	
TNT	57	52	138	245	(:02) NCIS: New Orleans		(:03) NCIS: New Orleans "End of the Line"		(:04) ★★★ "Birds of Prey (and the Fantabulous Emancipation of One Harley Quinn)" (2020) Margot Robbie.					NHL on TNT	NHL Hockey Toronto Maple Leafs at Buffalo Sabres. From Tim Hortons Field in Hamilton, Ontario. (N) (Live)						★★ "Con Air" (1997, Action) Nicolas Cage. Vicious convicts hijack their flight.		
TRAV	53	38	196	277	Extreme RVs		Mountain Monsters		Mountain Monsters		Mountain Monsters		Mountain Monsters		Mountain Monsters		Mountain Monsters		Mountain Monsters		Mountain Monsters		Mountain Monsters	
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	(:12) The Golden Girls		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike
USA	58	39	105	242	Premier Soccer		Premier	Premier League Soccer				Goal Zone	2022 Winter Paralympics				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Ukraine	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		NCIS (Part 2 of 2)		NCIS "False Witness"		NCIS	
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		Heavy Rescue: 401		Heavy Rescue: 401		Highway Thru Hell		Highway Thru Hell	
WTBS	59	40	139	247	Amer. Dad	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	★★ "You Don't Mess With the Zohan" (2008, Comedy)					★★ "Tag" (2018) Ed Helms, Jon Hamm.				Big Bang	Big Bang	Big Bang	Big Bang
HBO	518	518	303	504	★★★ "Pacific Rim" (2013, Science Fiction) Charlie Hunnam, Diego Klattenhoff. 'PG-13'				(:15) The Gilded Age "Irresistible Change"		(:05) ★★ "Godzilla vs. Kong" (2021, Science Fiction) Alexander Skarsgard. 'PG-13'				★★ "Reminiscence" (2021, Science Fiction) Hugh Jackman, Rebecca Ferguson. 'PG-13'				Painting With John	(:25) ★★★ "The French Dispatch" (2021) Benicio Del Toro.			(:15) Real Time With Bill Maher	
MAX	531	531	311	516	(7:00) ★★★ "Let Him Go" (2020) 'R'		(8:55) ★★ "The Uninvited" (2009) Elizabeth Banks. 'PG-13'			(:23) ★★ "The Great Gatsby" (2013, Drama) Leonardo DiCaprio, Tobey Maguire, Carey Mulligan. 'PG-13'					(12:47) ★ "Employee of the Month" (2004) Matt Dillon. 'R'			(:37) ★★ "2 Guns" (2013, Action) Denzel Washington, Mark Wahlberg, Paula Patton. 'R'				(:28) "Brothers by Blood" (2020) Matthias Schoenaerts. 'R'	
SHOW	578	578	319	546	(7:30) ★ "Empire Records" (1995)		Bellator MMA 276: Borics vs. Burnell.					★★ "Queenpins" (2021, Comedy) Kristen Bell, Kirby Howell-Baptiste. 'R'				★★ "Shaft" (2000, Action) Samuel L. Jackson. 'R'			(:10) ★★★ "Seabiscuit" (2003) Tobey Maguire. Three men lead a racehorse to glory in the 1930s. 'PG-13'					The Circus Ins
STARZ	621	621	351	526	(:15) ★★ "White House Down" (2013) Channing Tatum. Paramilitary soldiers take over the White House. 'PG-13'					Outlander "Echoes" Jamie's authority is tested.			(11:54) ★★★ "Iron Man 3" (2013, Action) Robert Downey Jr., Gwyneth Paltrow. 'PG-13'				(:08) Shining Vale	(:40) Shining Vale	(:12) ★★ "White House Down" (2013) Channing Tatum. Paramilitary soldiers take over the White House. 'PG-13'				"Don't Breathe"	
TMC	591	591	327	554	(7:30) ★★★ "Walking and Talking" 'R'		★★★ "Sophie's Choice" (1982) Meryl Streep. A death-camp survivor makes a home in 1947 Brooklyn. 'R'					(:35) "Six Minutes to Midnight" (2020, Historical Drama) Judi Dench. 'PG-13'				(:25) ★ "Friday the 13th Part IV: The Final Chapter" (1984) 'R'			"Downeast" (2021, Drama) Greg Finley, Dylan Silver. 'NR'		"The Kill Team" (2019, War) Nat Wolff, Alexander Skarsgard. 'R'			