

tonight s best



Ally Sheedy

9 p.m. on FOX
Call Me Kat

In a new episode called "Call Me Unfaithful," Randi and Kat (Kyla Pratt, Mayim Bialik) decide to investigate after Randi sees Sheila's (Swoosie Kurtz) boyfriend (guest star Jay Linzy) out with another woman. While she and Kat try to decide whether to tell Sheila what they find out, Randi also looks for a new apartment. Meanwhile, Oscar (Christopher Rivas) persuades Max and Carter (Cheyenne Jackson, Julian Gant) to try yoga. Leslie Jordan also stars.

9:31 p.m. on FOX
Pivoting

Amy (Eliza Coupe) resolves to monitor what she says more carefully when son Luke (Marcello Reyes) gets in trouble for using offensive language at school in the new episode "The Three Bleepin' Bleeps." Elsewhere, Sarah and Brian (Maggie Q, Colton Dunn) clash after discovering that the recently deceased Colleen had shared details with both of them that each believed she had told them in confidence. Meanwhile, Jodie (Ginnifer Goodwin) struggles over reaching her goal weight. Tommy Dewey and JT Neal also star.

10 p.m. on WE
Partners in Rhyme

Hip hop icon MC Lyte stars in this new sitcom set inside the record industry, which rap legend Lana Crawford (Lyte) has ruled for years. Now, however, she's just gotten two pieces of bad news: Her label is dropping her from its stable of artists, and Lana is sitting on a mountain of debt. Despite her misgivings, she is in no position to say no when pressured into managing her niece, high school rapper and social media superstar Luscious T (Precious Way, "Queens"). Cloie Wyatt Taylor co-stars.

10:30 p.m. on FREE
Single Drunk Female

Felicia (Lily Mae Harrington) tries to help Sam (Sofia Black-D'Elia) navigate the nerve-racking prospect of her first hook-up as a sober person in the new episode "Sober for the D and V." Meanwhile, Carol (Ally Sheedy) "inadvertently" plants a tiny seed of doubt in Brit's (Sasha Compere) mind about her fiancé Joel (Charlie Hall). Rebecca Henderson also stars.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

FEBRUARY 10, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Jeopardy! National College Championship (N)		NFL Honors The presentation of awards; the unveiling of the 2022 Pro Football Hall of Fame class. (N Same-day Tape)					KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!
PBS	3	5			A Craftsman's Legacy	BBC World News Outside	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	The Miniaturist on Masterpiece (Part 1 of 3)		Thou Shalt Not Kill Pregnant girl is found stabbed to death.		Atlantic Crossing on Masterpiece "The Gift"		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of AI	(:01) Ghosts	B Positive	Bull "Espionage" Bull experiences emotional turmoil.		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8	8	8	8	(5:00) 2022 Winter Olympics Freestyle Skiing, Snowboarding, Alpine Skiing. (N) (Live)		2022 Winter Olympics		(:35) 2022 Winter Olympics Skeleton, Hockey. (N) (Live)	KGW Special Edition News	(05) 2022 Winter Olympics Freestyle Skiing, Snowboarding, Alpine Skiing.						
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family "Grab It"	Modern Family	Walker "Douglas Fir" Micki reveals her past to Trey.		Legacies Kaleb turns to Cleo for guidance.		KOIN 6 News at 10p (N)		Seinfeld "The Little Kicks"	Seinfeld "The Masseuse"	
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud (N)	Joe Millionaire: For Richer or Poorer "Ready, set, JOE!" (N)		Call Me Kat (N) (:31) Pivoting (N)		10 O'Clock News (N)		11 O'Clock News (N)	(:35) People	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy	
UNIV	22	22	16	47	Noticias noro-este 6P	Noticiero Univisión (N)	La rosa de Guadalupe "La oportunidad de tu vida" (N)		Soltero con hijas Camila y Juandi serán Romeo y Julieta.		Vencer el pasado Brenda confiesa que Javier era su hijo.		Madre (N)		Noticias noro-este 11P	Noticiero Univision:	
A&E	52	55	118	265	The First 48 "Family First"		The First 48 "Jackpot"		The First 48		After the First 48 (N)		(:01) Taking the Stand (N)		(:04) The First 48		
AMC	60	45	131	254	(5:00) *** "The Fugitive" (1993) Harrison Ford. An innocent man must evade the law as he pursues a killer.				** "The A-Team" (2010, Action) Liam Neeson, Bradley Cooper, Jessica Biel. Former Special Forces soldiers form a rogue unit.				(:45) ** "Road House" (1989, Action) Patrick Swayze, Kelly Lynch, Sam Elliott.				
ANP	24	49	184	282	North Woods Law: Uncuffed		(:01) North Woods Law		North Woods Law		(:01) North Woods Law: Uncuffed "The Missing Link"		(:01) North Woods Law				
BET	4	72	124	392	** "Are We There Yet?" (2005, Children's) Ice Cube, Nia Long, Jay Mohr.				* "Are We Done Yet?" (2007, Children's) Ice Cube, Nia Long, John C. McGinley.								
BRAVO	54	65	129	237	Below Deck		Below Deck		Below Deck (N)		Watch What		* "Mr. Deeds" (2002) Adam Sandler.				
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Total Drama	Bears	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	Futurama	Futurama	American Dad	American Dad	
CBSN	410	410	158	221	College Basketball Pacific at Gonzaga. (N) (Live)		Basketball		We Need to Talk (N)		Basketball		We Need to Talk		World Series of Poker		
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		
COM	77	56	107	249	The Office	The Office	(:45) The Office "A.A.R.M."		The Office		The Office		The Office	The Office	Daily Show	TBA	
COOK	123	123	113	232	Good Eats (N)	Good Eats	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Good Eats	Good Eats	Good Eats	Good Eats	Man v. Food	Man v. Food	
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug	
E!	64	76	114	236	(5:30) ** "The Wedding Planner" (2001) Jennifer Lopez.		** "The Wedding Planner" (2001) Jennifer Lopez.		** "The Wedding Planner" (2001) Jennifer Lopez, Matthew McConaughey.		To Be Announced				Nightly Pop		
ESPN	33	27	140	206	College Basketball Purdue at Michigan. (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	College Basketball Stanford at Oregon. (N) (Live)		Basketball		30 for 30		The Walk		Around/Horn	Interruption	UFC 271 Countdown		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	grown-ish (N)	Single-Female	The 700 Club		
FS1	41	85	150	219	College Basketball Arizona at Washington State. (N) (Live)		College Basketball Arizona State at Washington. (N) (Live)		WWE Friday Night SmackDown								
FX	65	24	136	249	(5:30) ** "Antebellum" (2020) Janelle Monáe, Jena Malone. An author finds herself trapped in a horrifying reality.		** "Queen & Slim" (2019, Crime Drama) Daniel Kaluuya, Jodie Bine. A couple go on the run after one shoots a police officer.		Turner-Smith, Bokeem Wood-bine.						*** "Queen & Slim" (2019, Crime Drama) Daniel Kaluuya.		
FX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	
GOLF	88	88	401	218	(5:00) PGA Tour Golf WM Phoenix Open, First Round.		PGA Tour Golf WM Phoenix Open, First Round.		PGA Tour Golf WM Phoenix Open, First Round.								
HALL	87	87	185	312	"You're Bacon Me Crazy" (2020) Natalie Hall, Michael Rady. A Portland chef tries to win a food truck competition.		"My Favorite Wedding" (2017) Maggie Lawson. A woman starts to fall for the best man at her friend's wedding.		The Golden Girls		The Golden Girls		The Golden Girls		The Golden Girls		
HALLMM	86	86	187	565	(5:00) "Cut, Color, Murder" (2022, Mystery) Julie Gonzalo.		"Debbie Macomber's Dashing Through the Snow" (2015) Meghan Ory. A young woman accepts a ride from a man.		Murder, She Baked "A Plum Pudding Mystery" Hannah Swensen's customer was murdered.		Murder, She Wrote Jessica is locked in a dungeon.						
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Married to Real Estate (N)	Hunters	Hunters Int'l	Hunters	Hunters Int'l		
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People "Battle of the Sexes" (N)		(:33) Swamp People "Gators on the Storm"				
LIFE	29	29	108	252	Rizzoli & Isles		Killer Body, K. Michelle		Killer Body, K. Michelle		Killer Body, K. Michelle		Whitney Houston & Bobbi Kristina: Didn't We Almost				
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	(Off Air)												
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		(:15) Port Protection Alaska (N)		Life Below Ze		
NICK	27	51	171	299	(5:00) "Hotel Transylvania 2"		Danger Force	Warped! (N)	That-Lay Lay	SpongeBob	*** "The Croods" (2013) Voices of Nicolas Cage.		Friends		Friends		
OWN	40	41	189	279	20/20 on OWN "Unfriended"		20/20 on OWN		48 Hours: Hard Evidence		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Snapped "Jenea Chance"		Snapped "Dawn Houck"		Twisted Killers		Twisted Killers (N)		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	** "Talladega Nights: The Ballad of Ricky Bobby" (2006) Will Ferrell.		** "Old School" (2003) Luke Wilson, Will Ferrell.						Talladega		
ROOT	37	26	426	687	Hurd Mentality	Kraken 101	Kraken	Major League Rugby Utah Warriors at Seattle Seawolves. (N)	MASL		College Basketball San Diego at Saint Mary's.						
SYFY	67	50	122	244	** "Journey to the Center of the Earth" (2008)		* "Anaconda" (1997, Suspense) Jennifer Lopez, Ice Cube.		** "Anacondas: The Hunt for the Black Orchid" (2004)								
TCM	56	73	132	256	(5:00) *** "Twentieth Century" (1934, Comedy)		** "Without Reservations" (1946) Claudette Colbert. Sparks fly when two Marines meet a traveling novelist.		*** "Silver Streak" (1976, Comedy) Gene Wilder, Jill Clayburgh. A long train ride leads an editor to love and intrigue.				(:15) *** "The General" (1926) Buster Keaton.				
TDC	51	42	182	278	BattleBots (N) (Part 1 of 2)		BattleBots (N) (Part 2 of 2)		BattleBots A legendary driver attempts to win. (N)		(:01) BattleBots		(:01) BattleBots				
TLC	49	62	183	280	Untold Stories of the E.R.		Untold Stories of the E.R.		My 600-Lb. Life With bonus scenes. (N)		1000-Lb. Best Friends (N)		Hoarding: Buried Alive				
TNT	57	52	138	245	NBA Basketball Brooklyn Nets at Washington Wizards. (Live)		NBA Basketball Milwaukee Bucks at Phoenix Suns. From Footprint Center in Phoenix. (N Subject to Blackout) (Live)		Inside the NBA (N) (Live)		NBA Basketball Milwaukee Bucks at Phoenix Suns. From Footprint Center in Phoenix.						
TRAV	53	38	196	277	Paranormal Caught on Camera (N)		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught on Camera				
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Fast Foodies	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	58	39	105	242	2022 Olympics	2022 Olympics	2022 Olympics		(:10) 2022 Winter Olympics Women's Hockey, First Quarterfinal: Teams TBA.		Olympic		2022 Olympics				
WE	118	118	128	260	Criminal Minds		Criminal Minds		Growing Up Hip Hop		Growing Up Hip Hop (N)		Partners in		Social Society "Black Love"		
WEATH	14	19	214	362	Frozen Gold		Top Ten		Mayday: Air Disaster		Mayday: Air Disaster		Mayday: Air Disaster		Ice Pilots "Frozen Solid"		
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Go-Big Show "One Last Shot"		Full Frontal		Full Frontal		
HBO	518	518	303	504	** "Reminiscence" (2021) Hugh Jackman. A private investigator of the mind uncovers a conspiracy. 'PG-13'		Euphoria "Episode 4" Jules and Elliot grow closer.		(:05) Euphoria		(:05) *** "Judas and the Black Messiah" (2021) Daniel Kaluuya. William O'Neal infiltrates the Black Panther Party. 'R'						
MAX	531	531	311	516	(4:52) "Laws of Attraction" (:24) * "Just Married" (2003, Romance-Comedy) Ashton Kutcher. 'PG-13'		"Hangman" (2017) Al Pacino. Premiere. A detective and a profiler pursue a serial killer. 'R'		(:40) * "Man Down" (2015, Suspense) Shia LaBeouf, Jai Courtney, Gary Oldman. 'R'		(:12) ** "Fatale" (2020, Suspense) Hilary Swank. 'R'						
SHOW	578	578	319	546	"Barbershop 2: Back" (:45) ** "Queenpins" (2021, Comedy) Kristen Bell. Two women scam money by starting an illegal coupon club. 'R'		(:45) "Werewolves Within" (2021, Comedy) Sam Richardson. A forest ranger investigates mysterious attacks in a town. 'R'		Billions "STD" Prince faces an unexpected challenge.		The Best of All the Smoke						
STARZ	621	621	351	526	(5:43) *** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. 'PG-13'		** "Don't Breathe 2" (2021, Suspense) Stephen Lang, Madelyn Grace. Premiere. 'R'		(:42) ** "Escape Room" (2019, Horror) Taylor Russell. Six strangers must survive a series of deadly traps. 'PG-13'								
TMC	591	591	327	554	(5:00) "Low Tide" (2019) (:25) ** "Aeon Flux" (2005, Science Fiction) Charlize Theron, Marton Csokas. 'PG-13'		*** "Ex Machina" (2014, Science Fiction) Domhnall Gleeson. A young coder interacts with a beautiful robot. 'R'		*** "Under the Skin" (2013) Scarlett Johansson. An alien disguised as a human woman lures men into her van. 'R'								