

MONDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 31, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	The Bachelor A Texas-style family barbecue. (N)				(:01) Promised Land "La Madrugada (Day Break)" (N)	KATU News at 11 (N) (Live)		(:35) Jimmy Kimmel Live!	
PBS	3	5			This Old House	BBC World News Outside	PBS NewsHour (N)		Antiques Roadshow A yellow diamond ring circa 1950. (N)		Oregon Experience Oregon State University's mission.		Antiques Roadshow Babes in Toyland soldiers. (Part 1 of 3)		Independent Lens Missing migrants in South Texas. (N)		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	The Neighborhood	Bob Hearts Abishola	NCIS Agent Knight goes undercover.		NCIS: Hawaii "Legacy" A protester is murdered.		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Kenan "Moving Violation"	Kenan (N)	That's My Jam Celebrities play musical games. (N)		Celebrating Betty White: America's Golden Girl (N)		KGW News at 11 (N)	Tonight Show-J. Fallon	
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	March "Homecoming" Performing for homecoming. (N)		4400 Shanice helps prepare for a celebration. (N)		KOIN 6 News at 10p (N)		Seinfeld (Part 1 of 2)	Seinfeld "The Mango"	
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud (N)	9-1-1: Lone Star "Push" Grace goes into labor. (N)		(:01) The Cleaning Lady "Kabayan" (N)		10 O'Clock News (N)		11 O'Clock News (N)	(:35) People	
MNT	13	13	49	49	Family Feud	Family Feud (N)	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy "Death Lives"	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe "Cuando el amor es ciego"		Soltero con hijas Victoria está por recibir un premio. (N)		Vencer el pasado Lisandro le ofrece a Renata el puesto. (N)		Madre (N)		Noticias noroeste 11P	Noticiero Univision:	
A&E	52	55	118	265	The First 48		Secrets of Playboy		Secrets of Playboy		Secrets of Playboy (N)		(:01) Adults Adopting Adults		(:04) Secrets of Playboy		
AMC	60	45	131	254	(5:00) ** "Pearl Harbor" (2001) Ben Affleck, Josh Hartnett. Best friends become fighter pilots and romantic rivals in 1941.		*** "Lethal Weapon" (1987, Action) Mel Gibson, Danny Glover, Gary Busey. A veteran detective is paired with an eccentric partner.		*** "Lethal Weapon 2" (1989, Action) Mel Gibson, Danny Glover, Joe Pesci.								
ANP	24	49	184	282	Mystery at Blind Frog Ranch		Mystery at Blind Frog Ranch		Mystery at Blind Frog Ranch		Mystery at Blind Frog Ranch		Mystery at Blind Frog Ranch		Mystery at Blind Frog Ranch		
BET	4	72	124	392	** "ATL" (2006) Tip Harris, Lauren London. Four Atlanta teens face challenges.		** "Sleepless" (2017, Action) Jamie Foxx, Michelle Monaghan, T.I..										
BRAVO	54	65	129	237	Below Deck		Below Deck (N)		Below Deck (N)		Below Deck (N)		Below Deck		Summer		
CARTOON	25	59	177	297	"Scooby-Doo 2: Monsters"		Bears	Total Drama	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	Futurama	Futurama	American Dad	American Dad	
CBSSN	410	410	158	221	Course Record		World Series of Poker (N)		World Series of Poker (N)		NFL Monday QB		Course Record		World Series of Poker		
CNN	68	44	200	202	Anderson Cooper 360 (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Anderson Cooper 360		Don Lemon Tonight		
COM	77	56	107	249	South Park	South Park	South Park	(:45) South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	
COOK	123	123	113	232	The Zimmern	The Zimmern	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	The Zimmern	The Zimmern	Delicious	Delicious	
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug	
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop	
ESPN	33	27	140	206	College Basketball West Virginia at Baylor. From the Ferrell Center in Waco, Texas. (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	College Basketball TCU at Oklahoma. (N) (Live)		Basketball	NFL Live			UFC		Around/Horn	Interruption	UFC 246: McGregor		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61	54	110	231	Diners, Drive-Ins and Dives		Diners, Drive-Ins and Dives		Kids Baking Championship		Chopped "It's a Sibling Thing"		Chopped "Epic Burgers!"		Chopped "Boozie Blues"		
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club	
FS1	41	85	150	219	College Basketball		College Basketball New Mexico at San Diego State. (N) (Live)		Fight Camp		Inside PBC		Inside PBC		PBC Countdown		
FX	65	24	136	249	(5:30) *** "Baby Driver" (2017, Action) Ansel Elgort. A doomed heist threatens the life of a young getaway driver.		*** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. Peter Parker harnesses his new powers to battle the Vulture.		*** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. Peter Parker harnesses his new powers to battle the Vulture.		*** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. Peter Parker harnesses his new powers to battle the Vulture.		*** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. Peter Parker harnesses his new powers to battle the Vulture.		*** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. Peter Parker harnesses his new powers to battle the Vulture.		
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	
GOLF	88	88	401	218	(5:00) PGA Tour Golf Farmers Insurance Open, Final Round.								Golf Central		School of Golf Golf Academy		
HALL	87	87	185	312	"My Secret Valentine" (2018) Lacey Chabert, Andrew Walker. A young woman takes advice from chalkboard notes.		"Love on Harbor Island" (2020) Romance) Morgan Kohan. Sparks fly between a woman and a pilot who rescues dogs.		"Love on Harbor Island" (2020) Romance) Morgan Kohan. Sparks fly between a woman and a pilot who rescues dogs.		"Love on Harbor Island" (2020) Romance) Morgan Kohan. Sparks fly between a woman and a pilot who rescues dogs.		The Golden Girls		The Golden Girls		
HALLMM	86	86	187	565	(5:00) Mystery 101 Research prompts police to revisit case.		Mystery 101 "Killer Timing" An attempt is made on Travis' life.		Mystery 101 "Deadly History" Amy investigates her missing uncle.		Mystery 101 "Deadly History" Amy investigates her missing uncle.		Murder, She Wrote		Colleague is accused of murder.		
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		Tough Love With Hilary Farr		(:01) Love It or List It		(:01) Love It or List It		
HIST	50	60	120	269	(5:00) Ancient Aliens		Ancient Aliens		Ancient Aliens		(:02) Ancient Aliens		(:05) Ancient Aliens		(:05) Ancient Aliens		
LIFE	29	29	108	252	Castle "I, Witness"		Castle "Resurrection"		Castle "Reckoning"		Castle "The Wrong Stuff"		(:03) Castle		(:03) Castle "At Close Range"		
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	(Off Air)		(Off Air)		(Off Air)		(Off Air)		(Off Air)		(Off Air)		
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Port Protection Alaska		Port Protection Alaska		
NICK	27	51	171	299	Loud House	Loud House	Loud House	Loud House	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	Dr. Phil		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		
OXY	30	69	127	251	Snapped "Jordan Shaver"		Killer Relationship		The Real Murders of Atlanta		New York Homicide		Twisted Killers		Killer Siblings		
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		*** "Batman Begins" (2005, Action) Christian Bale, Michael Caine, Liam Neeson.		*** "The Dark Knight" (2008, Action) Christian Bale.		*** "The Dark Knight" (2008, Action) Christian Bale.		*** "The Dark Knight" (2008, Action) Christian Bale.		
ROOT	37	26	426	687	NBA Basketball: Trail Blazers at Thunder		Postgame		Trail Blazers		NBA Basketball Portland Trail Blazers at Oklahoma City Thunder.		Postgame		World Boxing		
SYFY	67	50	122	244	"Twilight Saga: Breaking 2"		** "Hotel Transylvania" (2012) Voices of Adam Sandler.		** "Hotel Transylvania 2" (2015) Andy Samberg		** "Hotel Transylvania 2" (2015) Andy Samberg		** "Hotel Transylvania 2" (2015) Andy Samberg		Resident Alien "Old Friends"		
TCM	56	73	132	256	** "I Found Stella Parish" (:45) ** "For the Defense" (1930, Drama) William Powell, Kay Francis, Scott Kolk.		*** "Guilty Hands" (1931, Crime Drama) Lionel Barrymore, Kay Francis, Madge Evans.		*** "Confession" (1937, Drama) Kay Francis, Basil Rathbone, Ian Hunter.		*** "Confession" (1937, Drama) Kay Francis, Basil Rathbone, Ian Hunter.		*** "Confession" (1937, Drama) Kay Francis, Basil Rathbone, Ian Hunter.		Resident Alien "Old Friends"		
TDC	51	42	182	278	Street Outlaws: Full Throttle		Street Outlaws: Full Throttle		Street Outlaws "Burn Baby Burn" A drama-filled finish sets up a battle. (N)		Street Outlaws "Burn Baby Burn" A drama-filled finish sets up a battle. (N)		Street Outlaws "Burn Baby Burn" A drama-filled finish sets up a battle. (N)		Street Outlaws "Burn Baby Burn" A drama-filled finish sets up a battle. (N)		
TLC	49	62	183	280	1000-Lb. Sisters		Darcey & Stacey		Darcey & Stacey (N)		David & Annie 90 Days		(:01) 1000-Lb. Sisters (N)		(:04) Darcey & Stacey (N)		
TNT	57	52	138	245	(:02) *** "Star Wars: Return of the Jedi" (1983, Science Fiction) Mark Hamill, Harrison Ford, Carrie Fisher. Luke and his allies have a confrontation with Darth Vader.		Snowpiercer "The Last to Go" Layton goes on the hunt. (N)		Snowpiercer "The Last to Go" Layton goes on the hunt. (N)		Snowpiercer "The Last to Go" Layton goes on the hunt. (N)		Snowpiercer "The Last to Go" Layton goes on the hunt. (N)		** "American Assassin" (2017, Action) Dylan O'Brien.		
TRAV	53	38	196	277	Mysteries of the Unknown (N)		Aliens in Alaska A woman hears an unholy chorus. (N)		Mysteries of the Unknown		Mysteries of the Unknown		Mysteries of the Unknown		Aliens in Alaska		
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	** "Talladega Nights: The Ballad of Ricky Bobby"	King	King	King	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	
USA	58	39	105	242	Chicago P.D.		Chicago P.D.		WWE Monday Night RAW (N Same-day Tape)		WWE Monday Night RAW (N Same-day Tape)		WWE Monday Night RAW (N Same-day Tape)		9-1-1 "Point of Origin"		
WE	118	118	128	260	Criminal Minds		Criminal Minds "Revelations"		Criminal Minds		Criminal Minds "Distress"		Criminal Minds "Jones"		Criminal Minds		
WEATH	14	19	214	362	Secret Earth	Secret Earth	Secret Earth	Secret Earth	Deadline to Disaster		Deadline to Disaster		Deadline to Disaster		Storm Stories- Next Chapter		
WTBS	59	40	139	247	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American Dad	Close Enough	American Dad	American Dad	
HBO	518	518	303	504	(:15) The Righteous Gemstones "Interlude II"		** "Reminiscence" (2021) Hugh Jackman. Premiere. A private investigator of the mind uncovers a conspiracy. 'PG-13'		The Gilded Age "Never the New Part 2" (N)		The Gilded Age "Never the New Part 2" (N)		(9:50) Euphoria "Episode 4"		(10:55) The Gilded Age		(:45) "Memento" (2000)
MAX	531	531	311	516	(4:40) *** "Cop Land" (:27) ** "Runner Runner" (2013, Suspense) Ben Affleck, Justin Timberlake. 'R'		*** "Admission" (2013, Comedy-Drama) Tina Fey. A college admissions officer thinks an applicant is her son. 'PG-13'		*** "Admission" (2013, Comedy-Drama) Tina Fey. A college admissions officer thinks an applicant is her son. 'PG-13'		*** "Admission" (2013, Comedy-Drama) Tina Fey. A college admissions officer thinks an applicant is her son. 'PG-13'		(9:49) ** "College" (2008, Comedy) Drake Bell, Andrew Caldwell, Kevin Covais. 'R'		*** "College" (2008, Comedy) Drake Bell, Andrew Caldwell, Kevin Covais. 'R'		(:25) ** "Snitch"
SHOW	578	578	319	546	(5:00) ** "Scream 4" (2011) Neve Campbell. 'R'		Billions "Lyn" Eyes" Chuck goes after the billionaire class.		We Need to Talk About Cosby "Part 1" (Part 1 of 4)		"Monday" (2020, Romance) Sebastian Stan, Denise Gough. A DJ is introduced to a woman on a summer night in Athens. 'R'		Billions "Lyn" Eyes" Chuck goes after the billionaire class.		Billions "Lyn" Eyes" Chuck goes after the billionaire class.		
STARZ	621	621	351	526	(5:03) ** "Country Strong" (2010, Drama) 'PG-13'		(:04) ** "Jumping the Broom" (2011) Angela Bassett. A bride and groom's parents clash at the wedding. 'PG-13'		Power Book II: Ghost Tariq's fate lies in the hands of Tate.		Power Book II: Ghost Tariq's fate lies in the hands of Tate.		(:03) ** "Escape Room: Tournament of Champions" (2021) Taylor Russell. 'PG-13'		** "12 Mighty Orphans" (2021)		
TMC	591	591	327	554	(:15) *** "Beauty Shop" (2005) Queen Latifah. A determined hairstylist competes with her former boss. 'PG-13'		*** "Hustle & Flow" (2005, Drama) Terrence Howard. A pimp wants to rap his way out of his dead-end life. 'R'		*** "Hustle & Flow" (2005, Drama) Terrence Howard. A pimp wants to rap his way out of his dead-end life. 'R'		*** "Hustle & Flow" (2005, Drama) Terrence Howard. A pimp wants to rap his way out of his dead-end life. 'R'		"Waves" (2019, Drama) Kelvin Harrison Jr., Taylor Russell. A family navigates love and forgiveness after a tragic loss. 'R'		"Waves" (2019, Drama) Kelvin Harrison Jr., Taylor Russell. A family navigates love and forgiveness after a tragic loss. 'R'		

tonight's best



Valerie Bertinelli

8 p.m. on FOOD
Kids Baking Championship

An episode that's always a fan favorite — the dessert imposters challenge — arrives with the new "BBQ LOL OMG," wherein hosts and judges Valerie Bertinelli and Duff Goldman ask their young bakers to create grilled dessert imposters with side dishes, like ribs with mac 'n' cheese or hot dogs and baked beans. The least successful contestant goes home at the end of the episode.

9 p.m. on TNT
Snowpiercer

Layton (Daveed Diggs) goes on the hunt, while Wilford (Sean Bean) places his own focus on working to boost morale aboard the train in the new episode "The Last to Go." Meanwhile, the members of the Resistance discover a threat that could undermine everything they've worked for. Iddo Goldberg, Mickey Sumner, Alison Wright and Lena Hall also star.

10 p.m. on NBC
Celebrating Betty White:
America's Golden Girl

Friends, fans and colleagues share their fond recollections of veteran TV comedy star Betty White, who died on Dec. 31, just weeks shy of her 100th birthday. During her long career, White won five Primetime Emmy Awards, including one for guest hosting "Saturday Night Live" in 2010, along with multiple other accolades. This one-hour special also includes a rich assortment of clips from her appearances on such hit sitcoms as "The Mary Tyler Moore Show," "The Golden Girls" and "Hot in Cleveland," among other shows.

Sudoku solution
(puzzle is on page 9)

8	1	4	2	7	6	9	5	3
9	6	7	4	3	5	2	8	1
5	2	3	9	1	8	6	4	7
2	4	1	8	9	3	5	7	6
7	8	9	6	5	1	4	3	2
6	3	5	7	4	2	8	1	9
1	5	2	3	8	9	7	6	4
4	9	8	1	6	7	3	2	5
3	7	6	5	2	4	1	9	8