SUND	SUNDAY DAYTIME						LG - La Grande BC - Baker City D - DIS					DISH DTV -	SH DTV - DirecTV MOVIES SPORTS				S	JANUARY 30, 2022					
	LG	ВС	D I	DTV	8 A	M 8:30	9 AM	9:30	10 AM 10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2		KATU News orning Sunday	Your Voice	Sharyl Attkisson	Winter X Games (N)	Winter X G	iames (N)	Winter X G	ames (N)	Winter X C	ames (N)	Paid Program	Home- owner	Paid Program	Sharyl Attkisson	This Week Stephanop		KATU News at 5	World News
PBS	3	5			Hero E ement		R. Steves' Europe	R. Steves' Europe	Animals With Cam- eras, A Nature	NOVA "And Metropolis"	cient Maya		ormances "L 00th birthday		Great Perfo		ne life of	Focus on Europe	GZERO World	To the Contrary	Washing- ton Week	Firing- Hoover	NewsHour Wk
CBS	6	6	6		CBS N Sunda	ews Face the Nation (N)	College Ba Mackey Are	asketball Ohi ena in West L	o State at Purdue. From Lafayette, Ind.	The NFL T (Live)	oday (N)	NFL Footb	all Cincinnat	•	Kansas City C	. , ,	ŕ		Get Home Title Lock	To Be An- nounced	Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News
NBC	8	8	8	8	Meet t	ne Press (N)		thertech Spo t Daytona. (N	ortscar Championship) (Live)	Earnin' It: Forward P	The NFL's rogress (N)	AMA Supe	ercr.		ating Four Co nn, Estonia. (T		impionships.	Live With- out Limits	GetBreeze	Grant's Getaways	Laura McKenzie	KGW News	at 5 (N)
cw	9	9	32		Life Churc	Robert Jeffress	Freethough	Northwest Politics	Christian Worship Hour	Emeril	H2O Steam	Storage Wars	Storage Wars	Storage Wars	Storage Wars	The Gold- bergs	The Gold- bergs	Mom	Mom	Seinfeld "The Doll"	Seinfeld	KOIN 6 News	KOIN 6 News
FOX	12	12	12	12	Inspire	Change	NFL Cham Chase (N)	pionship	PBC Fight Dog Tales Camp (N) (EI)	Animal Rescue		ver Runs TI tt, Tom Sker		992, Drama	Craig Shef-	Emeril's m non-stick p			NFL Footba (N) (Live)	all San Franc	cisco 49ers a	t Los Angele	s Rams.
MNT	13	13	49			Good Day n Sunday (N)	FOX News	Sunday (N)	America's Biz Kid\$ Heartland (EI)	Dragon- FlyTV (N)	Think Big (EI)	Animal Rescue	Dog Tales	Paid Program	GetBreeze	Storm of S	uspicion (N)	Bull Bull su company.	es a drug	Bull An atto		Bloodline	Detectives
UNIV	22	22	16	47	Despi	erta América en	domingo (N)	Al punto con Jorge Ramos (N)	Aquí y aho	ra		na y nos vam nilla, José Set		Aventura)	Fútbol central (N)	FIFA Elimir	natorias Cop	a Mundial 2	022 (N) (Live	e)	La rosa de	Guadalupe
A&E					Storag			Storage utdoors" (19	Storage Storage	Storage	Storage " (1988, Con	King	King	King	King 2014) Shailen	King Woodley	King	King Ashlay		The First 4	8 2015) Shailer	The First 4	
AMC			131		Renta	" edy) Dan A	ykroyd, John	Candy.			win, Geéna D		Judd. A you		discovers a plo	ot to destroy	those like he		Tris and Fo	ur search for	allies and ar	swers.	
ANP BET	_	_			Payne	Woods Law Payne	North Woo	Prince	Prince Prince		Lv Single				Lv Single	tone Star I ★★ "White					Law	** "Life"	
BRAVO						wives of NJ	Housewive	7	Housewives of NJ	Housewive		Housewive		Housewive		Housewive		Housewive		Housewive		Housewive	
CARTOON CBSSN	_	_				Teen Pregame	Bears Women's	Bears College Basi	Total Total ketball: Rams at Rams		Gumball College Basi	Gumball	Gumbali	Craig Lucas Oil	Craig Motorsports	Craig Motorcycle	Craig Race	Teen College Ba	Teen sketball Lov		ear" (2010) J Bucknell.	Bull Riding	
CNN	_	_				le Source	State of Ur		Fareed Zakaria GPS	CNN News		CNN News	room	CNN News		CNN News		CNN Newsi		CNN News		CNN News	
COM	_		-	-	Seinfe				The Office The Office						The Office								
COOK	-	_	-	-		hing Best Thing	-	7	Bizarre Bizarre	Delicious	Delicious		Delicious		Man, Food Amphibia				,		Eddie		Carn Eats
DISN E!	_	_			Big Ci Botch	 	Big City Botched	Ghost	Ladybug Amphibia Botched	Ghost Botched	Ghost				er's Stone" (Ghost	Ghost	Ghost	Ghost the Chamb	Ghost er of Secret	Ghost
ESPN			140					n NFL Coun	tdown (N) (Live)	1			,		at Louisville.	Women's C			ESPN Film	,			UFC 243
ESPN2	-	-	-			2022 Australian					isketball Loy				College Bask			2022 Austra					
FNC		_				Buzz (N) (Live)	Fox News		Fox News Live (N)	FOX News		Maria Bart		Fox News			nday Show			Sunday Ni		Life, Liber	
FOOD FREE	-	-	-	-		e's Valerie's eror's Grv"	Pioneer	Pioneer s" (2006) Voi	Pioneer Pioneer ces of Owen Wilson.	Girl-Farm			Delicious ess and the F			Guy's Char	nce irds Movie"				ery Games The Angry I		cery Games
FS1	-			-	Previe				ng Players Championship	Finals.	Bowling	THE FINICE	ss and the r	Tog	Women's C				Big East		*** "Seal		
FX			136		Mom	Mom	★ "Lucv in	the Sky" (2	019, Drama) Natalie Portres touch with reality after a	nan. Jon Ha					ction) James nt Apocalypse	McAvoy. Pro	ofessor X	*** "Dead	dpool" (2016	S, Action) Ry	an Reynolds. royed his life	Deadpool	"Deadpool 2" (2018)
FXX GOLF		_	-			"Abominable" our Golf Farmer							King/Hill Final Round		King/Hill								Simpsons LPGA Golf
HALL			-	_	Golde Girls	1	Golden Girls	Golden Girls	"Frozen in Love" (2018 Rachael Leigh Cook, Nia	, Romance-		"Don't For	rget I Love Y	ou" (2022, F	Romance)	"A Winter I	Princess" (2) McNally, Lara	019, Romano		"Love, Fall	& Order" (2 ds back to he	019) Èrin Ca	ahill. A
HALLMM	86	86	187	565	Monk thief st	Natalie helps a eal a bike.	Monk Mon an older wo		Monk "Mr. Monk Makes the Playoffs"		Kiss" (2017, Kellar, Paul G				Love" (2018, Brant Daugher			"The Color Chabert, Wa	of Rain" (20 arren Christie		Lacey	"Finding L Mountain	
HGTV						o Fabulous	Fixer to Fa		Fixer to Fabulous	Fixer to Fa		Home Insp		Home Tov		Home Tow		Home Town		Home Tow		Home Tow	
HIST LIFE						des Ult. Rides			Counting Cars ** "Sister Act" (1992)		Cnt. Cars		s Iliams: What	Pawn Star		Pawn Stars	s ouston & Bo	Pawn Stars		Pawn Stars		Pawn Star	-
MSNBC						inday Show			Alex Witt Reports (N)									American V		American		Mehdi Has	
NBCSN	89	89	159	220	(Off A	r)			, , ,	(Off Air)	• ` ` ′												
NGEO	55	78	197	276	Total (Sym Humana	Wicked Tu		Wicked Tuna	Wicked Tu		Wicked Tu		Wicked Tu		Wicked Tu		Wicked Tur		Wicked Tu		Ramsay: L	
NICK OWN					Dr. Ph	e. Sponge.	Sponge. Dr. Phil	Sponge.	"SpongeBob SquarePa Dr. Phil	Super Sou	Loud I Sunday	Loud Super Sou	Loud Il Sunday	Loud Court	Loud Court	Casagran Court	Court	Loud Court	Loud	Loud	Loud	Sponge. Court	Court
OXY	30	69	127	251	Real N	lurders	Real Murd	ers	Killer Relationship	Killer Rela		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped	
PARMT	_	_	-	\rightarrow		Mother's Day"	NCIS	Dua	NCIS "Jurisdiction"	NCIS	Vaul. D	NCIS "Moo		NCIS "Obs			ase" (1978, N			Dia		ague of The	
ROOT SYFY						rog. Kraken			NHL Hockey Seattle Kra h, Alexander Skarsgard.	aken at New					ey Seattle Kra 9, Romance)	iken at New	York Hanger (:20) ★★ "T		Postgame		Portland	NBA Bask "Twilight-I	
TCM	_		-		(7:00) Orfevr		(:15) ***	"Sweet Bird	of Youth" (1962) Paul N aded star to land a contra	ewman. A ct.	*** "Lili" Caron, Mel	(1953, Musi		*** "Ars	enic and Old t, Raymond M	Lace" (1944 assey.		(:15) *** Cary Grant,	"His Girl F	riday" (1940	, Comedy)	*** "The (1982, Drai	Verdict"
TDC	51	42	182	278	Saltwa	ter Sportsmar	1 (:10) Secre	ets of the Ce	Itic Grave (Part 1 of 2)	Alaskan B	ush People	Alaskan B		Alaskan B	ush People	Alaskan Bu		Alaskan Bu	ish People	Dirty Jobs		Dirty Jobs	,
TLC	49	62	183	280	Four V	/eddings	Sister Wiv		Sister Wives	Sister Wiv					Addiction			90 Days				90 Day Fia	
TNT	57	52	138	245	NCIS: "Break	New Orleans ing Brig"	NCIS: New "The Recru		NCIS: New Orleans "It Happened Last Night"	NCIS: New "Master of	Horror"		ar Wars: The II, Harrison F		rikes Back" (isher.	1980, Scienc	ce Fiction)				edi" (2017) f e meets your		Luke Sky-
TRAV						Paradise	Killer Yeti			Unexplain		Unexplain		Unexplain		Unexplaine	ed: C	Unexplaine		Unexplaine		Unexplain	ed: C
TRUTV	73	75	242	246	World	s Dumbest	World's Du	umbest	Jokers Jokers	Jokers	Jokers	Foodies	Foodies	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers
TVL									(:12) The Golden Girls			Gold Girls	Gold Girls		Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike
USA WE						Weathertech rog. Living	College Ba		Law & Order "Avatar"	College Ba		Law & Ord	ler	Law & Ord		Law & Ord		Law & Orde NCIS "Hit ar		Law & Ord NCIS "Cana		Law & Ord NCIS "Here	
WEATH	14	19	214	362	Weeke	nd Recharge	Weekend I	Recharge	Uncharted Adventure		Adventure			Weird Ear		Heavy Res		Heavy Res		Highway T			hru Hell (N)
WTBS HBO	59	40	139	247		Dad Amer. Dad	ne Record	★★ "Taker	2" (2012, Action) Liam	(:10) ** "	Nonder Won	nan 1984" (2			ity War" (201 (:45) The G	ilded Age M	larian arrives	(:10) ** "N	Nortal Komb	at" (2021, A	Endgame" (ction) Lewis	Real Time	
MAX					(6.49)	++ "Domino"	(9.57) ++	Neeson. 'P	(2020 (-40) ++ "T	his Is 40" (Kristen Wiig. 2012, Roman		Paul Rudd,	(12:55) * '	at the home	f " (2013) Ja	son Bate-	(2:48) ***	a McNamee. "Saturday l	Night Fever	' (1977,	Maher "Don't Tell	
SHOW			319	F40	(7:15)	Keira Knightley.			R' Leslie Manr n Bader vs. Valentin Mold		"The Dry"		Bana. A feder	ral agent	Rolling Like		(:45) * * "2		2019, Action		(:25) * * * *		
STARZ					(C-10)	Jeremy Piven. "Tin (:31) ** "I	Bad Boys fo	r Life" (2020	, Action) Will (:38) * * "V	Velcome Ho	me Roscoe		(:35) * "Af	ter Earth" (2	2013, Science	Fiction)	(:18) ** "B	Sienna Miller. Bad Boys for	Life" (2020	, Action) Will	sell Crowe.	"Inglouriou	s Basterds"
					/= aa\	R' Smith, Mar	(:05) * * * "	A Call to Spy	/ (2008) Mart r" (2019, Historical	(:10) "Drea	mland" (201	9, Drama) N	Margot Rob-	h, Will Smith	t Reformed"	(2017, Susp	Smith, Marti ense) Ethan	(2:55) * "T	he Turning"	(2020)	(2009, War) ★★ "Mojav	e " (2015, St	uspense)
TMC	591	591	321	554	Grade	*** "Eighth ' (2018)	Drama) Sa	rah Megan T	homas. 'PG-13'	bie, Travis	Fimmel, Garr	ett Hedlund.	'R'	Hawke, An	nanda Seyfried	d. 'R'	,	Mackenzie I	Davis. 'PG-1	3'	Oscar Isaac	c, Garrett He	dlund. 'Ŕ'