

tonight s best



Dave Annable

9:31 p.m. on FOX  
Pivoting

As she begins to dip her toes back into the dating pool, Sarah (Maggie Q) enlists the help of Amy and Jodie (Eliza Coupe, Ginnifer Goodwin) to vet a woman she ran across on a dating app in the new episode "Hell on Wheels." Meanwhile, Amy's maternal instincts are triggered when she discovers Luke (Marcello Reyes) isn't living with any other kids, and Matt (JT Neal) turns to Jodie for some business advice. Tommy Dewey also stars.

10 p.m. on FREE  
grown-ish

Season 4 resumes in the winter premiere "It Was Good Until It Wasn't," which finds the gang collectively struggling to deal with fallout from the explosive events at the luau. Among them, Aaron (Trevor Jackson) knows he'll be held accountable for his actions at the bash. Elsewhere, Zoey (Yara Shahidi) turns to grandparents Pops and Ruby (Laurence Fishburne, Jenifer Lewis) for advice, while Ana and Vivek (Fracia Raisa, Jordan Buhat) try to keep their hook-up a secret.

10 p.m. on TRUTV  
Fast Foodies

"Top Chef" winners Kristen Kish and Jeremy Ford, plus "Iron Chef" champ Justin Sutherland, show off their gifts for both creativity and culinary mimicry in Season 2 of this fun cooking competition series, in which they welcome celebrity guests who reveal their favorite fast-food dish. The chefs then compete to see which of them can perfectly recreate that dish, then skillfully reimagine it. Comic Nikki Glaser is the guest in tonight's season premiere.

11 p.m. on CW  
Walker

A panic-stricken Dan (guest star Dave Annable) is forced to ask Liam (Keegan Allen) for help after the former learns that the dangerous Serano (guest star Henderson Wade) has been released on bail in the new episode "Sucker Punch." Liam understandably isn't eager to get involved, however, until Dan makes him a tempting offer that could put Serano behind bars for good. There's just one catch: They can't let Walker (Jared Padalecki) in on their plans. Odette Annable and Kale Culley also star.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 27, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)		Wheel of Fortune (N)		Truth and Lies: The Last Gangster (N)			Promised Land Joe Sandoval assesses his future.		KATU News at 11 (N) (Live)		(:35) Jimmy Kimmel Live!	
PBS	3	5			A Craftsman's Legacy	BBC World News Outside	PBS NewsHour (N)		Darkroom to Digital, An Oregon Art Beat Special		Return to Cranford (Part 2 of 3)		Thou Shalt Not Kill The body of an MMA wrestler is found.		Atlantic Crossing on Masterpiece Martha helps Norway.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of AI	(:01) B Positive (N)	B Positive (N)	Bull "Snachback" Bull represents a child recovery agent.		KOIN 6 News at 11 (N)	Late Show-Colbert			
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	The Blacklist After two years, the task force reforms.		Law & Order: Special Victims Unit		Law & Order: Organized Crime Wheatley goes to court.		KGW News at 11 (N)	Tonight Show-J. Fallon			
CW	9	9	32	32	Young Sheldon	Young Sheldon	College Basketball Pacific at Portland, Ore. (N) (Live)		Legacies Josie goes deep for answers.		KOIN 6 News at 10p (N)		Walker "Sucker Punch" Dan panics and asks Liam for help.						
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud (N)	Joe Millionaire: For Richer or Poorer (N)		Call Me Kat (N) (:31) Pivoting (N)		10 O'Clock News (N)		11 O'Clock News (N)		(:35) People		
MNT	13	13	49	49	Family Feud	Family Feud (N)	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy (Part 2 of 2)		Family Guy		
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe "¿Quién es Victoria Bravo?"		Soltero con hijas Victoria descubre porqué la dejaron. (N)		Vencer el pasado Javier está grave en el hospital. (N)		Madre (N)		Noticias noroeste 11P		Noticiero Univision:		
A&E	52	55	118	265	The First 48		The First 48 "Old Habits"		The First 48		The First 48 (N)		Taking Stand	Taking Stand	(:05) The First 48				
AMC	60	45	131	254	(5:00) ** "Pearl Harbor" (2001) Ben Affleck, Josh Hartnett. Best friends become fighter pilots and romantic rivals in 1941.				** "U.S. Marshals" (1998, Action) Tommy Lee Jones, Wesley Snipes, Robert Downey Jr. Sam Gerard gets caught up in another fugitive case.						*** "Enemy of the State" (1998, Suspense) Will Smith.				
ANP	24	49	184	282	North Woods Law: Uncuffed		North Woods Law		North Woods Law		North Woods Law: Uncuffed "Gone Missing"				North Woods Law				
BET	4	72	124	392	** "Kidnap" (2017, Action) Halle Berry, Sage Correa, Chris McGinn.				** "Sleepless" (2017, Action) Jamie Foxx, Michelle Monaghan, T.I.								*** "Selena" (1997)		
BRAVO	54	65	129	237	Project Runway "Haute Hair"		Project Runway "The Model as Muse"		Project Runway (N)		Watch What								
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Bears	Total Drama	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	Futurama	Futurama	American Dad	American Dad			
CBS2N	410	410	158	221	College Basketball Alabama-Birmingham at Western Kentucky.		College Basketball Loyola Marymount at Gonzaga. (N) (Live)		Basketball		Basketball				World Series of Poker				
CNN	68	44	200	202	Anderson Cooper 360 (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Anderson Cooper 360		Don Lemon Tonight				
COM	77	56	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	South Park			
COOK	123	123	113	232	Good Eats (N)	Good Eats	Back in Time for Dinner (N)	Best Thing	Best Thing	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Back in Time for Dinner				
DISN	26	48	173	290	Jessie	Jessie	Holly Hobbie	Holly Hobbie	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug			
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop			
ESPN	33	27	140	206	(5:00) College Basketball Ohio State at Minnesota. (N) (Live)		2022 Australian Open Tennis Men's First Semifinal. (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		TBA		Around/Horn	Interruption	NFL Live				
ESPN2	34	28	143	209	College Basketball East Carolina at Memphis. (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		TBA				Around/Horn	Interruption	NFL Live				
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity				
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Beat Bobby	Throwdown	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby			
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	grown-ish (N)	Single-Female	The 700 Club				
FS1	41	85	150	219	College Basketball Purdue at Iowa. (N) (Live)		College Basketball Stanford at USC. (N) (Live)		Elite Youth		TMZ Sports		College Basketball						
FX	65	24	136	249	(5:30) ** "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman, Tom Hiddleston.		** "Venom" (2018, Action) Tom Hardy, Michelle Williams. A man gains superpowers when his body merges with an alien.		** "Venom" (2018, Action) Tom Hardy, Michelle Williams. A man gains superpowers when his body merges with an alien.										
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy			
GOLF	88	88	401	218	(5:00) PGA Tour Golf Farmers Insurance Open, Second Round.		PGA Tour Golf Farmers Insurance Open, Second Round.		PGA Tour Golf Farmers Insurance Open, Second Round.		PGA Tour Golf Farmers Insurance Open, Second Round.		PGA Tour Golf Farmers Insurance Open, Second Round.		DP Tour Golf				
HALL	87	87	185	312	(5:00) "Bottled With Love" (2019) Bethany Joy Lenz, Andrew W. Walker. A fisherman finds a bottle containing a love letter.		"Debbie Macomber's A Mrs. Miracle Christmas" (2021, Comedy-Drama) Kaitlin Doubleday, Steve Lund, Caroline Rhea.		"Signed, Sealed, Delivered: Higher Ground" (2017, Drama) Eric Mabius, Kristin Booth, Crystal Lowe.		The Golden Girls		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls			
HALLMM	86	86	187	565	(5:00) "Rise and Shine, Benedict Stone" (2021, Drama)		"Debbie Macomber's A Mrs. Miracle Christmas" (2021, Comedy-Drama) Kaitlin Doubleday, Steve Lund, Caroline Rhea.		"Signed, Sealed, Delivered: Higher Ground" (2017, Drama) Eric Mabius, Kristin Booth, Crystal Lowe.		Murder, She Wrote An Irish woman may have killed.								
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Hunters	Hunters Int'l	Hunters	Hunters Int'l	Flip or Flop	Flip or Flop			
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People "Gators on the Storm"		(:33) Swamp People "Gators on the Storm"						
LIFE	29	29	108	252	** "Sweet Home Alabama" (2002) Reese Witherspoon.		** "Sister Act" (1992) Whoopi Goldberg, Maggie Smith.		(:03) ** "Sister Act 2: Back in the Habit" (1993)										
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour				
NBCSN	89	89	159	220	(Off Air)		(Off Air)												
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		(:15) Port Protection Alaska (N)		Life Below Ze				
NICK	27	51	171	299	"SpongeBob Movie"		Danger Force	Warped! (N)	SpongeBob SquarePants	Friends	Friends	Friends	Friends	Friends	Friends	Friends			
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		48 Hours: Hard Evidence (N)		20/20 on OWN		20/20 on OWN		20/20 on OWN				
OXY	30	69	127	251	Snapped		Snapped A tangled family plot.		Twisted Killers "Overkilled"		Twisted Killers (N)		Dateline: Unforgettable A man with prestige fools everyone.						
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	*** "Batman Begins" (2005, Action) Christian Bale. Bruce Wayne becomes Gotham City's Dark Knight.		**** "The Dark Knight" (2008, Action)										
ROOF	37	26	426	687	NHL Hockey	Postgame	Warm-Up	Pregame	NHL Hockey Seattle Kraken at Pittsburgh Penguins.		Postgame		Kraken	Hockey					
SYFY	67	50	122	244	(5:00) ** "Fantastic Four"		*** "Knives Out" (2019, Mystery) Daniel Craig, Chris Evans, Ana de Armas. Premiere.		Astrid & Lilly Save the World		(:05) *** "Knives Out"								
TCM	56	73	132	256	(5:00) *** "A Place in the Sun" (1951, Drama)		(15) *** "Double Indemnity" (1944) Fred MacMurray. An insurance salesman becomes involved in a deadly game.		(15) *** "The Phenix City Story" (1955) John McIntire. An attorney tries to restore integrity to a corrupt town.		*** "I Want to Live!" (1958) Susan Hayward.								
TDC	51	42	182	278	BattleBots (N) (Part 1 of 2)		BattleBots (N) (Part 2 of 2)		BattleBots "Out with the Old" The second match of qualifying rounds. (N)		(:01) BattleBots								
TLC	49	62	183	280	I Am Shauna Rae		I Am Shauna Rae		My 600-Lb. Life With bonus scenes. (N)		1000-Lb. Sisters (N)		Hoarding: Buried Alive						
TNT	57	52	138	245	NBA Basketball Los Angeles Lakers at Philadelphia 76ers.		NBA Basketball Minnesota Timberwolves at Golden State Warriors. From Chase Center in San Francisco. (N Subject to Blackout) (Live)		Inside the NBA (N) (Live)		NBA Basketball Los Angeles Lakers at Philadelphia 76ers.								
TRAV	53	38	196	277	Paranormal Caught on Camera (N)		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught on Camera						
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Fast Foodies	Fast Foodies	Imp. Jokers	Imp. Jokers			
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King			
USA	58	39	105	242	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing			
WE	118	118	128	260	Criminal Minds (Part 2 of 2)		Criminal Minds "P911"		Growing Up Hip Hop		Growing Up Hip Hop (N)		Double Cross "Beck and Call"		Double Cross (N)				
WEATH	14	19	214	362	Frozen Gold "Make or Break"		Deep Water Salvage		Uncharted Adventure "Maine"		Uncharted Adventure		Weird Earth						
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Go-Big Show (N)	Full Frontal	Go-Big Show	Full Frontal					
HBO	518	518	303	504	(5:50) ** "The Wolverine" (2013) Hugh Jackman. Wolverine confronts the prospect of real mortality. 'PG-13'		Euphoria "Out of Touch"		Euphoria "Ruminations: Big and Little Bullies"		(:05) *** "No Country for Old Men" (2007, Crime Drama) Tommy Lee Jones, Javier Bardem, Josh Brolin. 'R'								
MAX	531	531	311	516	(14) ** "Disturbia" (2007, Suspense) Shia LaBeouf. A troubled youth suspects his neighbor is a serial killer. 'PG-13'		*** "Saturday Night Fever" (1977, Drama) John Travolta, Barry Miller. A Brooklyn nobody becomes a disco king. 'R'		*** "Staying Alive" (1983, Drama) John Travolta, Cynthia Rhodes, Finola Hughes. 'PG'		(:38) "Rocky Balboa" 'PG'								
SHOW	578	578	319	546	(5:45) "The Dry" (2020) Eric Bana. A federal agent investigates the death of a teenage girl.		(:45) *** "Gladiator" (2000, Historical Drama) Russell Crowe, Joaquin Phoenix, Connie Nielsen. A fugitive general becomes a gladiator in ancient Rome. (Subtitled) 'R'		Billions Prince revamps the team in his image.		The Best of All the Smoke								
STARZ	621	621	351	526	(5:30) "Naked Singularity" (2021) John Boyega. 'R'		(:07) *** "Elysium" (2013, Science Fiction) Matt Damon. In 2154 the wealthy live aboard a luxurious space station. 'R'		*** "The King's Speech" (2010) Colin Firth. England's monarch strives to overcome a nervous stammer. 'R'		(:02) ** "Mr. & Mrs. Smith" (2005) Brad Pitt.								
TMC	591	591	327	554	(4:40) ** "Equals" (2015, Suspense) Oscar Isaac, Garrett Hedlund, Louise Bourgoin. 'R'		** "Scream 4" (2011, Horror) Neve Campbell, Courtney Cox. The Ghostface Killer returns to claim new victims. 'R'		** "The Rental" (2020) Dan Stevens. A week-end trip turns sinister for two couples. 'R'		"The Last Matinee" 'NR'								