SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

JANUARY 23, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday		Your Voice	Sharyl Attkisson	Winter X Games From Buttermilk Mountain in Aspen, Colo. (N) (Live)						Australian Open Highlight Show (N)		Paid Program	Hearts of Heroes (N)	Free Enterprise	Sharyl Attkisson	This Week W/ George Stephanopoulos		KATU News at 5	World News
PBS	3	5			Hero Elementary	Elinor Wonders	R. Steves' Europe	R. Steves' Europe	Animals With Cameras, A Nature		NOVA "Alaskan Dinosaurs"		Stars on Stage From Westport Country		Anisfield-Wolf Book Awards		Great Performances		Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk
CBS	6	6	6	6	CBS News Sunday	Face the Nation (N)	To Be Announced				To Be Announced			College Basketball Michigan at Indiana. From Simon Skjodt Assembly Hall in Bloomington, Ind. (N) (Live)					The NFL Today (N)	NFL Football Buffalo Bills at Kansas City Chiefs. (N) (Live)				
NBC	8	8	8	8	Meet the Press (N)		NBC Sports Special Stories and features from the world of sports.				Football Night in America (N) (Live)		NFL Football Los Angeles Rams at Tampa Bay Buccaneers. (N) (Live)							GetBreeze	Grant's Getaways	Laura McKenzie	KGW News at 5 (N)	
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Northwest Politics	Christian Worship Hour		Mercy Ships	Paid Program	The 700 Club (N)		The 700 Club (N)		The 700 Club (N)		Mom	Mom	Seinfeld	Seinfeld "The Rye"	KOIN 6 News	KOIN 6 News
FOX	12	12	12	12	Paid Program	Paid Program	FOX News Sunday (N)		Paid Program	★★ "The Heartbreak Kid" (2007, Comedy) Ben Stiller. A man realizes he may have married too hastily.					Biz Kid$ (EI)	Think Big (EI)	Go Nitro	Go Nitro	The Listener "Cold Storage"		The Listener "Iris"		To Be Announced	
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)		Paid Program	Paid Program	America's Heartland	Biz Kid$ (EI)	Dragon-FlyTV (N)	Think Big (EI)	Animal Rescue	Dog Tales (EI)	Paid Program	Emeril Lagasse	Storm of Suspicion "Clear as Mud" (N)		Bull A state governor dies while skydiving.		Bull "Reckless" (Part 1 of 2)		Bloodline Detectives "Mother Mojave" (N)	
UNIV	22	22	16	47	Despierta América en domingo (N)				(9:55) Fútbol Mexicano Primera División Pumas UNAM vs Tigres UANL. (N) (Live)				República deportiva (N) (Live)		Al punto con Jorge Ramos (N)		Aquí y ahora		Como dice el dicho		La rosa de Guadalupe "Lucecita" (N)		La rosa de Guadalupe "Solo la verdad"	
A&E	52	55	118	265	(7:00) ★★★ "John Wick: Chapter 2" (2017)		★★ "Transporter 3" (2008, Action) Jason Statham.							King	King	King	King	King	King	King	The First 48		The First 48	
AMC	60	45	131	254	(7:00) ★★★ "First Blood" (1982, Action)		★★★ "Fury" (2014, War) Brad Pitt, Shia LaBeouf, Logan Lerman. A sergeant takes his men on a mission behind enemy lines.						★★ "Pearl Harbor" (2001, War) Ben Affleck, Josh Hartnett. Best friends become fighter pilots and romantic rivals in 1941.						★★ "Midway" (2019, War) Ed Skrein, Patrick Wilson, Luke Evans. The U.S. Navy and fighter pilots battle Japanese forces.					
ANP	24	49	184	282	North Woods Law		North Woods Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law	
BET	4	72	124	392	Payne	Payne	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	★★ "Life" (1999) Eddie Murphy, Martin Lawrence.						(:25) ★★★ "Friday" (1995)		
BRAVO	54	65	129	237	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
CARTOON	25	59	177	297	Bears	Bears	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Craig	Teen	Teen	"Puss in Boots"		"Puss in Boots"	
CBSSN	410	410	158	221	Other Pregame		Women's College Basketball				Women's College Basketball				World Ski	World Ski	Motorcycle Race		Motorcycle Race		Motorcycle Race		Bull Riding	
CNN	68	44	200	202	Reliable Source		State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Marilyn Monroe	
COM	77	56	107	249	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Best Thing	Best Thing	Best Thing	Best Thing	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Eddie	Eddie	Carn Eats	Carn Eats
DISN	26	48	173	290	Big City	Big City	Big City	Ghost	Ladybug	Amphibia	Ghost	Ghost	Ladybug	Big City	Big City	Big City	Big City	Amphibia	Amphibia	Amphibia	Big City	Miraculous New York-Heroez		
E!	64	76	114	236	Ranch Rules		Ranch Rules		★★★ "Good Will Hunting" (1997) Matt Damon. Premiere.						★★★★ "Goodfellas" (1990) Robert De Niro, Ray Liotta, Joe Pesci.						★★★★ "Goodfellas" (1990) Ray Liotta			
ESPN	33	27	140	206	SportsCenter (N) (Live)		Postseason NFL Countdown (N) (Live)						College Basketball Memphis at Tulsa. From Donald W. Reynolds Center in Tulsa, Okla. (N)				UFC Knockouts	Golf (N)	ESPN Films		X Games Winter X Games 2022. From Aspen, Colo. (N) (Live)			
ESPN2	34	28	143	209	Golf Latin America Amateur Championship, Fi				Women's College Basketball				Women's College Basketball				College Basketball (Taped)				World Axe Throwing League			
FNC	66	25	205	360	MediaBuzz (N) (Live)		Fox News Live (N)		Fox News Live (N)		FOX News Sunday		Maria Bartiromo		Fox News Live (N)		The Big Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin	
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Giada	Delicious	Delicious	The Kitchen		Guy's Chance		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREE	32	33	180	311	"Lara Croft Tmb"		★★★ "Spider-Man: Homecoming" (2017, Action) Tom Holland.						The 700 Club (N)		The 700 Club (N)		The 700 Club (N)		The 700 Club		The 700 Club		The 700 Club	
FS1	41	85	150	219	Motorcycle Race		College Basketball Butler at Providence. (N)				College Basketball Xavier at Marquette. (N)				Bowling				Bowling				Bowling	
FX	65	24	136	249	Mom	★ "Action Point" (2018, Comedy) Johnny Knoxville, Chris Pontius, Dan Bakkedahl.				★★★ "The Hangover" (2009, Comedy) Bradley Cooper, Ed Helms, Zach Galifianakis.				★★ "The Hangover Part II" (2011) Bradley Cooper. Phil, Stu, Alan and Doug head to Thailand for Stu's wedding.					★★ "Ride Along 2" (2016, Comedy) Ice Cube, Kevin Hart, Tika Sumpter.				"Fast & Furious: Hobbs & Shaw"	
FXX	35	64	125	259	(7:00) ★★★ "Ad Astra" (2019)			★★ "Jason Bourne" (2016, Action) Matt Damon.					King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GOLF	88	88	401	218	Golf Central Pregame		LPGA Golf						PGA Tour Golf The American Express, Final Round. (N) (Live)								Golf Central (N) (Live)		PGA Golf	
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Right in Front of Me" (2021, Romance) Janel Parrish, Marco Grazzini, Hilary Jardine.				"The Perfect Pairing" (2022, Romance-Comedy) Nazneen Contractor, Brennan Elliott.				"Journey of My Heart" (2021, Romance) Rhiannon Fish, Darien Martin, Grace Dove.				"Don't Forget I Love You" (2022, Romance) Emilie Ullerup, Clayton James.			
HALLMM	86	86	187	565	Monk A rapper accused of murder.		Monk A murder on a nudists beach.		Monk Monk suspects the captain's girlfriend.		"How to Fall in Love" (2012, Romance) Eric Mabius, Brooke D'Orsay, Jody Thompson.				★★ "In My Dreams" (2014, Romance) Katharine McPhee, Mike Vogel.				"At Home in Mitford" (2017, Drama) Andie MacDowell, Cameron Mathison.				"The Irresistible Blueberry Farm" (2016)	
HGTV	62	57	112	229	Property Brothers		Property Brothers		Property Brothers		Property Brothers		Home Inspector Joe		Home Town		Home Town		Home Town		Home Town		Home Town	
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	SEMA Battle of the		Ultimate Rides "Pure Power"				Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		Swamp People	
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	"Cradle Did Fall" (2021) Kirsten Robek.				"Poisoned Love: The Stacey Castor Story"				"I Was Lorena Bobbitt" (2020, Docudrama)				"Vanished: Searching for My Sister" (2022)			
MSNBC	71	67	209	356	The Sunday Show		Alex Witt Reports (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (N)		American Voices		American Voices		Mehdi Hasan	
NBCSN	89	89	159	220	(Off Air)						(Off Air)													
NGEO	55	78	197	276	Total Gym	Humana	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		The '80s: Top Ten	
NICK	27	51	171	299	Sponge.	Sponge.	Sponge.	Sponge.	★★ "Bee Movie" (2007, Children's)				Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Sponge.	Sponge.
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday		Super Soul Sunday		Court	Court	Court	Court	Court	Court	Court	Court	Court	Court
OXY	30	69	127	251	Real Murders		Killer Relationship		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped	
PARMT	42	43	241	241	NCIS "Legend"		NCIS		NCIS Tense reunion.		NCIS		NCIS "Reunion"		NCIS		★★★★ "The Shawshank Redemption" (1994) Tim Robbins.						"Wolf of Wall St"	
ROOT	37	26	426	687	Paid Prog.	Lose	Football	Sporting	Outdoor	Charlie	Life in Between Gates		Mountain	Endles	Golf Life	Outdor	Snow M'tn	Life in Between Gates	MASL	Bensinger	Kraken		Warm-Up	Pregame
SYFY	67	50	122	244	Twi. Zone	★★★ "Kick-Ass" (2010, Action) Aaron Johnson.					★★★ "Harry Potter and the Prisoner of Azkaban" (2004)						(:01) ★★★ "Harry Potter and the Goblet of Fire" (2005) Daniel Radcliffe.							Harry P
TCM	56	73	132	256	"Over-Exposed"	(:45) ★★★ "Splendor in the Grass" (1961, Drama) Natalie Wood, Warren Beatty, Pat Hingle.					★★ "The Mating Game" (1959) Debbie Reynolds.			(:45) ★★★★ "The Philadelphia Story" (1940) Cary Grant, Katharine Hepburn.				(:45) ★★★ "Designing Woman" (1957, Comedy) Gregory Peck. A fashion designer and a sportswriter marry.					★★★★ "A Letter to Three Wives" (1949)	
TDC	51	42	182	278	Saltwater	Sportsman	Growing Belushi		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Dirty Jobs		Dirty Jobs	
TLC	49	62	183	280	Gypsy Wedding		Darcey & Stacey		Darcey & Stacey		Darcey & Stacey		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		90 Day Fiancé		90 Day Fiancé	
TNT	57	52	138	245	NCIS: New Orleans		NCIS: New Orleans "Relentless"		NCIS: New Orleans "Pride and Prejudice"		★★ "Daredevil" (2003, Action) Ben Affleck, Jennifer Garner. A blind attorney fights crime at night.					★★ "Elektra" (2005, Action) Jennifer Garner, Terence Stamp, Kirsten Prout. Premiere.				★★★ "Guardians of the Galaxy Vol. 2" (2017, Science Fiction) Chris Pratt, Zoe Saldana.			
TRAV	53	38	196	277	Places- Pig Out		Legend of Bigfoot				Unexplained: C		Unexplained: C		Unexplained: C		Unexplained: C		Unexplained: C		Unexplained: C		Unexplained: C	
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		Jokers	Jokers	Jokers	Jokers	Foodies	Foodies	Foodies	Foodies	Foodies	Foodies	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	(:12) The Golden Girls		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike
USA	58	39	105	242	Premier	Last Man	★★ "The Replacements" (2000) Keanu Reeves.					College Basketball				Last Man	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Emeril	Forgetful	Paid Prog.	Huckabee	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order "Sects"		NCIS		NCIS (Part 1 of 2)		NCIS (Part 2 of 2)	
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Uncharted Adventure		Uncharted Adventure		Weird Earth		Weird Earth		Heavy Rescue: 401		Heavy Rescue: 401		Highway Thru Hell		Highway Thru Hell (N)	
WTBS	59	40	139	247	Amer. Dad	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	Friends	"Talladega Nights: Ricky Bobby"				★ "Billy Madison" (1995) Adam Sandler.				★★ "Happy Gilmore" (1996) Adam Sandler.			
HBO	518	518	303	504	"Scorpion King"	(:20) ★★ "Fast & Furious 6" (2013, Action) Vin Diesel, Paul Walker. 'PG-13'				(:35) ★★ "Real Steel" (2011, Action) Hugh Jackman, Evangeline Lilly. 'PG-13'				(:45) ★★★ "The Bourne Identity" (2002, Action) Matt Damon, Franka Potente. 'PG-13'			(:45) ★★ "Transporter 2" (2005) Jason Statham. 'PG-13'				(:15) Real Time With Bill Maher		(:15) ★★ "The Peacemaker" (1997) 'R'	
MAX	531	531	311	516	(7:58) ★★ "Amityville 3-D" (1983, Horror) Tony Roberts. 'PG'			(:32) ★★ "One More Time" (2015) Christopher Walken. 'NR'			(:10) ★★ "Blue Crush" (2002, Drama) Kate Bosworth, Matthew Davis. 'PG-13'				(12:55) ★★ "The Banger Sisters" (2002) Goldie Hawn. 'R'			(:34) ★★ "Snitch" (2013, Crime Drama) Dwayne Johnson, Barry Pepper. 'PG-13'			(:28) ★ "Hard Rain" (1998, Action) Morgan Freeman. 'R'			
SHOW	578	578	319	546	(7:10) "The Humans" (2021) 'R'		Boxing Showtime Championship: Russell vs. Magsayo. Gary Russell Jr. takes on Mark Magsayo for the WBC World Featherweight title from Atlantic City.							Gary Owen: Black Famous		★★★ "Philadelphia" (1993, Drama) Tom Hanks, Denzel Washington. 'PG-13'				(:45) ★★★★ "Titanic" (1997) Leonardo DiCaprio. A woman falls for an artist aboard the ill-fated ship. 'PG-13'			
STARZ	621	621	351	526	"Escape Room: Tournament"		(8:59) ★★ "The Change-Up" (2011, Comedy) Ryan Reynolds, Jason Bateman. 'R'				(10:54) ★★ "Mystery Men" (1999, Fantasy) Hank Azaria, Janeane Garofalo. 'PG-13'				(12:58) ★★ "Mr. & Mrs. Smith" (2005, Action) Brad Pitt, Angelina Jolie. 'PG-13'				(:01) ★★★★ "Forrest Gump" (1994) Tom Hanks. A slow-witted Southerner experiences 30 years of history.			"Escape Room"
TMC	591	591	327	554	(7:40) ★★★ "Ruby in Paradise" (1993, Drama) Ashley Judd. 'R'			(:35) ★ "Brahms: The Boy II" (2020) Katie Holmes. 'PG-13'			(:05) ★★★★ "L.A. Confidential" (1997) Kevin Spacey. A young police officer searches for justice in 1950s L.A. 'R'					"The Long Shadow" (2020, Mystery) Aasha Davis. 'NR'			(:05) ★★★ "The Company Men" (2010, Drama) Ben Affleck, Chris Cooper. 'R'			★ "Scary Movie V" (2013) Ashley Tisdale.	