

tonight s best



"Frozen"

8 p.m. on ABC  
Movie: Frozen

The Disney studio added another animated smash to its inventory with this 2013 fantasy, adapted from Hans Christian Andersen's "The Snow Queen" and sparked by a woman (voice of Idina Menzel) with the gift — and curse — of turning anything, or anyone, to ice. She runs away to prevent hurting those she loves, but her sister (voice of Kristen Bell) goes in pursuit. Jonathan Groff and Josh Gad also are heard, the latter as a snowman named Olaf.

8 p.m. on LMN  
Movie: Gone Mom: The Disappearance of Jennifer Dulos

Based on actual events, this 2021 docudrama casts Annabeth Gish as Jennifer Dulos, a wealthy Connecticut mother of five who disappeared without a trace on May 24, 2019. At the time, Jennifer and her estranged husband, Fotis Dulos (Warren Christie), were in the middle of a bitter child custody dispute. Fotis became the prime suspect in Jennifer's disappearance, but he insisted that his wife had staged her disappearance herself, based on the hit book and movie "Gone Girl." Jennifer's body was never found.

9 p.m. on FREE  
Movie: Ready or Not

Wedding nights can often be fraught with tension, but newlywed Grace Le Domas (Samara Weaving) gets a truly nasty jolt when she discovers she must spend her trying to stay alive in Matt Bettinelli-Olpin and Tyler Gillett's delightfully twisted 2019 comedy horror film. Specifically, Samara must hide while the rest of her new family tries to hunt her down and kill her. Mark O'Brien, Adam Brody, Henry Czerny, Andie MacDowell, Melanie Scrofano and Kristian Bruun also star.

10 p.m. on WE  
A House Divided

Dante (Terrell Carter) finds a way to prove his value, while Cameron Jr. (Brad James) signs his first big deal in the new episode "Too Much Blood." Elsewhere, law enforcement agents start to close in on the family in a probe into past crimes. Meanwhile, Torrance (Steph Santana) begins a downward spiral, and Sammy (Lance Gideon) brings in a new young assassin. Another new episode immediately follows.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

DECEMBER 30, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	*** "Frozen" (2013) Voices of Kristen Bell. Animated. A young queen's icy powers trap a kingdom in eternal winter.			Home Economics	Home Economics	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!	
PBS	3	5			A Craftsman's Legacy	BBC World News Outside	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	Cranford "November 1842" A theft from the doctor's house.	Thou Shalt Not Kill An armed robber is on the run.		Atlantic Crossing on Masterpiece "The Attack"		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of AI	(:01) Ghosts	B Positive	Bull "The Great Divide" The team has a conflict of interest.		KOIN 6 News at 11 (N)	Late Show-Colbert
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff: Places	Inside Edition (N)	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Organized Crime		KGW News at 11 (N)	Tonight Show-J. Fallon		
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family "ISpy"	Modern Family "The Feud"	iHeartRadio Music Festival Night 1 Highlights of the annual event.			KOIN 6 News at 10p (N)		Seinfeld "The Watch"	Seinfeld "The Pledge Drive"	
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	Bob's Burgers	The Great North	Call Me Kat "Salsa"	Call Me Kat	10 O'Clock News (N)		11 O'Clock News (N)	(:35) People
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)			9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy "Holy Crap"
UNIV	22	22	16	47	Noticias noro-este 6P	Noticiero Univision (N)	¿Qué le pasa a mi familia? Los Rueda reciben a Sol. (N)		La rosa de Guadalupe "El poder de la imaginación"		Vencer el pasado Javier presenta a Renata como su novia.		La desalmada Julia busca un lugar para vivir. (N)	Noticias noro-este 11P		Noticiero Univision:
A&E	52	55	118	265	The First 48		The First 48		The First 48		The First 48		(:01) The First 48		(:04) The First 48	
AMC	60	45	131	254	(3:30) *** "Armageddon" (1998) Bruce Willis.		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn. Doc Holliday joins Wyatt Earp for the OK Corral showdown.		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn. Doc Holliday joins Wyatt Earp for the OK Corral showdown.		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn. Doc Holliday joins Wyatt Earp for the OK Corral showdown.		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn. Doc Holliday joins Wyatt Earp for the OK Corral showdown.		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn. Doc Holliday joins Wyatt Earp for the OK Corral showdown.	
ANP	24	49	184	282	Louisiana Law: Uncuffed (N)		North Woods Law The search for a missing hiker.		Louisiana Law: Uncuffed "Suspicious Behavior"		North Woods Law		North Woods Law		North Woods Law	
BET	4	72	124	392	** "Sister Act 2: Back in the Habit" (1993) Whoopi Goldberg, Kathy Najimy.		** "Sister Act 2: Back in the Habit" (1993) Whoopi Goldberg, Kathy Najimy.		** "Tyler Perry's Madea's Witness Protection" (2012, Comedy) Tyler Perry, Eugene Levy.		** "Tyler Perry's Madea's Witness Protection" (2012, Comedy) Tyler Perry, Eugene Levy.		** "Tyler Perry's Madea's Witness Protection" (2012, Comedy) Tyler Perry, Eugene Levy.		** "Tyler Perry's Madea's Witness Protection" (2012, Comedy) Tyler Perry, Eugene Levy.	
BRAVO	54	65	129	237	* * * * * "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint.		* * * * * "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint.		* * * * * "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint.		* * * * * "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint.		* * * * * "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint.		* * * * * "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint.	
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Apple & Onion	Apple & Onion	To Be Announced		Futurama	Futurama	Bob's Burgers	Bob's Burgers	American Dad	American Dad
CBS2N	410	410	158	221	Concacaf World Cup		FIFA World Cup 2022 Qualifying		Post-Match		Karate Combat		FIFA World Cup 2022 Qualifying		FIFA World Cup 2022 Qualifying	
CNN	68	44	200	202	CNN Special Report (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Special Report		Don Lemon Tonight	
COM	77	56	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Good Eats (N)	Good Eats	Back in Time for Dinner (N)	Best Thing	Best Thing	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Back in Time for Dinner
DISN	26	48	173	290	Jessie	Jessie	Holly Hobbie	Holly Hobbie	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug
E!	64	76	114	236	(4:30) ** "Just Go With It"		** "Sweet Home Alabama" (2002) Reese Witherspoon, Josh Lucas.		** "Just Go With It" (2011) Adam Sandler, Jennifer Aniston, Nicole Kidman.		** "Just Go With It" (2011) Adam Sandler, Jennifer Aniston, Nicole Kidman.		** "Just Go With It" (2011) Adam Sandler, Jennifer Aniston, Nicole Kidman.		** "Just Go With It" (2011) Adam Sandler, Jennifer Aniston, Nicole Kidman.	
ESPN	33	27	140	206	(4:10) Chick-fil-A Peach Bowl Michigan State. (N) (Live)		Pittsburgh vs College Football SRS Distribution Las Vegas Bowl -- Wisconsin vs Arizona State. (N) (Live)		Pittsburgh vs College Football SRS Distribution Las Vegas Bowl -- Wisconsin vs Arizona State. (N) (Live)		Pittsburgh vs College Football SRS Distribution Las Vegas Bowl -- Wisconsin vs Arizona State. (N) (Live)		Pittsburgh vs College Football SRS Distribution Las Vegas Bowl -- Wisconsin vs Arizona State. (N) (Live)		Pittsburgh vs College Football SRS Distribution Las Vegas Bowl -- Wisconsin vs Arizona State. (N) (Live)	
ESPN2	34	28	143	209	College Basketball Arizona at UCLA. (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		College Football	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Guy: Hawaiian Style		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
FREE	32	33	180	311	Just Friends		** "The Other Woman" (2014) Cameron Diaz, Leslie Mann, Kate Upton.		*** "Ready or Not" (2019) Samara Weaving. Premiere.		*** "Ready or Not" (2019) Samara Weaving. Premiere.		The 700 Club		The 700 Club	
FS1	41	85	150	219	Women's College Basketball		WWE Friday Night SmackDown		Herd for the Holidays		NFL Presents		TMZ Sports		Fri. Night SmackDown	
FX	65	24	136	249	(4:30) *** "Spider-Man: Into the Spider-Verse"		*** "Spider-Man: Far From Home" (2019, Action) Tom Holland, Leahla. Spider-Man and Mysterio battle four elemental creatures.		Samuel L. Jackson, Jake Gyl-		*** "Spider-Man: Far From Home" (2019) Tom Holland. Spider-Man and Mysterio battle four elemental creatures.		*** "Spider-Man: Far From Home" (2019) Tom Holland. Spider-Man and Mysterio battle four elemental creatures.		*** "Spider-Man: Far From Home" (2019) Tom Holland. Spider-Man and Mysterio battle four elemental creatures.	
FX	35	64	125	259	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
GOLF	88	88	401	218	PGA Golf		PGA Tour Golf Travelers Championship, Final Round.		PGA Tour Golf Travelers Championship, Final Round.		PGA Tour Golf Travelers Championship, Final Round.		PGA Tour Golf Travelers Championship, Final Round.		PGA Tour Golf Travelers Championship, Final Round.	
HALL	87	87	185	312	*** "The Most Wonderful Time of the Year" (2008, Drama) Henry Winkler, Brooke Burns, Warren Christie.		*** "The Most Wonderful Time of the Year" (2008, Drama) Henry Winkler, Brooke Burns, Warren Christie.		"Good Morning Christmas!" (2020, Romance) Alison Sweeney. Two squabbling TV hosts are forced together in a small town.		"A Dickens of a Holiday!" (2021, Romance) Brooke D'Orsay. A woman reunites with a former classmate at Christmastime.		"A Dickens of a Holiday!" (2021, Romance) Brooke D'Orsay. A woman reunites with a former classmate at Christmastime.		"A Dickens of a Holiday!" (2021, Romance) Brooke D'Orsay. A woman reunites with a former classmate at Christmastime.	
HALLMM	86	86	187	565	"A Dream of Christmas" (2016, Drama) Nikki DeLoach. A married woman's wish to be single is magically granted.		"Our Christmas Journey" (2021) Holly Robinson Peete. A single mother and her teenage son come to a crossroad.		"Christmas at Grand Valley" (2018) Danica McKellar. An artist and a single dad connect during the holiday season.		"Christmas at Grand Valley" (2018) Danica McKellar. An artist and a single dad connect during the holiday season.		"Christmas at Grand Valley" (2018) Danica McKellar. An artist and a single dad connect during the holiday season.		"Christmas at Grand Valley" (2018) Danica McKellar. An artist and a single dad connect during the holiday season.	
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Hunters	Hunters Int'l	Flip or Flop	Flip or Flop
HIST	50	60	120	269	Band/Brothers (:22) Band of Brothers "The Breaking Point"		Band of Brothers "The Last Patrol"		Band of Brothers "The Last Patrol"		(:18) Band of Brothers		(:36) Band of Brothers "Points"		(:36) Band of Brothers "Points"	
LIFE	29	29	108	252	Rizzoli & Isles		Rizzoli & Isles		Married at First Sight "Kicking Off Boston" Married at First Sight fans discuss. (N)		(:03) Married at First Sight		(:03) Married at First Sight		(:03) Married at First Sight	
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour	
NBCSN	89	89	159	220	Monster Jam		Monster Jam		Monster Jam		Monster Jam		Monster Jam		Monster Jam	
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero "False Start"		Life Below Zero (N)		(:15) Life Below Zero		(:15) Life Below Zero	
NICK	27	51	171	299	(5:00) "Hotel Transylvania"		** "Hotel Transylvania 2" (2015) Andy Samberg		*** "Shrek 2" (2004) Voices of Mike Myers, Eddie Murphy.		Friends		Friends		Friends	
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		48 Hours: Hard Evidence (N)		20/20 on OWN "Frenemies"		20/20 on OWN		20/20 on OWN	
OXY	30	69	127	251	Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Buried in the Backyard		Dateline: Secrets Uncovered A best selling author's wife dies.		Dateline: Secrets Uncovered A best selling author's wife dies.	
PARMT	42	43	241	241	Yellowstone	Yellowstone	Yellowstone (Part 1 of 2)		Yellowstone (Part 2 of 2)		** "Ronin" (1998, Action) Robert De Niro, Jean Reno. Premiere.		** "Ronin" (1998, Action) Robert De Niro, Jean Reno. Premiere.		** "Ronin" (1998, Action) Robert De Niro, Jean Reno. Premiere.	
ROOT	37	26	426	687	Warm-Up	Pregame	NHL Hockey Calgary Flames at Seattle Kraken. (N) (Live)		Postgame		Seahawks		Seahawks		College Basketball	
SYFY	67	50	122	244	* "Gods of Egypt" (2016) Nikolaj Coster-Waldau, Brenton Thwaites.		** "Angels & Demons" (2009, Action) Tom Hanks, Ewan McGregor, Ayelet Zurer.		** "Angels & Demons" (2009, Action) Tom Hanks, Ewan McGregor, Ayelet Zurer.		** "Angels & Demons" (2009, Action) Tom Hanks, Ewan McGregor, Ayelet Zurer.		** "Angels & Demons" (2009, Action) Tom Hanks, Ewan McGregor, Ayelet Zurer.		** "Angels & Demons" (2009, Action) Tom Hanks, Ewan McGregor, Ayelet Zurer.	
TCM	56	73	132	256	(5:00) ** "Swing Shift" (1984) Goldie Hawn.		*** "The Getaway" (1972, Action) Steve McQueen. Husband-and-wife bank robbers make a mad dash for freedom.		(:15) *** "The Last Picture Show" (1971, Drama) Timothy Bottoms, Jeff Bridges. A gritty drama takes place in a dying 1950s Texas town.		*** "Blood Simple" (1984)		*** "Blood Simple" (1984)		*** "Blood Simple" (1984)	
TDC	51	42	182	278	Homestead Rescue "Killzone"		Homestead Rescue		Homestead Rescue		(:02) Homestead Rescue		(:03) Homestead Rescue		(:04) Homestead Rescue	
TLC	49	62	183	280	1000-Lb. Sisters		1000-Lb. Sisters		My 600-Lb. Life With bonus scenes; James needs help. (N)		1000-Lb. Sisters (N)		Hoarding: Buried Alive		Hoarding: Buried Alive	
TNT	57	52	138	245	Bones Brennan and the team try to free Booth.		Bones Brennan and the team try to free Booth.		*** "Black Panther" (2018, Action) Chadwick Boseman, Michael B. Jordan. Black Panther springs into action when an old enemy returns.		(:45) ** "Ghost Rider" (2007, Action) Nicolas Cage, Eva Mendes, Wes Bentley.		(:45) ** "Ghost Rider" (2007, Action) Nicolas Cage, Eva Mendes, Wes Bentley.		(:45) ** "Ghost Rider" (2007, Action) Nicolas Cage, Eva Mendes, Wes Bentley.	
TRAV	53	38	196	277	Fright Club		Fright Club (N)		Fright Club "Misty Business"		Fright Club		Fright Club		Fright Club	
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		*** "Knives Out" (2019, Mystery) Daniel Craig, Chris Evans, Ana de Armas. Premiere.		Last-Standing		Last-Standing		Last-Standing	
WE	118	118	128	260	(5:00) "How Stella Got Her Groove Back"		*** "What's Love Got to Do With It" (1993, Biography) Angela Bassett.		A House Divided (N)		A House Divided (N)		A House Divided (N)		A House Divided (N)	
WEATH	14	19	214	362	Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral	
WTBS	59	40	139	247	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full Frontal	Full Frontal	Sheldon	Sheldon
HBO	518	518	303	504	Murders, Rock Gumbel	REAL Sports With Bryant Gumbel	How to With John Wilson	*** "R.I.P.D." (2013) Jeff Bridges. A slain cop joins a team of spirit lawmen. 'PG-13'	(:40) Landscapers Old doubts and new regrets.		Insecure		(:15) Insecure: The End		(:15) Insecure: The End	
MAX	531	531	311	516	"The Amityville Horror" (:27) *** "Sunshine Cleaning" (2008, Comedy-Drama) Amy Adams, Emily Blunt. 'R'		** "Hellbenders" (2012, Comedy) Clifton Collins Jr., Clancy Brown, Andre Royo. 'R'		(:27) ** "The Relic" (1997) Penelope Ann Miller. A ravenous monster stalks guests at a Chicago museum gala. 'R'		(:19) "Twelve Monkeys" 'R'		(:19) "Twelve Monkeys" 'R'		(:19) "Twelve Monkeys" 'R'	
SHOW	578	578	319	546	(5:20) ** "Four Brothers" (2005) Mark Wahlberg. 'R'		(:15) *** "The Guest" (2014, Action) Dan Stevens, Maika Monroe. Mysterious deaths follow in a houseguest's wake. 'R'		Dexter: New Blood Dexter fights for his life in the woods.		*** "Zola" (2020) Taylour Paige. A waitress is seduced into a wild road trip to Florida.		The Best of All the Smoke		The Best of All the Smoke	
STARZ	621	621	351	526	(5:32) ** "Frank Miller's Sin City: A Dame to Kill For" (2014, Action) Mickey Rourke. 'R'		(:18) ** "Basic" (2003, Suspense) John Travolta, Connie Nielsen, Samuel L. Jackson. 'R'		** "Jumanji: The Next Level" (2019) Dwayne Johnson. Four friends re-enter the fantastical world of Jumanji. 'PG-13'		(:07) ** "12 Mighty Orphans" (2021) Luke Wilson.		(:07) ** "12 Mighty Orphans" (2021) Luke Wilson.		(:07) ** "12 Mighty Orphans" (2021) Luke Wilson.	
TMC	591	591	327	554	(5:35) *** "Close Encounters of the Third Kind: The Director's Cut" (1977, Science Fiction) Richard Dreyfuss. 'NR'		** "The War With Grandpa" (2020, Comedy) Robert De Niro, Uma Thurman. 'PG'		(:35) "Senior Moment" (2021, Romance-Comedy) William Shatner, Jean Smart. 'NR'		(:10) "Queen Bees" (2021) Ellen Burstyn. Premiere. 'PG-13'		(:10) "Queen Bees" (2021) Ellen Burstyn. Premiere. 'PG-13'		(:10) "Queen Bees" (2021) Ellen Burstyn. Premiere. 'PG-13'	