

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt			Varied Programs	
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends	Friends	King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Paid Prog.	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) Despierta América!				Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		La madrastra		El gordo y la flaca		Primer impacto			
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs										First 48	Varied	First 48	Varied	First 48	Varied
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie						Varied	Movie	Varied Programs									
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	Lv Single	Lv Single	black-ish	black-ish	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Prince	Prince	Martin	Martin	Movie					
BRAVO	54	65	129	237	Movie		Varied Programs																	
CARTOON	25	59	177	297	Pocoyo	Pocoyo	Thomas	Thomas	Bing	(:20) Bing	Pocoyo	Mush	Craig	Craig	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Teen
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein		Varied Programs			
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Parks	Parks	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Ladybug	Big City	Big City	Ghost	Ghost	Amphibia	Amphibia	Big City	Big City	Varied Programs		Big City	Big City	Ladybug	Ladybug
E!	64	76	114	236	Varied Programs																			
ESPN	33	27	140	206	Football		Varied Programs																	
ESPN2	34	28	143	209	(7:00) Get Up		SportsCenter		SportsCenter		This Just	Varied Programs			Daily Wager		Varied Programs		SportsCenter		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson			
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Movie	Varied Programs				Movie	Varied Programs								
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd				Speak	Varied Programs												
FX	65	24	136	249	Mom		Varied Programs																	
FX	35	64	125	259	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy
GOLF	88	88	401	218	PGA Tour Golf		Varied Programs																	
HALL	87	87	185	312	Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie			
HALLMM	86	86	187	565	M "Christmas in Montana" (2019) Kellie Martin. T "Christmas Everlasting" (2018) Tatyana Ali. W "A Christmas to Remember" (2016, Drama) Th "Looks Like Christmas" (2016) Anne Heche. F "Finding Christmas" (2013) Tricia Helfer.		"A Christmas Miracle" (2019) Kendall Cross "A Bride for Christmas" (2012) "A Heavenly Christmas" (2016) Kristin Davis. "Last Vermont Christmas" (2018) Erin Cahill. "Christmas at Cartwright's" (2014, Drama)		"Kingsbury's Maggie's Christmas Miracle" (2014, Romance) "Angels and Ornaments" (2014, Romance) "Angel Falls: A Novel Holiday" (2019) "Time for Us to Come Home for Christmas" (2015) "A Little Christmas Charm" (2020, Drama) "Hope at Christmas" (2018) Ryan Paevy "A Glenbrooke Christmas" (2020, Drama) "Christmas Sail" (2021) Katee Sackhoff. "I'm Not Ready for Christmas" (2015)															
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Castle		Castle		Castle		Castle		Castle		Castle		Castle		Castle		Castle		Castle	
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline		Varied Programs		The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs		Premier		Premier Soccer		Varied Programs		Prem Goal Zone		Varied Programs							
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	Santiago	Blaze	Baby	Bubble	PAW	Smurfs	Smurfs	Koral	Sponge.	Movie								Sponge.	Sponge.
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Movie		Varied Programs																	
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Varied Programs																	Kraken
SYFY	67	50	122	244	Movie		Varied Programs																	
TCM	56	73	132	256	M "Winter People" T "Singin' in the Rain" W "Princess O'Rourke" Th Don't Go F *** "That's Entertainment!"		** "Chilly Scenes of Winter" (1979) *** "Calamity Jane" (1953) Doris Day. (:15) "The Bachelor and the Bobby-Soxer" (:45) *** "Father of the Bride" (1950) *** "That's Entertainment!" (1974) Fred Astaire.		** "Winter a Go-Go" (1965) James Stacy. *** "Kiss Me Kate" (1953) Howard Keel *** "Designing Woman" (1957, Comedy) (:15) *** "West Side Story" (1961, Musical) Natalie Wood. (:45) *** "That's Entertainment, Part 2" (1976)		** "Winter Meeting" (1948, Drama) *** "Silk Stockings" (1957) Fred Astaire. *** "It Happened One Night" (1934) (:15) *** "West Side Story" (1961, Musical) Natalie Wood. (:45) *** "That's Entertainment! III" (1994)		** "If Winter Comes" (1948, Romance) *** "Les Girls" (1957) Gene Kelly. *** "The Philadelphia Story" (1940) *** "The Haunting" (1963, Horror) ** "That's Dancing!" (1985)		"Breathless" (1959) "Trouble in Paradise" "Murder-Orient" "Swing Shift" (1984) "The Thin Man"									
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Say Yes		Varied Programs																	
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernat.	Varied Programs						
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza	Varied Programs		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU	Varied
WE	118	118	128	260	Paid Prog.	Paid Prog.	Varied Programs																	
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M (0:05) * "Space Jam: A New Legacy" T (7:36) "Surrogates" W (7:55) "The Accidental Spy" Th (1:10) "Jane Fonda in Five Acts" F (7:25) "Tom & Jerry" M (6:52) "EMMA." T (1:11) *** "Once" (2006)		** "Chilly Scenes of Winter" (1979) *** "Calamity Jane" (1953) Doris Day. (:15) "The Bachelor and the Bobby-Soxer" (:45) *** "Father of the Bride" (1950) *** "That's Entertainment!" (1974) Fred Astaire. (:05) * "Max Steel" (2016) (:05) ** "Days of Thunder" (1990) (:25) *** "Matchstick Men" (2003) (:25) *** "Bend It Like Beckham" (2002) (:07) * "Space Jam: A New Legacy" (:03) ** "The Mummy" (1999) (8:57) *** "Rabbit Hole" (:40) "Deerskin" (2019) (:32) ** "Down With Love" (:15) ** "Deadfall" (2012) Eric Bana. *** "Misery" (1990, Horror) James Caan. (8:59) ** "Repentance" (2013) (:35) *** "Tinker Tailor Soldier Spy" (:45) ** "Stoker" (2013, Horror) (:15) *** "Lee Daniels' The Butler" (2013) (:15) *** "The Survialist" (2021, Action) (:45) ** "Mamma Mia!" (2008) (:15) ** "Last Holiday" (2006, Comedy) (:15) *** "Gloria Bell" (2018) (:15) "My Salinger Year" (2020, Drama) Your Honor (10:57) ** "Tomorrowland" (2015) (:11) "Finding Kendrick Johnson" (2021) (:28) *** "Captain Fantastic" (2016) *** "Dawn of the Dead" "Smokin' Aces 2: Assassins" (11:48) ** "12 Mighty Orphans" (2021) (1:49) *** "Top Gun" (1986) (8:49) "On These Grounds" (:34) *** "American Hustle" (2013, Crime Drama) (12:56) "The Broken Hearts Gallery" (2020) (2:48) "The Devil Wears Prada" (:41) *** "Julie & Julia" (:25) ** "Phenomenon" (1996, Drama) * "Anaconda" (1997) Ice Cube "Witches in the Woods" (2019) "Ain't Them Bodies Saints" (:10) *** "Homicide" (1991, Crime Drama) *** "Casino" (:45) ** "Scary Movie 3" (:10) ** "Broken Arrow" (1996, Action) *** "Mid90s" (2018) *** "Damsels in Distress" (:10) "Antiquities" (2018) Andrew J. West. (:05) * "Reign Over Me" (2007, Drama) (:05) "Agent Revelation" (2021) (:35) "Paradise Cove" (2021) Todd Grinnell. (:20) "Coming From Insanity" "The Kill Team", War *** "A Raisin in the Sun" (2008) (:45) *** "The Guard" (2011, Comedy) (:20) "Damsels in Distress" ** "Forces of Nature" (1999) ** "A Perfect Man" (2012) Close Enc (:35) ** "The Hollars" (:05) *** "Nebraska" (2013, Drama) ** "Phenomenon" (1996, Drama) (:05) *** "Before Midnight" (2013) (:05) *** "Minari" (2020) Steven Yeun.																	
MAX	531	531	311	516	W Flight Th ** "The Brothers Grimm" F "Down a Dark Hall" M It Comes T "Master and Commander: The Far Side of the World" W Passion Play Th "The Way We Were" F "Charlie Chaplin" M "How to Deter" T (7:06) ** "Tomorrowland" W Love Th (1:12) "The Human Factor" F "Pursuit-Happy." M Guard T "Current War: Director's Cut" W "Grace and Grit" Th United 93 F Raging		(:05) * "Max Steel" (2016) (:40) *** "Dunkirk" (2017, War) ** "Jurassic Park III" (:05) * "R.I.P.D." (2013) (:45) "The Slow Hustle" (2021) (10:55) *** "Super 8" (2011) Elle Fanning (:25) ** "Hitchcock" (2012) (:25) *** "Bend It Like Beckham" (2002) (:03) ** "The Brothers Grimm" (2005) (:03) ** "The Mummy" (1999) (:03) ** "The Brothers Grimm" (2005) (:02) "Sunshine Cleaning" (2008) (:35) *** "Red Dragon" (2002, Suspense) (:45) ** "Varsity Blues"																	