WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Pink	Sesame	Dinosaur	Xavier	Varied Programs				Go Luna	Nature	Hero	Odd	Arthur	Peg	Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Varied	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Maury		Jerry Springer		Steve Wilkos Show		King	Friends	black-ish	Last Man	Mom	Mom
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Varied	Mike	Mike	TMZ Live		Jerry	Protection	Divorce	Divorce	Judge Mathis		Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		La madrastra		Amor	Varied	Gordo	Varied	Primer impacto	
A&E	52	55	118	265	Varied Programs																First 48	Varied	First 48	Varied
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Movie	Varied Programs							Movie		Varied Programs							
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Martin	Martin	Martin	Martin	Prince	Prince	Browns	Browns	Movie					
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Craig	Craig	Craig	Craig	Teen	Varied	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Craig	Total	Total
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Office	Office	Office	Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Puppy	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City	Big City	Jessie	Jessie	Big City	Big City	Jessie	Jessie
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen	Question	NBA: The Jump		NFL Live		Varied Programs							
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs								Around	Pardon	SportsCenter		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Middle	Middle	Middle	Varied Programs							Movie	Varied Programs		
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Undisputed		NASCAR Race Hub		Varied Programs			
FX	65	24	136	249	(7:00) Movie		Varied Programs		Mike	Movie		Varied Programs												
FXX	35	64	125	259	Mom	Varied Programs																		
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied Programs		Golf Today				Golf Central		Varied Programs		Golf Central		Varied Programs			
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Middle	Middle	Middle	Middle	Reba	Reba	Reba	Reba	Reba	Reba	Movie			
HALLMM	86	86	187	565	M Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Morning Show Mysteries "Mortal Mishaps"				"Signed, Sealed"	
					T Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Hailey Dean Mysteries "Killer Sentence"				Aurora Teagarden	
					W Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Crossword Mysteries "Riddle Me Dead"				"Love at the Shore"	
					Th Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Aurora Teagarden Mysteries				"The Last Cowboy"	
					F Diagnosis Murder		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk Scouting trip.		"All Yours" (2016) Nicolette Sheridan.				"Just the Way"	
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles	
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Ayman Mohyeldin		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News				Varied Programs															
NBCSNW	426	37	424		Varied Programs								Relief	Paid Prg.	Varied Programs									
NGEO	55	78	197	276	Varied	Paid Prg.	Varied Programs																	
NICK	27	51	171	299	Peppa	Blue	Blaze	Blaze	Blaze	PAW	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Patrick	Loud	Loud	Loud	Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		To Be Announced		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs					
OXY	30	69	127	251	Dateline: Secrets		Varied Programs												Dateline: Secrets		Varied Programs			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Medicare	Relief	Varied Programs															Mariners	MLB Baseball	
SYFY	67	50	122	244	Varied Programs															Movie		Varied Programs		
TCM	56	73	132	256	M Navy Blue	(:45) "Journey for Margaret"			(:15) "Married Bachelor" (1941)		(:45) ★ "Cairo" (1942) Robert Young				★★★ "The Canterville Ghost" (1944)				★★ "It's Love Again" (1936)				"Enchanted Cot."	
					T "A Woman's Secret"		★★ "The Cobweb" (1955, Drama)				(:15) ★★ "The Good Die Young"				★★★ "Odds Against Tomorrow" (1959)				★★★ "Human Desire" (1954) Glenn Ford.				★★ "The Big Heat"	
					W ★★ "Inside Daisy Clover" (1965)				(:15) ★★★ "The Candidate" (1972)				(:15) ★★★ "The Way We Were" (1973, Romance)				★★★ "The Natural" (1984) Robert Redford.				"Out of Africa"	
					Th Repast	"Sound of the Mountain" (1954, Drama)			★★ "Late Autumn" (1960, Drama)				(:45) ★★★ "The End of Summer" (1962)				"Tokyo Twilight" (1957, Drama) Ineko Arima.				"Late Spring" (1949)			
					F "Tenn. Johnson"		★★ "Act of Violence"				"The Strange Love of Martha Ivers" (1946)				★★ "East Side, West Side" (1949)				★★★ "Green Dolphin Street" (1947) Lana Turner.				"Johnny Eager"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs					
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbon	Carbon	Carbon	Carbon	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Paid Prg.	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Varied	Paid Prg.	Medicare	Varied Programs			Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Varied Programs			
WEATH	14	19	214	362	AMHQ		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Varied Programs	
WTBS	59	40	139	247	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	American
HBO	518	518	303	504	M Last	(:35) ★★★ "Matchstick Men" (2003)				Letter	(10:50) ★★★ "Dreamgirls" (2006)				Obama: In Pursuit			(:40) ★★ "The Photograph" (2020)				★★★ "Best in Show"		
					T ★★★ "Drumline" (2002) Nick Cannon.				★★★ "Life of Pi" (2012) Irrfan Khan				(:10) ★ "Wrath of the Titans" (2012)				Obama: In Pursuit			★★ "King Arthur: Legend of the Sword"				Real Time
					W (7:55) ★★ "How to Deal"			(:36) ★★ "Dante's Peak" (1997)				(:25) ★★ "Midway" (2019, War) Ed Skrein.				Obama: In Pursuit of a More Perfect Union				(:40) ★★★ "Jurassic Park" (1993) Sam Neill.				
					Th Johnny	(:20) ★★ "Proof" (2005)			News	"Hitchhiker's Guide-Galaxy"			(:06) ★ "The Spirit" (2008, Action)				Hard Knocks: Dallas		(2:49) ★★★ "Clueless" (1995)				"In the Same Breath" (2021)	
					F It Takes 2	(:25) "My Super Ex-Girlfriend"			(:05) ★★ "Brown Sugar" (2002)				★★★ "Ford v Ferrari" (2019) Matt Damon.						(:35) ★ "Wrath of the Titans" (2012)				(:20) ★★★ "Collateral" (2004)	
MAX	531	531	311	516	M (7:46) "Surrogates"		(:14) ★★ "Downhill" (2020)			(:41) "Can You Keep a Secret?" (2019)			(:17) ★★ "American Gigolo"				(:15) ★★ "Kin" (2018) Myles Truitt.				★ "Deception" (2008) Hugh Jackman.			
					T (7:55) "The Prophecy II" (1998)		"Prophecy 3"			(:44) "The Prophecy: Uprising"			(:13) "The Prophecy: Forsaken"		"Showdown in Little Tokyo"				(2:47) ★★ "The Book of Eli" (2010)				(4:46) "Showtime"	
					W Amistad	(:40) ★★★ "Executive Decision" (1996) Kurt Russell.					(10:55) ★★★ "Ad Astra" (2019) Brad Pitt.				(12:59) ★★★ "Dirty Dancing"			(:40) ★★ "Uncommon Valor" (1983)				(:25) ★★ "Stop-Loss"		
					Th (7:25) "Drop Zone"		(:07) ★ "Deception" (2008, Suspense)				(10:57) ★★ "Grand Canyon" (1991)				(:12) ★★★ "Talk to Me" (2007, Biography)				(:12) ★ "The Comebacks"				(:42) ★★★ "Up in the Air"	
					F "The Prophecy 3: The Ascent"		(:39) "American Son" (2008)				(:05) ★★★ "The Way Back" (2020)				(12:55) ★★★ "Wall Street" (1987, Drama)				(:02) ★★★ "Misery" (1990) James Caan.				(4:51) ★★ "Luv"	
SHOW	578	578	319	546	M "Indiana Jones"		"Indiana Jones and the Temple of Doom"				"Indiana Jones and the Last Crusade"				"Indiana Jones and Crystal Skull"				(:15) ★★★ "I Love You, Man" (2009)				★★★ "I, Tonya"	
					T (6:30) "Contact"		★★★ "Boiler Room" (2000) Vin Diesel				★★ "Limitless" (2011)			(:45) "Acts of Violence" (2018)			(:15) "The Long Shadow" (2020, Mystery)				"Crisis" (2021, Suspense) Gary Oldman.			
					W Body	★★ "John Q" (2002) Denzel Washington.			★★ "RocknRolla" (2008, Crime Drama)				(:25) ★ "End of Days" (1999, Horror)				★★★ "Before Midnight" (2013)				★★ "Falling" (2020)			
					Th Olympic	★ "Scary Movie V" (2013)			★★★ "I Love You, Man"			(:45) ★★★ "Rescue Dawn" (2006) Christian Bale.					(1:50) ★★ "Shooter" (2007, Suspense)				UFO "102"		Dexter
					F ★★★ "1917" (2019) George MacKay.				"No Man's Land" (2021) Frank Grillo.				Access	★★★ "Hustlers" (2019) Julia Stiles				★★★★ "Unforgiven" (1992, Western)				(:40) UFO "102"		Access
STARZ	621	621	351	526	M (7:46) ★★ "How Do You Know" (2010)				(9:50) ★ "The Grudge" (2020) Andrea Riseborough, Demián Bichir.							Power Book III	(:25) ★★★ "Men of Honor" (2000)				(:38) Heels		Lake Plcd
					T Done Yet	(:35) ★ "Blue Streak"			Power Book III		(:15) ★★★ "This Is the End" (2013)				(:05) ★★ "The Craft: Legacy"		(:43) ★★ "Young Guns II" (1990)				(:31) Heels		Catch
					W Catch	(:29) ★★★ "Heat" (1995) Al Pacino, Robert De Niro.						(:23) ★★ "Basic" (2003)			(:05) ★★ "Trapped" (2002, Suspense)				Power Book III		(3:56) Heels			(:02) "Heat" (1995)	
					Th Grudge	(:25) "The Kid Detective" (2020)			(:08) "Undercover Brother"			(:37) ★★ "The Dilemma" (2011, Comedy)				(:32) ★★ "The Nanny Diaries" (2007)				(:20) "There's Something About Mary"			Scream 4
					F "Resident Evil: Retribution"		(:45) ★ "Black Sheep"				(:15) ★★ "City of Lies" (2018)				(:10) ★★ "Scream 4" (2011, Horror)				(:04) ★★ "The Broken Hearts Gallery"		"It's Complicated"	
TMC	591	591	327	554	M (7:40) "Waves" (2019) Kelvin Harrison Jr.				★★ "Notting Hill" (1999) Julia Roberts.				(:05) ★ "The Three Musketeers" (2011)				★★ "The Saint" (1997, Action) Val Kilmer.				★★★ "Out of the Furnace" (2013)			
					T (:05) ★★★★ "Hoop Dreams" (1994) Narrated by Steve James.						★★★ "Mad Hot Ballroom" (2005)				(12:55) "The Nutty Professor"			"You Can't Say No" (2018)			(:05) ★★ "Regarding Henry" (1991)			
					W (7:35) "Good Boy!"		(:05) ★★ "Spy Game" (2001) Brad Pitt				(:15) ★★ "Welcome to the Punch" (2013)				"The Truth" (2019) Catherine Deneuve.				★ "Puppet Master II"				"Thin Line-Love and Hate"	
					Th (7:30) "Knife Fight"		(:10) ★★ "Delivery Man" (2013, Comedy)				"Made in Italy" (2020)				(:35) "Waves" (2019, Drama) Kelvin Harrison Jr.				★★★ "Hustlers" (2019) Julia Stiles				"Cloud Atlas" (2012)	
					F Resis	(:35) ★★ "Lifeguard"			(:15) ★ "Love and Honor" (2012)				★★ "Notting Hill" (1999) Julia Roberts.				(:05) "The Nest" (2020) Jude Law.				★★★ "Ex Machina" (2015) Oscar Isaac			