SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

AUGUST 1, 2021

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday		Your Voice	Sharyl Attkisson	This Week With George ...		Paid Program	Copper Chef Titan	World of X Games (N)		World of X Games (N)		Relief	Sea Rescue	Hearts of Heroes	Free Enterprise	MAXX Oven	Sharyl Attkisson	KATU News at 5	World News
PBS	3	5			Dinosaur Train (EI)	Arthur (EI)	R. Steves' Europe	R. Steves' Europe	Nature How big cats survive and thrive.		NOVA "Creatures of Light"		Icon: Music Through the Lens		Great Performances		Bird: Not Out of Nowhere		Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk
CBS	6	6	6	6	CBS News	Face the Nation (N)		Be Your Best Self	Bull Riding		CrossFit Games From Madison, Wis. (N) (Live)				Major League Rugby Championship -- Rugby ATL vs LA Giltinis. (N) (Live)				New Adventures	Smiley Healthy	Open House (N)	Raw Travel	KOIN 6 News at 5	KOIN 6 News
NBC	8	8	8	8	2020 Tokyo Olympics			(:45) 2020 Tokyo Olympics Volleyball, BMX, Weightlifting, Fencing, Tennis, Gymnastics. Men's volleyball (U.S. vs. Argentina); BMX freestyle; weightlifting; fencing; tennis; gymnastics. (N Same-day Tape)											Earth Odyssey	Nightly News	2020 Tokyo Olympics Diving, Beach Volleyball, Gymnastics, Track and Field. (N) (Live)			
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Paid Program	Christian Worship Hour		Operation Smile	Paid Program	Stay Sexy Skin	Specific Beauty	Paid Program	Paid Program	Last Man Standing	Last Man Standing	The King of Queens	The King of Queens	Friends	Friends	black-ish	black-ish
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)		FOX News Sunday With Chris Wallace		Paid Program	★ "Jack and Jill" (2011, Comedy) Adam Sandler, Katie Holmes, Al Pacino.				PBC Fight Camp (N)	NHRA Drag Racing Lucas Oil Winternationals. From Auto Club Raceway at Pomona in Pomona, Calif. (N) (Live)						Bloodline Detectives "Ice Cold Murder"		5 O'Clock News (N)	
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)		Westmore Beauty(R)	PiYo Workout!	Life Church	Whacked Out Spo.	Dragon-FlyTV (EI)	Pre-Game	NWSL Soccer Kansas City at Portland Thorns FC. (N) (Live)				Post-Game	The Immortals	Paid Program	Think Big (EI)	Animal Rescue	Dog Tales (EI)	2 Broke Girls	2 Broke Girls
UNIV	22	22	16	47	Programa pagado	Programa pagado	Fútbol central (N)	Fútbol Mexicano Primera División (N) (Live)					República deportiva (N) (Live)		Al punto con Jorge Ramos (N)		Aquí y ahora		Vecinos (N)	Vecinos (N)	María de Todos	Noticiero Univisión	Fútbol central (N)	Copa Oro 2021
A&E	52	55	118	265	Hoarders		Hoarders		Hoarders		Hoarders		Kids Behind Bars		Kids Behind Bars		Kids Behind Bars		Kids Behind Bars		Kids Behind Bars		Accused: Guilty	
AMC	60	45	131	254	★★★ "A Bronx Tale" (1993, Drama) Robert De Niro, Chazz Palminteri, Lillo Brancato.					★★★ "Erin Brockovich" (2000) Julia Roberts, Albert Finney. A woman probes a power company cover-up over poisoned water.						★★ "Sixteen Candles" (1984, Comedy) Molly Ringwald, Anthony Michael Hall.				★ "Grown Ups" (2010, Comedy) Adam Sandler, Kevin James, Chris Rock.				"Grown Ups 2"
ANP	24	49	184	282	North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law	
BET	4	72	124	392	Payne	Payne	Prince	Prince	Prince	Prince	Celebrity Fam		Celebrity Fam		Celebrity Fam		Celebrity Fam		★ "Tyler Perry's A Madea Family Funeral" (2019)					Favorite
BRAVO	54	65	129	237	Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Real Housewives		Housewives/Potomac	
CARTOON	25	59	177	297	DC Girls	Teen	Teen	Teen	Craig	Craig	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Victor	Victor	Teen	Teen	Teen	Teen
CNN	68	44	200	202	Reliable Source		State-Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		History of the Sitcom	
COM	77	56	107	249	Parks	Parks	The Office	(:45) The Office		The Office	The Office	The Office	The Office	The Office	The Office	★★★ "Anchorman 2: The Legend Continues" (2013)					★★ "We're the Millers" (2013, Comedy)			
COOK	123	123	113	232	Best	Best	Best	Best	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Food	Food	Food	Food	Food	Food	Carn Eats	Carn Eats	Carn Eats	Carn Eats
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Owl Hse.	Ladybug	Ladybug	Ladybug	Gabby	Bunk'd	Bluey	Bluey	Ladybug	Ladybug	Big City	Big City	Big City	Jessie	Jessie	Jessie
E!	64	76	114	236	(7:00) ★★★ "Long Shot" (2019)				★ "What Happens in Vegas" (2008)				★★ "50 First Dates" (2004) Adam Sandler.				★ "What Happens in Vegas" (2008)				★★ "50 First Dates" (2004) Adam Sandler.			
ESPN	33	27	140	206	SportsCenter (N) (Live)		The Basketball Tournament First Semifinal: Teams TBA. (N) (Live)				TBT Tournament	The Basketball Tournament Second Semifinal: Teams TBA. (N Same-day Tape)				ESPN Original Documentaries			Baseball: Sunday Night Countdown		MLB Baseball Boston Red Sox at Tampa Bay Rays. (N) (Live)			
ESPN2	34	28	143	209	30 for 30			ESPN Films			30 for 30			30 for 30				30 for 30				ESPN Films		F1 Racing
FNC	66	25	205	360	MediaBuzz (N) (Live)		Fox News Live (N)		Fox News Live (N)		Fox News Sunday		Maria Bartiromo		Fox News Live (N)		Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin	
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Valerie's	Trisha's	Trisha's	The Kitchen		BBQ Brawl		Guy's Games		Guy's Games		Guy's Games	
FREE	32	33	180	311	(7:00) "Mr. Deeds"		★★★ "The Wedding Singer" (1998)				★★ "Can't Hardly Wait" (1998, Comedy)				(:05) ★ "John Tucker Must Die" (2006)				(:10) ★ "10 Things I Hate About You"				(:15) "Cinderella"	
FS1	41	85	150	219	Athletes Unlimited Lacrosse				Athletes	Athletes Unlimited Lacrosse				Horse Racing Saratoga Live. (N) (Live)						Motorcycle Race		Motorcycle Race		Gold Cup
FX	65	24	136	249	Mike & Molly	Mike & Molly	Mike & Molly	★★★ "Mission: Impossible III" (2006, Action) Tom Cruise, Ving Rhames. Agent Ethan Hunt faces the toughest villain of his career.						★★ "Skyscraper" (2018, Action) Dwayne Johnson, Neve Campbell, Chin Han.				★★ "Jurassic World" (2015) Chris Pratt. Man-made dinosaurs go on a rampage at an island resort.					"Jurassic World: Fallen Kingdom"	
FXX	35	64	125	259	"Captain Underpants"			★★★ "Spider-Man: Into the Spider-Verse" (2018)					Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Fam. Guy	Fam. Guy
GOLF	88	88	401	218	Golf LPGA & European Tour: ISPS HANDA				Feherty		Women's Golf U.S. Senior Open, Final Round. (N) (Live)						2020 Tokyo Olympics Men's Golf, Final Round.						Live Olympics	
HALL	87	87	185	312	Golden Girls	Golden Girls	"Paris, Wine & Romance" (2019, Romance) Jen Lilley, Dan Jeannotte, Roxanne McKee.				"Pearl in Paradise" (2018, Romance) Jill Wagner, Kristoffer Polaha.				"Love and Sunshine" (2019, Romance) Danica McKellar, Mark Deklin.				"You Had Me at Aloha" (2021, Romance) Pascale Hutton, Kavan Smith.				"A Summer Romance" (2019)	
HALLMM	86	86	187	565	Monk A toddler finds a finger in a park.		Monk Monk may have met his match.		Monk Monk solves a murder.		Monk Natalie pursues a case.		Monk Undercover office worker.		Monk Crime-filled weekend for Monk.		Monk Monk's late wife.		Mystery 101 "Dead Talk" Amy suspects foul play.				Mystery 101 "An Education in Murder"	
HGTV	62	57	112	229	Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Fixer to Fabulous		Home Town		Home Town		Home Town		Home Town		Home Town	
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars		Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars		Counting Cars		Counting Cars		Counting Cars	
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Secrets	"Cradle Did Fall" (2021) Kristen Robek.				"Her Deadly Sugar Daddy" (2020)				"Framed by My Husband" (2021, Suspense)				"My Husband's Secret Wife" (2018)			
MSNBC	71	67	209	356	The Sunday Show		Alex Witt Reports (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (N)		American Voices		American Voices		Mehdi Hasan	
NBCSN	89	89	159	220	Olympics	2020 Tokyo Olympics		2020 Tokyo Olympics		2020 Tokyo Olympics Equestrian. (N Same-day Tape)							2020 Tokyo Olympics		2020 Tokyo Olympics: Men's Volleyball				2020 Tokyo Olympics	
NBCSNW	426	37	424		Outdoor GPS (N)		Day One Outdoors		Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Paid Prog.	Relief	Triton Poker		Ninja Warrior		Ninja Warrior		Outdoor GPS	
NGEO	55	78	197	276	PiYo	RELIEF	Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted	
NICK	27	51	171	299	Dino Fury	Sponge.	★★ "Bee Movie" (2007, Children's)				Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday		Super Soul Sunday		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life			
OXY	30	69	127	251	Charmed to Death		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped	
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
ROOT	37	26	426	687	Relief	Relief	Golf Life	Building the Kraken		Mariners	Mariners	MLB Baseball Seattle Mariners at Texas Rangers. (N) (Live)						Mariners	Mariners	Guide to the Games		Guide to the Games		Games
SYFY	67	50	122	244	★★ "Child's Play 2" (1990) Alex Vincent.				"Cult of Chucky" (2017) Fiona Dourif.				"Curse of Chucky" (2013) Fiona Dourif.				★ "Seed of Chucky" (2004, Horror)				★ "Bride of Chucky" (1998, Horror)			
TCM	56	73	132	256	(7:00) ★★★ "The Corn Is Green"		★★★ "The Old Maid" (1939) Bette Davis, Miriam Hopkins.			(:45) ★★ "A Stolen Life" (1946, Drama) Bette Davis, Glenn Ford, Dane Clark.				(:45) ★★★ "Pocketful of Miracles" (1961, Comedy-Drama) Glenn Ford, Bette Davis, Hope Lange.					(:15) ★★★ "The Bride Came C.O.D." (1941, Comedy) James Cagney, Bette Davis.				★★★ "Jezebel" (1938) Bette Davis.	
TDC	51	42	182	278	Deadliest Catch		Gold Rush (N)		Dino Hunters		Naked and Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid		Naked-Afraid	
TLC	49	62	183	280	Say Yes	Say Yes	Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Darcey & Stacey		Darcey & Stacey		Darcey & Stacey		Darcey & Stacey	
TNT	57	52	138	245	★★ "Man of Steel" (2013, Action) Henry Cavill, Amy Adams, Michael Shannon.					(:45) ★★ "Suicide Squad" (2016, Action) Will Smith. Armed supervillains unite to battle a powerful entity.					(:15) ★★★ "Shazam!" (2019) Zachary Levi. Shazam squares off against the evil Dr. Thaddeus Sivana.					(:45) ★★ "Justice League" (2017, Action) Ben Affleck, Henry Cavill, Gal Gadot.			
TRAV	53	38	196	277	When Vacations		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Fear the Woods		Mountain Monsters		Mountain Monsters	
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		Jokers	Jokers	Jokers	Jokers	Jokes	Jokes	Jokes	Jokes	Bar Wars	Bar Wars	Impractical Jokers		Jokers	Jokers	Jokers	Jokers
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	The Golden Girls		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls
USA	58	39	105	242	2020 Tokyo Olympics			2020 Tokyo Olympics	2020 Tokyo Olympics				2020 Tokyo Olympics			2020 Tokyo Olympics		2020 Tokyo Olympics Tennis. (N Same-day Tape)					2020 Tokyo Olympics	
WE	118	118	128	260	Outages	Secrets	NeuroQ	PiYo	NCIS "Blowback"		NCIS		NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		NCIS		NCIS "Heartland"		NCIS		NCIS "Dagger"	
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Cantore	Cantore	Cantore	Cantore	Cantore	Cantore	Earth	Earth	Ice Pilots "Ice Jam"		Ice Pilots		Highway Thru Hell		Highway Thru Hell	
WTBS	59	40	139	247	(7:00) "Rush Hour"		★★ "Rush Hour 2" (2001) Jackie Chan.				MLB Baseball Cleveland Indians at Chicago White Sox. (N) (Live)								Seinfeld	Seinfeld	★ "Rush Hour 3" (2007) Jackie Chan.			
HBO	518	518	303	504	(7:05) ★ "Tom & Jerry" (2021) 'PG'		(8:50) ★★ "Midway" (2019, War) Ed Skrein, Patrick Wilson, Luke Evans. 'PG-13'				(:15) "David Byrne's American Utopia" (2020, Musical) David Byrne. 'NR'				(:01) ★ "The Spirit" (2008, Action) Gabriel Macht. Premiere. 'PG-13'						(2:50) ★★ "King Arthur: Legend of the Sword" (2017) Charlie Hunnam. 'PG-13'		Real Time With Bill Maher	
MAX	531	531	311	516	(7:48) ★★ "Hitman" (2007) Timothy Olyphant. (Dubbed) 'R'			(:22) ★ "Skyline" (2010) Eric Balfour, Brittany Daniel. 'PG-13'			(10:58) ★★ "The Four Feathers" (2002, Adventure) Heath Ledger. Premiere. 'PG-13'				(:10) ★★ "The Prophecy II" (1998) Christopher Walken. 'R'			(:35) ★★★ "Up in the Air" (2009, Comedy-Drama) George Clooney. 'R'				(:25) "Cake" (2005, Romance-Comedy) Heather Graham. 'R'	
SHOW	578	578	319	546	(7:20) ★★ "Step Up Revolution"		★★ "John Q" (2002, Drama) Denzel Washington, Robert Duvall. Premiere. 'PG-13'				The Chi "Soul Food"		The Chi "Cooley High"		The Chi "Native Son"		The Chi "The Girl From Chicago"		The Chi Kiesha goes into labor.		The Chi Kiesha adjusts to life after birth.		The Chi "...Black Messiah"	
STARZ	621	621	351	526	(7:02) ★★ "Million Dollar Arm" 'PG'		(:10) ★★ "Tyler Perry's Meet the Browns" (2008, Comedy-Drama) Tyler Perry. 'PG-13'				(10:55) ★★★ "Get Him to the Greek" (2010, Comedy) Jonah Hill. 'R'				(12:47) "Charlie's Angels" (2019, Action) Kristen Stewart, Naomi Scott. 'PG-13'				Blindspotting	(:22) ★★ "Daylight" (1996, Action) Sylvester Stallone, Amy Brenneman. 'PG-13'			"Meet the Browns"
TMC	591	591	327	554	(7:55) "Waves" (2019, Drama) Kelvin Harrison Jr., Taylor Russell. 'R'				(:15) ★★ "Out of Time" (2003, Suspense) Denzel Washington. 'PG-13'				★★★ "Cujo" (1983, Horror) Dee Wallace. Premiere. 'R'			(:35) ★★★ "Changing Lanes" (2002, Suspense) Ben Affleck. 'R'			(:15) ★★★ "American Gangster" (2007) Denzel Washington. A chauffeur becomes Harlem's most-powerful crime boss. 'R'					